



The U.S. Department of Agriculture is asking states and food service companies, with the support of school food authorities, to pledge to make school meals and snack programs healthier.



**REPLACE BREAKFAST PASTRIES WITH WHOLE-FOOD BREAKFAST OPTIONS**



**PREPARE MEATS AND MEAT ALTERNATIVES USING HEALTHY COOKING METHODS**



**SERVE 100% WHOLE GRAIN PRODUCTS**



**IMPROVE SMART SNACKS SERVED IN SCHOOLS**



**PRIORITIZE WHOLE FRUIT**



**SERVE WHOLE MILK**

Together, states and food service companies that join this pledge affirm their commitment to supporting the health, well-being, and academic success of school children.

