

Name: _____ Date: _____

Connect with another class in your chosen area and make a friend by sharing what you both like to eat. Tell your “pen pal” about the fruits and vegetables you eat at home, at school, and at holidays. Ask them to share their favorite fruits and vegetables and how they prepare them. Swap pictures of your school gardens or your school lunches. What else would you like to learn about their eating habits, their school, or their culture?

Ask Your Pen Pal:

- What is your favorite fruit or vegetable, and why?
- Can you describe any special ways a fruit or vegetable is prepared where you live?
- What fruits and vegetables does your school serve for lunch?
- Do you ever eat chickpeas (garbanzo beans) or other beans? How does your family make these?
- What is your favorite recipe? Would you like to trade recipes?
- Does your school or family have a garden? What’s growing in it?

