

My Garden Fresh Moments

Name:	Date:
Throughout this unit, you've learned about and tasted a valifelong skills to help you take care of your health.	ariety of fruits and vegetables, worked in the garden, and gained
Reflection: 1) What was my most memorable activity? 2) What have I learned about fruits and vegetables? What	new fruits and vegetables did I discover and try?
What are my favorites? 3) What have I learned about gardens? 4) What have I learned about my own health?	
5) What is the most interesting or exciting thing I have lear	ned that I think will help me in my life?
My Garden Fresh Moment: Use the reflection questions above to help you with your of a poem, a song, an essay, or an article for your local news	· · · · · · · · · · · · · · · · · · ·
Illustrate Your Moment:	
Draw a picture or make a collage of your "Ga	rden Moment." Write about it in your Garden Journal.



