



## Kosher Foods in The Emergency Food Assistance Program

*This document is not intended to be an instruction on kosher dietary law. It is designed to provide a general overview of kosher dietary law, as it relates to foods regularly available through The Emergency Food Assistance Program.*

When serving communities through USDA's The Emergency Food Assistance Program (TEFAP), it is important to consider a participant's perspective on cultural and religious practices around food. Participants choosing to follow a kosher diet may not be able to take all items available through TEFAP.

### Kosher Diets

Kosher diets require a kosher certification on beef, poultry, fish and fish products, and other animal meats. With few exceptions that must be authorized by experts in kosher food requirements, kosher certification is also required on any product that has been processed and/or packaged. Kosher products will never contain both meat and dairy ingredients. Pork and shellfish products are not permitted in a kosher diet.



### Kosher Certified Foods

Some USDA foods are certified kosher by an established certifying authority, meaning the product has been processed in a facility that maintains the integrity of the kosher certification. These items are identified on the Foods Available List with a "(K)" next to the item name.

### Non-Certified Acceptable Kosher Foods

Other products on the [TEFAP Foods Available List](#), such as fresh produce, dry legumes, and eggs in their shells, may be acceptable to kosher-observant households without a kosher certification. It is important to work with leaders and experts in your local kosher-observant community to identify what non-certified items will be acceptable to your participants, as levels of observance may vary among communities.





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## Kosher Foods in TEFAP

The table below shows the items available through TEFAP that may be acceptable to kosher-observant households. The six-digit number included with each food is the material code used for ordering in Web-Based Supply Chain Management (WBSCM).

For more information and resources, please visit the [TEFAP website](https://www.fns.usda.gov/tefap). If you need additional information about participating in TEFAP in your area, please reach out to your [State Agency](#).



[fns.usda.gov/tefap/kosher](https://www.fns.usda.gov/tefap/kosher)

Kosher Certified	
FRUITS	
Applesauce, Unsweetened, Canned (K) – 100207	Pears, Extra Light Syrup, Canned (K) – 100223
VEGETABLES	
Beans, Green, Low Sodium, Canned (K) – 100306	Tomato Sauce, Low Sodium, Canned (K)(H) – 110610
Corn, Whole Kernel, No Salt Added, Canned (K) – 100311	
LEGUMES	
Beans, Garbanzo, Canned (K) – 111060	
PROTEIN	
Peanut Butter, Smooth (K) – 111170	Salmon, Pink, Canned (K) – 110580
GRAINS	
Bakery Mix, Lowfat (K) - 110902	
DAIRY	
Yogurt, High-Protein, Blueberry, Chilled (K) - 110400	Yogurt, High-Protein, Vanilla, Chilled (K) - 111750
Yogurt, High-Protein, Strawberry, Chilled (K) - 110401	Yogurt, High-Protein, Vanilla, Chilled (K) - 110402





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## May Be Acceptable Without Certification

### FRUITS

Apples, Braeburn, Fresh – 100523	Apples, Fresh – 110561
Apples, Empire, Fresh – 100517	Oranges, Fresh – 100283
Apples, Fuji, Fresh – 100522	Pears, Bartlett, Fresh – 111424
Apples, Gala, Fresh – 100521	Pears, Bosc, Fresh – 111423
Apples, Granny Smith, Fresh – 110543	Pears, D’Anjou, Fresh – 111422
Apples, Red Delicious, Fresh – 100514	Pears, Fresh – 110560

### VEGETABLES

Mixed Produce Box, Fresh – 111427	Potatoes, Russet, Fresh – 101017
Potatoes, Round, Fresh – 101019	Sweet Potatoes, Fresh – 111058

### LEGUMES

Beans, Black-eyed Pea, Dry – 100374	Beans, Pinto, Dry – 100382
Beans, Great Northern, Dry – 100380	Lentils, Dry – 100388
Beans, Kidney, Light Red, Dry – 100385	Peas, Green Split, Dry – 111055
Beans, Lima, Baby, Dry – 100378	

### PROTEIN

Almonds, Natural, Whole, Shelled - 100907	Walnut, Pieces – 100908
Eggs, Fresh – 100936	

*For the below categories, please work with experts in your local kosher community to determine acceptability. Acceptability without certification may vary from community to community.*

### GRAINS

Cornmeal, Yellow – 100471	Oats, Rolled, Quick Cooking – 111074
Flour, All Purpose, Enriched, Bleached – 100400	Rice, Medium Grain – 100487, 100488
Flour, White Whole Wheat – 110857	Rice, Long Grain – 100491, 100492

### DAIRY

Milk, 1%, Fresh – 111200, 111173	Milk, Skim, Fresh – 111405, 111175
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