

## Halal Foods in The Emergency Food Assistance Program

*This document is not intended to be an instruction on halal dietary law. It is designed to provide a general overview of halal dietary law, as it relates to foods regularly available through The Emergency Food Assistance Program.*

When serving communities through USDA’s The Emergency Food Assistance Program (TEFAP), it is important to consider a participant’s perspective on cultural and religious practices around food. Participants choosing to follow a halal diet may not be able to take all items available through TEFAP.

### Halal Diets

Halal diets typically do not permit pork products, alcohol and products that contain alcohol, or products containing ingredients that use non-halal animal-derived products. For example, some cheese products use an ingredient called rennet that is derived from an animal, therefore the cheese would not be acceptable to halal-observant communities.



### Halal Certified Foods

Some USDA Foods are certified halal, meaning that the product is not only acceptable but has been processed in a facility that maintains the integrity of the halal certification. These items are identified on the Foods Available List with an “(H)” next to the item name.

### Non-Certified Acceptable Halal Foods

Other products on the [TEFAP Foods Available List](#) may be acceptable to halal-observant communities without a halal certification, such as fresh produce, certain types of fish, and shell eggs. It is important to work with leaders in your community to identify what non-certified items will be acceptable to your participants, as levels of observance may vary between communities.



# Halal Foods in The Emergency Food Assistance Program

## Halal Foods in TEFAP

The table on the next page shows the items available through TEFAP that may be acceptable to halal-observant communities. The six-digit number included with each food is the material code used for ordering in Web-Based Supply Chain Management.

For more information and resources, please visit the [TEFAP website](https://www.fns.usda.gov/tefap). If you need additional information about participating in TEFAP in your area, please reach out to your [State Agency](#).



### Halal Certified

#### VEGETABLES

Tomato Sauce, Low Sodium, Canned (K)(H) - 110610

### May Be Acceptable Without Certification

#### FRUITS

|   |   |
|---|---|
| Applesauce, Unsweetened, Canned (K) - 100207        | Oranges, Fresh - 100283                           |
| Apple Slices, Unsweetened, Frozen (IQF) - 110470    | Peaches, Freestone, Slices, Frozen - 100238       |
| Apples, Braeburn, Fresh - 100523                    | Pears, Bartlett, Fresh - 111424                   |
| Apples, Empire, Fresh - 100517                      | Pears, Bosc, Fresh - 111423                       |
| Apples, Fuji, Fresh - 100522                        | Pears, D'Anjou, Fresh - 111422                    |
| Apples, Gala, Fresh - 100521                        | Pears, Extra Light Syrup, Canned (K) - 100223     |
| Apples, Granny Smith, Fresh - 110543                | Pears, Fresh - 110560                             |
| Apples, Red Delicious, Fresh - 100514               | Pears, Extra Light Syrup, Canned (K) - 100223     |
| Apples, Fresh - 110561                              | Strawberries, Whole, Unsweetened, Frozen - 111680 |
| Blueberries, Highbush, Unsweetened, Frozen - 110623 |   |

#### VEGETABLES

|  |   |
|--|---|
| Beans, Green, Low Sodium, Canned (K) - 100306          | Peas, Green, No Salt Added, Frozen - 110763 |
| Beans, Green, No Salt Added, Frozen - 111054           | Potatoes, Round, Fresh - 101019             |
| Carrots, Diced, No Salt Added, Frozen - 111052         | Potatoes, Russet, Fresh - 101017            |
| Corn, Whole Kernel, No Salt Added, Canned (K) - 100311 | Sweet Potatoes, Fresh - 111058              |
| Mixed Produce Box, Fresh - 111427                      |   |

**Chart continues on the next page!**





## Halal Foods in The Emergency Food Assistance Program

| <b>May Be Acceptable Without Certification (continued)</b>  |   |
|---|---|
| <b>LEGUMES</b>  |   |
| Beans, Garbanzo, Canned (K) - 111060  | Beans, Lima, Baby, Dry - 100378                     |
| Beans, Black-eyed Pea, Dry - 100374   | Beans, Pinto, Dry - 100382                          |
| Beans, Great Northern, Dry - 100380   | Lentils, Dry - 100388                               |
| Beans, Kidney, Light Red, Dry - 100385  | Peas, Green Split, Dry - 111055                     |
| <b>PROTEIN</b>  |   |
| Almonds, Natural, Whole, Shelled - 100907   | Catfish, Fillets, Wild-Caught, Frozen - 111800*     |
| Atlantic Haddock, Fillet, Frozen - 111292   | Eggs, Fresh - 100936                                |
| Atlantic Ocean Perch, Fillet, Frozen - 111293   | Peanut Butter, Smooth (K) - 111170                  |
| Atlantic Pollock, Fillet, Frozen - 111291   | Salmon, Pink, Canned (K) - 110580                   |
| Catfish, Fillets, Farm-Raised, Frozen - 110390*   | Walnut, Pieces - 100908                             |
| <b>GRAINS</b>   |   |
| Bakery Mix, Lowfat, (K) - 110902  | Pasta, Macaroni, Enriched - 110511                  |
| Cornmeal, Yellow - 100471   | Pasta, Macaroni, Whole Grain - 101023               |
| Flour, All Purpose, Enriched, Bleached - 100400   | Pasta, Rotini, Whole Grain - 110777                 |
| Flour, White Whole Wheat - 110857   | Pasta, Spaghetti, Enriched - 110450                 |
| Grits, Corn, White - 111082   | Pasta, Spaghetti, Whole Grain - 101035              |
| Grits, Corn, yellow - 111072  | Rice, Medium Grain - 100487, 100488                 |
| Oats, Rolled, Quick Cooking - 111074  | Rice, Long Grain - 100491, 100492                   |
| <b>DAIRY</b>  |   |
| Yogurt, High-Protein, Blueberry, Chilled (K) - 110400   | Yogurt, High-Protein, Vanilla, Chilled (K) - 111750 |
| Yogurt, High-Protein, Strawberry, Chilled (K) - 110401  | Yogurt, High-Protein, Vanilla, Chilled (K) - 110402 |
| <b>OILS</b>   |   |
| Oil, Vegetable - 100441   |   |
| * Please work with experts in your community, as there is a small sector of halal-observant communities who will not consume catfish. |   |

