

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM: BENEFITS

(Data as of January 23, 2026)

State / Territory	October 2024	September 2025 <i>Preliminary</i>	October 2025 <i>Initial</i>	Percent Change October 2025 vs September 2025	Percent Change October 2025 vs October 2024
Alabama	149,713,543	139,941,721	143,887,300	2.8%	-3.9%
Alaska	13,562,511	20,245,149	20,238,299	0.0%	49.2%
Arizona	168,683,682	154,327,030	143,099,209	-7.3%	-15.2%
Arkansas	42,437,707	42,156,521	42,589,083	1.0%	0.4%
California	1,057,446,245	1,023,529,174	1,060,432,010	3.6%	0.3%
Colorado	115,582,147	118,923,266	118,458,625	-0.4%	2.5%
Connecticut	76,372,287	67,844,041	69,955,114	3.1%	-8.4%
Delaware	23,013,843	21,402,584	21,006,167	-1.9%	-8.7%
District of Columbia	27,711,989	26,856,505	26,760,684	-0.4%	-3.4%
Florida		510,863,551	506,265,779	-0.9%	--
Georgia	373,555,334	276,325,374	284,230,125	2.9%	-23.9%
Guam	10,222,748	12,058,730	12,635,239	4.8%	23.6%
Hawaii	58,564,874	53,620,195	53,520,998	-0.2%	-8.6%
Idaho	23,977,957	23,201,998	23,453,418	1.1%	-2.2%
Illinois	379,372,143	363,181,075	356,993,967	-1.7%	-5.9%
Indiana	122,138,471	110,805,943	113,231,352	2.2%	-7.3%
Iowa	45,714,314	45,215,272	45,878,251	1.5%	0.4%
Kansas	33,968,183	33,315,780	34,165,519	2.6%	0.6%
Kentucky	111,538,946	103,541,897	104,168,296	0.6%	-6.6%
Louisiana	168,202,026	144,114,763	149,373,659	3.6%	-11.2%
Maine	30,348,133	28,202,588	29,121,902	3.3%	-4.0%
Maryland	126,734,581	123,023,124	124,836,415	1.5%	-1.5%
Massachusetts	224,033,956	187,372,637	213,669,198	14.0%	-4.6%
Michigan	261,063,789	261,893,757	262,534,714	0.2%	0.6%
Minnesota	74,468,625	72,514,044	74,956,382	3.4%	0.7%
Mississippi	69,863,596	63,291,091	64,945,489	2.6%	-7.0%
Missouri	135,261,368	130,397,283	135,192,115	3.7%	-0.1%
Montana	14,008,598	13,273,680	13,506,455	1.8%	-3.6%
Nebraska	28,263,239	26,519,666	27,016,994	1.9%	-4.4%
Nevada	87,781,816	81,238,885	80,870,551	-0.5%	-7.9%
New Hampshire	13,144,412	12,530,195	13,208,687	5.4%	0.5%
New Jersey	168,157,714	156,887,084	166,322,900	6.0%	-1.1%
New Mexico	88,571,817	81,290,843	82,472,907	1.5%	-6.9%
New York	659,359,701	626,754,207	651,089,191	3.9%	-1.3%
North Carolina	323,228,201	236,172,746	239,447,173	1.4%	-25.9%
North Dakota	10,002,459	18,785,807	1,018,891	-94.6%	-89.8%
Ohio	277,671,453	260,780,141	260,551,222	-0.1%	-6.2%
Oklahoma	136,329,060	126,721,669	128,774,171	1.6%	-5.5%
Oregon	140,422,271	138,645,667	141,797,420	2.3%	1.0%
Pennsylvania	364,608,199	345,048,131	356,459,636	3.3%	-2.2%
Rhode Island	29,254,811	27,400,513	27,926,948	1.9%	-4.5%
South Carolina	148,230,215	102,668,559	104,702,990	2.0%	-29.4%
South Dakota	15,212,388	14,693,601	14,978,429	1.9%	-1.5%
Tennessee	147,140,637	138,170,227	140,404,450	1.6%	-4.6%
Texas	651,913,050	628,172,977	628,475,739	0.0%	-3.6%
Utah	35,145,093	32,775,106	33,530,123	2.3%	-4.6%
Vermont	12,748,800	12,377,691	8,230,102	-33.5%	-35.4%
Virginia	152,236,214	144,381,520	142,376,134	-1.4%	-6.5%
Virgin Islands	5,584,713	5,536,763	5,566,312	0.5%	-0.3%
Washington	168,157,021	164,567,977	167,827,064	2.0%	-0.2%
West Virginia	48,101,550	45,618,790	45,696,290	0.2%	-5.0%
Wisconsin	115,193,900	115,295,843	111,656,341	-3.2%	-3.1%
Wyoming	5,242,217	4,802,833	4,916,913	2.4%	-6.2%
TOTAL	7,769,262,547	7,719,276,214	7,834,423,342	1.5%	0.8%

September 2025 and October 2025 data are preliminary and are subject to significant revision. Data may include disaster assistance.

The following areas receive Nutrition Assistance Grants which provide benefits analogous to the Supplemental Nutrition Assistance Program: Puerto Rico, American Samoa, and the Northern Marianas.