

Garden Detective News



Encourage Your Child's Growth

Ask your child to share what he or she learned about growing fruits and vegetables.

2



United States
Department of
Agriculture



Garden Detective News

This week, we planted a class garden. We planted _____.

Ask your child to tell you about the garden.

What fruit or vegetable is your child responsible for growing? Serve it at a family dinner this week!

Help your child think like a garden detective! Solve the word search on the following page with your child.

Mystery Solved!

Ways To Help Your Child Eat More Fruits and Vegetables.

1. **Savor the flavor of seasonal vegetables.** Buy vegetables that are in season for maximum flavor at a lower cost. Check your local supermarket specials for the best in-season buys. Or visit your local farmers market.
2. **Plant your own.** Just like your garden detective, start a garden—in the yard or a pot on the deck—for fresh, inexpensive, flavorful additions to meals. Herbs, cucumbers, peppers, or tomatoes are good options for beginners.



Word Search

Eating From the Garden

PHOTOSYNTHESIS
LEAVES

CHLOROPHYLL
VEGETABLE

ROOT
GARDEN

STEM
SUNLIGHT

FRUIT
SOIL

FLOWER
SEED

W G C L J X V W F Q F H O S F
D S M I N P S Y Y N G S Q V B
S I H K E E K G O N L X F X U
X K L O V L D A F L S B S I Z
X Q G A J E G R Y T L B L J S
F J E K V Q G D L A K L I O S
X L E W Y M M E T S Y M T D V
P H O T O S Y N T H E S I S A
O T P W J D A I P A U U T R K
C L Z K E Y U O T O B N H T N
J P G E B R R H F Q A L D L T
T O S R F O V U D K G I E F E
A M A P L O T C B J R G Q R H
F L Q H V T R L U H E H J B K
G V C K X M Y V V I J T Y Z X

