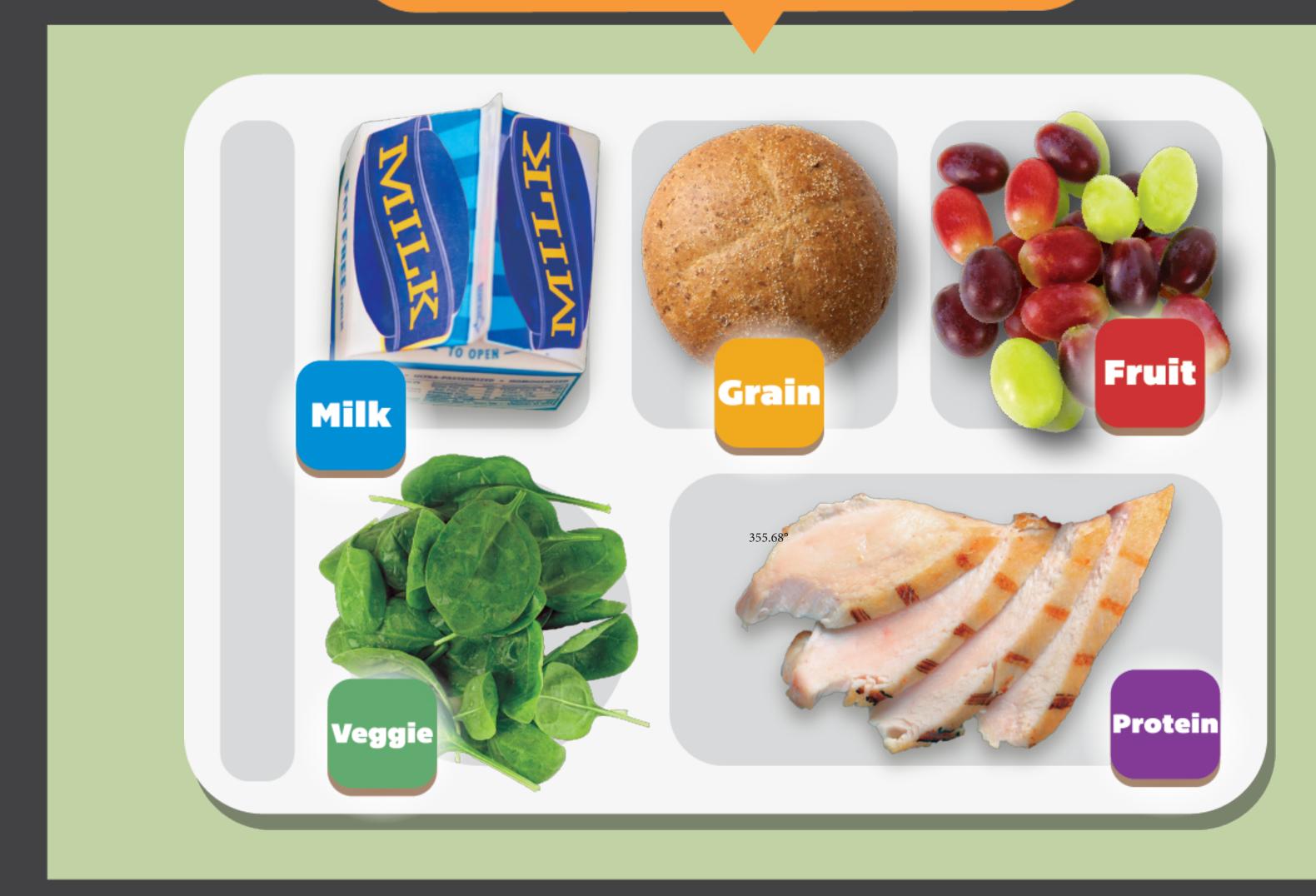
#5formaxflavor

5 food groups = Maximum Flavor



Choose at least 3 food groups

Select at least ½ cup fruit and/or vegetable

