

WIC PROGRAM: AVERAGE MONTHLY BENEFIT PER PERSON

(Data as of October 11, 2024)

State / Indian Tribe	FY 2019	FY 2020	FY 2021	FY 2022	FY 2023
Alabama	44.32	38.63	36.57	41.04	53.36
Alaska	55.86	45.68	41.06	51.17	67.98
American Samoa	68.12	63.94	63.09	78.83	90.65
Arizona	<u>35.63</u>	<u>30.90</u>	<u>28.59</u>	<u>41.79</u>	<u>49.12</u>
Dept. of Health	35.57	31.08	28.87	41.91	49.01
Navajo Nation	40.85	34.30	31.89	47.10	56.86
Inter-Tribal Council	31.92	25.00	21.01	35.96	46.13
Arkansas	37.22	35.28	32.86	46.89	52.55
California	44.09	43.99	40.48	57.08	64.07
Colorado	<u>37.00</u>	<u>32.99</u>	<u>30.50</u>	<u>43.75</u>	<u>52.14</u>
Dept. of Health	36.98	32.97	30.49	43.76	52.13
Ute Mountain Ute Tribe	48.26	39.28	33.24	40.01	58.98
Connecticut	44.56	42.07	43.91	52.60	58.58
Delaware	33.89	30.08	31.04	34.89	39.37
District of Columbia	43.23	29.80	26.21	25.35	39.57
Florida	45.87	41.81	36.27	54.44	61.93
Georgia	40.51	38.59	34.31	39.17	51.79
Guam	71.09	65.37	61.52	76.35	83.16
Hawaii	54.82	49.23	41.44	57.68	67.93
Idaho	32.74	28.25	26.13	39.94	47.60
Illinois	48.76	48.14	41.68	55.63	58.44
Indiana	33.06	28.71	24.38	39.64	48.03
Iowa	31.71	30.77	28.97	43.07	53.80
Kansas	34.36	29.88	30.25	42.08	49.85
Kentucky	38.93	37.84	32.45	43.05	51.15
Louisiana	46.85	37.79	38.51	43.18	50.03
Maine	<u>40.57</u>	<u>38.10</u>	<u>33.20</u>	<u>43.94</u>	<u>51.07</u>
Dept. of Human Services	40.36	37.88	33.08	43.87	51.01
Pleasant Point	66.73	67.97	56.78	44.94	60.11
Indian Township	72.31	69.54	49.44	68.89	68.00
Maryland	37.27	32.95	30.69	44.70	53.99
Massachusetts	38.90	38.08	34.95	47.31	54.82
Michigan	36.99	31.26	27.24	40.29	49.83
Minnesota	38.52	37.36	34.27	47.58	54.31
Mississippi	<u>54.71</u>	<u>61.57</u>	<u>70.85</u>	<u>22.42</u>	<u>48.42</u>
State Board of Health	54.89	61.87	71.29	22.21	48.32
Choctaw Indians	33.53	28.04	26.16	41.03	56.65
Missouri	34.07	32.04	26.03	34.95	43.51
Montana	34.64	28.31	27.81	43.90	50.37
Nebraska	<u>39.35</u>	<u>38.27</u>	<u>31.88</u>	<u>41.54</u>	<u>47.23</u>
Dept. of Health	38.88	37.95	31.64	41.30	46.95
Omaha Sioux	72.34	63.69	58.02	67.11	71.70
Winnebago Tribe	73.37	69.71	55.90	66.20	71.98
Santee Sioux	73.40	62.13	53.24	71.52	77.48
Nevada	<u>36.47</u>	<u>33.03</u>	<u>31.44</u>	<u>44.39</u>	<u>50.77</u>
Division of Health	36.60	33.17	31.55	44.49	50.84
Inter-Tribal Council	30.24	25.06	24.02	35.79	43.59
New Hampshire	27.33	26.86	24.70	35.94	44.63
New Jersey	56.78	55.06	49.69	61.44	76.32
New Mexico	<u>35.91</u>	<u>35.43</u>	<u>33.70</u>	<u>44.56</u>	<u>53.87</u>
Dept. of Health	34.31	34.32	31.98	43.35	51.97
Eight Northern Pueblos	59.53	58.08	45.90	51.17	69.92
Isleta Pueblo	44.60	30.60	36.59	41.29	63.02
Zuni Pueblo	53.88	45.45	39.22	52.29	68.30
Five Sandoval Pueblos	50.34	52.67	39.85	46.97	65.79
Santo Domingo Tribe	104.34	121.03	211.10	137.01	157.90

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State / Indian Tribe	FY 2019	FY 2020	FY 2021	FY 2022	FY 2023
San Felipe Pueblo	93.04	114.76	199.30	203.15	225.69
Acoma, Canoncito & Laguna	46.86	42.97	33.32	40.65	52.13
New York	<u>52.32</u>	<u>51.71</u>	<u>49.56</u>	<u>65.08</u>	<u>73.25</u>
Dept. of Health	52.33	51.71	49.56	65.08	73.25
Seneca Nation	33.99	--	--	--	--
North Carolina	<u>37.23</u>	<u>35.63</u>	<u>31.85</u>	<u>39.85</u>	<u>47.91</u>
Dept. of Health	37.24	35.64	31.87	39.86	47.91
Eastern Cherokee	34.20	30.21	25.09	35.28	47.91
North Dakota	<u>48.37</u>	<u>47.76</u>	<u>44.11</u>	<u>42.55</u>	<u>51.17</u>
Dept. of Health	47.34	47.29	43.72	41.81	50.67
Standing Rock Sioux Tribe	56.50	48.46	44.53	58.91	66.12
Three Affiliated Tribes	79.19	72.21	65.20	69.24	67.63
Ohio	31.16	30.41	34.30	43.40	55.63
Oklahoma	<u>32.74</u>	<u>30.18</u>	<u>25.21</u>	<u>36.47</u>	<u>42.55</u>
Dept. of Health	32.44	30.85	24.86	37.75	44.19
Choctaw Nation	29.64	25.85	21.90	30.15	23.78
Chickasaw Nation	33.94	26.84	27.02	32.01	39.80
Muscogee Creek Nation	35.57	27.93	27.53	33.81	44.70
Cherokee Nation	36.81	34.85	33.18	36.78	45.36
Citizen Potawatomi Nation	32.53	25.16	19.67	29.33	41.97
Osage Tribal Council	28.83	24.98	21.33	35.14	40.96
Otoe-Missouria Tribe	33.45	25.15	34.14	33.99	43.12
Inter-Tribal Council	53.93	50.45	49.21	55.22	59.27
Wichita, Caddo & Delaware (WCD)	31.08	24.52	23.95	31.23	37.14
Oregon	35.98	30.53	27.22	42.00	47.88
Pennsylvania	42.74	36.73	35.36	45.84	57.44
Puerto Rico	97.94	96.94	93.98	110.41	135.13
Rhode Island	44.29	42.54	39.18	38.81	51.67
South Carolina	46.71	43.82	30.92	38.76	49.65
South Dakota	<u>41.29</u>	<u>40.22</u>	<u>33.41</u>	<u>44.78</u>	<u>49.39</u>
Dept. of Health	39.54	38.61	32.10	43.55	47.37
Cheyenne River Sioux	59.53	59.75	46.91	59.97	71.77
Rosebud Sioux	52.78	50.90	46.72	55.93	67.56
Tennessee	36.41	29.09	26.40	47.35	44.74
Texas	26.45	26.10	25.15	36.99	46.01
Utah	36.76	36.08	38.21	47.60	58.90
Vermont	45.66	36.49	34.58	42.25	48.85
Virginia	32.34	30.77	27.65	39.02	46.64
Virgin Islands	65.69	60.79	62.40	66.81	76.92
Washington	36.24	30.87	28.04	44.37	48.14
West Virginia	39.70	36.35	38.87	42.49	44.78
Wisconsin	36.28	34.69	25.04	37.03	38.58
Wyoming	<u>30.52</u>	<u>29.83</u>	<u>28.07</u>	<u>41.79</u>	<u>51.11</u>
Dept. of Health	28.82	28.23	27.16	41.31	50.75
Northern Arapahoe	68.34	62.12	42.16	55.59	59.65
Shoshone Tribe	64.15	67.52	69.69	53.55	62.78
Northern Marianas	60.63	58.08	58.28	70.95	82.81
TOTAL	40.90	38.48	35.58	47.74	56.06

WIC is the common abbreviation for Special Supplemental Nutrition Program for Women, Infants and Children. The average monthly benefit equals total annual food cost divided by average monthly participation, divided by 12. Farmers Market benefits are not included.

Data are subject to revision.