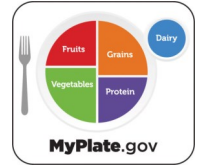




# USDA Foods in Schools

**100125 - Turkey, Roast, Raw, Frozen**  
Category: **Meat/Meat Alternate**



### Product Description

- This item is Grade A, raw and ready-to-cook turkey roast produced from breast meat, thigh meat, and skin. This product is shipped frozen in cases containing four 8-12 pound roasts.

### Crediting/Yield

- One pound of turkey roast provides approximately 10.5 1-ounce portions of cooked turkey roast. The total portions per case will vary depending on the weight of each roast, but should be around 420 per case.
- CN Crediting: 1 ounce cooked turkey roast credits as 1 ounce equivalent meat/meat alternate.

### Culinary Tips and Recipes

- Turkey roast can be cooked, sliced and served hot or cooked and cut up for use in such as soups, pasta, or sandwiches.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

### Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at [www.fns.usda.gov/usda-fis](http://www.fns.usda.gov/usda-fis)

## Nutrition Facts

Serving size: 1.52 ounces raw (43 g)/1 MMA turkey roast

### Amount Per Serving

**Calories** 57

**Total Fat** 3g

Saturated Fat 1g

*Trans Fat* 0g

**Cholesterol** 23mg

**Sodium** 194mg

**Total Carbohydrate** 0g

Dietary Fiber 0g

Sugars 0g

Includes 0g Added Sugars

**Protein** 8g

Source: USDA Foods Vendor Labels

**Allergen Information:** Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA FoodData Central or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.