

Product Name: Berry Smoothie for Kids

Product Code: ABC123

Serving Size: 8 oz

Date: 8/26/2025

Meat Alternate

Description of Creditable Ingredients per FBG	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Yogurt, fresh , Plain or Flavored, Sweetened or Unsweetened, Commercially-prepared, (includes Greek yogurt), Includes USDA Foods, or 4 oz yogurt provides 1 oz meat alternate	4.00 oz	8.00	32.00 oz	1.0000 oz
Total Meat Alternate Creditable Amount:				1.0000 oz

Fruit

Description of Creditable Ingredients per FBG	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Blueberries, frozen , Unsweetened, Puree, thawed fruit puree	1.50 oz	8.00	16.00 oz	0.7500 1/4 cups
Juices, canned , Single strength (100% fruit juice such as apple, grape, grapefruit, grapefruit-orange, lemon, lime, orange, pineapple, prune, tangerine), fruit juice	1.50 oz	48.00	96.00 oz	0.7500 1/4 cups
Strawberries, frozen , Unsweetened, Puree, thawed fruit puree	1.50 oz	8.00	16.00 oz	0.7500 1/4 cups
Total Creditable Fruit Amount:				0.5625 cups

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **8 oz** ounce serving of the above product (ready for serving) provides **1.00** ounces of equivalent meat/meat alternate, **1/2** cup(s) of fruit when prepared according to directions.

Signature

Title

Printed Name

Phone Number