

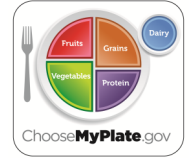


## USDA Foods in Schools

**110844 - Potatoes, Diced, No Salt Added, Frozen**

Category: **Vegetables**

Subgroup: **Starchy**



### Product Description

- This item is U. S. Grade A diced potatoes. The potatoes are blanched and diced in approximately 1/2 x 1/2 inch cubes, with no added salt. This product is delivered frozen in cases containing six 5-pound bags.

### Crediting/Yield

- One case yields about 180 1/2-cup servings of steamed, diced potatoes.
- CN Crediting: 1/2 cup cooked, diced potatoes credit as 1/2 cup starchy vegetable.

### Culinary Tips and Recipes

- Diced potatoes can be used to make hash browns, roasted potatoes, soups, or entrees.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

### Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at [www.fns.usda.gov/usda-fis](http://www.fns.usda.gov/usda-fis)

## Nutrition Facts

Serving size: 1/2 cup (105 g) diced potatoes

### Amount Per Serving

**Calories** 86

**Total Fat** 1g

Saturated Fat 0g

Trans Fat 0g

**Cholesterol** 0mg

**Sodium** 23mg

**Total Carbohydrate** 19g

Dietary Fiber 1g

Sugars 1g

**Protein** 2g

Source: [USDA FoodData Central](#)

**Allergen Information:** Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

Nutrient values in this section are from the USDA FoodData Central or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.