

**Product Name:** Berry Smoothie for Kids  
**Serving Size:** 8 oz

**Product Code:** ABC123  
**Date:** 8/26/2025

Meat Alternate

Description of Creditable Ingredients per FBG	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Yogurt, fresh, Plain or Flavored, Sweetened or Unsweetened, Commercially-prepared, (includes Greek yogurt), Includes USDA Foods, or 4 oz yogurt provides 1 oz meat alternate	4.00 oz	8.00	32.00 oz	1.0000 oz
Total Meat Alternate Creditable Amount:				1.0000 oz

Fruit

Description of Creditable Ingredients per FBG	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Blueberries, frozen, Unsweetened, Puree, thawed fruit puree	1.50 oz	8.00	16.00 oz	0.7500 1/4 cups
Juices, canned, Single strength (100% fruit juice such as apple, grape, grapefruit, grapefruit- orange, lemon, lime, orange, pineapple, prune, tangerine), fruit juice	1.50 oz	48.00	96.00 oz	0.7500 1/4 cups
Strawberries, frozen, Unsweetened, Puree, thawed fruit puree	1.50 oz	8.00	16.00 oz	0.7500 1/4 cups
Total Creditable Fruit Amount:				0.5625 cups

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **8 oz** ounce serving of the above product (ready for serving) provides **1.00** ounces of equivalent meat/meat alternate, **1/2** cup(s) of fruit when prepared according to directions.

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Printed Name**

\_\_\_\_\_  
**Title**

\_\_\_\_\_  
**Phone Number**

DISCLAIMER: The Product Formulation Statement (PFS) Workbook can be used by manufacturers to develop certified PFS documents. However, documents developed and printed using the PFS Workbook does not constitute approval by USDA. Please note, USDA DOES NOT approve manufacturers’ PFS documents.