

I got into trouble with the law and got locked up. When I got released that's when I thought to myself, **I don't want another job; I actually want a career.**

– Usman, Welder



**Get more than a job with  
SNAP Employment and Training.**



Learn more about your State's program at [fns.usda.gov/snap-et](https://fns.usda.gov/snap-et)



**USDA**  
Supplemental  
Nutrition  
Assistance  
Program

Putting Healthy Food  
Within Reach