



Breakfast on the Bus Worksheet

Breakfast is handed brown bag style to students as they step onto the bus. Students eat breakfast during the time spent riding to school, avoiding use of instructional day. Breakfasts are convenient, hand-held, and can be enjoyed before arriving at school. Trash disposal is either located on bus or at drop off.

Who:	Meet with key decision makers at your school to initiate the program. Obtain approval and support from administrator, principal, teachers and food service staff. Staff at each school receives training for set-up and implementation.
What:	A bagged, hand-held breakfast that provides students with a convenient option for getting the nutrition they need before the start of the school day.
When:	While riding the bus to school.
Where:	School food service takes bins filled with bagged breakfasts to bus depot before routes begin in the morning, or buses pick breakfasts up from school before starting route.
Why:	Provides a nutritious meal to students, even when schedules are not convenient for cafeteria or classroom based service.
How:	Meals are ready and waiting for students when they board bus in the morning, takes breakfast service and trash disposal off campus.

Circle YES/NO after each of the following statements to determine if breakfast on the bus will work for your school.

1.	Busing service is flexible and open to accommodating breakfast while en route to school.	YES	NO
2.	Students spend more than 15 minutes riding the bus and do not arrive in time to participate in a traditional breakfast service.	YES	NO
3.	Class schedules are not sufficiently flexible to accommodate other alternative delivery models.	YES	NO
4.	Cafeteria is available for use/not in use for other purposes before school.	YES	NO
5.	Your administrators are usually open to new ideas and change, or prioritize the quality of the school nutrition environment.	YES	NO
6.	Equipment and food service labor is available to prepare breakfasts for early morning pick-up, and menus can be adapted for constraints of bus serving site.	YES	NO
7.	Trash removal procedures can be adapted to a bus serving site.	YES	NO
8.	Meal payment system does not require cash at point of service.	YES	NO
9.	Parents have requested an option for their children who do not arrive at school in time for breakfast.	YES	NO