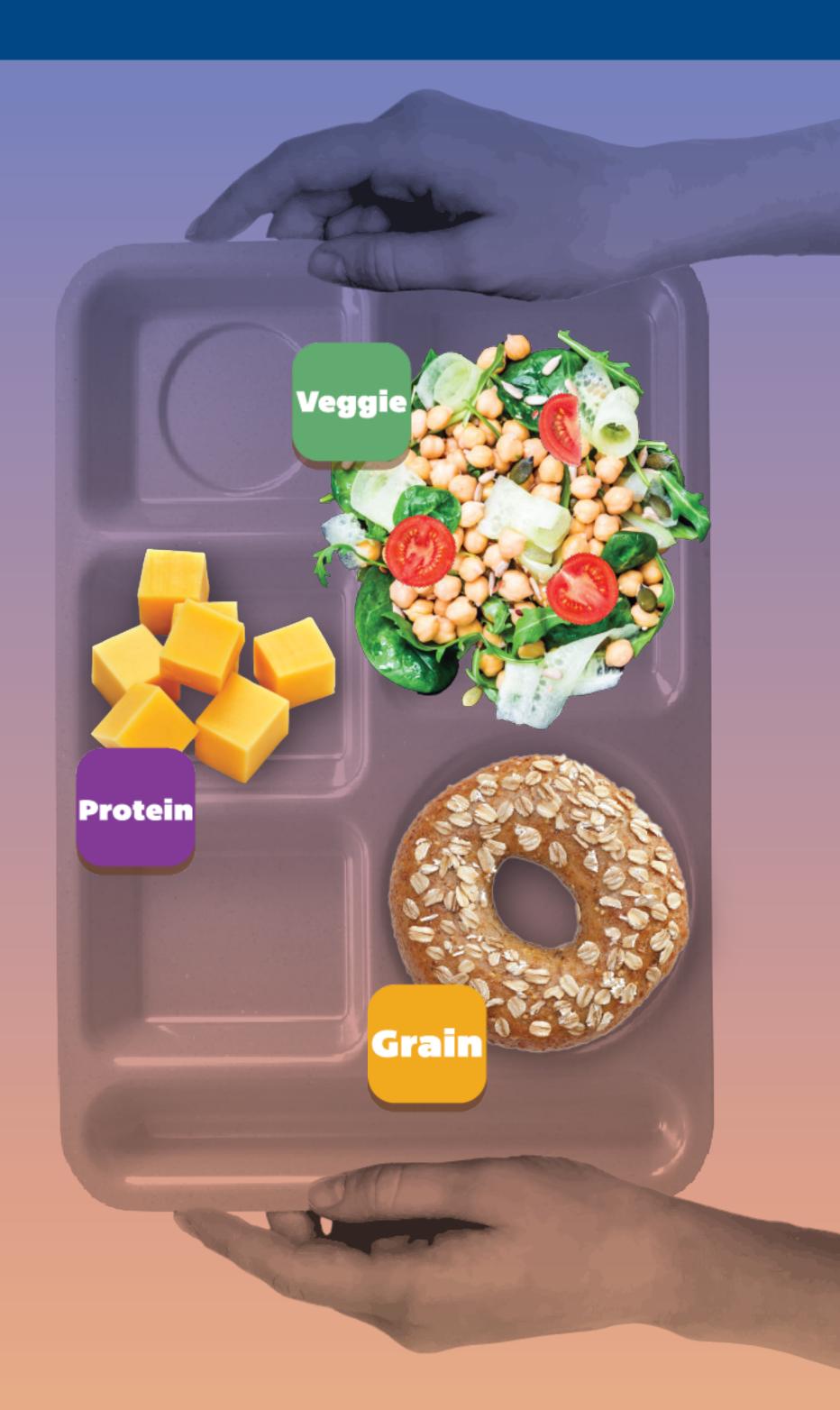


is FLANOR

#5formaxflavor





Take at least ½ cup fruit and/or vegetable



Choose 3 or more colorful food groups