

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM: BENEFITS

(Data as of April 10, 2026)

State / Territory	January 2025	December 2025 <i>Preliminary</i>	January 2026 <i>Initial</i>	Percent Change January 2026 vs December 2025	Percent Change January 2026 vs January 2025
Alabama	142,742,223	139,245,294	134,701,329	-3.3%	-5.6%
Alaska	20,247,629	20,831,487	20,498,965	-1.6%	1.2%
Arizona	165,206,164	111,795,782	94,666,821	-15.3%	-42.7%
Arkansas	42,288,274	40,358,959	39,437,811	-2.3%	-6.7%
California	1,055,039,473	966,866,570	1,015,932,660	5.1%	-3.7%
Colorado	116,702,904	118,253,179	116,407,360	-1.6%	-0.3%
Connecticut	71,649,104	66,779,928	65,158,043	-2.4%	-9.1%
Delaware	21,931,369	21,000,691	20,547,171	-2.2%	-6.3%
District of Columbia	27,066,357	27,288,622	26,455,883	-3.1%	-2.3%
Florida	559,763,570	477,471,051	473,173,811	-0.9%	-15.5%
Georgia	288,862,329	276,173,484	269,801,606	-2.3%	-6.6%
Guam	10,001,403	12,435,377	12,357,637	-0.6%	23.6%
Hawaii	56,220,675	53,504,541	52,510,330	-1.9%	-6.6%
Idaho	23,876,969	22,616,744	22,178,744	-1.9%	-7.1%
Illinois	374,478,597	352,433,006	337,420,694	-4.3%	-9.9%
Indiana	117,764,956	108,122,440	105,052,536	-2.8%	-10.8%
Iowa	44,309,142	43,825,513	42,416,812	-3.2%	-4.3%
Kansas	33,158,647	32,297,232	31,514,365	-2.4%	-5.0%
Kentucky	104,313,414	100,011,381	103,798,691	3.8%	-0.5%
Louisiana	152,015,373	143,290,370	131,938,796	-7.9%	-13.2%
Maine	29,664,484	28,271,544	27,933,776	-1.2%	-5.8%
Maryland	123,041,203	121,632,402	117,679,655	-3.2%	-4.4%
Massachusetts	197,495,930	219,747,617	194,646,771	-11.4%	-1.4%
Michigan	260,562,620	256,341,987	248,043,740	-3.2%	-4.8%
Minnesota	71,487,030	72,279,156	70,432,580	-2.6%	-1.5%
Mississippi	67,119,537	61,200,046	58,390,402	-4.6%	-13.0%
Missouri	129,681,372	126,965,875	122,946,211	-3.2%	-5.2%
Montana	13,693,277	12,794,048	12,472,956	-2.5%	-8.9%
Nebraska	27,458,194	25,310,439	24,909,414	-1.6%	-9.3%
Nevada	86,064,859	75,734,138	74,109,429	-2.1%	-13.9%
New Hampshire	12,866,191	12,802,340	12,783,253	-0.1%	-0.6%
New Jersey	160,725,657	161,902,040	156,041,918	-3.6%	-2.9%
New Mexico	84,065,997	80,365,949	79,132,204	-1.5%	-5.9%
New York	647,461,298	629,790,215	623,768,490	-1.0%	-3.7%
North Carolina	257,652,287	228,631,392	225,057,300	-1.6%	-12.7%
North Dakota	10,143,547	9,416,570	9,226,845	-2.0%	-9.0%
Ohio	269,389,182	254,744,189	249,960,667	-1.9%	-7.2%
Oklahoma	129,909,706	118,763,118	113,168,835	-4.7%	-12.9%
Oregon	140,520,897	137,034,416	133,233,829	-2.8%	-5.2%
Pennsylvania	357,870,414	343,635,012	333,474,334	-3.0%	-6.8%
Rhode Island	29,124,567	26,197,349	25,780,923	-1.6%	-11.5%
South Carolina	106,712,947	98,255,037	95,460,979	-2.8%	-10.5%
South Dakota	14,967,299	14,350,508	14,390,684	0.3%	-3.9%
Tennessee	146,409,509	137,199,701	135,633,432	-1.1%	-7.4%
Texas	628,856,759	596,089,131	571,920,113	-4.1%	-9.1%
Utah	34,261,709	31,324,363	30,244,172	-3.4%	-11.7%
Vermont	12,583,720	11,967,719	12,082,570	1.0%	-4.0%
Virginia	145,816,888	134,925,972	130,228,142	-3.5%	-10.7%
Virgin Islands	5,591,510	5,450,355	5,457,534	0.1%	-2.4%
Washington	167,405,784	165,618,819	163,228,725	-1.4%	-2.5%
West Virginia	47,209,462	45,252,887	44,101,545	-2.5%	-6.6%
Wisconsin	113,711,999	110,443,174	108,995,579	-1.3%	-4.1%
Wyoming	5,139,956	4,591,350	4,520,908	-1.5%	-12.0%
TOTAL	7,962,304,363	7,493,630,509	7,345,427,980	-2.0%	-7.7%

December 2025 and January 2026 data are preliminary and are subject to significant revision. Data may include disaster assistance.

The following areas receive Nutrition Assistance Grants which provide benefits analogous to the Supplemental Nutrition Assistance Program:
Puerto Rico, American Samoa, and the Northern Marianas.