



REPLACE BREAKFAST PASTRIES WITH WHOLE-FOOD BREAKFAST OPTIONS

- Replace pastries with whole-food options such as egg sandwiches, yogurt parfaits with fruit, whole grain toast with nut butter, oatmeal, or overnight oats.
- Adjust menu cycles to emphasize eggs, yogurt, and 100% whole grains.
- Implement the added sugars cap now, rather than 2027.
- Food service companies will expand healthier breakfast options and will offer easy, allowable swaps.

