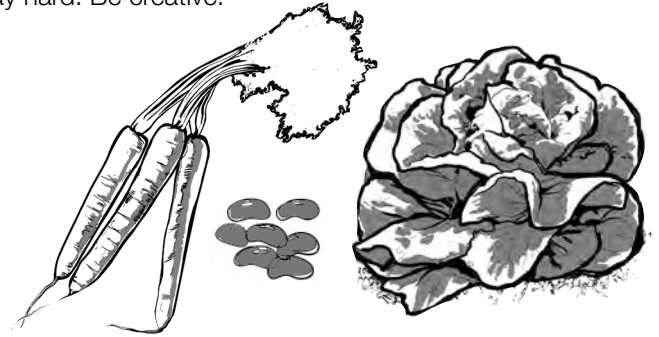


Name: _____ Date: _____

You've now learned that different vegetables have different nutrients. Eating a variety of vegetables from each of the five subgroups can help you grow, play hard, and stay healthy! Now it's your chance to turn all that you have learned into a comic strip, titled "**A Lot Can Happen When...**" Mention at least one vegetable from one of the five vegetable subgroups in your comic. Tell how eating a colorful variety of vegetables helps you play hard. Be creative!

Use the questions below to help you get your visual story started:

- What do you wish could happen to you in a day?
- What is an obstacle you'd like to overcome?
- What is one of your biggest goals?



A Lot Can Happen When...

