

**Product Name:** Egg sandwich  
**Serving Size:** 1 sandwich (4 oz)

**Product Code:** xyz  
**Date:** 8/8/2023

Meat Alternate

Description of Creditable Ingredients per FBG	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Cheese, American, Cheddar, Mozzarella, or Swiss, Natural or Process, Includes USDA Foods, Cheese	0.40 oz	16.00	16.00 oz	0.4000 oz
Eggs, Frozen Whole Eggs, Pasteurized, Includes USDA Foods, provides 1 oz meat alternate	1.00 oz	90.00	80.00 oz	1.1250 oz
Total Meat Alternate Creditable Amount:				1.5250 oz

Grains Based on Exhibit A

Does this product meet the Whole Grain-Rich Criteria: ☒

Does this product contain non-creditable grains: ☐

Description of Creditable Ingredients per Exhibit A	Exhibit A Group (A - I) the Product Belongs To	Portion Size of Product as Purchased (A)	Weight of one ounce equivalent as listed in Exhibit A (B)	Creditable Amount (A / B)
English muffins	Group B	61.00 g	28.00 g	2.1785 oz eq.
Total Grains Based on Exhibit A Creditable Amount:				2.00 oz eq.

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **1 sandwich (4 oz)** ounce serving of the above product (ready for serving) provides **1.50** ounces of equivalent meat/meat alternate, **2.00** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Printed Name**

\_\_\_\_\_  
**Title**

\_\_\_\_\_  
**Phone Number**