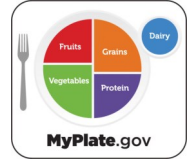




## USDA Foods in Schools

**111893- Turkey, Smoked Ham, Sliced**  
Category: **Meat/Meat Alternate**



### Product Description

- This item is fully cooked smoked turkey ham produced from turkey thigh meat. This product is pre-sliced and shipped frozen in cases containing eight 5-pound vacuum-sealed packages.

### Crediting/Yield

- One case of turkey ham provides approximately 415 1.54-ounce portions.
- CN Crediting: Approximately 1.54 ounces of turkey ham credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement.

### Culinary Tips and Recipes

- Turkey ham can be used in wraps or sandwiches made with whole grain-rich bread and topped with a variety of healthy ingredients such as lettuce, tomato, and peppers.
- Turkey ham can also be used as a replacement for ham in recipes such as egg dishes, soups, and greens.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

### Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at [www.fns.usda.gov/usda-fis](http://www.fns.usda.gov/usda-fis)

## Nutrition Facts

Serving size: 1.54 ounces (43 g)/1 MMA smoked turkey ham

### Amount Per Serving

**Calories** 46

**Total Fat** 2g

Saturated Fat 1g

Trans Fat 0g

**Cholesterol** 27mg

**Sodium** 253mg

**Total Carbohydrate** 1g

Dietary Fiber 0g

Sugars 1g

Includes 1g Added Sugars

**Protein** 7g

Source: USDA Foods Vendor Labels

**Allergen Information:** Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA FoodData Central or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.