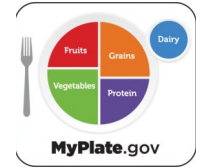




USDA Foods in Schools

111881 - Chicken, Pulled, Cooked, Frozen
Category: **Meat/Meat Alternate**



Product Description

- This item is fully cooked, minimally seasoned pulled white meat chicken. This product is delivered frozen in cases containing six 5-pound or three 10-pound packages.

Crediting/Yield

- One case of pulled chicken provides about 240 2-ounce portions.
- CN Crediting: Approximately 2 ounces of pulled chicken credits as 2 ounce equivalent meat/meat alternate. Confirm individual vendor crediting by using the CN Label or the product formulation statement.

Culinary Tips and Recipes

- Pulled chicken can be used as a protein component in dishes such as sandwiches, wraps, burritos, or fajitas.
- The minimally seasoned formulation allows schools to customize the flavor profile. Try adding barbeque sauce, Asian-inspired seasonings, or Latin flavors to use this product in a variety of ways in your menu cycle.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA’s Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Nutrition Facts

Serving size: 2 ounce (56 g)/2 MMA pulled chicken

Amount Per Serving

Calories 72

Total Fat 2g

Saturated Fat 1g

Trans Fat 0g

Cholesterol 39mg

Sodium 215mg

Total Carbohydrate 0g

Dietary Fiber 0g

Sugars 0g

Includes 0g Added Sugars

Protein 12g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA FoodData Central or are representative values from USDA Foods vendor labels. Please refer to the product’s Nutrition Facts label or ingredient list for product-specific information.

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