

# Good Way Foods, Inc.

## Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA) in Child Nutrition Programs

Food manufacturers/vendors must: 1. Provide the following information on company letterhead signed by an official company representative. 2. Use the ["Food Buying Guide for Child Nutrition Programs"](#) (FBG) to fill out the tables below. 3. Provide a copy of the ingredient list from the product package.

Product Name: Meatballs with Beef and Soy

Code No.: 202501

Manufacturer: Good Way Foods, Inc.

Serving Size: 5 meatballs (2.5 oz)

### I. Meats

Fill out the chart below to determine the creditable amount of meats.

DESCRIPTION OF CREDITABLE MEAT INGREDIENT PER FBG <sup>1</sup>	OUNCES PER RAW PORTION OF CREDITABLE MEAT INGREDIENT <sup>2</sup> A	MULTIPLY	FBG YIELD <sup>3</sup> B	CREDITABLE AMOUNT A x B
Ground beef (no more than 20% fat)	2.295	x	0.74	1.698
		x		
		x		
<b>C. Total Creditable Meats Amount (oz)</b>				<b>1.698</b>

<sup>1</sup> Ingredient(s) listed must match a food item found in the FBG or be a similar item that may substitute if the exact item is not listed. When searching for the food item, select the food item that most closely matches 1) the initial state of the ingredient as it is added to the formulation shown in the "Food As Purchased, AP" description and 2) the final state of the ingredient as consumed in the final product (e.g., cooked, raw, drained) shown in "Serving Size per Meal Contribution" description. Select the food item that credits as 1 ounce equivalent (oz eq).

<sup>2</sup> Provide the amount in ounces of the ingredient in the form that matches "As Purchased" column in the FBG (typically raw/unprocessed).

<sup>3</sup> The yield must match the yield provided in the FBG for the ingredient listed in the first column; the FBG yield is shown in the "Servings per Purchase Unit" column or in the "Additional Information" column.

### II. Meat Alternates

Fill out the chart below to determine the creditable amount of meat alternates.

DESCRIPTION OF CREDITABLE MEAT ALTERNATE INGREDIENT PER FBG <sup>1</sup>	OUNCES PER RAW PORTION OF CREDITABLE MEAT ALTERNATE INGREDIENT <sup>2</sup> D	MULTIPLY	FBG YIELD <sup>3</sup> E	DIVIDE	PURCHASE UNIT IN OUNCES <sup>4</sup> F	CREDITABLE AMOUNT D x E ÷ F
		x		÷		
		x		÷		
		x		÷		
<b>G. Total Creditable Meat Alternates Amount (oz)</b>						

<sup>1</sup> Ingredient(s) listed must match a food item found in the FBG or be a similar item that may substitute if the exact item is not listed. When searching for the food item, select the food item that most closely matches 1) the initial state of the ingredient as it is added to the formulation shown in the "Food As Purchased, AP" description and 2) the final state of the ingredient as consumed in the final product (e.g., cooked, raw, drained) shown in "Serving Size per Meal Contribution" description. Select the food item that credits as 1 oz eq or 1/4 cup for beans, peas and lentils.

<sup>2</sup> Provide the amount in ounces of the ingredient in the form that matches "As Purchased" column in the FBG (typically raw/unprocessed).

<sup>3</sup> The yield must match the yield provided in the FBG for the ingredient listed in the first column; the FBG yield is shown in the "Servings per Purchase Unit" column or in the "Additional Information" column.

<sup>4</sup> Use the purchase unit from the FBG entry for the ingredient listed in the first column. Convert this unit into ounces (e.g., 1 lb = 16 oz).

# Good Way Foods, Inc.

### III. Alternate Protein Products (APP)

Fill out the chart below to determine the creditable amount of APP. Documentation must be provided as described in Attachments A and B for each APP used.

DESCRIPTION OF APP, MANUFACTURER'S NAME, AND CODE NUMBER	OUNCES DRY PER APP PORTION H	MULTIPLY x	% OF PROTEIN AS-IS <sup>5</sup> I	DIVIDE <sup>6</sup> ÷ 18	CREDITABLE AMOUNT APP H x I ÷ 18
Soy Protein Concentrate powder; ABC Protein Company, Product Code: 4567-S	0.09	x	68	÷ 18	0.340
		x		÷ 18	
		x		÷ 18	
<b>J. Total Creditable APP Amount (oz)</b>					<b>0.340</b>

<sup>5</sup> Attached documentation provides % of Protein As-Is.

<sup>6</sup> 18 is the percent of protein when fully hydrated.

### IV. Total Creditable Amount of M/MA

Total Creditable Meats Amount (from line C.)	1.698
Total Creditable Meat Alternates Amount (from line G.)	
Total Creditable APP Amount (from line J.)	0.340
<b>K. Total Creditable Amount (oz) (sum of lines above)</b>	<b>2.038</b>
<b>L. Total Creditable Amount rounded to nearest 0.25 oz<sup>7</sup></b>	<b>2.00</b>

<sup>7</sup> Total Creditable Amount must be rounded down to the nearest 0.25 oz (example: 1.49 rounds down to 1.25 oz). If crediting M/MA and APP, round down after adding the Total Creditable Amount for Meats, Meat Alternates, and APP in boxes C, G, and J.

Total weight (per portion) of product as purchased 2.5 oz (5 meatballs)

Total creditable amount of product (per portion). **Note:** Total creditable amount (per portion) cannot exceed the total weight (per portion). 2.00

I certify that the above information is true and correct and that a 2.5 ounce serving of the above product (ready for serving) contains 2.00 ounce equivalents meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (Appendix A of 7 CFR Parts 210, 220, 225, and 226) as demonstrated by the attached supplier documentation.

Jeff Stephens  
Signature

Jeff Stephens  
Printed Name

K-12 Program Manager

Title

09/05/2025  
Date 789-456-1230  
Phone Number

# ABC PROTEIN COMPANY

## Soy Protein Concentrate Product

Documentation for ABC Protein Company Product(s) Used as Alternate Protein Products (APP) for Child Nutrition Programs

- a)** ABC Protein Company certifies that Soy Protein Concentrate product meets all requirements for APP intended for use in foods manufactured for Child Nutrition Programs as described in Appendix A of 7 CFR Parts 210, 220, 225, and 226.
- b)** ABC Protein Company certifies that Soy Protein Concentrate product has been processed so that some portion of the non-protein constituents have been removed by fractionating. This product is produced from soybeans by removing the majority of the soybean oil and some of the other non-protein constituents.
- c)** The Protein Digestibility Corrected Amino Acid Score (PDCAAS) for Product Y is 0.93. It was calculated by multiplying the lowest uncorrected amino acid score by true protein digestibility as described in the Protein Quality Evaluation Report from the Joint Expert Consultation of the Food and Agriculture Organization/World Health Organization of the United Nations, presented December 4-8, 1989, in Rome, Italy. The PDCAAS is required to be greater than 0.8 (80% of casein).
- d)** The protein level of Soy Protein Concentrate product is at least 18% by weight when fully hydrated at a ratio of 2.77 parts water to one part product.
- e)** The protein level of Soy Protein Concentrate product is certified to be at least 68% on an "as-is" basis for the as-purchased product. (Note: Protein is often provided on a moisture free basis (mbf) which is not the information FNS requires.)

Attachments:

- A. Ingredient Statement
- B. Lab analysis

  
Signature

Pam Richards  
Printed Name

Laboratory Supervisor, ABC Protein

Title

08/15/2025

Date

210-236-2360

Phone Number