

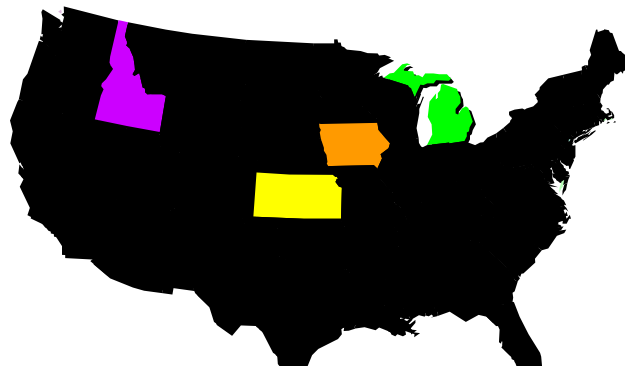
# ***TEAM NUTRITION DEMONSTRATION PROJECT***



## **APPENDICES**

**Assessment Overview, Forms,  
Tables and Figures**

**Comprehensive Implementation of  
Team Nutrition in Four States**



# APPENDICES

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## **A. ASSESSMENT OVERVIEW**

## TEAM NUTRITION DEMONSTRATION PROJECT: ASSESSMENT OVERVIEW

Assessment Tools	Completed By:	Timeframe	Content (Summary of Items)
<b>1. Demographic Forms:</b> <ul style="list-style-type: none"> <li>• <i>School Demographic Form</i> (Appendix B-3 to B-4)</li> <li>• <i>Teacher Demographic Form</i> (Appendix B-5)</li> <li>• <i>School Foodservice Demographic Form</i> (Appendix B-6)</li> </ul>	<p>Each State obtained this data from the school and State agency.</p> <p>All teachers in all participating grades in all participating schools.</p> <p>Foodservice staff person most involved in project.</p>	<p>Oct. 1, 2000 Oct. 1, 2001</p> <p>Oct. 1, 2000 Oct. 1, 2001 (new teachers only)</p> <p>Oct. 1, 2000 Oct. 1, 2001</p>	<p>School type and enrollment, participating grades, number of participating classes/students, composition of school teams and school meal participation.</p> <p>Classroom type, grade taught, teaching experience, degrees/training, and hours of nutrition taught in previous year</p> <p>Years of experience, type of foodservice operation, education/certification, and school meals offered</p>
<b>2. Classroom Lesson Logs:</b> (4 pages) <ul style="list-style-type: none"> <li>• <i>Food and Me (Pre K-K)</i></li> <li>• <i>Food Time (Grades 1-2)</i></li> <li>• <i>Food Works (Grades 3-5)</i></li> <li>• <i>yourSELF (Grades 6-8)</i></li> </ul> Sample logs: Appendix B-8 to B-20	Teachers in all classes of participating grades of all participating schools.	Completed after teaching lessons in 2000-2001 and 2001-2002.	Materials/supplies used, cost (purchases, donations), lesson integration, opinions of lessons, persons involved, time spent planning and teaching, number of students and activities/components taught
<b>3. Team Nutrition Channel Log</b> (Appendix B-22 to B-24)	Coordinator of event or activity.	After each event or activity in each channel for both years.	Primary and other channels used, time spent to plan and conduct channel events, who helped, number of participants, materials used, and cost of purchased and donated items
<b>4. Site Coordinator Log</b> (Appendix B-26 to B-27)	Site Coordinators	End of each year	Steps followed, team composition, time spent, and channel focus
<b>5. End-of-the-Project Questions</b> (Appendix F-7)	Site Coordinators	End of project	Successes, obstacles, and recommendations

## **B. IMPLEMENTATION ASSESSMENT FORMS AND LOGS**

**NOTE: THE ASSESSMENT OVERVIEW (A-1) PROVIDES INFORMATION ABOUT WHEN FORMS WERE COMPLETED AND BY WHOM.**

# **1. DEMOGRAPHIC FORMS**

**Directions: The following information will be collected at the beginning of each school year. Information from the grant application and the State agency should be entered before distributing this form to the School Team Nutrition Coordinator.**

***1.1 SCHOOL DEMOGRAPHIC FORM***

School Code # \_\_\_\_\_  
School Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_  
Zip Code \_\_\_\_\_  
Telephone # (include Area Code) \_\_\_\_\_  
School District Name (optional) \_\_\_\_\_  
Principal (First Name, Last Name) \_\_\_\_\_  
School Team Nutrition Coordinator(s)  
(First Name, Last Name) \_\_\_\_\_  
Job Title(s) of Team Nutrition Coordinator(s) \_\_\_\_\_

**School Team Nutrition Team Members**

Classroom teacher(s) (Do not include Health, Home Econ, Phys Educ teachers here)	Total # _____
Home Economics Teacher(s)	Total # _____
Health Teacher(s)	Total # _____
Physical Education Teacher(s)	Total # _____
Foodservice Staff	Total # _____
Administrator(s)	Total # _____
School Nurse	Total # _____
Students	Total # _____
Parent(s)	Total # _____
Community Members/Partners	Total # _____
Other(s) on School TN Team _____	

Total School Enrollment (Official Count) \_\_\_\_\_

Grades Participating in this Project (Circle all that apply.) Pre-K, K, 1, 2, 3, 4, 5, 6, 7, 8, 9

Total Number of Classrooms Participating in this Grant Project at this School \_\_\_\_\_

Total Number of Students Participating in this Grant Project in the Classrooms \_\_\_\_\_



School District Enrollment (Official Count) \_\_\_\_\_

Describe previous experience with Team Nutrition or other nutrition or physical education projects. \_\_\_\_\_

**Obtain from State Agency**

ADP Breakfast \_\_\_\_\_  
(Leave blank if your school does not have a School Breakfast Program.)

ADP Lunch \_\_\_\_\_

ADP After School Snack \_\_\_\_\_

% Free and Reduced \_\_\_\_\_

Other State Specific Information (optional) \_\_\_\_\_

**Directions: This form should be completed by all teachers participating in the Team Nutrition Grant Project at the beginning of each school year.**

## 1.2 TEACHER DEMOGRAPHIC FORM

School Code # \_\_\_\_\_

School Name \_\_\_\_\_

Teacher Code or Name (state option) \_\_\_\_\_

List grade or grades you currently teach \_\_\_\_\_

Number of students in your class(es) this year \_\_\_\_\_

Area/subject that you teach at this time. Check all that apply.

Regular Classroom

Physical Education

Special Education

Health

Home Economics

Other \_\_\_\_\_

Not including this school year, how many total **years** of teaching experience do you have? \_\_\_\_\_

Not including this school year, how many **years** of teaching experience do you have at your current grade level? \_\_\_\_\_

Check your highest degree. Check only one.

Bachelor

Master

Specialist

Doctorate

Have you taken a college-level nutrition course? Yes  No

Have you participated in nutrition workshops or other formal trainings? Yes  No

Have you taken a college-level physical education methods course? Yes  No

Have you taken a college-level health education methods course? Yes  No

Are you a member of the Team Nutrition Team at your school? Yes  No

Last school year, did you link/involve any of the following in your classroom nutrition lessons?

Check all that apply.

School foodservice

Physical education teachers

Health teachers

Parents

Community

Last school year, did you involve the media (television, radio, newspaper, etc.) in your classroom nutrition lessons? Yes  No

Last school year, how many **hours** of nutrition education did you provide? \_\_\_\_\_

Describe previous experience with TN or other nutrition or physical education projects

**Directions: The School Foodservice Staff Person who is most involved with this Team Nutrition Grant Project should complete this form at the beginning of each year.**

### ***1.3 SCHOOL FOODSERVICE DEMOGRAPHIC FORM***

School Code # \_\_\_\_\_

School Name \_\_\_\_\_

Name/ID Code \_\_\_\_\_

Your Job Title \_\_\_\_\_

Not including this year, how many total **years** of school foodservice experience do you have? \_\_\_\_\_

What is your educational background and what credentials/certifications do you have now?

Check all that apply.

- High School Diploma/GED
- Associate Degree
- Bachelor Degree
- Master Degree
- Registered Dietitian/Licensed Dietitian
- Credentials/SFNS
- ASFSA or State Certification
- Dietary Manager
- Other: \_\_\_\_\_

Are you a member of the School Team Nutrition Team? Yes  No

Who plans your School Menu? Check one.

- District FS Supervisor/Director
- School FS Manager
- Committee (School or District)
- Other: \_\_\_\_\_

Does a Foodservice Management Company operate your program? Yes  \_\_\_\_\_ No

Do you have the following at your school? Check all that apply. \_\_\_\_\_

- Nutrition Advisory Committee (NAC)
- A la Carte Sales
- Exclusive Beverage Contract
- After School Snack Program

Last school year, did you link/involve any of the following in your school foodservice program?

Check all that apply.

- Classroom teachers
- Physical education teachers
- Health teachers
- Parents
- Community

Last school year, did you involve the media (television, radio, newspaper, etc.) in your school foodservice program? Yes  No

Describe previous experience with Team Nutrition or other nutrition or physical education projects. \_\_\_\_\_

## **2. CLASSROOM LESSON LOGS**

**NOTE: ONLY ONE LESSON LOG IS PROVIDED FOR EACH TEACHING MODULE, AS A SAMPLE. THERE WAS AN INDIVIDUAL LESSON LOG FOR EACH OF THE 8-9 LESSONS WITHIN EACH MODULE. THE INFORMATION COLLECTED WAS THE SAME FOR EVERY LESSON. FOR THE *YOURSELF* MODULE, ONE LOG WAS COMPLETED FOR ALL SIX LESSONS.**

## 2.1 CLASSROOM LESSON LOG: FOOD & ME

### Lesson: All Kinds of Foods Help Us Grow and Learn!

**INSTRUCTIONS:** The **classroom teacher** should complete this log even if he/she did not conduct the lesson. *One log must be filled out for each lesson.*

Name or ID Code of person completing this log: \_\_\_\_\_ (optional by State)

1. Classroom Grid: *Food & Me*---Lesson: All Kinds of Foods Help Us Grow and Learn!  
 (Teacher's Guide, Pages 4 & 5) If an activity was taught more than once or to more than one class, tell us the total number of times and the total number of students. Record class time per time taught.

Activity	Portion of Activity Taught (check one)	Class Time (Min)	Check Parts of the Lesson that were Completed
<b>Language: Identifying the Foods We Eat</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Discussion: Foods help us grow and learn <input type="checkbox"/> Children name foods they eat <input type="checkbox"/> Parent Reproducible: <i>Dear Family</i>
<b>Math Connection: Sorting Foods in the Food Guide Pyramid</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Parent Reproducible: <i>Building Healthy Meals and Snacks</i> <input type="checkbox"/> Create a Food Guide Pyramid and count pictures of food
<b>Art: What Helps My Body Grow?</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Body Tracing <input type="checkbox"/> Draw favorite foods around body
<b>Literature Connection</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Read: "Bread and Jam for Frances"
<b>Cooking: What's in My Taco?</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Has anyone eaten a taco <input type="checkbox"/> Making tacos <input type="checkbox"/> Categorize taco ingredients into food groups

2. Did you use any of these with this lesson? Check all that apply.

- Food & Me* Teacher's Guide
- Food & Me* Magazine ("I Wonder")
- Take Out* Newsletter
- Posters
- Parent Reproducibles

3. Please skip to item # 4.

4. Other than the *Food & Me Kit*, what materials/supplies did you use for this lesson?

Check all that apply.

- Art supplies
- Books (List titles: \_\_\_\_\_)
- Food
- Videos (List titles: \_\_\_\_\_)
- Handouts, brochures, and other printed materials
- Posters and banners
- Decorations (such as balloons and mobiles)
- Food preparation equipment (blender, microwave, etc.)
- Computer/Internet
- Other educational materials (Specify source: \_\_\_\_\_)
- Other materials or supplies (List: \_\_\_\_\_)

5. We are trying to determine the total costs of materials, food and services for this lesson. Below are two charts; one for purchased items and one for donated items. Only report the costs that relate to this lesson.

<b>PURCHASED ITEMS</b>			
	Purchased w/ TN Grant Funds	Purchased w/ School Funds	Purchased w/ My Own Money
Materials	\$ _____	\$ _____	\$ _____
Food	\$ _____	\$ _____	\$ _____
Services* (e.g. Chef, Speakers, Clowns)	\$ _____	\$ _____	\$ _____

\*Do not include the cost of staff time unless they received additional pay for their involvement on this activity

<b>DONATED ITEMS</b>			
	Donated by School Foodservice	Donated by Parents	Donated by Community
Materials	\$ _____	\$ _____	\$ _____
Food	\$ _____	\$ _____	\$ _____
Services* (e.g. Chef, Speakers, Clowns)	\$ _____	\$ _____	\$ _____

6. Who was involved in planning/preparing or teaching this lesson? Check all that apply

- Classroom Teacher(s)
- School Foodservice Staff
- Health Teacher(s)
- Family and Consumer Science Teacher(s)
- Physical Education Teacher(s)
- School Nurse
- Teaching Assistants/Paraprofessionals
- Principal/Assistant Principal
- Parents

- Community Members/Partners
- Volunteers (not parents)
- Other: \_\_\_\_\_

7. How much time **outside of class** would you estimate you spent planning/evaluating this lesson?  
 \_\_\_\_\_ minutes

8. Was any type of evaluation conducted to check for student understanding?  
 Yes      No

9. Was this lesson integrated into any of these subject areas? Check all that apply.
- This lesson was taught as a stand-alone nutrition lesson. If checked, skip to question 10.
  - Fine Arts (e.g., Music/Art/Drama)
  - Health
  - Life Management/ Family and Consumer Science
  - Mathematics
  - Physical Education
  - Reading/Language Arts
  - Science
  - Social Studies
  - Other (Specify subject area: \_\_\_\_\_)

10. What is your opinion of this lesson:	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Appropriate for grade level	1	2	3	4	5
Easy to teach	1	2	3	4	5
Included important information	1	2	3	4	5
Engaging and interactive	1	2	3	4	5
Tied in with school curriculum/objectives	1	2	3	4	5
Conveyed the information well	1	2	3	4	5
Easy to prepare	1	2	3	4	5
Children enjoyed	1	2	3	4	5

11. Is this lesson worth repeating? Why or why not? \_\_\_\_\_  
 \_\_\_\_\_

12. Did you involve the media? If yes, please describe. \_\_\_\_\_  
 \_\_\_\_\_

13. Comments (optional) \_\_\_\_\_  
 \_\_\_\_\_

14. End of Unit Question. Would you have been able to teach these lessons without funding from this grant?  
 (Answer this question at the end of the unit only.) \_\_\_\_\_

Reminder - Please be sure that you have completed the two cost tables in question 5. We understand that it is time-consuming and may be a bit difficult. However, as part of this grant we have been asked to collect data on cost(s) associated with teaching the TN lessons. If you have questions or need assistance in completing these tables, please contact: (State contact information)

## 2.2

## CLASSROOM LESSON LOG: FOOD TIME ---Lesson #1, Food Grows

**INSTRUCTIONS:** The **classroom teacher** should complete this log even if he/she did not conduct the lesson. *One log must be filled out for each lesson.*

**Name or ID Code** of person completing this log: \_\_\_\_\_ (optional by State)

1. Classroom Grid: *Food Time*---Lesson #1, Food Grows. If an activity was taught more than once or to more than one class, tell us the total number of times and the total number of students. Record class time per time taught.

<i>Activity</i>	<i>Portion of Activity Taught (check one)</i>	<i>Class Time (Min)</i>	<i>Check Parts of the Lesson that were Completed</i>
<b>Getting Started</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> What plants do we eat <input type="checkbox"/> Discussion: Can food be grown at school <input type="checkbox"/> Parent Reproducible 1: <i>Dear Parents</i>
<b>Activity 1: It's Food Time!</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> <i>Food Time</i> Video <input type="checkbox"/> What New Foods have they tried and liked
<b>Activity 2: Make A Food Origin Poster</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Student Reproducible 1: <i>Where Does Food Come From</i> <input type="checkbox"/> Favorite foods and where they came from
<b>Wrap It Up</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Watch Food Grow <input type="checkbox"/> Student Reproducible 2: <i>Watch a Plant Grow</i>
<b>Taking It Further</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Ask children if they know what plants eat <input type="checkbox"/> Parent Reproducible 2: <i>Gardening Together</i>

2. Did you use any of these with this lesson? Check all that apply.

- Food Time* Teacher's Guide
- Food Time* Video
- Food Time* Magazine
- Take Out* Newsletter
- Food Time* Poster
- Introductory Audio Tape
- Student Quiz, "What Do You Know About Food?"



3. Was the Lunchroom Link completed for this lesson (Lunchroom Tour)?
- Yes
  - No
  - Not sure
4. Other than the *Food Time Kit*, what materials/supplies did you use for this lesson? Check all that apply.
- Art supplies
  - Books (List titles: \_\_\_\_\_)
  - Food
  - Videos (List titles: \_\_\_\_\_)
  - Handouts, brochures, and other printed materials
  - Posters and banners
  - Decorations (such as balloons and mobiles)
  - Food preparation equipment (blender, microwave, etc.)
  - Computer/Internet
  - Other educational materials (Specify source: \_\_\_\_\_)
  - Other materials or supplies (List: \_\_\_\_\_)
5. We are trying to determine the total costs of materials, food and services for this lesson. Below are two charts; one for purchased items and one for donated items. Only report the costs that relate to this lesson.

<b>PURCHASED ITEMS</b>			
	Purchased w/ TN Grant Funds	Purchased w/ School Funds	Purchased w/ My Own Money
Materials	\$ _____	\$ _____	\$ _____
Food	\$ _____	\$ _____	\$ _____
Services* (e.g. Chef, Speakers, Clowns)	\$ _____	\$ _____	\$ _____

\*Do not include the cost of staff time unless they received additional pay for their involvement on this activity

<b>DONATED ITEMS</b>			
	Donated by School Foodservice	Donated by Parents	Donated by Community
Materials	\$ _____	\$ _____	\$ _____
Food	\$ _____	\$ _____	\$ _____
Services* (e.g. Chef, Speakers, Clowns)	\$ _____	\$ _____	\$ _____

6. Who was involved in planning/preparing or teaching this lesson? Check all that apply
- Classroom Teacher(s)
  - School Foodservice Staff
  - Health Teacher(s)
  - Family and Consumer Science Teacher(s)
  - Physical Education Teacher(s)
  - School Nurse

- Teaching Assistants/Paraprofessionals
- Principal/Assistant Principal
- Parents
- Community Members/Partners
- Volunteers (not parents)
- Other: \_\_\_\_\_

7. How much time **outside of class** would you estimate you spent planning/evaluating this lesson?  
 \_\_\_\_\_ minutes

8. Was any type of evaluation conducted to check for student understanding?  
 Yes       No

9. Was this lesson integrated into any of these subject areas? Check all that apply.

- This lesson was taught as a stand-alone nutrition lesson. If checked, skip to question 10.
- Fine Arts (e.g., Music/Art/Drama)
- Health
- Life Management/ Family and Consumer Science
- Mathematics
- Physical Education
- Reading/Language Arts
- Science
- Social Studies
- Other (Specify subject area: \_\_\_\_\_)

10. What is your opinion of this lesson:	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Appropriate for grade level	1	2	3	4	5
Easy to teach	1	2	3	4	5
Included important information	1	2	3	4	5
Engaging and interactive	1	2	3	4	5
Tied in with school curriculum/objectives	1	2	3	4	5
Conveyed the information well	1	2	3	4	5
Easy to prepare	1	2	3	4	5
Children enjoyed	1	2	3	4	5

11. Is this lesson worth repeating? Why or why not? \_\_\_\_\_

12. Did you involve the media? If yes, please describe. \_\_\_\_\_

13. Comments (optional) \_\_\_\_\_

14. End of Unit Question. Would you have been able to teach these lessons without funding from this grant?  
 (Answer this question at the end of the unit only.) \_\_\_\_\_

Reminder - Please be sure that you have completed the two cost tables in question 5. We understand that it is time-consuming and may be a bit difficult. However, as part of this grant we have been asked to collect data on cost(s) associated with teaching the TN lessons. If you have questions or need assistance in completing these tables, please contact: (State Contact information)

## 2.3

### CLASSROOM LESSON LOG: FOOD WORKS---Lesson #1, Food Grows

**INSTRUCTIONS:** The **classroom teacher** should complete this log even if he/she did not conduct the lesson. *One log must be filled out for each lesson.*

Name of person completing this log: \_\_\_\_\_ (optional by State)

1. Teaching Log: *Food Works---Lesson #1, Food Grows*. If an activity was taught more than once or to more than one class, tell us the total number of times and the total number of students. Record class time per time taught.

<i>Activity</i>	<i>Portion of Activity Taught (check one)</i>	<i>Class Time (Min)</i>	<i>Check Parts of the Lesson that were Completed</i>
<b>Getting Started</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Discussion: What students ate for lunch <input type="checkbox"/> Trace food history/source
<b>Activity 1: Where are we in the food chain?</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Parent Reproducible 1: <i>Dear Parents</i> <input type="checkbox"/> Student Reproducible 1: <i>The Food Chain</i>
<b>Activity 2. What do living things need to grow?</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Student Reproducible 2: <i>My Lab Notes</i>
<b>Wrap It Up</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Save the Results
<b>Taking It Further</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____	<input type="checkbox"/> all of activity <input type="checkbox"/> more than half of it <input type="checkbox"/> about half <input type="checkbox"/> less than half <input type="checkbox"/> none of the activity		<input type="checkbox"/> Grow a Meal <input type="checkbox"/> Give Something Back (composting) <input type="checkbox"/> Student Reproducible 3: <i>Pizza Garden</i> <input type="checkbox"/> Parent Reproducible 2: <i>Gardening Together</i> <input type="checkbox"/> Together

2. Did you use any of these with this lesson? Check all that apply.

- Food Works* Teacher's Guide
- Food Works* Video
- Food Works* Magazine
- Take Out* Newsletter
- Poster, "Sense-ational Food"

3. Was the Lunchroom Link completed for this lesson (Kitchen Tour)?

- Yes
- No
- Not sure

4. Other than the *Food Works Kit*, what materials/supplies did you use for this lesson?

Check all that apply.

- Art supplies
- Books (List titles: \_\_\_\_\_)
- Food
- Videos (List titles: \_\_\_\_\_)
- Handouts, brochures, and other printed materials
- Posters and banners
- Decorations (such as balloons and mobiles)
- Food preparation equipment (blender, microwave, etc.)
- Computer/Internet
- Other educational materials (Specify source: \_\_\_\_\_)
- Other materials or supplies (List: \_\_\_\_\_)

5. We are trying to determine the total costs of materials, food and services for this lesson. Below are two charts; one for purchased items and one for donated items. Only report the costs that relate to this lesson.

<b>PURCHASED ITEMS</b>			
	Purchased w/ TN Grant Funds	Purchased w/ School Funds	Purchased w/ My Own Money
Materials	\$ _____	\$ _____	\$ _____
Food	\$ _____	\$ _____	\$ _____
Services* (e.g. Chef, Speakers, Clowns)	\$ _____	\$ _____	\$ _____

\*Do not include the cost of staff time unless they received additional pay for their involvement on this activity

<b>DONATED ITEMS</b>			
	Donated by School Foodservice	Donated by Parents	Donated by Community
Materials	\$ _____	\$ _____	\$ _____
Food	\$ _____	\$ _____	\$ _____
Services* (e.g. Chef, Speakers, Clowns)	\$ _____	\$ _____	\$ _____

6. Who was involved in planning/preparing or teaching this lesson? Check all that apply.

- Classroom Teacher(s)
- School Foodservice Staff
- Health Teacher(s)
- Family and Consumer Science Teacher(s)
- Physical Education Teacher(s)

- School Nurse
- Teaching Assistants/Paraprofessionals
- Principal/Assistant Principal
- Parents
- Community Members/Partners
- Volunteers (not parents)
- Other: \_\_\_\_\_

7. How much time **outside of class** would you estimate you spent planning/evaluating this lesson?  
 \_\_\_\_\_ minutes

8. Was any type of evaluation conducted to check for student understanding?  
 Yes      No

9. Was this lesson integrated into any of these subject areas? Check all that apply.

- This lesson was taught as a stand-alone nutrition lesson. If checked, skip to question 10.
- Fine Arts (e.g., Music/Art/Drama)
- Health
- Life Management/ Family and Consumer Science Teacher(s)
- Mathematics
- Physical Education
- Reading/Language Arts
- Science
- Social Studies
- Other (Specify subject area: \_\_\_\_\_)

10. What is your opinion of this lesson:	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Appropriate for grade level	1	2	3	4	5
Easy to teach	1	2	3	4	5
Included important information	1	2	3	4	5
Engaging and interactive	1	2	3	4	5
Tied in with school curriculum/objectives	1	2	3	4	5
Conveyed the information well	1	2	3	4	5
Easy to prepare	1	2	3	4	5
Children enjoyed	1	2	3	4	5

11. Is this lesson worth repeating? Why or why not? \_\_\_\_\_

12. Did you involve the media? If yes, please describe. \_\_\_\_\_

13. Comments (optional) \_\_\_\_\_

14. End of Unit Question. Would you have been able to teach these lessons without funding from this grant?  
 (Answer this question at the end of the unit only.) \_\_\_\_\_

Reminder - Please be sure that you have completed the two cost tables in question 5. We understand that it is time-consuming and may be a bit difficult. However, as part of this grant we have been asked to collect data on cost(s) associated with teaching the TN lessons. If you have questions or need assistance in completing these tables, please contact: (State contact information)

## 2.4

## CLASSROOM LESSON LOG: YOURSELF (GRADES 6-8)

**DIRECTIONS:** The **classroom teacher** should complete this log even if they did not teach the lesson.

**Name** of person completing this log: \_\_\_\_\_ (State option)

1. If an activity was taught more than once or to more than one class, tell us the total number of times and the total number of students. Record class time per time taught.

<i>Lessons</i>	<i>Class Time (Min)</i>	<i>Student Magazine (pages)</i>	<i>Student Activity Guide (pages)</i>
<b>Are You Normal?</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____		<input type="checkbox"/> Are You Normal (pp 2-3) <input type="checkbox"/> Get the Picture (p 4) <input type="checkbox"/> It's Normal to be Different (p 5)	<input type="checkbox"/> Track Your Height (p 2) <input type="checkbox"/> What's Your BMI? (p 3)
<b>Feed Me!</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____		<input type="checkbox"/> Feed Me--Info and Chart (pp 6-7) <input type="checkbox"/> What's a Serving Anyway? (p 8) <input type="checkbox"/> How Helpings Measure Up? (p 8) <input type="checkbox"/> How Pyramid Servings Stack Up (p 8) <input type="checkbox"/> What Do You Eat? (p 9) <input type="checkbox"/> It's A Wrap (p 9)	<input type="checkbox"/> Keep a Food Diary (p 4) <input type="checkbox"/> Take a Closer Look (p 5) <input type="checkbox"/> How Pyramid Servings Stack Up (p 5)
<b>Snack Attack</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____		<input type="checkbox"/> Snack Attack—Info (pp 10-11) <input type="checkbox"/> Check Nutrition Facts (p 11)	<input type="checkbox"/> Try It! Snack Ideas (p 6) <input type="checkbox"/> Let's Eat! Word Search (p 6) <input type="checkbox"/> How many words can you find (p 6) <input type="checkbox"/> Puzzle: Unravel the message (p 6)
<b>Move It!</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____		<input type="checkbox"/> Move It! Activity Pyramid (p 12) <input type="checkbox"/> 10 Ways to Get Physical (p 12) <input type="checkbox"/> How Much Do You Move? (p 13) <input type="checkbox"/> Talk Your Head Off (p 13)	<input type="checkbox"/> Physical Activity Diary (p 7) <input type="checkbox"/> Check It Out (p 7) <input type="checkbox"/> How Did You Move? (p 7)
<b>Just For You</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____		<input type="checkbox"/> Just For You—Info (pp 14-15) <input type="checkbox"/> Tips to Help You Grow (p 15)	
<b>What's Your Goal?</b> Date(s) taught _____ Number of times taught _____ Total students (#) _____		<input type="checkbox"/> Six Steps (p 16) <input type="checkbox"/> Janine and Derek (pp 16-17) <input type="checkbox"/> Your Personal Goal (p 17)	<input type="checkbox"/> Reach Your Goal! Chart (p 8)

2. Did you use any of these during the yourSELF lessons? Check all that apply.

- Teacher Guide
- Videocassette (three segments)
- Opening Video (“You Are What You Choose: The Making of a TV Spot”)
- Poster (“The Power of Choice”)
- Optional enrichment activities (Teacher’s Guide, pages 14-31)
- Closing Video (“Choosing yourSELF”)

3. Were the ideas for reinforcing the cafeteria’s role in the yourSELF topics used?

- Yes
- No
- Not sure

4. Other than yourSELF, what materials/supplies were used? Check all that apply.

- Art supplies
- Books (List titles: \_\_\_\_\_)
- Food
- Videos (List title: \_\_\_\_\_)
- Handouts, brochures, and other printed materials
- Posters and banners
- Decorations (such as balloons)
- Food preparation equipment (such as blender, microwave, etc.)
- Computer/Internet
- Other educational materials (Specify source: \_\_\_\_\_)
- Other materials or supplies (List: \_\_\_\_\_)

5. We are trying to determine the total costs of materials, food and services for this lesson. Below there are two charts; one for purchased items and one for donated items. Only report the costs that relate to this lesson.

<b>PURCHASED ITEMS</b>			
	Purchased w/ TN Grant Funds	Purchased w/ School Funds	Purchased w/ My Own Money
Materials	\$ _____	\$ _____	\$ _____
Food	\$ _____	\$ _____	\$ _____
Services* (e.g. Chef, Speakers, Clowns)	\$ _____	\$ _____	\$ _____

\*Do not include the cost of staff time unless they received additional pay for their involvement on this activity

<b>DONATED ITEMS</b>			
	Donated by School Foodservice	Donated by Parents	Donated by Community
Materials	\$ _____	\$ _____	\$ _____
Food	\$ _____	\$ _____	\$ _____
Services* (e.g. Chef, Speakers, Clowns)	\$ _____	\$ _____	\$ _____

6. Who was involved in planning/preparing or teaching this lesson? Check all that apply

- Classroom Teacher(s)
- School Foodservice Staff
- Health Teacher(s)
- Family and Consumer Science Teacher(s)
- Physical Education Teacher(s)
- School Nurse
- Teaching Assistants/Paraprofessionals
- Principal/Assistant Principal
- Parents
- Community Members/Partners
- Volunteers (not parents)
- Other: \_\_\_\_\_

7. How much time outside of class would you estimate you spent planning/evaluating this lesson?  
 \_\_\_\_\_ minutes

8. Was any type of evaluation conducted to check for student understanding?

- Yes     No

9. Was this lesson integrated into any of these subject areas? Check all that apply.

- This lesson was taught as a stand-alone nutrition lesson. If checked, skip to question 10.
- Fine Arts (e.g., Music/Art/Drama)
- Health
- Life Management/ Family and Consumer Science
- Mathematics
- Physical Education
- Reading/Language Arts
- Science
- Social Studies
- Other (Specify subject area: \_\_\_\_\_)

10. What is your opinion of this lesson:

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Appropriate for grade level	1	2	3	4	5
Easy to teach	1	2	3	4	5
Included important information	1	2	3	4	5
Engaging and interactive	1	2	3	4	5
Tied in with school curriculum/objectives	1	2	3	4	5
Conveyed the information well	1	2	3	4	5
Easy to prepare	1	2	3	4	5
Children enjoyed	1	2	3	4	5

11. Is yourSELF worth repeating? Why or why not? \_\_\_\_\_



12. Did you involve the media? If yes, please describe. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

13. Would you have been able to teach yourSELF without funding from this grant? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

14. Comments (optional):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Reminder - Please be sure that you have completed the two cost tables in question 5. We understand that it is time-consuming and may be a bit difficult. However, as part of this grant we have been asked to collect data on cost(s) associated with teaching the TN lessons. If you have questions or need assistance in completing these tables, please contact: (State contact information)

### **3. CHANNEL LOG**

## Team Nutrition Channel Log (Activities, Promotions or Events)

**INSTRUCTIONS.** Fill out a separate form for each Team Nutrition Activity/Event. The **person** who coordinated the activity, promotion or event should fill out this log.

1. Name and Brief Description of the Activity/Event

---

2. What Team Nutrition message(s) were communicated by this event? Check all that apply.

- Eat a variety of foods
- Eat more fruits, vegetables, and grains
- Eat lower fat food more often
- Be physically active

3. Describe how this event promoted the Team Nutrition message(s) selected in Question 2

---

4. Team Nutrition messages are delivered through the following communication channels. For this event, identify the primary channel used to reinforce the Team Nutrition messages. Select only one communication channel for this question.

- Cafeteria/School Foodservice: Nutrition events in the cafeteria
- School-wide: Activities that convey TN messages to all students in the school
- Home: Reaching parents either through take-home materials/information or involving them at school
- Community – Activities that target a larger audience, typically the school neighborhood
- Media – Coverage of TN events by newspaper, radio and/or television

5. In addition to the primary communication channel selected above, what other communication channel(s) were reached by this event? Check all that apply.

- Cafeteria/School Foodservice
- School-wide
- Home
- Community
- Media
- Classroom

6. Your Job Title. Select one as applicable.

- |  |  |
|--|--|
| <input type="checkbox"/> Classroom teacher               | <input type="checkbox"/> Principal/Assistant Principal |
| <input type="checkbox"/> Physical education teacher      | <input type="checkbox"/> Health teacher                |
| <input type="checkbox"/> School foodservice staff        | <input type="checkbox"/> Parent or other family member |
| <input type="checkbox"/> Family/consumer science teacher | <input type="checkbox"/> Other, please specify _____   |

7. To provide guidance to other Team Nutrition schools, we are interested in knowing the time you spent planning/preparing and conducting this event.

Time spent planning/preparing for this activity? \_\_\_\_ hours

Time spent conducting this activity? \_\_\_\_ hours

8. Who else was involved in planning/preparing/conducting this activity? Check all that apply.

- |  |  |
|--|--|
| <input type="checkbox"/> Classroom Teacher(s)                  | <input type="checkbox"/> Principal/Assistant Principal |
| <input type="checkbox"/> School Foodservice Staff              | <input type="checkbox"/> Students                      |
| <input type="checkbox"/> Health Teacher(s)                     | <input type="checkbox"/> Parents                       |
| <input type="checkbox"/> Family/Consumer Science Teacher(s)    | <input type="checkbox"/> Community Members/Partners    |
| <input type="checkbox"/> Physical Education Teacher(s)         | <input type="checkbox"/> Volunteers (not parents)      |
| <input type="checkbox"/> School Nurse                          | <input type="checkbox"/> Other: (specify) _____        |
| <input type="checkbox"/> Teaching Assistants/Paraprofessionals | _____  |

9. Estimate the TOTAL time ALL individuals checked in #8 spent on this activity. Do not include your time in this answer (note your time in question 7).

Time spent planning/preparing for this activity? \_\_\_\_\_ hours

Time spent conducting this activity? \_\_\_\_\_ hours

10. What materials/supplies were used to conduct this event? Check all that apply.

- Art supplies
- Books (List titles: \_\_\_\_\_)
- Food
- Videos (List titles: \_\_\_\_\_)
- Handouts, brochures, and other printed materials
- Posters and banners
- Decorations (such as balloons and mobiles)
- Food Preparation equipment (blender, microwave, etc.)
- Computer/Internet
- Other educational materials (Specify source: \_\_\_\_\_)
- Other materials or supplies (List: \_\_\_\_\_)

11. We are trying to determine the total costs of this activity. Below there are two charts; one for purchased items and one for donated items. Only report the costs that relate to **this** activity/event.

<b>PURCHASED ITEMS</b>			
	Purchased w/TN Grant Funds	Purchased w/School Funds	Purchased w/my Own Money
Materials	\$ _____	\$ _____	\$ _____
Food	\$ _____	\$ _____	\$ _____
Services* (e.g. Chef, Speakers, Clowns)	\$ _____	\$ _____	\$ _____

\*Do not include the cost of staff time unless they received additional pay for their involvement on this activity

<b>DONATED ITEMS</b>			
	Donated by School Foodservice	Donated by Parents	Donated by Community
Materials	\$ _____	\$ _____	\$ _____
Food	\$ _____	\$ _____	\$ _____
Services* (e.g. Chef, Speakers, Clowns)	\$ _____	\$ _____	\$ _____

12. Was there media coverage of the event by newspaper, radio and/or television?

Yes       No

Attach to this log, flyers, newspaper articles, or ads that you used to promote the event.

13. Tell us the number of people who participated in or attended this activity by completing this table.

<b><u>Participants</u></b>	<b>#</b>	<b><u>Participants</u></b>	<b>#</b>
Students		Parents/Adult Family Members*	
Teachers		Community Partners/Volunteers	
Foodservice Staff		Other: (list)	
Principals/Administrators			
Other School Staff: (list)			

\*If your activity involved sending activities or information home to parents, indicate how many parents were reached i.e. how many parents were sent something.

Reminder - Please be sure that you have completed the two cost tables in question 11. We understand that it is time consuming and may be a bit difficult. However, as part of this grant we have been asked to collect data on cost(s) associated with TN events. If you have questions or need assistance in completing these tables, please contact:

## **4. SITE COORDINATOR LOG**

**DIRECTIONS:** The person who is most involved with coordinating the demonstration grant project at the local level should complete this form at the end of the each year.

## Team Nutrition Site Coordinator Log

Job Title: \_\_\_\_\_

1. What was done as part of the Team Nutrition project this year? Check all that apply.

- Formed a school-wide committee
  - Formed a district-wide committee
  - Had planning meeting (s).\_\_How many times did you meet?
- 
- Developed a written plan
  - Gathered/borrowed materials
  - Purchased materials/supplies
  - Talked to an administrator about this Team Nutrition project
  - Recruited parent volunteers
  - Recruited community volunteers
  - Contacted community groups, businesses or individuals for donations
  - Developed materials that explained the project (newsletter, flyer)
  - Distributed materials that explained the project
  - Contacted the media (newspaper, radio, TV) about this project
  - Evaluated the success of this project
  - Teamed with classroom teacher(s)
  - Teamed with the school foodservice staff
  - Teamed with community agencies or members
  - Teamed with the physical education teacher
  - List other activities/steps done this year:

Look over the activities/steps listed above. Circle the one that was the most difficult to accomplish. Tell us in the space below why this activity/step was difficult and suggest ways to overcome this in the future.

2. During this school year, did you link with any of the following, related to nutrition or physical education? Check all that apply

- Classroom teacher(s)
- School foodservice staff
- Physical education teacher(s)
- Parents
- Community members
- Media

3. How much time would you estimate you spent on this grant project this year? \_\_\_\_\_ hours

4. Is this project worth repeating? Why or why not? \_\_\_\_\_

\_\_\_\_\_

5. If you repeat this project, what changes would you make? \_\_\_\_\_

\_\_\_\_\_

6. Would you have been able to do this project without funding from this grant? \_\_\_\_\_

\_\_\_\_\_

7. Which channels did you focus on the most effort during this past year? Check all that apply.

- Classroom
- Cafeteria/dining area
- Home/parents
- School-wide
- Community
- Media

8. Which channels do you plan to focus on the most next year? Check all that apply.

- Classroom
- Cafeteria/dining area
- Home/parents
- School-wide
- Community
- Media



## C. DEMOGRAPHIC DATA

## **1. SCHOOL DEMOGRAPHIC DATA**

## 1.1 SCHOOL DEMOGRAPHIC TABLE

**Table C-1.1.1 Summary of School Demographics (Year 1 and Year 2)\***

		IDAHO			IOWA			KANSAS			MICHIGAN		
		N <sup>1</sup>	Mean	Total	N <sup>†</sup>	Mean	Total	N	Mean	Total	N	Mean	Total
<b>Year 1</b>	School Enrollment	25	361	9012	10	333	3327	15	268	4024	10	519	5191
	% Free and Reduced	25	54	-	10	33	-	15	48	-	10	32	-
	Breakfast ADP <sup>2</sup>	24	52	-	9	51	-	15	60	-	8	74	-
	Lunch ADP	25	262	-	10	250	-	15	197	-	10	272	-
	After School Snack ADP	4	13	-	1	40	-	3	32	-	2	65	-
	# Students Receiving	25	147	3686	10	258	2447	15	226	3391	10	185	1850
	% Students Receiving	25	52%	-	10	77%	-	15	85%	-	10	47%	-
<b>Year 2</b>	School Enrollment	27	359	9688	8	379	3031	15	251	3760	9	434	3904
	% Free and Reduced	27	53	-	8	36	-	15	44	-	9	28	-
	Breakfast ADP	25	62	-	8	64	-	15	48	-	7	80	-
	Lunch ADP	27	273	-	8	291	-	15	155	-	9	236	-
	After School Snack ADP	8	25	-	1	38	-	4	37	-	1	6	-
	# Students Receiving	27	151	4426	8	259	2073	15	211	3166	9	186	1674
	% Students Receiving	27	58%	-	8	71%	-	15	84%	-	9	47%	-

<sup>1</sup>N=number of participating schools

<sup>2</sup>ADP=Average Daily Participation

<sup>†</sup> In Iowa, a couple of schools failed to collect data in year 2.

\*See Figures 4-2 and 4-3 of the report for figures of this data.

## **2. TEACHER DEMOGRAPHIC DATA**

## 2.1 *TEACHER DEMOGRAPHIC TABLES*

**Table C-2.1.1 Demographic Characteristics of Teachers Participating in the Team Nutrition Demonstration Project (Year 1 and Year 2)\***

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
<b>Number of Teachers (N)</b>	<b>N=115</b>	<b>N=116</b>	<b>N=48</b>	<b>N=35</b>	<b>N=185</b>	<b>N=160</b>	<b>N=42<sup>1</sup></b>	<b>N=35<sup>1</sup></b>
<b>Number of Classrooms</b>	115	116	48	35	185	160	75	72
<b>Teaching Assignment<sup>2,3</sup></b>	%N	%N	%N	%N	%N	%N	%N	%N
Grade Level Classroom	83	91	91	94	77	93	76	83
Health	18	17	2	3	3	6	0	0
Physical Education	9	9	NA	NA	8	3	8	0
Family & Consumer Science	3	3	2	3	3	1	16	17
Special Education	5	4	NA	NA	14	3	0	0
Gifted and Talented	NA	NA	4	NA	1	NA	0	0
Other	14	5	NA	NA	12	NA	3	0
<b>Grade Level Assignment<sup>2</sup></b>	%N	%N	%N	%N	%N	%N	%N	%N
Pre K	4	3	4	3	6	2	3	1
K	10	12	20	18	23	13	15	18
1 <sup>st</sup>	17	20	15	15	29	20	5	1
2 <sup>nd</sup>	16	13	17	24	25	14	21	24
3 <sup>rd</sup>	10	16	7	6	24	18	4	5
4 <sup>th</sup>	13	9	11	15	30	20	15	19
5 <sup>th</sup>	13	9	4	3	30	23	1	1
6 <sup>th</sup>	10	10	9	6	10	5	21	22
7 <sup>th</sup>	17	15	4	3	8	5	8	18
8 <sup>th</sup>	10	9	2	0	8	5	7	0
9 <sup>th</sup>	5	5	0	0	2	4	0	0
K-8 <sup>th</sup>	NA	NA	2	0	NA	NA	NA	NA
6 <sup>th</sup> -8 <sup>th</sup>	NA	NA	4	6	NA	NA	NA	NA
<b>Teaching Experience (Total)</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>
Mean ± SD	12.3 ± 9.2	12.6 ± 8.9	15.2 ± 10.6	17.3 ± 10.9	13.2 ± 9.3	13.6 ± 9.3	14.0 ± 11.0	13.9 ± 10.3
Range	0–30	0–34	1–33	2–33	0–43	0–33	0–33	0–33
<b>Teaching Experience at Current Grade Level</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>
Mean ± SD	7.4 ± 7.3	8.3 ± 8.0	9.4 ± 8.1	11.0 ± 8.6	8.4 ± 7.9	8.2 ± 8.1	6.5 ± 5.8	6.6 ± 6.2
Range	0-30	0-31	0-31	0-31	0-33	0-33	0-23	0-23
<b>Highest Degree Completed</b>	%N	%N	%N	%N	%N	%N	%N	%N
Bachelor	83	81	78	90	63	64	48	51
Master	17	18	22	10	32	34	52	49
Doctorate	0	1	0	0	3	0	0	0

<sup>1</sup>In MI, there were 42 teachers in year one and 75 classrooms (several teachers taught TN lessons to multiple classes). In year two, 35 teachers taught 72 classes. The percentages are based on classes not teachers.

<sup>2</sup>Total % of N is greater than 100 because some teachers have more than one teaching or grade assignment.

\*See Figures 4.6, 4.7, and 4.8 of the report for figures of this data.

**Table C-2.1.2 Characteristics of Team Nutrition Demonstration Project Teacher\***

	<b>Idaho</b>	<b>Iowa</b>	<b>Kansas</b>	<b>Michigan</b>
<b>Number of Teachers<sup>1</sup></b>	<b>115</b>	<b>48</b>	<b>185</b>	<b>42</b>
<b>In the school year prior to your participation in the TN Grant, what individuals did you involve in your classroom nutrition lessons</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>
School Foodservice staff	17	8	25	24
Physical Education Teachers	10	35	23	29
Health Education Teachers	10	6	12	7
Parents	30	23	36	60
Community Partners/Members	19	23	13	38
	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>
<b>Teachers who reported involving the media in the school year prior to their participation in the TN Grant</b>	12	6	8	7
<b>In the school year prior to your participation in the TN Grant, how many hours of classroom nutrition instruction did you provide?</b>	<b>Hours</b>	<b>Hours</b>	<b>Hours</b>	<b>Hours</b>
Mean ± SD	7.5±22.0	6.6±9.9	8.1±22.2	8.3±14.8
Range	0–210	0–52	0–280	0–100
<b>Teachers' Background/Experience</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>
Participated in nutrition workshop or other formal training(s)	32	24	38	43
Taken a college-level nutrition course	35	33	36	26
Taken a college-level physical education methods course	80	65	67	43
Taken a college-level health education methods course	61	51	47	50

<sup>1</sup>Data collected from teachers participating the first year of the TNDP.

\*See Figure 4.9 of the report for a figure of this data.

### **3. SCHOOL FOODSERVICE DEMOGRAPHIC DATA**

### 3.1 SCHOOL FOODSERVICE DEMOGRAPHIC TABLES

**Table C-3.1.1 Demographic Characteristics of the School Foodservice Program at Participating Schools (Year 1 and Year 2)<sup>1</sup>**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
<b>Number of Schools (N)</b>	25	27	10	10	15	15	10	9
Elementary	14	16	4	4	13	12	5	5
Middle/Junior High	11	11	3	3	1	2	5	4
Elementary and Middle/Junior High	0	0	3	3	1	1	0	0
<b>Menu Planned by:</b>	%N	%N	%N <sup>2</sup>	%N	%N	%N	%N	%N
District Foodservice Supervisor/Director	88	82	60	60	73	73	90	89
School Foodservice Manager	12	18	20	10	13	7	10	11
Committee (School/District)	0	0	10	10	13	13	0	0
Other	0	0	20	20	0	0	0	0
<b>School Foodservice Program</b>	%N	%N	%N	%N	%N	%N	%N	%N
Operated by School District	100	100	100	100	87	80	90	89
Operated by Foodservice Management Company	0	0	0	0	13	20	10	11
Have a Nutrition Advisory Committee	0	22	10	10	7	27	40	34
Have a School Breakfast Program	96	93	50	60	100	100	80	78
Provide an After School Snack through NSLP	24	33	10	20	20	13	20	11
Have á la Carte Sales	72	67	80	60	60	67	70	78
School menus meet USDA Healthy School Meal Guidelines <sup>3</sup>	100	100	100	100	100	NA	100	100

<sup>1</sup> Information was collected from a school foodservice staff member at each participating school. In most schools, the foodservice manager provided the information.

<sup>2</sup> The percentage may be greater than 100 due to multiple responses

<sup>3</sup> Menus were analyzed in each school for % of kcal from total fat, saturated fat and carbohydrate as well as % RDA (by age/grade group) for protein, vitamin A, vitamin C, calcium, and iron.



**Table C-3.1.2 Demographic Characteristics of TNDP School Foodservice Staff<sup>1</sup>**

	<b>Idaho</b>	<b>Iowa</b>	<b>Kansas</b>	<b>Michigan</b>
<b>Number of School Foodservice Staff Who Participated<sup>2</sup></b>	20	11	18	10
Both Year 1 and Year 2	17	9	12	9
Year 1 Only <sup>5</sup>	1	1	3	1
Year 2 Only <sup>5</sup>	2	1	3	0
<b>Member of Demonstration Project School Team</b>	80%	100%	80%	100%
<b>Experience of School Foodservice Staff (Years)</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>	<b>Years</b>
Mean ± Standard Deviation	12.7±6.7	9.7±7.8	12.7±10.6	14.6±8.4
Range	2–23	2–23	3–38	4–25
<b>Credentials/Certifications Held<sup>3</sup></b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>
American School Food Service Association Certification	45	20	27	40
Certified Dietary Manager	5	0	7	0
School Foodservice Nutrition Specialist (SFNS)	0	0	0	10
Registered and/or Licensed Dietitian (RD/LD)	0	0	7	0
<b>Highest Educational Diploma or Degree Held</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N<sup>4</sup></b>
High School Diploma/GED	90	60	73	60
Associate Degree	5	10	0	20
Bachelor Degree	5	30	13	10
Master Degree	0	0	13	0

<sup>1</sup>Information was collected from one school foodservice staff member at each participating school. In most schools, the foodservice manager provided the demographic information.

<sup>2</sup>N represents total school foodservice staff who participated in the TN Grant. Some individuals participated in both Year 1 (2000-2001) and Year 2 (2001-2002) while others participated in only Year 1 or Year 2.

<sup>3</sup>May hold more than one credential/certification

<sup>4</sup>The percentage is less than 100 due to “no response.”

<sup>5</sup>Year 1 and 2 refer to the year 1 and 2 of the implementation phase.

**Table C-3.1.3 School Foodservice Involvement of Others (Year 1 and Year 2)<sup>1</sup>**

	<b>Idaho (N=17)</b>		<b>Iowa (N=10)</b>		<b>Kansas (N=15)</b>		<b>Michigan (N= 10/9)<sup>1</sup></b>	
	<b>Year</b>		<b>Year</b>		<b>Year</b>		<b>Year</b>	
	<b>1</b>	<b>2</b>	<b>1</b>	<b>2</b>	<b>1</b>	<b>2</b>	<b>1</b>	<b>2</b>
<b>Individuals school foodservice staff reported involving in their school foodservice program</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>
Classroom Teachers	12	100	50	78	53	87	50	100
Physical Education Teachers	6	71	10	67	20	40	20	11
Health Education Teachers	0	52	10	11	20	40	0	22
Parents	29	71	10	78	53	60	60	67
Community Partners/Members	24	82	20	78	33	47	30	78
<b>School foodservice staff who reported involving the media</b>	29	76	60	67	67	80	60	67

<sup>1</sup>Michigan school foodservice staff was 10 for Year 1 and 9 for Year 2 of the project. Year 1 in this table refers to the first year of the TNDP, which is the year prior to the implementation phase, whereas year 2 refers to the second year of the TNDP, which is the first year of the implementation phase.

#### **4. SITE COORDINATOR DEMOGRAPHIC DATA**

## 4.1 SITE COORDINATOR DEMOGRAPHIC TABLE

**Table C-4.1.1 Job Titles of TNDP Site Coordinators (Year 1 and Year 2)\***

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
<b>Number of Sites</b>	<b>25</b>	<b>27</b>	<b>10</b>	<b>8</b>	<b>15</b>	<b>14</b>	<b>10</b>	<b>9</b>
<b>Number of Coordinators</b>	<b>11<sup>1</sup></b>	<b>11<sup>1</sup></b>	<b>14<sup>2</sup></b>	<b>8</b>	<b>15</b>	<b>14</b>	<b>15<sup>2</sup></b>	<b>12<sup>2</sup></b>
<i>Position Held:</i>								
Classroom Teacher	0	0	0	1	6	6	4	2
Physical Education Teacher	1	1	2	1	3	2	0	0
Health Teacher	0	0	0	0	0	0	1	1
Family & Consumer Science Teacher	1	1	2	3	1	1	1	1
School Foodservice Staff Member	8	8	2	0	5	5	3	3
School Administrator	1	1	4	1	0	0	2	2
School Counselor	0	0	0	0	0	0	1	1
School Nurse	0	0	4	1	0	0	0	0
Parent	0	0	0	0	0	0	1	1
School Community Project Director/Extension	0	0	0	0	0	0	2	1
Curriculum Director	0	0	0	1	0	0	0	0

<sup>1</sup>Site coordinators in Idaho were at the school district level.

<sup>2</sup>Total number of coordinators is greater than number of sites in IA and MI because some sites had co-coordinators.

\*See Figure 4-4 of the report for a figure of this data.

## **5. SCHOOL TEAM DEMOGRAPHIC DATA**

## 5.1 SCHOOL TEAMS DEMOGRAPHIC TABLE

**Table C-5.1.1 Composition of School Teams Participating in Demonstration Project  
(Year 1 and Year 2)\***

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
<b>Number of School Teams (N)</b>	<b>25</b>	<b>27</b>	<b>10</b>	<b>10</b>	<b>15</b>	<b>15</b>	<b>10</b>	<b>9</b>
<b>Position of Team Member<sup>1</sup></b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>	<b>%N</b>
Classroom Teacher	88	96	100	100	100	100	90	44
Physical Education Teacher	56	74	100	100	73	73	100	89
Health Teacher	28	33	20	20	13	13	20	22
Family & Consumer Science Teacher	20	33	40	40	27	13	10	11
School Foodservice Staff Member	88	93	100	100	100	100	100	100
School Administrator	92	81	100	100	100	93	90	100
School Nurse	16	26	70	70	67	67	10	11
Student	64	78	30	30	7	33	50	22
Parent	36	59	80	80	40	40	70	44
Community Member	20	26	80	80	27	27	40	100
Others <sup>2</sup>	40	7	20	20	27	27	50	56

<sup>1</sup> The percentage of TN teams that include a member with this position.

<sup>2</sup> Others: Local grocery store, Rotary Club, Hospital, PTO

\*See Figure 4-5 of the report for a figure of this data.

**D. CLASSROOM LESSON LOG DATA**

**1. *FOOD & ME* - TABLES AND FIGURES**

**1.1**

**FOOD & ME - CLASSROOM LESSON LOG TABLES**

**Table D-1.1.1 Average Teaching Time (Minutes) (and percentage of teachers teaching any part of this lesson) for Food & Me Lessons**

Lesson (# Activities)	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=12 <sup>1</sup>	2 N=11	1 N=11	2 N=9	1 N=20	2 N=18	1 N=7	2 N=7
Lesson 1 (5) <sup>2</sup>	61 100%	58 100%	94 91%	92 33%	69 100%	61 100%	78 100%	111 86%
Lesson 2 (6)	104 92%	88 100%	166 82%	90 78%	78 100%	66 83%	67 100%	127 86%
Lesson 3 (7)	59 75%	65 100%	53 73%	97 78%	68 80%	74 78%	44 86%	71 86%
Lesson 4 (7)	85 92%	93 100%	157 82%	196 89%	70 85%	109 72%	114 100%	238 86%
Lesson 5 (6)	58 92%	60 100%	59 73%	81 56%	77 90%	88 83%	30 86%	75 71%
Lesson 6 (6)	57 83%	54 100%	49 64%	84 78%	86 80%	71 72%	35 57%	98 86%
Lesson 7 (6)	78 75%	61 100%	68 73%	116 89%	61 95%	94 78%	35 86%	84 71%
Lesson 8 (4)	54 92%	47 100%	73 55%	36 44%	44 95%	85 67%	41 71%	93 86%
Lesson 9 (5)	44 75%	50 100%	66 73%	81 67%	45 70%	51 72%	38 100%	63 86%
<b>Average<sup>3</sup></b>	<b>67</b>	<b>64</b>	<b>87</b>	<b>97</b>	<b>67</b>	<b>78</b>	<b>54</b>	<b>106</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Number of activities in the lesson is listed in parenthesis

<sup>3</sup>Unweighted means for teaching time reported for lessons 1-9

Please refer to page D-19 for figures displaying this data.



**Table D-1.1.2 Average Teaching Time (Minutes) for *Food & Me* Activities**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=12 <sup>1</sup> 86% <sup>2</sup>	2 N=11 100%	1 N=11 74%	2 N=9 68%	1 N=20 88%	2 N=18 78%	1 N=7 87%	2 N=7 83%
Activity 1 (9) <sup>3</sup>	26	25	35	39	30	22	23	28
Activity 2 (9)	18	21	30	35	34	23	30	27
Activity 3 (9)	24	26	25	36	25	36	45	40
Activity 4 (9)	21	26	34	35	38	38	27	25
Activity 5 (8)	20	19	22	30	24	20	25	23
Activity 6 (6)	26	35	37	29	24	17	38	27
Activity 7 (2)	20	28	30	37	60	37	42	17
<b>Average<sup>4</sup></b>	<b>22</b>	<b>26</b>	<b>30</b>	<b>34</b>	<b>34</b>	<b>28</b>	<b>33</b>	<b>27</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Average number of teachers teaching any part of the lesson

<sup>3</sup>Number of lessons that have this activity

<sup>4</sup>Unweighted means for teaching time reported for activities

Please refer to page D-20 for figures displaying this data.

**Table D-1.1.3 Activities Taught for *Food & Me* Lessons  
Average Percentage of Teachers Teaching Activity Found in this Order in Lesson**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Activity 1 (9) <sup>1</sup>	78	71	81	82	59	70	68	59
Activity 2 (9)	63	45	51	53	41	46	27	64
Activity 3 (9)	48	51	59	65	45	42	28	56
Activity 4 (9)	46	37	42	47	36	43	31	49
Activity 5 (8)	29	34	49	61	36	44	27	43
Activity 6 (6)	46	41	51	43	37	39	24	43
Activity 7 (2)	21	18	29	33	15	33	14	8

<sup>1</sup>Number of lessons that have this activity

**Table D-1.1.4 Average Time (Minutes) Spent Planning/Preparing *Food & Me* Lessons**

Lesson (# of Activities)	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=12 <sup>1</sup>	2 N=11	1 N=11	2 N=9	1 N=20	2 N=18	1 N=7	2 N=7
Lesson 1 (5) <sup>2</sup>	30 100% <sup>3</sup>	26 100%	74 91%	30 33%	30 100%	35 100%	34 100%	34 86%
Lesson 2 (6)	26 92%	30 100%	83 82%	36 78%	37 100%	26 83%	22 100%	36 86%
Lesson 3 (7)	24 75%	48 100%	67 73%	34 78%	33 80%	26 78%	24 86%	28 86%
Lesson 4 (7)	36 92%	29 100%	39 82%	34 89%	40 85%	39 72%	39 100%	42 86%
Lesson 5 (6)	31 92%	31 100%	64 73%	23 56%	39 90%	37 83%	14 86%	35 71%
Lesson 6 (6)	53 83%	24 100%	79 64%	21 78%	31 80%	25 72%	20 57%	65 86%
Lesson 7 (6)	33 75%	30 100%	114 73%	28 89%	24 95%	34 78%	16 86%	31 71%
Lesson 8 (4)	23 92%	25 100%	40 55%	33 44%	25 95%	29 67%	33 71%	30 86%
Lesson 9 (5)	25 75%	26 100%	27 73%	22 67%	21 70%	21 72%	19 100%	23 86%
<b>Average<sup>4</sup></b>	<b>31</b>	<b>30</b>	<b>65</b>	<b>29</b>	<b>31</b>	<b>30</b>	<b>25</b>	<b>36</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Number of activities in the lesson

<sup>3</sup>Percentage of teachers (N) teaching any part of this lesson

<sup>4</sup>Unweighted means for planning time reported for lessons 1-9

Please refer to page D-21 for figures displaying this data.

**Table D-1.1.5 Module Components from *Food & Me*  
Average Percentage (%) of Teachers Using**

Module Components	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Teacher Guide	73	80	75	49	69	89	89	69
“I Wonder” Magazine	10	9	20	7	14	9	21	29
Take-out Newsletter	15	9	14	2	12	5	5	19
Poster	21	17	22	11	17	15	42	36
Parent Reproducibles	32	29	59	56	31	32	52	29

**Table D-1.1.6 Teachers' Use of Supplies with *Food & Me* Lessons**  
**Average Percentage (%) of Teachers**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Food	65	72	71	69	58	57	52	54
Food Preparation Equipment	46	24	41	42	25	29	28	50
Books	33	32	64	53	50	44	59	46
Art Supplies	28	25	33	40	28	27	27	40
Posters & Banners	18	7	15	25	15	9	37	31
Handouts, Brochures & Other Printed Materials	13	4	18	33	18	18	23	19
Other Educational Materials & Supplies	4	3	25	2	7	5	17	14
Videos	3	5	5	4	7	9	11	6
Decorations	2	3	3	4	3	5	6	10
Computer & Internet	1	5	3	7	4	2	0	6

Please refer to page D-22 for figures displaying this data.

**Table D-1.1.7 Individuals Involved in Planning, Preparing and Teaching *Food & Me* Lessons**  
**Average Percentage (%) of Individuals with this Job Title**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Classroom Teacher	96	99	85	96	92	98	95	89
Teaching Assistant/ Paraprofessional	35	43	47	29	17	22	56	10
School Foodservice Staff	23	27	0	9	4	9	34	40
Parent	17	23	30	9	15	22	44	56
Other (includes Extension)	4	3	8	5	8	11	9	35
Community Volunteer	1	2	10	5	4	4	6	2
Volunteer	2	3	4	13	6	5	3	2
Health Teacher	1	0	0	0	0	1	10	0
Life Management/Family & Consumer Science Teacher	1	0	0	0	1	0	0	0
Physical Education Teacher	1	0	0	4	1	2	0	0
School Nurse	1	0	38	4	0	0	2	0

Please refer to page D-23 for figures displaying this data.

**Table D-1.1.8 Integration of *Food & Me* Lessons  
Average Percentage of Teachers (%)**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Health	25	31	26	55	44	35	47	33
Reading/Language Arts	21	26	36	64	30	37	47	48
Science	24	29	32	33	37	44	33	52
Social Studies	22	14	32	27	13	19	29	33
Mathematics	13	8	30	18	13	22	14	27
Fine Arts	11	10	33	27	12	14	13	20
Life Management/Family & Consumer Science	7	7	19	11	5	1	9	4
Physical Education	6	6	14	16	7	3	6	16
Other	9	7	7	11	5	4	2	0
Nutrition (not integrated into another subject)	25	41	23	13	23	25	11	21

Please refer to page D-24 for figures displaying this data.

**Table D-1.1.9 Student Participants in *Food & Me* Lessons**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=12 <sup>1</sup>	2 N=11	1 N=11	2 N=9	1 N=20	2 N=18	1 N=7	2 N=7
Lesson 1	286	317	194	59	481	345	222	245
Lesson 2	216	312	170	151	472	249	223	246
Lesson 3	199	311	129	148	407	252	118	249
Lesson 4	243	309	129	148	392	242	221	250
Lesson 5	244	318	150	101	377	287	173	209
Lesson 6	209	552	125	146	405	226	74	249
Lesson 7	206	308	162	147	447	254	208	210
Lesson 8	234	561	110	82	338	181	174	249
Lesson 9	201	314	127	125	330	226	218	249
<b>Average<sup>2</sup></b>	<b>226</b>	<b>367</b>	<b>144</b>	<b>123</b>	<b>405</b>	<b>251</b>	<b>181</b>	<b>240</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Unweighted means for number of students taught

**Table D-1.1.10 Average Cost of Purchased and Donated Items for *Food & Me* (Year 2)**

	<b>Idaho N=11<sup>1</sup></b>	<b>Iowa N=9</b>	<b>Kansas N=18</b>	<b>Michigan N=12</b>
<b>ITEMS PURCHASED WITH:</b>				
<b>TN Grant Funds</b>				
Materials	\$4.91	\$2.13	\$7.82	\$31.41
Food	\$19.52	\$27.99	\$22.96	\$44.35
Services	\$0.00	\$0.00	\$0.45	\$0.83
<b>School Funds</b>				
Materials	\$1.18	\$1.11	\$2.38	\$4.17
Food	\$1.73	\$4.56	\$0.05	\$0.00
Services	\$0.45	\$0.00	\$0.00	\$0.00
<b>Personal Funds</b>				
Materials	\$10.00	\$1.67	\$6.10	\$0.00
Food	\$16.85	\$2.06	\$5.96	\$0.42
Services	\$0.91	\$0.00	\$0.00	\$0.00
<b>Cost of Purchased Items per Classroom (for all lessons)<sup>2</sup></b>	\$55.55	\$39.52	\$45.72	\$81.18
<b>ITEMS DONATED BY:</b>				
<b>School Foodservice</b>				
Materials	\$2.55	\$0.00	\$0.00	\$0.00
Food	\$2.55	\$0.00	\$0.00	\$5.75
Services	\$0.00	\$0.00	\$0.25	\$0.00
<b>Parents</b>				
Materials	\$6.00	\$0.00	\$3.65	\$31.83
Food	\$11.73	\$0.00	\$11.05	\$28.96
Services	\$0.00	\$6.33	\$0.00	\$0.00
<b>Community</b>				
Materials	\$1.18	\$0.00	\$1.50	\$21.67
Food	\$0.91	<\$0.01	\$0.40	\$1.33
Services	\$0.00	\$6.67	\$0.25	\$0.00
<b>Cost of Donated Items per Classroom (for all lessons)<sup>2</sup></b>	\$24.92	\$13.00	\$17.10	\$89.54
<b>Grand Total: Purchased + Donated Items per Classroom (for all lessons)<sup>2</sup></b>	<b>\$80.47</b>	<b>\$52.52</b>	<b>\$62.82</b>	<b>\$170.72</b>

<sup>1</sup> N=number of teachers in IA, ID, and KS; number of classrooms for MI

<sup>2</sup> Reported costs were summed for all *Food & Me* lessons and divided by N.

## 1.2 FOOD & ME - CURRICULUM TABLES

**Table D-1.2.1a Subject Area of *Food & Me* Activities Selected by Teachers  
IDAHO (Year 1)**

		<b>Lesson 1</b> N=12 <sup>1</sup>	<b>Lesson 2</b> N=11	<b>Lesson 3</b> N=9	<b>Lesson 4</b> N=11	<b>Lesson 5</b> N=11	<b>Lesson 6</b> N=10	<b>Lesson 7</b> N=9	<b>Lesson 8</b> N=11	<b>Lesson 9</b> N=9
<b>Activity 1</b>	% teaching	92%	91%	100%	64%	91%	100%	33%	73%	56%
	minutes	15	21	28	54	33	24	20	25	19
	subject	Language	Science	Science	Science	Science	Social Studies	Social Studies	Cooking	Music/Physical Activity
<b>Activity 2</b>	% teaching	67%	55%	75%	55%	36%	60%	100%	27%	89%
	minutes	13	15	18	14	14	23	28	22	17
	subject	Math	Literature	Language	Social Studies	Art	Cooking	Social Studies	Cooking	Music/Physical Activity
<b>Activity 3</b>	% teaching	50%	45%	56%	36%	55%	40%	67%	27%	56%
	minutes	29	18	13	18	23	16	36	48	15
	subject	Art	Literature	Language	Dramatic Play	Science	Language	Cooking	Cooking	Music/Physical Activity
<b>Activity 4</b>	% teaching	67%	27%	89%	64%	9%	0%	67%	55%	33%
	minutes	15	22	10	34	20	0	28	25	17
	subject	Literature	Art/Writing	Literature	Cooking	Social Studies	Art	Dramatic Play	Cooking	Music/Physical Activity
<b>Activity 5</b>	% teaching	58%	55%	0%	36%	0%	50%	11%		22%
	minutes	27	19	0	23	0	18	20		15
	subject	Cooking	Literature	Ecology	Science	Writing	Language	Social Studies		Music/Physical Activity
<b>Activity 6</b>	% teaching		73%	56%	45%	18%	50%	33%		
	minutes		69	10	10	28	14	25		
	subject		Social Studies	Music	Literature	Dramatic Play	Cooking	Language		
<b>Activity 7</b>	% teaching			33%	9%					
	minutes			10	30					
	subject			Science	Writing					

<sup>1</sup>N=number of teachers

**Table D-1.2.1b Subject Area of *Food & Me* Activities Selected by Teachers  
IDAHO (Year 2)**

		<b>Lesson 1</b> N=12 <sup>1</sup>	<b>Lesson 2</b> N=11	<b>Lesson 3</b> N=9	<b>Lesson 4</b> N=11	<b>Lesson 5</b> N=11	<b>Lesson 6</b> N=10	<b>Lesson 7</b> N=9	<b>Lesson 8</b> N=11	<b>Lesson 9</b> N=9
<b>Activity 1</b>	% teaching	91%	73%	82%	36%	100%	91%	27%	73%	64%
	minutes	19	23	27	44	29	23	20	23	15
	subject	Language	Science	Science	Science	Science	Social Studies	Social Studies	Cooking	Music/Physical Activity
<b>Activity 2</b>	% teaching	45%	45%	64%	9%	36%	27%	73%	18%	91%
	minutes	14	25	29	10	25	13	31	30	17
	subject	Math	Literature	Language	Social Studies	Art	Cooking	Social Studies	Cooking	Music/Physical Activity
<b>Activity 3</b>	% teaching	45%	64%	18%	45%	64%	27%	73%	36%	82%
	minutes	30	20	18	50	20	23	32	20	21
	subject	Art	Literature	Language	Dramatic Play	Science	Language	Cooking	Cooking	Music/Physical Activity
<b>Activity 4</b>	% teaching	82%	9%	64%	91%	0%	0%	9%	64%	18%
	minutes	19	35	18	31	0	0	18	31	30
	subject	Literature	Art/Writing	Literature	Cooking	Social Studies	Art	Dramatic Play	Cooking	Music/Physical Activity
<b>Activity 5</b>	% teaching	45%	64%	0%	45%	27%	73%	0%		18%
	minutes	20	18	0	26	13	23	0		15
	subject	Cooking	Literature	Ecology	Science	Writing	Language	Social Studies		Music/Physical Activity
<b>Activity 6</b>	% teaching		36%	55%	64%	36%	36%	18%		
	minutes		94	12	21	20	21	45		
	subject		Social Studies	Music	Literature	Dramatic Play	Cooking	Language		
<b>Activity 7</b>	% teaching			18%	18%					
	minutes			20	35					
	subject			Science	Writing					

<sup>1</sup>N=number of teachers

**Table D-1.2. Subject Areas of *Food & Me* Activities Selected by Teachers IOWA (Year 1)**

		<b>Lesson 1</b> N=10 <sup>1</sup>	<b>Lesson 2</b> N=9	<b>Lesson 3</b> N=7	<b>Lesson 4</b> N=8	<b>Lesson 5</b> N=8	<b>Lesson 6</b> N=6	<b>Lesson 7</b> N=8	<b>Lesson 8</b> N=5	<b>Lesson 9</b> N=7
<b>Activity 1</b>	% teaching	100%	100%	71%	63%	63%	83%	75%	80%	57%
	minutes	23	33	22	148	29	25	23	38	18
	subject	Language	Science	Science	Science	Science	Social Studies	Social Studies	Cooking	Music/Physical Activity
<b>Activity 2</b>	% teaching	100%	11%	42%	38%	25%	33%	63%	20%	86%
	minutes	26	60	20	57	68	23	23	30	27
	subject	Math	Literature	Language	Social Studies	Art	Cooking	Social Studies	Cooking	Music/Physical Activity
<b>Activity 3</b>	% teaching	40%	78%	29%	38%	48%	67%	63%	60%	100%
	minutes	42	24	40	30	19	11	36	15	32
	subject	Art	Literature	Language	Dramatic Play	Science	Language	Cooking	Cooking	Music/Physical Activity
<b>Activity 4</b>	% teaching	80%	11%	71%	75%	13%	0%	25%	60%	14%
	minutes	24	60	13	43	15	0	25	60	15
	subject	Literature	Art/Writing	Literature	Cooking	Social Studies	Art	Dramatic Play	Cooking	Music/Physical Activity
<b>Activity 5</b>	% teaching	100%	89%	0%	100%	13%	83%	100%		100%
	minutes	45	14	0	36	30	14	16		15
	subject	Cooking	Literature	Ecology	Science	Writing	Language	Social Studies		Music/Physical Activity
<b>Activity 6</b>	% teaching		33%	43%	100%	50%	17%	50%		
	minutes		270	10	18	15	45	10		
	subject		Social Studies	Music	Literature	Dramatic Play	Cooking	Language		
<b>Activity 7</b>	% teaching			43%	13%					
	minutes			30	60					
	subject			Science	Writing					

<sup>1</sup> N=number of teachers



**Table D-1.2.2b Subject Areas of *Food & Me* Activities Selected by Teachers  
IOWA (Year 2)**

		<b>Lesson 1</b> N=3 <sup>1</sup>	<b>Lesson 2</b> N=7	<b>Lesson 3</b> N=7	<b>Lesson 4</b> N=8	<b>Lesson 5</b> N=5	<b>Lesson 6</b> N=7	<b>Lesson 7</b> N=8	<b>Lesson 8</b> N=4	<b>Lesson 9</b> N=6
<b>Activity 1</b>	% teaching	100%	86%	100%	50%	100%	71%	75%	75%	100%
	minutes	30	34	36	63	21	46	26	30	21
	subject	Language	Science	Science	Science	Science	Social Studies	Social Studies	Cooking	Music/Physical Activity
<b>Activity 2</b>	% teaching	100%	0%	57%	63%	40%	29%	100%	0%	83%
	minutes	30	0	30	48	13	45	35	0	21
	subject	Math	Literature	Language	Social Studies	Art	Cooking	Social Studies	Cooking	Music/Physical Activity
<b>Activity 3</b>	% teaching	33%	86%	43%	75%	80%	43%	63%	50%	100%
	minutes	60	26	27	255	28	18	39	8	23
	subject	Art	Literature	Language	Dramatic Play	Science	Language	Cooking	Cooking	Music/Physical Activity
<b>Activity 4</b>	% teaching	100%	54%	71%	88%	0%	0%	13%	75%	50%
	minutes	12	28	27	43	0	0	30	30	27
	subject	Literature	Art/Writing	Literature	Cooking	Social Studies	Art	Dramatic Play	Cooking	Music/Physical Activity
<b>Activity 5</b>	% teaching	67%	100%	0%	88%	60%	71%	63%		33%
	minutes	30	23	0	36	25	6	12		12
	subject	Cooking	Literature	Ecology	Science	Writing	Language	Social Studies		Music/Physical Activity
<b>Activity 6</b>	% teaching		29%	57%	63%	40%	0%	63%		
	minutes			17	17	45	0	42		
	subject		Social Studies	Music	Literature	Dramatic Play	Cooking	Language		
<b>Activity 7</b>	% teaching			57%	12%					
	minutes			25	60					
	subject			Science	Writing					

<sup>1</sup>N=number of teachers

**Table D-1.2.3a Subject Areas of *Food & Me* Activities Selected by Teachers  
KANSAS (Year 1)**

		<b>Lesson 1</b> N=20 <sup>1</sup>	<b>Lesson 2</b> N=20	<b>Lesson 3</b> N=16	<b>Lesson 4</b> N=17	<b>Lesson 5</b> N=18	<b>Lesson 6</b> N=16	<b>Lesson 7</b> N=19	<b>Lesson 8</b> N=18	<b>Lesson 9</b> N=14
<b>Activity 1</b>	% teaching	85%	65%	63%	24%	56%	63%	26%	61%	86%
	minutes	23	28	58	40	25	26	18	29	19
	subject	Language	Science	Science	Science	Science	Social Studies	Social Studies	Cooking	Music/Physical Activity
<b>Activity 2</b>	% teaching	60%	50%	19%	29%	44%	25%	68%	11%	64%
	minutes	24	17	25	10	68	99	18	30	20
	subject	Math	Literature	Language	Social Studies	Art	Cooking	Social Studies	Cooking	Music/Physical Activity
<b>Activity 3</b>	% teaching	45%	55%	19%	47%	61%	31%	68%	17%	57%
	minutes	30	23	34	24	22	20	49	10	16
	subject	Art	Literature	Language	Dramatic Play	Science	Language	Cooking	Cooking	Music/Physical Activity
<b>Activity 4</b>	% teaching	60%	20%	31%	94%	22%	6%	16%	44%	29%
	minutes	21	33	32	31	38	120	13	35	20
	subject	Literature	Art/Writing	Literature	Cooking	Social Studies	Art	Dramatic Play	Cooking	Music/Physical Activity
<b>Activity 5</b>	% teaching	40%	80%	0%	47%	17%	56%	16%		29%
	minutes	26	19	0	26	25	34	20		20
	subject	Cooking	Literature	Ecology	Science	Writing	Language	Social Studies		Music/Physical Activity
<b>Activity 6</b>	% teaching		35%	38%	59%	39%	19%	32%		
	minutes		58	11	13	26	20	18		
	subject		Social Studies	Music	Literature	Dramatic Play	Cooking	Language		
<b>Activity 7</b>	% teaching			19%	12%					
	minutes			60	60					
	subject			Science	Writing					

<sup>1</sup>N=number of teachers

**Table D-1.2.3b Subject Areas of *Food & Me* Activities Selected by Teachers  
KANSAS (Year 2)**

		<b>Lesson 1 N=18<sup>1</sup></b>	<b>Lesson 2 N=15</b>	<b>Lesson 3 N=14</b>	<b>Lesson 4 N=13</b>	<b>Lesson 5 N=15</b>	<b>Lesson 6 N=13</b>	<b>Lesson 7 N=14</b>	<b>Lesson 8 N=12</b>	<b>Lesson 9 N=13</b>
<b>Activity 1</b>	% teaching	83%	73%	100%	15%	87%	85%	29%	67%	92%
	minutes	22	21	27	0	28	23	19	24	17
	subject	Language	Science	Science	Science	Science	Social Studies	Social Studies	Cooking	Music/Physical Activity
<b>Activity 2</b>	% teaching	56%	40%	50%	31%	33%	38%	79%	17%	69%
	minutes	23	15	20	43	23	27	29	15	14
	subject	Math	Literature	Language	Social Studies	Art	Cooking	Social Studies	Cooking	Music/Physical Activity
<b>Activity 3</b>	% teaching	22%	53%	43%	31%	60%	38%	57%	17%	54%
	minutes	28	20	18	120	24	30	54	10	18
	subject	Art	Literature	Language	Dramatic Play	Science	Language	Cooking	Cooking	Music/Physical Activity
<b>Activity 4</b>	% teaching	56%	27%	71%	85%	27%	8%	21%	67%	23%
	minutes	13	34	15	24	120	0	20	55	25
	subject	Literature	Art/Writing	Literature	Cooking	Social Studies	Art	Dramatic Play	Cooking	Music/Physical Activity
<b>Activity 5</b>	% teaching	50%	80%	21%	69%	13%	54%	36%		31%
	minutes	23	18	15	27	20	26	18		15
	subject	Cooking	Literature	Ecology	Science	Writing	Language	Social Studies		Music/Physical Activity
<b>Activity 6</b>	% teaching		20%	57%	46%	27%	38%	43%		
	minutes			8	20	16	22	20		
	subject		Social Studies	Music	Literature	Dramatic Play	Cooking	Language		
<b>Activity 7</b>	% teaching			43%	23%					
	minutes			9	65					
	subject			Science	Writing					

<sup>1</sup>N=number of teachers

**Table D-1.2.4a Subject Areas of *Food & Me* Activities Selected by Teachers  
MICHIGAN (Year 1)**

		<b>Lesson 1</b> N=7 <sup>1</sup>	<b>Lesson 2</b> N=7	<b>Lesson 3</b> N=6	<b>Lesson 4</b> N=7	<b>Lesson 5</b> N=6	<b>Lesson 6</b> N=4	<b>Lesson 7</b> N=6	<b>Lesson 8</b> N=5	<b>Lesson 9</b> N=7
<b>Activity 1</b>	% teaching	71%	71%	100%	43%	67%	50%	50%	60%	100%
	minutes	29	9	31	13	25	30	22	33	21
	subject	Language	Science	Science	Science	Science	Social Studies	Social Studies	Cooking	Music/Physical Activity
<b>Activity 2</b>	% teaching	71%	0%	17%	71%	0%	25%	33%	0%	29%
	minutes	27	0	20	63	0	NA	13	0	29
	subject	Math	Literature	Language	Social Studies	Art	Cooking	Social Studies	Cooking	Music/Physical Activity
<b>Activity 3</b>	% teaching	43%	57%	17%	43%	50%	0%	17%	0%	29%
	minutes	25	25	20	109	25	0	90	0	20
	subject	Art	Literature	Language	Dramatic Play	Science	Language	Cooking	Cooking	Music/Physical Activity
<b>Activity 4</b>	% teaching	43%	14%	50%	57%	0%	0%	17%	80%	14%
	minutes	25	30	10	33	0	0	30	33	NA
	subject	Literature	Art/Writing	Literature	Cooking	Social Studies	Art	Dramatic Play	Cooking	Music/Physical Activity
<b>Activity 5</b>	% teaching	43%	43%	0%	29%	0%	75%	0%		29%
	minutes	48	17	0	13	0	23	0		23
	subject	Cooking	Literature	Ecology	Science	Writing	Language	Social Studies		Music/Physical Activity
<b>Activity 6</b>	% teaching		29%	33%	43%	17%	25%	0%		
	minutes		111	5	13	22	NA	0		
	subject		Social Studies	Music	Literature	Dramatic Play	Cooking	Language		
<b>Activity 7</b>	% teaching			0%	29%					
	minutes			0	42					
	subject			Science	Writing					

<sup>1</sup>N=number of teachers

**Table D-1.2.4b Subject Areas of *Food & Me* Activities Selected by Teachers  
MICHIGAN (Year 2)**

		<b>Lesson 1</b> N=6 <sup>1</sup>	<b>Lesson 2</b> N=6	<b>Lesson 3</b> N=6	<b>Lesson 4</b> N=6	<b>Lesson 5</b> N=5	<b>Lesson 6</b> N=6	<b>Lesson 7</b> N=5	<b>Lesson 8</b> N=6	<b>Lesson 9</b> N=6
<b>Activity 1</b>	% teaching	83%	100%	83%	17%	80%	50%	20%	33%	67%
	minutes	37	30	23	20	33	33	20	30	27
	subject	Language	Science	Science	Science	Science	Social Studies	Social Studies	Cooking	Music/Physical Activity
<b>Activity 2</b>	% teaching	83%	67%	50%	67%	60%	67%	80%	17%	83%
	minutes	29	23	17	41	30	24	29	30	24
	subject	Math	Literature	Language	Social Studies	Art	Cooking	Social Studies	Cooking	Music/Physical Activity
<b>Activity 3</b>	% teaching	33%	83%	17%	67%	40%	33%	100%	83%	50%
	minutes	42	22	17	155	25	18	30	29	21
	subject	Art	Literature	Language	Dramatic Play	Science	Language	Cooking	Cooking	Music/Physical Activity
<b>Activity 4</b>	% teaching	83%	50%	67%	83%	20%	33%	20%	67%	17%
	minutes	20	30	21	25	20	20	20	45	24
	subject	Literature	Art/Writing	Literature	Cooking	Social Studies	Art	Dramatic Play	Cooking	Music/Physical Activity
<b>Activity 5</b>	% teaching	67%	67%	17%	50%	20%	83%	20%		17%
	minutes	39	21	17	20	20	27	20		24
	subject	Cooking	Literature	Ecology	Science	Writing	Language	Social Studies		Music/Physical Activity
<b>Activity 6</b>	% teaching		50%	33%	67%	40%	50%	20%		
	minutes		47	39	19	20	20	20		
	subject		Social Studies	Music	Literature	Dramatic Play	Cooking	Language		
<b>Activity 7</b>	% teaching			17%	0%					
	minutes			17	0					
	subject			Science	Writing					

<sup>1</sup>N=number of teachers

### 1.3 FOOD & ME - ACTIVITY ANALYSIS: TEACHERS & TEACHING TIME

Table D-1.3.1 Four State Number and Percentages of Teachers Who Taught Each Activity

	Activity 1	Activity 2	Activity 3	Activity 4	Activity 5	Activity 6	Activity 7
	= Teachers that taught the activity during Year One (total teachers during Year One was 50)						
	= Teachers that taught the activity during Year Two (total teachers during Year Two was 45)						
	= Sum of teachers that taught activity during Years One + Two divided by the total of 95 teachers						
<b>Lesson 1</b>	43	35	22	31	21		
	33	23	12	27	20		
	<b>76</b>	<b>58</b>	<b>34</b>	<b>58</b>	<b>41</b>		
overall %	80	61	36	61	43		
	Language	Math	Art	Literature	Cooking		
<b>Lesson 2</b>	37	17	27	9	33	20	
	31	15	26	12	30	12	
	<b>68</b>	<b>32</b>	<b>53</b>	<b>21</b>	<b>63</b>	<b>32</b>	
overall %	72	34	56	22	66	34	
	Science	Literature	Literature	Art/Writing	Literature	Social	
<b>Lesson 3</b>	31	13	11	21	0	16	9
	35	21	12	26	4	20	13
	<b>66</b>	<b>34</b>	<b>23</b>	<b>47</b>	<b>4</b>	<b>36</b>	<b>22</b>
overall %	70	36	24	50	4	38	23
	Science	Language	Language	Literature	Ecology	Music	Science
<b>Lesson 4</b>	19	19	18	33	22	26	6
	11	14	19	33	24	22	6
	<b>30</b>	<b>33</b>	<b>37</b>	<b>66</b>	<b>46</b>	<b>48</b>	<b>12</b>
overall %	32	35	39	70	48	50	13
	Science	Social Studies	Dramatic Play	Cooking	Science	Literature	Writing
<b>Lesson 5</b>	29	14	26	6	4	14	
	33	14	22	5	9	12	
	<b>62</b>	<b>28</b>	<b>48</b>	<b>11</b>	<b>13</b>	<b>26</b>	
overall %	65	30	50	12	14	27	
	Science	Art	Science	Social Studies	Writing	Dramatic	
<b>Lesson 6</b>	27	13	13	1	22	10	
	29	14	13	3	25	12	
	<b>56</b>	<b>27</b>	<b>26</b>	<b>4</b>	<b>47</b>	<b>22</b>	
overall %	59	28	27	4	50	23	
	Social Studies	Cooking	Language	Art	Language	Cooking	
<b>Lesson 7</b>	17	29	25	12	8	13	
	14	31	26	6	11	14	
	<b>31</b>	<b>60</b>	<b>51</b>	<b>18</b>	<b>19</b>	<b>27</b>	
overall %	33	63	54	19	20	28	
	Social Studies	Social Studies	Cooking	Dramatic Play	Social Studies	Language	
<b>Lesson 8</b>	26	6	9	21			
	21	5	13	22			
	<b>47</b>	<b>11</b>	<b>22</b>	<b>43</b>			
overall %	50	12	23	45			
	Cooking	Cooking	Cooking	Cooking			
<b>Lesson 9</b>	26	6	9	21	9		
	30	29	25	9	9		
	<b>56</b>	<b>35</b>	<b>34</b>	<b>30</b>	<b>18</b>		
overall %	59	37	36	32	19		
	Music/Activity	Music/Activity	Music/Activity	Music/Activity	Music/Activity		

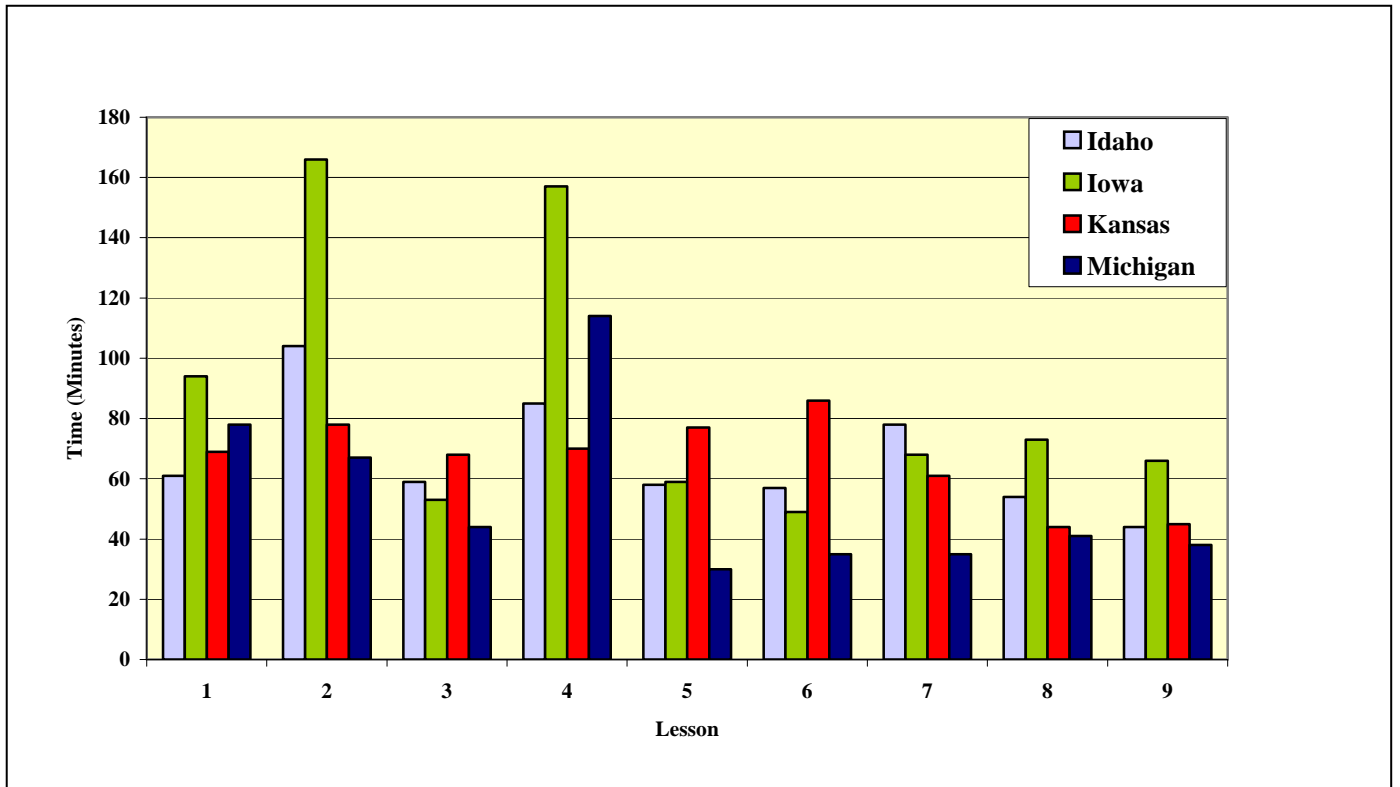
**Table D-1.3.2 Average Teaching Time in Minutes (Year 1 and Year 2)**  
*Food & Me*

(Year 1)
(Year 2)

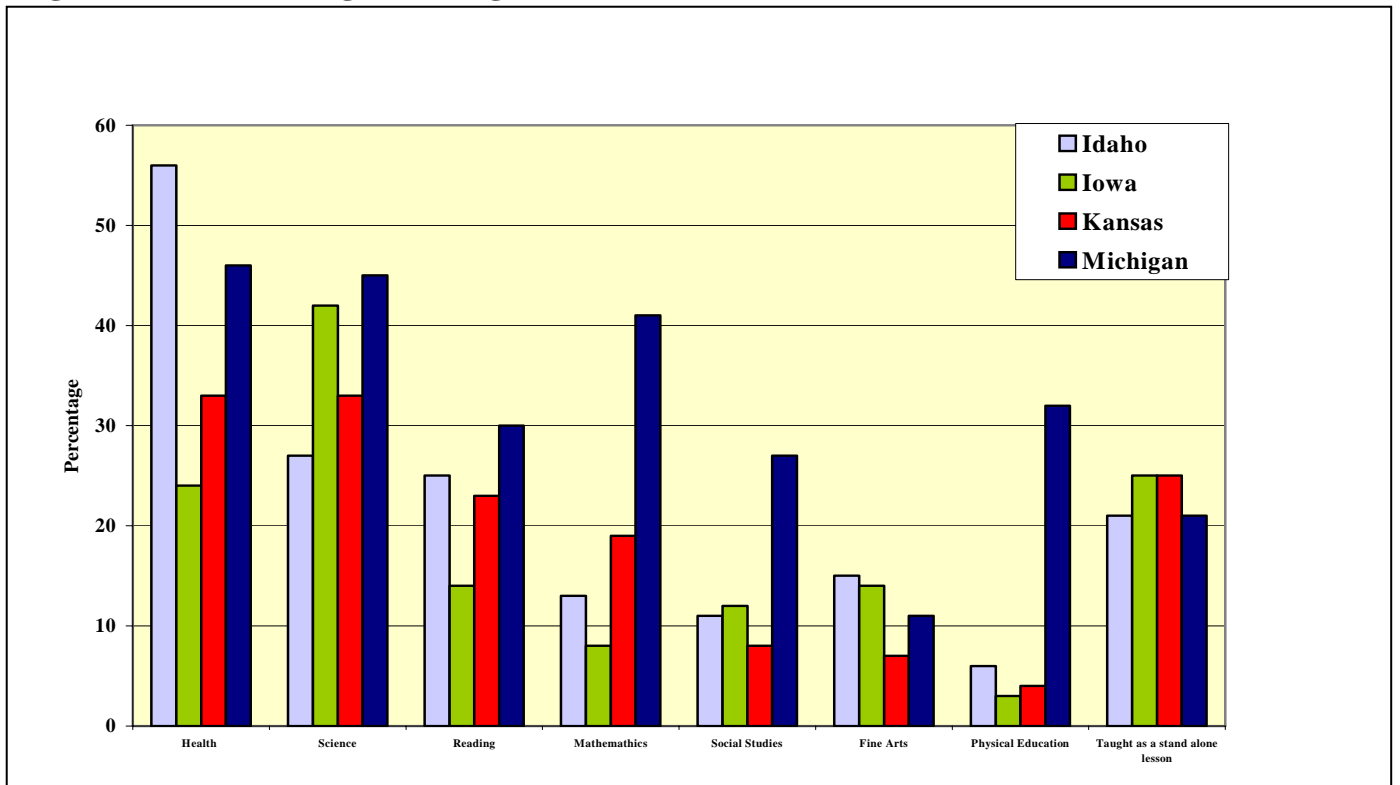
	Activity 1	Activity 2	Activity 3	Activity 4	Activity 5	Activity 6	Activity 7	Mean
<b>Lesson 1</b>	22	22	31	21	37			<b>27</b>
	27	24	40	16	28			<b>27</b>
<b>Lesson 2</b>	23	31	22	36	17	66		<b>33</b>
	27	21	22	32	20	70		<b>32</b>
<b>Lesson 3</b>	35	21	27	16	0	9	33	<b>20</b>
	28	24	20	20	16	19	18	<b>21</b>
<b>Lesson 4</b>	64	36	45	35	24	13	48	<b>38</b>
	42	36	145	31	27	19	53	<b>50</b>
<b>Lesson 5</b>	28	50	22	24	28	23		<b>29</b>
	28	23	24	70	19	25		<b>32</b>
<b>Lesson 6</b>	26	48	16	120	22	26		<b>43</b>
	31	27	22	20	28	21		<b>25</b>
<b>Lesson 7</b>	21	20	53	24	19	18		<b>26</b>
	21	31	39	22	17	32		<b>27</b>
<b>Lesson 8</b>	31	27	24	38				<b>30</b>
	27	25	17	40				<b>27</b>
<b>Lesson 9</b>	19	23	21	17	18			<b>20</b>
	20	19	21	26	16			<b>20</b>
<b>Mean</b>	<b>34</b>	<b>35</b>	<b>33</b>	<b>41</b>	<b>24</b>	<b>26</b>	<b>41</b>	
	<b>31</b>	<b>29</b>	<b>44</b>	<b>35</b>	<b>24</b>	<b>31</b>	<b>36</b>	

## 1.4 FOOD & ME - FIGURES

**Figure D-1.4.1 Average Teaching Time for *Food & Me* Lessons (Year 1)**

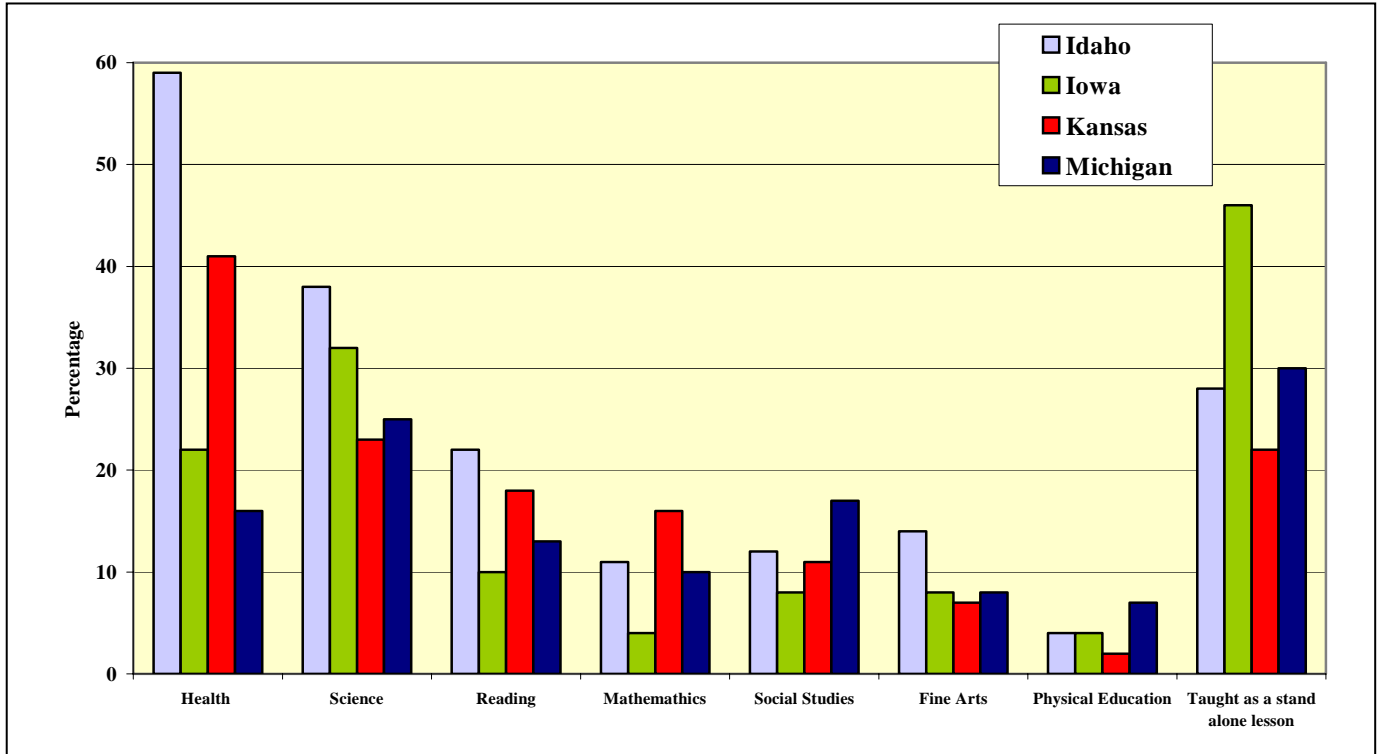


**Figure D-1.4.2 Average Teaching Time for *Food & Me* Lessons (Year 2)**

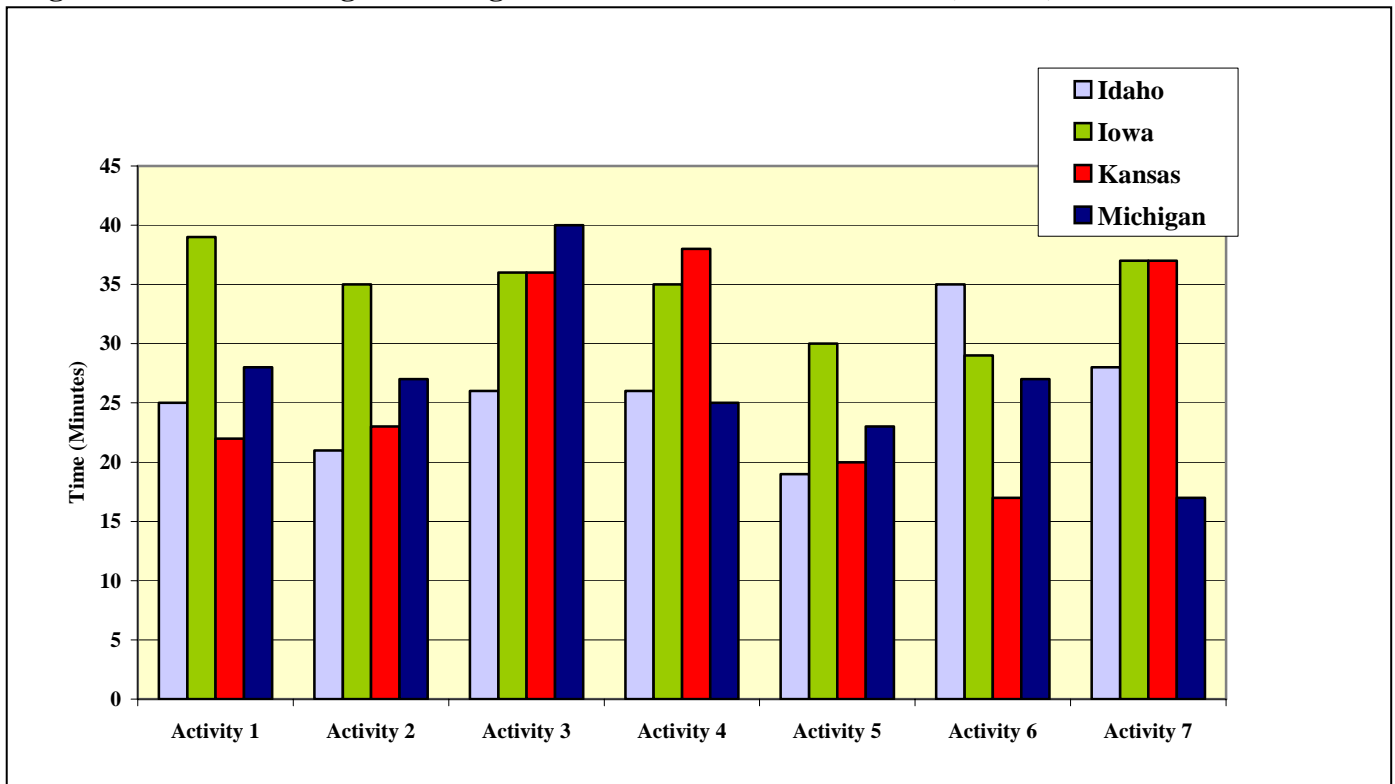




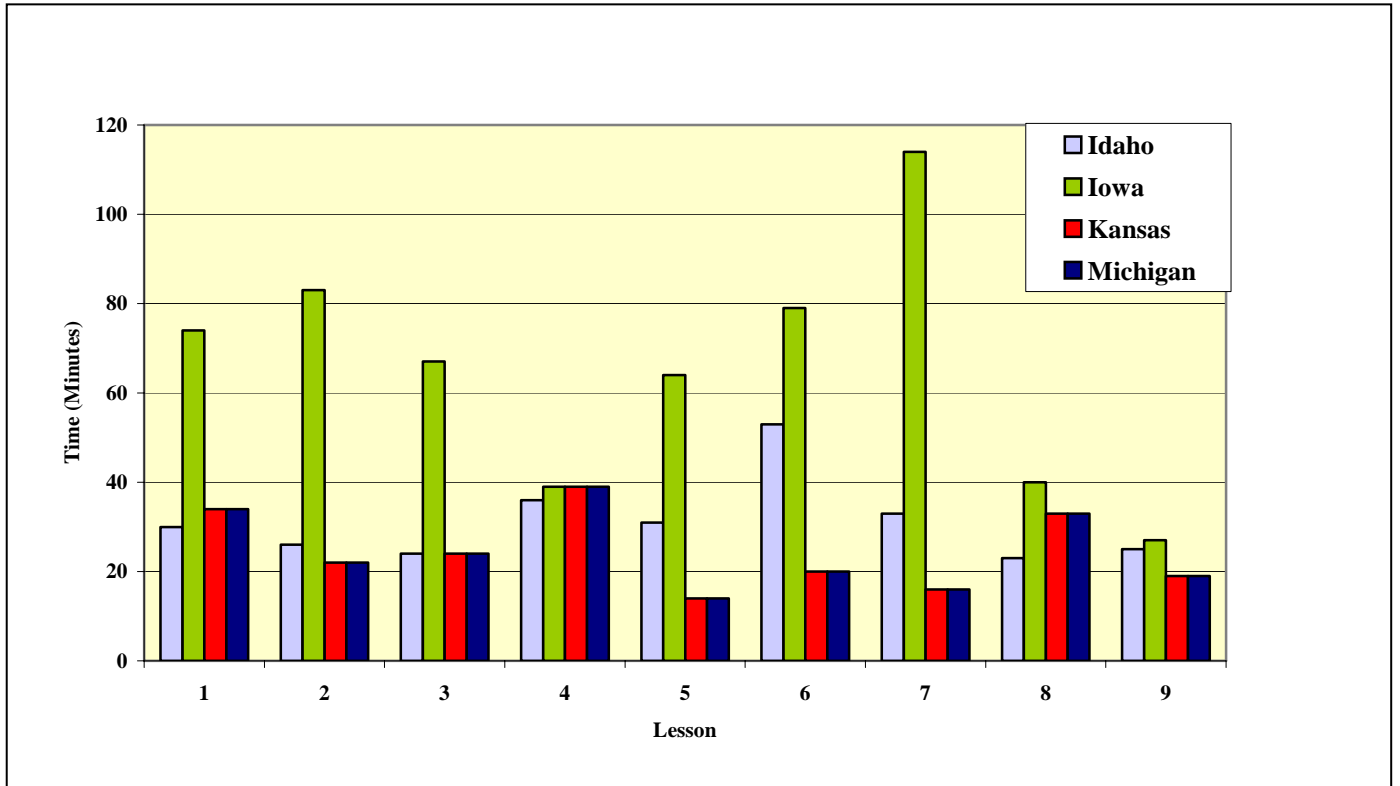
**Figure D-1.4.3 Average Teaching Time for *Food & Me* Activities (Year 1)**



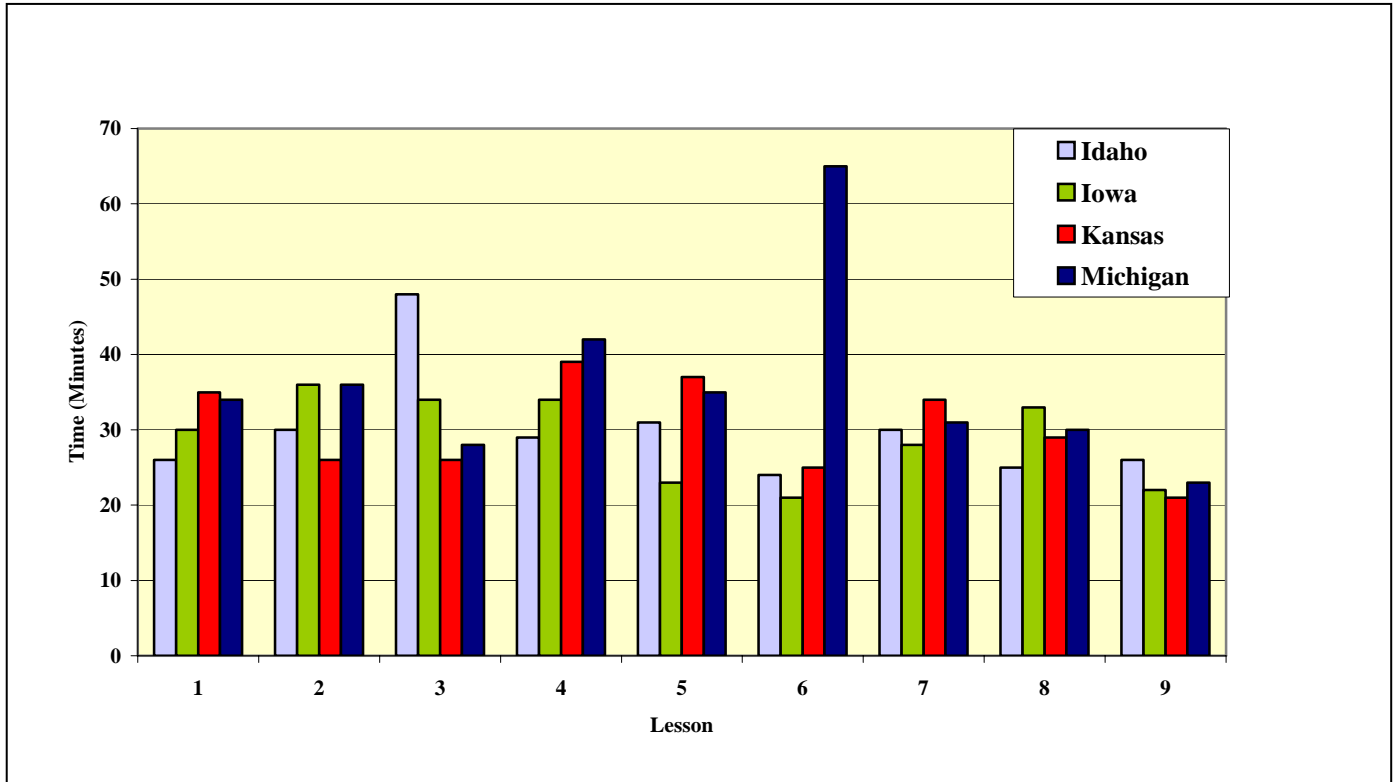
**Figure D-1.4.4 Average Teaching Time for *Food & Me* Activities (Year 2)**



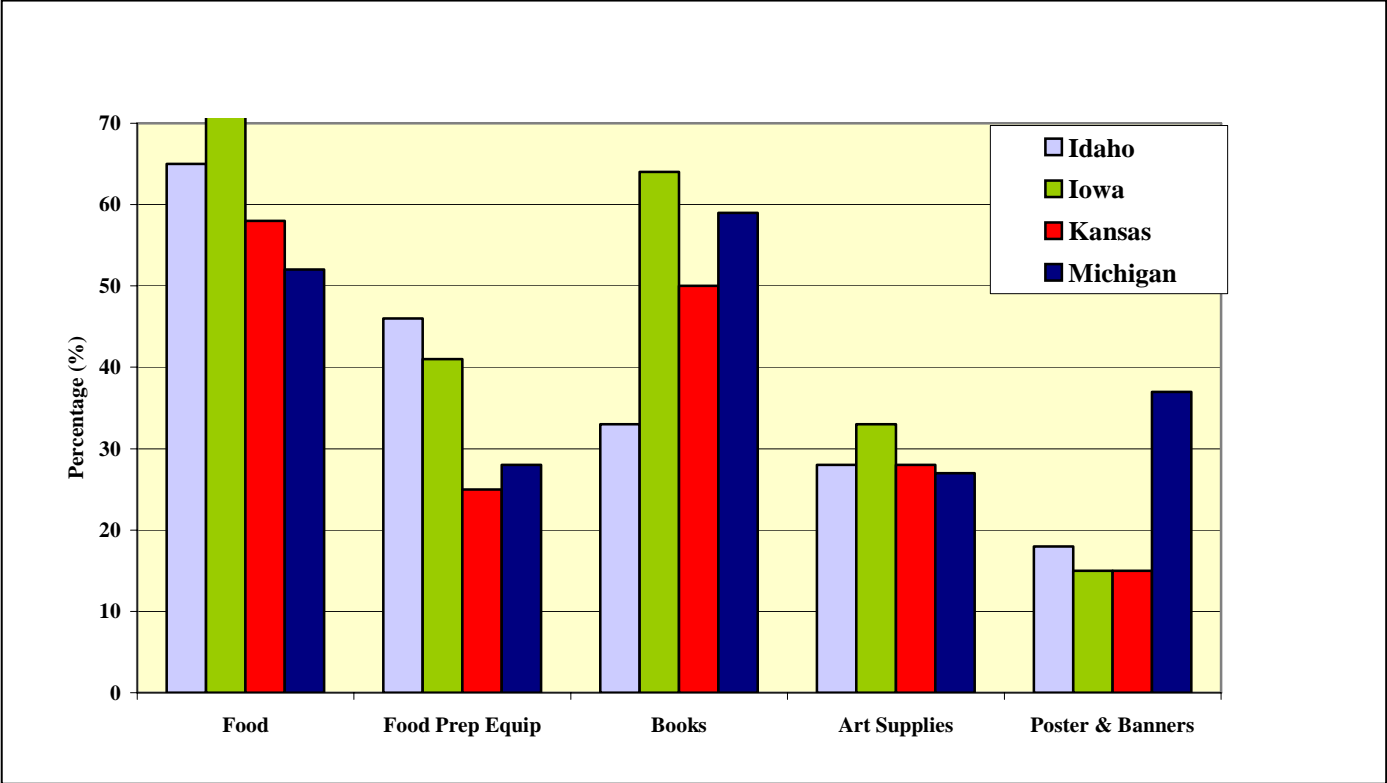
**Figure D-1.4.5 Average Time Spent Planning/Preparing *Food & Me* Lessons (Year 1)**



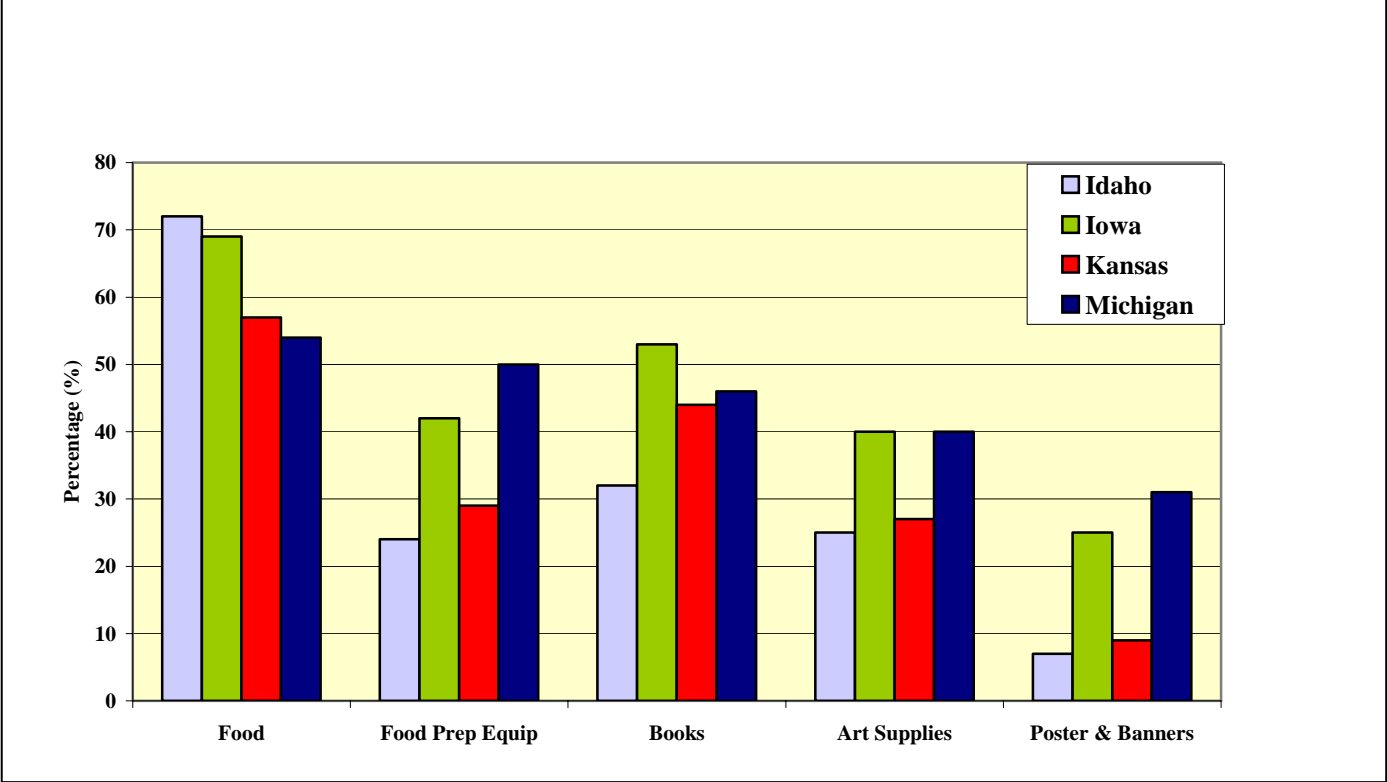
**Figure D-1.4.6 Average Time Spent Planning/Preparing *Food & Me* Lessons (Year 2)**



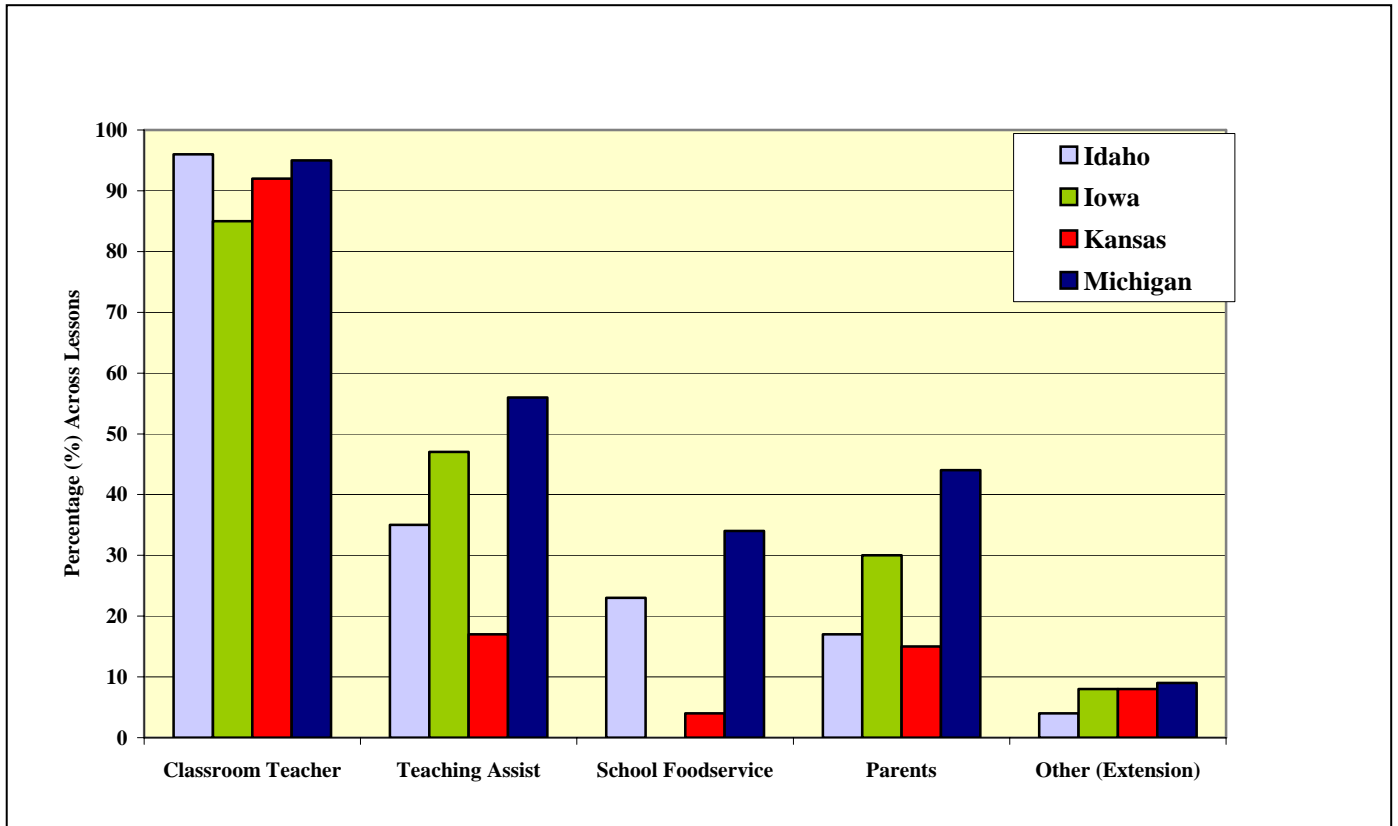
**Figure D-1.4.7 Teachers' Use of Supplies with *Food & Me* Lessons (Year 1)**



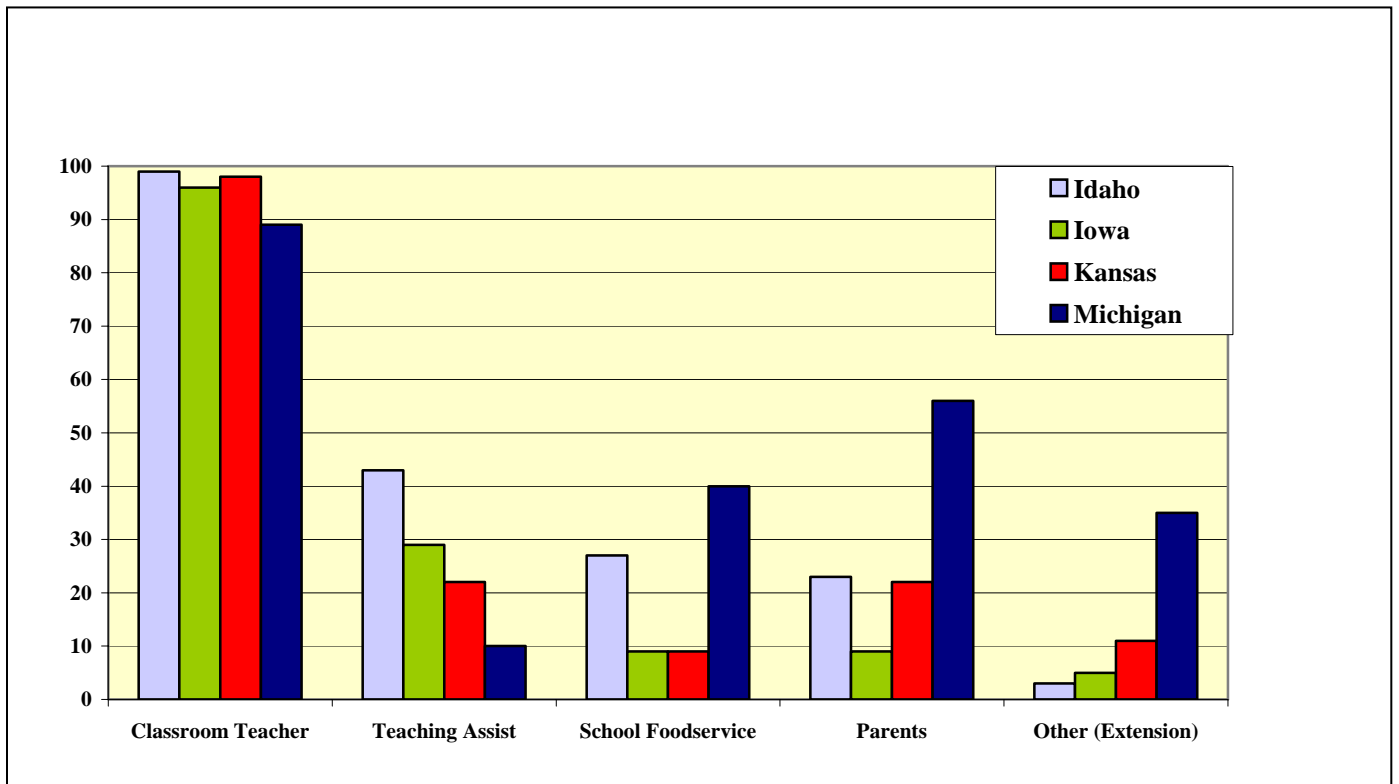
**Figure D-1.4.8 Teachers' Use of Supplies with *Food & Me* Lessons (Year 2)**



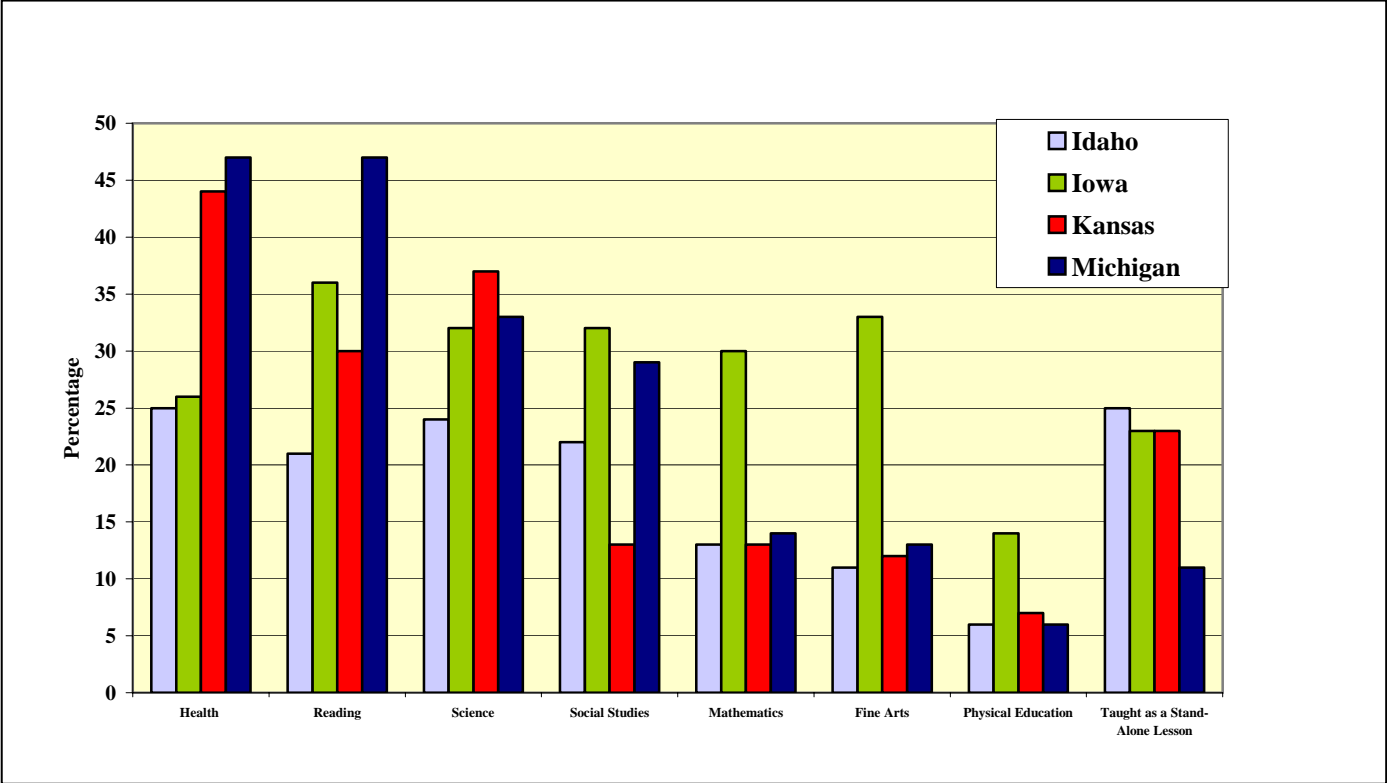
**Figure D-1.4.9 Individuals Involved in Planning, Preparing, and Teaching *Food & Me* (Year 1)**



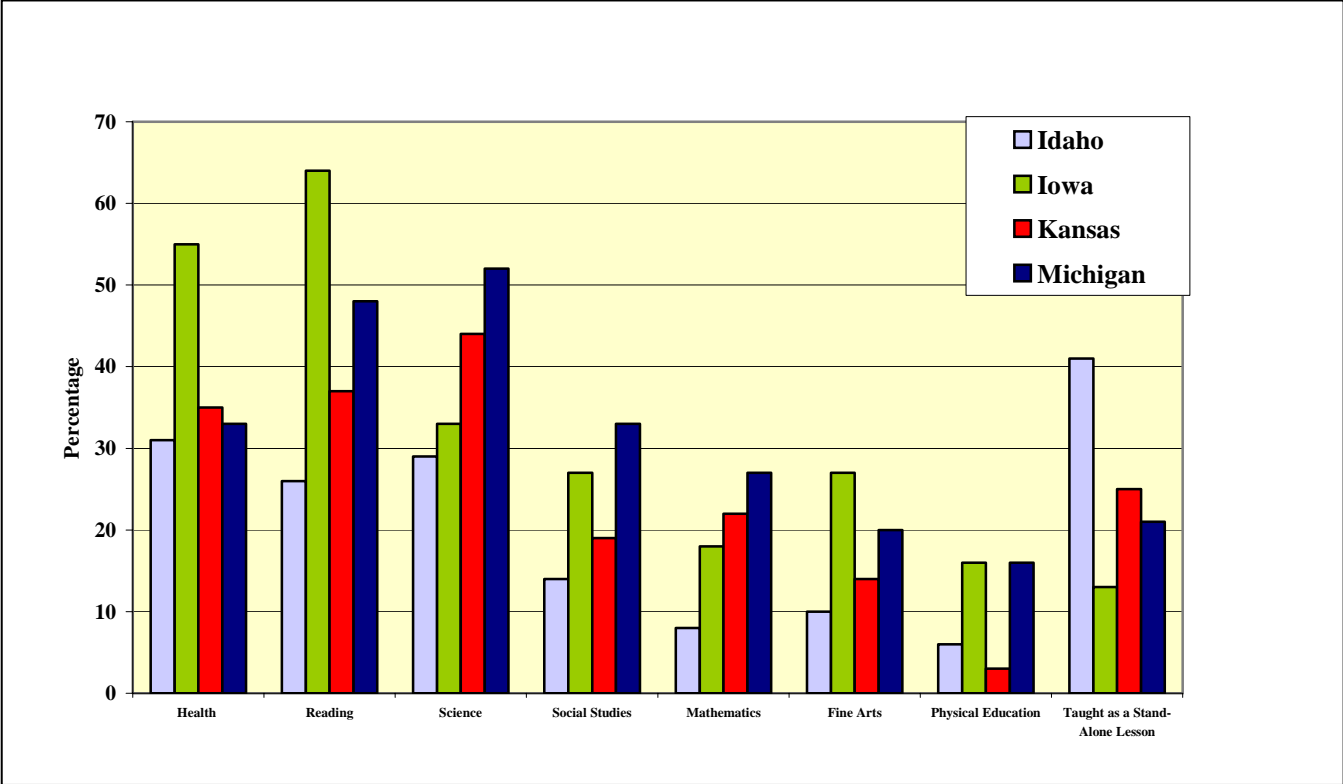
**Figure D-1.4.10 Individuals Involved in Planning, Preparing, and Teaching *Food & Me* (Year 2)**



**Figure D-1.4.11 Integration into Subject Areas of *Food & Me* Lessons (Year 1)**



**Figure D-1.4.12 Integration into Subject Areas of *Food & Me* Lessons (Year 2)**



## **2. *FOOD TIME* - TABLES AND FIGURES**

2.1

FOOD TIME - CLASSROOM LESSON LOG TABLES

**Table D-2.1.1 Average Teaching Time (Minutes) (and percentage of teachers teaching any part of this lesson) for *Food Time* Lessons**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=27 <sup>1</sup>	2 N=25	1 N=14	2 N=11	1 N=43	2 N=32	1 N=14	2 N=10
Lesson 1 (5) <sup>2</sup>	93 96%	118 100%	82 100%	106 82%	104 100%	86 100%	61 100%	59 100%
Lesson 2 (5)	90 89%	110 100%	114 100%	135 82%	80 91%	110 100%	59 100%	54 100%
Lesson 3 (5)	81 100%	87 100%	94 100%	129 82%	102 86%	81 100%	50 100%	58 100%
Lesson 4 (6)	116 93%	125 100%	138 100%	142 82%	109 81%	105 97%	67 100%	63 100%
Lesson 5 (5)	86 93%	91 96%	84 100%	121 91%	93 86%	77 94%	52 93%	53 100%
Lesson 6 (5)	92 100%	95 92%	89 71%	84 82%	103 77%	77 88%	58 100%	55 100%
Lesson 7 (5)	133 96%	77 96%	64 36%	53 64%	73 70%	72 84%	49 100%	51 100%
Lesson 8 (6)	100 78%	87 96%	56 29%	98 45%	49 56%	69 56%	47 93%	51 100%
<b>Average<sup>3</sup></b>	<b>99</b>	<b>99</b>	<b>90</b>	<b>109</b>	<b>89</b>	<b>85</b>	<b>55</b>	<b>55</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Number of activities in the lesson is listed in the parenthesis

<sup>3</sup>Unweighted means for teaching time reported for lessons 1-8

Please refer to page D-42 for figures displaying this data.

**Table D-2.1.2 Average Teaching Time (Minutes) for Activities in *Food Time* Lessons**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=27 <sup>1</sup> 93% <sup>2</sup>	2 N=25 98%	1 N=14 79%	2 N=11 76%	1 N=43 81%	2 N=32 90%	1 N=14 98%	2 N=10 99%
Getting Started (8) <sup>3</sup>	25	25	22	23	29	28	18	19
Activity 1 (8)	27	31	39	33	37	31	36	28
Activity 2 (8)	30	28	33	27	28	28	31	31
Activity 3 (2)	33	42	47	33	-	33	43	33
Wrap It Up (8)	36	32	42	33	36	31	23	33
Taking It Further (8)	37	37	25	31	28	21	25	30
<b>Average<sup>4</sup></b>	<b>31</b>	<b>33</b>	<b>35</b>	<b>30</b>	<b>32</b>	<b>29</b>	<b>29</b>	<b>29</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Average percentage of teachers teaching any part of the lesson

<sup>3</sup>Number lessons that have this activity

<sup>4</sup>Unweighted means for teaching time reported for activities

Please refer to page D-43 for figures displaying this data.

**Table D-2.1.3 Activities Taught for All *Food Time* Lessons**  
**Average Percent of Teachers that Taught Activity Found in this Order in Lesson**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Getting Started (8) <sup>1</sup>	90	88	83	87	81	81	50	75
Activity 1 (8)	77	73	72	82	54	62	49	51
Activity 2 (8)	73	67	63	84	54	59	51	55
Activity 3 (2)	52	63	72	79	-	53	51	57
Wrap It Up (8)	53	64	48	67	37	46	24	28
Taking It Further (8)	42	38	26	46	33	39	10	18

<sup>1</sup>Number of lessons that have this activity



**Table D-2.1.4 Average Time (Minutes) Spent Planning/Preparing *Food Time* Lessons**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=27 <sup>1</sup>	2 N=25	1 N=14	2 N=11	1 N=43	2 N=32	1 N=14	2 N=10
Lesson 1 (5) <sup>2</sup>	37 96% <sup>3</sup>	42 100%	80 100%	54 82%	70 100%	54 100%	29 100%	19 100%
Lesson 2 (5)	43 89%	44 100%	45 100%	54 82%	52 91%	48 100%	44 100%	15 100%
Lesson 3 (5)	54 100%	42 100%	59 100%	49 82%	50 86%	37 100%	23 100%	19 100%
Lesson 4 (6)	52 93%	51 100%	67 100%	53 82%	45 81%	32 97%	30 100%	26 100%
Lesson 5 (5)	42 93%	29 96%	23 100%	29 91%	70 86%	29 94%	22 93%	20 100%
Lesson 6 (5)	37 100%	28 92%	20 71%	33 82%	44 77%	31 88%	32 100%	31 100%
Lesson 7 (5)	44 96%	37 96%	19 36%	18 64%	37 70%	40 84%	43 100%	31 100%
Lesson 8 (6)	86 78%	41 96%	26 29%	29 45%	50 56%	64 56%	35 93%	18 100%
<b>Average<sup>4</sup></b>	<b>49</b>	<b>39</b>	<b>42</b>	<b>40</b>	<b>52</b>	<b>42</b>	<b>32</b>	<b>22</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Number of activities in the lesson

<sup>3</sup>Percentage of teachers (N) teaching any part of this lesson

<sup>4</sup>Unweighted means for planning time reported for lessons 1-8

Please refer to page D-44 for figures displaying this data.

**Table D-2.1.5 Module Components for *Food Time*  
Average Percentage (%) of Teachers Using**

Module Components	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Teacher Guide	68	72	76	79	63	45	63	66
Video	31	26	27	15	26	16	20	23
Magazine	14	17	22	13	11	11	22	35
Take-out Newsletter	15	6	21	16	12	9	16	19
Poster	36	44	40	37	33	23	45	40
Audiotape for Teachers	15	0	29	44	28	13	29	0
Student Quiz	23	2	36	56	28	38	36	3
Lunchroom Link	24	28	22	25	21	19	13	34

**Table D-2.1.6 Teachers' Use of Supplies with *Food Time* Lessons**  
**Average Percentage (%) of Teachers**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Art Supplies	49	52	61	55	35	32	41	39
Food	46	49	27	21	35	40	20	24
Books	29	34	40	31	28	16	10	29
Handouts, Brochures & Other Printed Materials	27	32	24	22	24	29	39	25
Posters & Banners	26	32	26	19	19	21	25	18
Food Preparation Equipment	25	25	9	6	15	21	5	8
Videos	10	10	4	3	13	11	2	3
Decorations	7	8	7	3	1	4	1	3
Other Educational Materials & Supplies	9	8	27	4	14	11	6	12
Computers & Internet	6	7	2	12	5	6	1	0

Please refer to page D-45 for figures displaying this data.

**Table D-2.1.7 Individuals Involved in Planning, Preparing and Teaching *Food Time* Lessons**  
**Average Percentage (%) of Individuals with this Job Title**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Classroom Teacher	97	92	93	96	84	81	98	100
Teaching Assistant/ Paraprofessional	6	9	15	3	13	14	14	19
School Foodservice Staff	29	22	10	15	8	14	9	13
Parent	14	23	3	6	9	9	17	31
Other (includes Extension)	9	7	6	1	20	17	2	11
Volunteer	11	9	0	3	1	5	7	0
Community Volunteer	4	6	0	1	2	2	6	4
Health Teacher	1	8	1	4	1	5	2	0
Life Management/Family and Consumer Science Teacher	0	0	0	0	0	1	0	0
Physical Education Teacher	0	1	2	4	0	2	4	0
School Nurse	0	0	16	10	1	1	0	0

Please refer to page D-46 for figures displaying this data.

**Table D-2.1.8 Integration into Subject Areas of *Food Time* Lessons  
Average Percentage (%) of Teachers**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Health	56	55	12	37	32	19	33	28
Reading/Language Arts	35	32	10	13	33	20	6	32
Science	25	32	24	22	33	22	25	28
Fine Arts	27	15	22	15	13	12	4	9
Social Studies	12	14	10	12	16	15	14	21
Mathematics	15	18	4	7	20	8	5	10
Life Management/Family & Consumer Science	11	4	3	0	4	4	0	4
Physical Education	3	4	6	3	4	2	5	8
Other	0	2	6	0	4	3	4	1
Nutrition (not integrated into another subject)	23	22	40	27	21	36	50	30

Please refer to page D-47 for figures displaying this data.

**Table D-2.1.9 Student Participants in *Food Time* Lessons**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=27 <sup>1</sup>	2 N=25	1 N=14	2 N=11	1 N=43	2 N=32	1 N=14	2 N=10
Lesson 1	659	468	277	162	795	685	292	367
Lesson 2	640	625	274	163	707	719	289	367
Lesson 3	685	594	257	162	712	723	246	367
Lesson 4	660	877	234	178	631	475	290	365
Lesson 5	630	592	265	179	740	478	302	364
Lesson 6	687	574	194	156	560	475	308	367
Lesson 7	700	600	98	110	454	421	268	368
Lesson 8	940	641	57	93	391	215	311	330
<b>Average<sup>2</sup></b>	<b>700</b>	<b>621</b>	<b>207</b>	<b>150</b>	<b>624</b>	<b>524</b>	<b>288</b>	<b>362</b>

<sup>1</sup> N=number of teachers

<sup>2</sup> Unweighted means for number of students taught

**Table D-2.1.10 Average Cost of Purchased and Donated Items for *Food Time* Lessons (Year 2)**

	<b>Idaho N=25<sup>1</sup></b>	<b>Iowa N=11</b>	<b>Kansas N=41</b>	<b>Michigan N=17</b>
<b>ITEMS PURCHASED WITH:</b>				
<b>TN Grant Funds</b>				
Materials	\$30.74	\$0.00	\$5.69	\$0.83
Food	\$21.60	\$6.71	\$45.41	\$13.79
Services	\$0.43	\$0.00	\$0.00	\$0.00
<b>School Funds</b>				
Materials	\$6.03	\$0.00	\$4.94	\$0.00
Food	\$1.20	\$0.00	\$2.78	\$0.88
Services	\$3.04	\$0.00	\$0.00	\$0.00
<b>Personal Funds</b>				
Materials	\$4.44	\$0.91	\$7.08	\$0.24
Food	\$14.20	\$4.25	\$13.58	\$1.76
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Cost of Purchased Items per Classroom (for all lessons)<sup>2</sup></b>	\$81.68	\$11.87	\$79.48	\$17.50
<b>ITEMS DONATED BY:</b>				
<b>School Foodservice</b>				
Materials	\$1.60	\$0.00	\$0.12	\$0.00
Food	\$2.80	\$0.00	\$0.59	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$3.24
<b>Parents</b>				
Materials	\$3.38	\$0.00	\$1.10	\$1.47
Food	\$14.86	\$4.45	\$0.49	\$1.29
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Community</b>				
Materials	\$2.68	\$0.00	\$1.59	\$35.59
Food	\$3.00	\$1.82	\$0.05	\$0.00
Services	\$2.40	\$0.00	\$0.00	\$0.00
<b>Cost of Donated Items per Classroom (for all lessons)<sup>2</sup></b>	\$30.72	\$6.27	\$3.93	\$41.29
<b>Grand Total: Purchased + Donated Items per Classroom (for all lessons)<sup>2</sup></b>	<b>\$112.40</b>	<b>\$18.14</b>	<b>\$83.41</b>	<b>\$59.09</b>

<sup>1</sup>N=number of classrooms for ID, IA and KS; number of classrooms for MI

<sup>2</sup>Reported costs were summed for all lessons in *Food Time* and divided by N.

## 2.2 FOOD TIME - CURRICULUM TABLES

**Table D-2.2.1a Subject Areas of *Food Time* Activities Selected by Teachers  
IDAHO (Year 1)**

		<b>Lesson 1</b> N=26 <sup>1</sup>	<b>Lesson 2</b> N=24	<b>Lesson 3</b> N=27	<b>Lesson 4</b> N=25	<b>Lesson 5</b> N=25	<b>Lesson 6</b> N=27	<b>Lesson 7</b> N=26	<b>Lesson 8</b> N=21
<b>Getting Started</b>	% teaching	88%	100%	96%	96%	92%	81%	82%	81%
	minutes	26	18	20	30	26	30	26	23
	subject	Science	Science	Science	Math	Health	Math	Language	Language
<b>Activity 1</b>	% teaching	92%	83%	96%	72%	76%	81%	58%	57%
	minutes	27	27	28	22	31	32	26	23
	subject	Language	Writing	Art	Math	Art	Art	Social Studies	Language
<b>Activity 2</b>	% teaching	85%	88%	67%	96%	60%	70%	85%	33%
	minutes	32	25	32	22	30	39	31	28
	subject	Art	Literature	Writing	Science	Math	Art	Language	Writing
<b>Activity 3</b>	% teaching				80%				24%
	minutes				32				33
	subject				Math				Writing
<b>Wrap It Up</b>	% teaching	65%	71%	56%	44%	52%	30%	38%	67%
	minutes	27	31	18	38	26	23	50	75
	subject	Science	Cooking	Social Studies	Art	Health	Social Studies	Art	Language
<b>Taking It Further</b>	% teaching	27%	50%	30%	36%	44%	56%	54%	38%
	minutes	21	21	26	27	18	21	101	64
	subject	Science	Math	Literature	Literature	Math	Literature	?	Music/Dramatic Play

<sup>1</sup>N=number of teachers

**Table D-2.2.1b Subject Area of *Food Time* Activities Selected by Teachers  
IDAHO (Year 2)**

		<b>Lesson 1</b> N=19 <sup>1</sup>	<b>Lesson 2</b> N=20	<b>Lesson 3</b> N=20	<b>Lesson 4</b> N=20	<b>Lesson 5</b> N=19	<b>Lesson 6</b> N=18	<b>Lesson 7</b> N=19	<b>Lesson 8</b> N=24
<b>Getting Started</b>	% teaching	84%	90%	100%	75%	95%	78%	100%	83%
	minutes	28	33	22	28	23	22	21	22
	subject	Science	Science	Science	Math	Health	Math	Language	Language
<b>Activity 1</b>	% teaching	89%	70%	90%	70%	79%	61%	68%	54%
	minutes	26	33	29	27	43	39	23	25
	subject	Language	Writing	Art	Math	Art	Art	Social Studies	Language
<b>Activity 2</b>	% teaching	68%	85%	60%	95%	58%	61%	74%	38%
	minutes	39	31	22	30	23	34	28	16
	subject	Art	Literature	Writing	Science	Math	Art	Language	Writing
<b>Activity 3</b>	% teaching				85%				42%
	minutes				32				53
	subject				Math				Writing
<b>Wrap It Up</b>	% teaching	84%	70%	65%	40%	58%	61%	68%	67%
	minutes	27	31	21	30	22	28	26	71
	subject	Science	Cooking	Social Studies	Art	Health	Social Studies	Art	Language
<b>Taking It Further</b>	% teaching	32%	85%	40%	30%	42%	39%	32%	8%
	minutes	68	25	37	46	26	28	12	55
	subject	Science	Math	Literature	Literature	Math	Literature		Music/Dramatic Play

<sup>1</sup>N=number of teachers

**Table D-2.2.2a Subject Areas of *Food Time* Activities Selected by Teachers  
IOWA (Year 1)**

		<b>Lesson 1</b> N=26 <sup>1</sup>	<b>Lesson 2</b> N=24	<b>Lesson 3</b> N=27	<b>Lesson 4</b> N=25	<b>Lesson 5</b> N=25	<b>Lesson 6</b> N=27	<b>Lesson 7</b> N=26	<b>Lesson 8</b> N=21
<b>Getting Started</b>	% teaching	100%	86%	79%	71%	93%	70%	80%	75%
	minutes	18	22	18	22	20	29	18	45
	subject	Science	Science	Science	Math	Health	Math	Language	Language
<b>Activity 1</b>	% teaching	100%	100%	86%	43%	71%	60%	20%	25%
	minutes	20	40	42	29	50	46	40	0
	subject	Language	Writing	Art	Math	Art	Art	Social Studies	Language
<b>Activity 2</b>	% teaching	79%	43%	79%	79%	36%	70%	80%	25%
	minutes	28	33	27	18	38	54	50	0
	subject	Art	Literature	Writing	Science	Math	Art	Language	Writing
<b>Activity 3</b>	% teaching				79%				50%
	minutes				36				43
	subject				Math				Writing
<b>Wrap It Up</b>	% teaching	64%	54%	54%	64%	36%	30%		25%
	minutes	24	53	22	67	43	23		60
	subject	Science	Cooking	Social Studies	Art	Health	Social Studies	Art	Language
<b>Taking It Further</b>	% teaching	7%	14%	36%	64%	21%	20%	20%	
	minutes	60	55	19	21	35	40	30	
	subject	Science	Math	Literature	Literature	Math	Literature		Music/Dramatic Play

<sup>1</sup>N=number of teachers

**Table D-2.2.2b Subject Areas of *Food Time* Activities Selected by Teachers  
IOWA (Year 2)**

		<b>Lesson 1</b> N=9 <sup>1</sup>	<b>Lesson 2</b> N=9	<b>Lesson 3</b> N=9	<b>Lesson 4</b> N=9	<b>Lesson 5</b> N=10	<b>Lesson 6</b> N=9	<b>Lesson 7</b> N=7	<b>Lesson 8</b> N=5
<b>Getting Started</b>	% teaching	100%	89%	89%	78%	100%	89%	71%	60%
	minutes	23	23	25	20	24	26	20	30
	subject	Science	Science	Science	Math	Health	Math	Language	Language
<b>Activity 1</b>	% teaching	100%	100%	100%	78%	80%	78%	71%	20%
	minutes	25	36	41	29	44	38	20	60
	subject	Language	Writing	Art	Math	Art	Art	Social Studies	Language
<b>Activity 2</b>	% teaching	100%	89%	100%	100%	80%	89%	71%	
	minutes	26	27	33	24	38	18	19	
	subject	Art	Literature	Writing	Science	Math	Art	Language	Writing
<b>Activity 3</b>	% teaching				100%				40%
	minutes				31				
	subject				Math				Writing
<b>Wrap It Up</b>	% teaching	78%	78%	56%	78%	80%	67%	29%	60%
	minutes	42	44	33	35	26	24	20	111
	subject	Science	Cooking	Social Studies	Art	Health	Social Studies	Art	Language
<b>Taking It Further</b>	% teaching	56%	33%	44%	67%	60%	56%	29%	
	minutes	23	90	43	28	29	32	30	
	subject	Science	Math	Literature	Literature	Math	Literature		Music/Dramatic Play

<sup>1</sup>N=number of teachers



**Table D-2.2.3a Subject Areas of *Food Time* Activities Selected by Teachers  
KANSAS (Year 1)**

		<b>Lesson 1</b> N=43 <sup>1</sup>	<b>Lesson 2</b> N=39	<b>Lesson 3</b> N=37	<b>Lesson 4</b> N=35	<b>Lesson 5</b> N=37	<b>Lesson 6</b> N=33	<b>Lesson 7</b> N=30	<b>Lesson 8</b> N=24
<b>Getting Started</b>	% teaching	88%	90%	86%	66%	92%	76%	70%	83%
	minutes	29	20	29	35	31	41	25	21
	subject	Science	Science	Science	Math	Health	Math	Language	Language
<b>Activity 1</b>	% teaching	91%	59%	84%	43%	46%	52%	50%	8%
	minutes	34	39	44	34	58	37	23	28
	subject	Language	Writing	Art	Math	Art	Art	Social Studies	Language
<b>Activity 2</b>	% teaching	67%	69%	54%	83%	54%	42%	57%	13%
	minutes	30	27	34	33	18	39	28	22
	subject	Art	Literature	Writing	Science	Math	Art	Language	Writing
<b>Activity 3</b>	% teaching				69%				54%
	minutes				36				40
	subject				Math				Writing
<b>Wrap It Up</b>	% teaching	47%	49%	46%	29%	42%	42%	33%	8%
	minutes	25	40	37	38	30	30	42	45
	subject	Science	Cooking	Social Studies	Art	Health	Social Studies	Art	Language
<b>Taking It Further</b>	% teaching	30%	41%	32%	51%	49%	36%	20%	4%
	minutes	53	24	31	31	22	34	23	10
	subject	Science	Math	Literature	Literature	Math	Literature		Music/Dramatic Play

<sup>1</sup>N=number of teachers

**Table D-2.2.3b Subject Areas of *Food Time* Activities Selected by Teachers  
KANSAS (Year 2)**

		<b>Lesson 1</b> N=32 <sup>1</sup>	<b>Lesson 2</b> N=32	<b>Lesson 3</b> N=32	<b>Lesson 4</b> N=31	<b>Lesson 5</b> N=30	<b>Lesson 6</b> N=28	<b>Lesson 7</b> N=27	<b>Lesson 8</b> N=18
<b>Getting Started</b>	% teaching	94%	84%	81%	61%	83%	89%	81%	72%
	minutes	27	31	31	21	32	25	21	34
	subject	Science	Science	Science	Math	Health	Math	Language	Language
<b>Activity 1</b>	% teaching	94%	69%	84%	55%	47%	61%	59%	28%
	minutes	30	29	32	26	51	38	25	19
	subject	Language	Writing	Art	Math	Art	Art	Social Studies	Language
<b>Activity 2</b>	% teaching	59%	78%	63%	90%	57%	36%	70%	17%
	minutes	30	30	21	28	27	27	35	23
	subject	Art	Literature	Writing	Science	Math	Art	Language	Writing
<b>Activity 3</b>	% teaching				77%				28%
	minutes				33				33
	subject				Math				Writing
<b>Wrap It Up</b>	% teaching	47%	72%	56%	29%	43%	43%	41%	39%
	minutes	20	40	23	43	17	39	24	41
	subject	Science	Cooking	Social Studies	Art	Health	Social Studies	Art	Language
<b>Taking It Further</b>	% teaching	34%	47%	34%	55%	63%	36%	30%	17%
	minutes	28	15	19	32	21	18	18	20
	subject	Science	Math	Literature	Literature	Math	Literature		Music/Dramatic Play

<sup>1</sup>N=number of teachers

**Table D-2.2.4a Subject Areas of *Food Time* Activities Selected by Teachers  
MICHIGAN (Year 1)**

		<b>Lesson 1</b> N=14 <sup>1</sup>	<b>Lesson 2</b> N=14	<b>Lesson 3</b> N=14	<b>Lesson 4</b> N=14	<b>Lesson 5</b> N=13	<b>Lesson 6</b> N=14	<b>Lesson 7</b> N=14	<b>Lesson 8</b> N=13
<b>Getting Started</b>	% teaching	64%	57%	50%	50%	38%	36%	50%	46%
	minutes	20	16	20	13	21	16	14	27
	subject	Science	Science	Science	Math	Health	Math	Language	Language
<b>Activity 1</b>	% teaching	79%	64%	43%	29%	38%	71%	50%	15%
	minutes	24	52	21	15	51	54	46	28
	subject	Language	Writing	Art	Math	Art	Art	Social Studies	Language
<b>Activity 2</b>	% teaching	57%	43%	86%	93%	54%	21%	43%	8%
	minutes	28	33	34	23	39	27	32	30
	subject	Art	Literature	Writing	Science	Math	Art	Language	Writing
<b>Activity 3</b>	% teaching				71%				31%
	minutes				47				38
	subject				Math				Writing
<b>Wrap It Up</b>	% teaching	29%	43%	7%	29%	15%	21%	21%	23%
	minutes	21	19	4	22	13	27	27	53
	subject	Science	Cooking	Social Studies	Art	Health	Social Studies	Art	Language
<b>Taking It Further</b>	% teaching	21%	14%	7%	7%	8%	7%		15%
	minutes	12	30	NA	20	20	30		40
	subject	Science	Math	Literature	Literature	Math	Literature		Music/Dramatic Play

<sup>1</sup>N=number of teachers

**Table D-2.2.4b Subject Areas of *Food Time* Activities Selected by Teachers  
MICHIGAN (Year 2)**

		<b>Lesson 1</b> N=10 <sup>1</sup>	<b>Lesson 2</b> N=10	<b>Lesson 3</b> N=10	<b>Lesson 4</b> N=10	<b>Lesson 5</b> N=10	<b>Lesson 6</b> N=10	<b>Lesson 7</b> N=10	<b>Lesson 8</b> N=9
<b>Getting Started</b>	% teaching	80%	70%	80%	70%	70%	60%	90%	78%
	minutes	18	16	14	19	19	26	18	21
	subject	Science	Science	Science	Math	Health	Math	Language	Language
<b>Activity 1</b>	% teaching	80%	70%	50%	50%	20%	50%	90%	0%
	minutes	25	22	44	13	N/A	37	26	)
	subject	Language	Writing	Art	Math	Art	Art	Social Studies	Language
<b>Activity 2</b>	% teaching	70%	80%	70%	90%	60%	30%	40%	0%
	minutes	29	26	28	26	31	40	38	0
	subject	Art	Literature	Writing	Science	Math	Art	Language	Writing
<b>Activity 3</b>	% teaching				80%				33%
	minutes				20				45
	subject				Math				Writing
<b>Wrap It Up</b>	% teaching	30%	40%	10%	30%	40%	50%	10%	11%
	minutes	30	25	30		17	39	60	30
	subject	Science	Cooking	Social Studies	Art	Health	Social Studies	Art	Language
<b>Taking It Further</b>	% teaching	30%	10%	20%	10%	50%	10%		11%
	minutes	20	NA	NA	NA	25	NA		45
	subject	Science	Math	Literature	Literature	Math	Literature		Music/Dramatic Play

<sup>1</sup>N=number of teachers

## 2.3 FOOD TIME - ACTIVITY ANALYSIS: TEACHERS & TEACHING TIME

Table D-2.3.1 Four State Number and Percentages of Teachers Who Taught Each Activity

	= Teachers that taught the activity during Year One (total teachers during Year One was 50)
	= Teachers that taught the activity during Year Two (total teachers during Year Two was 45)
	= Sum of teachers that taught activity during Years One + Two divided by the total of 95 teachers

	Getting Started	Activity 1	Activity 2	Activity 3	Wrap It Up	Taking It Further
<b>Lesson 1</b>	84	88	70		50	24
	63	64	48		41	25
	<b>147</b>	<b>152</b>	<b>118</b>		<b>91</b>	<b>49</b>
overall % taught	84	86	67		52	28
	Science	Language	Art		Science	Science
<b>Lesson 2</b>	79	66	60		50	32
	60	52	58		48	36
	<b>139</b>	<b>118</b>	<b>118</b>		<b>98</b>	<b>68</b>
overall % taught	79	67	67		56	39
	Science	Writing	Literature		Cooking	Math
<b>Lesson 3</b>	76	75	61		41	26
	62	59	48		37	25
	<b>138</b>	<b>134</b>	<b>109</b>		<b>78</b>	<b>51</b>
overall % taught	78	76	62		44	29
	Science	Art	Writing		Social Studies	Literature
<b>Lesson 4</b>	64	43	77	41	34	37
	48	43	65	58	27	30
	<b>112</b>	<b>86</b>	<b>142</b>	<b>99</b>	<b>61</b>	<b>67</b>
overall % taught	64	49	81	56	35	38
	Math	Math	Science	Math	Art	Literature
<b>Lesson 5</b>	75	51	47		36	33
	60	39	42		36	38
	<b>135</b>	<b>90</b>	<b>89</b>		<b>72</b>	<b>71</b>
overall % taught	77	51	51		41	40
	Health	Art	Math		Health	Math
<b>Lesson 6</b>	59	55	43		28	30
	53	40	32		34	23
	<b>112</b>	<b>95</b>	<b>75</b>		<b>62</b>	<b>53</b>
overall % taught	64	54	43		35	30
	Math	Art	Art		Social Studies	Literature
<b>Lesson 7</b>	53	38	49		23	21
	55	43	42		27	16
	<b>108</b>	<b>81</b>	<b>91</b>		<b>50</b>	<b>37</b>
overall % taught	61	46	52		28	21
	Language	Social	Language		Art	
<b>Lesson 8</b>	46	17	12	11	20	11
	43	19	12	20	27	6
	<b>89</b>	<b>36</b>	<b>24</b>	<b>31</b>	<b>47</b>	<b>17</b>
overall % taught	51	21	14	18	27	10
	Language	Language	Writing	Writing	Language	Music/Drama

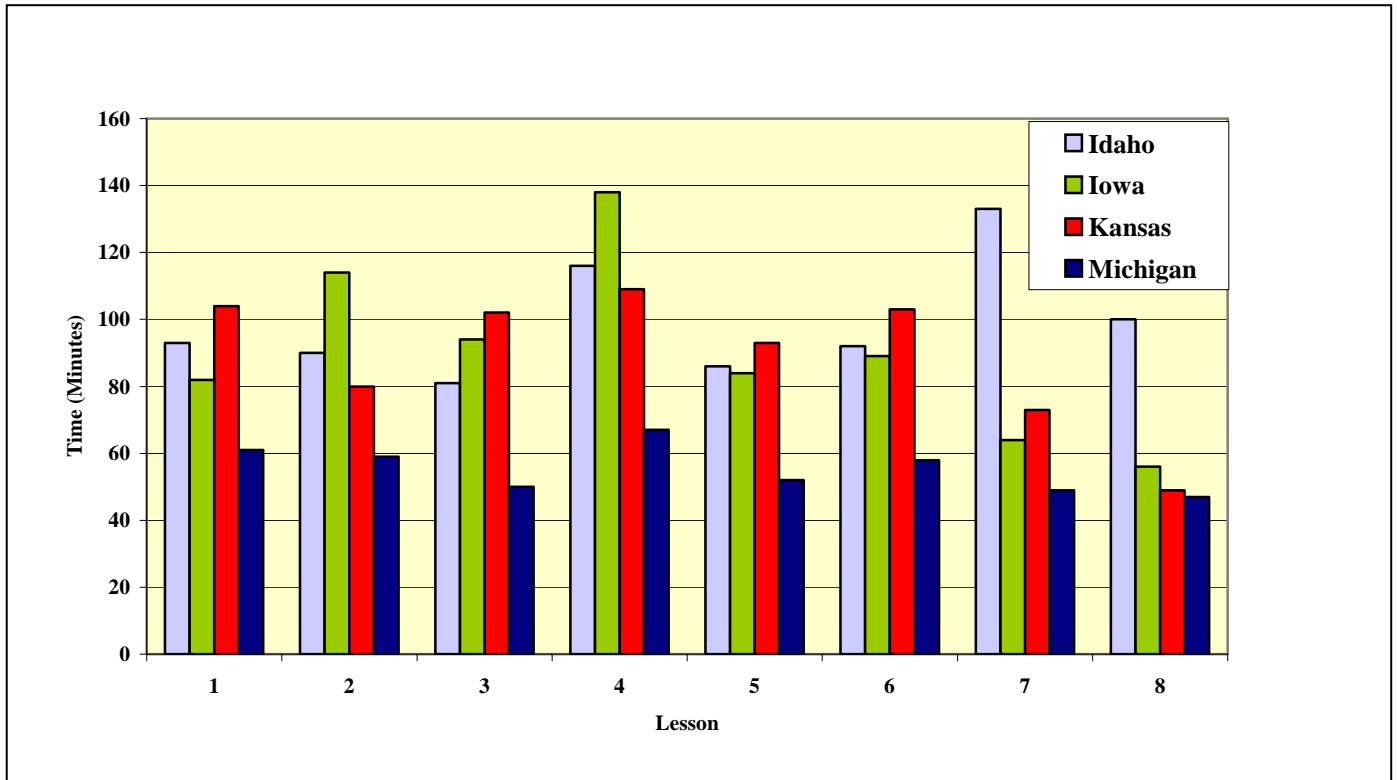
**Table D-2.3.2 Average Teaching Time in Minutes ( Years 1 and Year 2)**  
*Food Time*

(Year 1)
(Year 2)

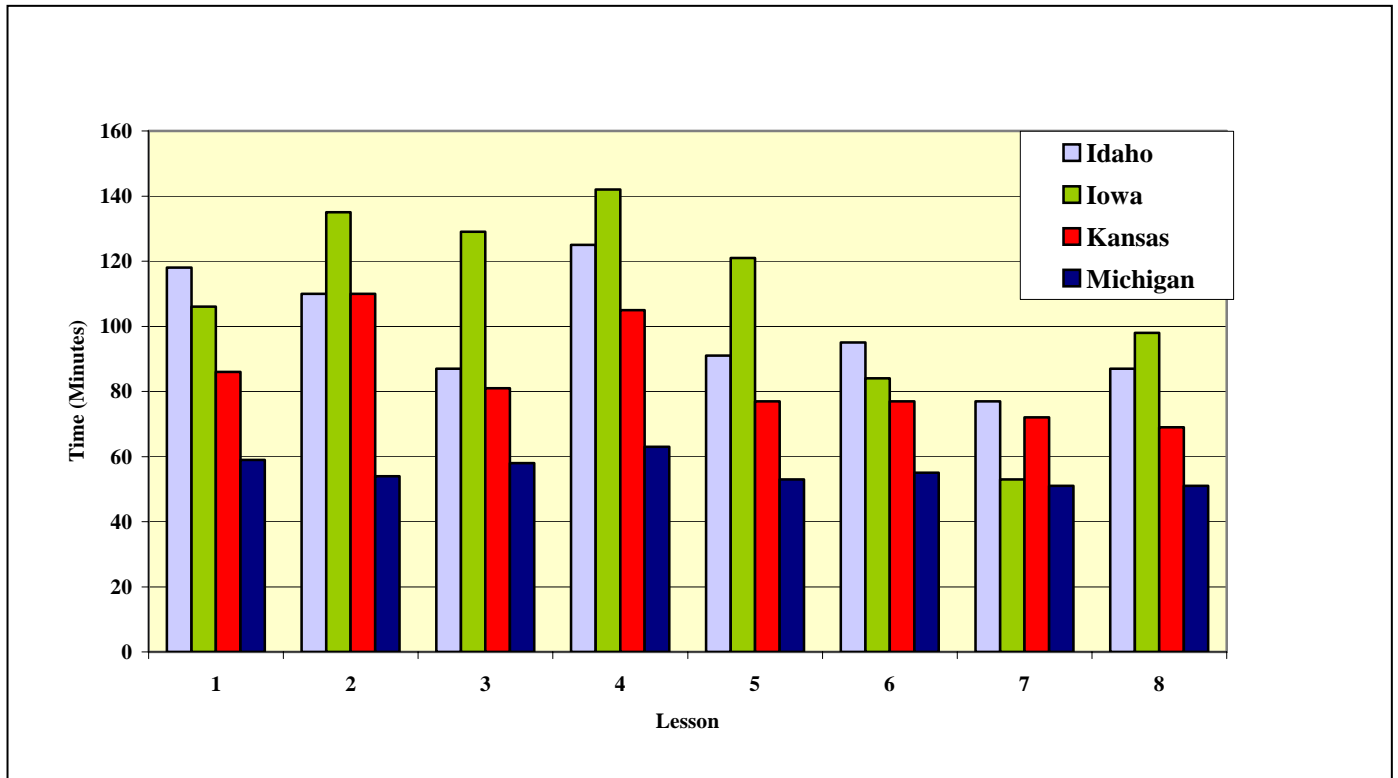
	Getting Started	Activity 1	Activity 2	Activity 3	Wrap It Up	Taking It Further	Mean
<b>Lesson 1</b>	23	26	30		25	36	<b>28</b>
	24	27	31		30	35	<b>29</b>
<b>Lesson 2</b>	19	39	29		36	33	<b>31</b>
	26	30	29		35	43	<b>33</b>
<b>Lesson 3</b>	22	34	32		20	25	<b>27</b>
	23	37	26		27	33	<b>29</b>
<b>Lesson 4</b>	25	25	24	39	41	25	<b>30</b>
	22	24	27	29	36	35	<b>29</b>
<b>Lesson 5</b>	24	48	31		28	24	<b>31</b>
	24	46	30		20	25	<b>29</b>
<b>Lesson 6</b>	29	42	40		26	31	<b>34</b>
	25	38	30		32	26	<b>30</b>
<b>Lesson 7</b>	20	34	35		39	51	<b>36</b>
	20	24	30		33	20	<b>25</b>
<b>Lesson 8</b>	29	26	26	38	58	38	<b>36</b>
	27	35	20	44	48	40	<b>36</b>
<b>Mean</b>	<b>24</b>	<b>34</b>	<b>31</b>	<b>39</b>	<b>34</b>	<b>33</b>	
	<b>24</b>	<b>33</b>	<b>28</b>	<b>37</b>	<b>33</b>	<b>32</b>	

## 2.4 FOOD TIME - FIGURES

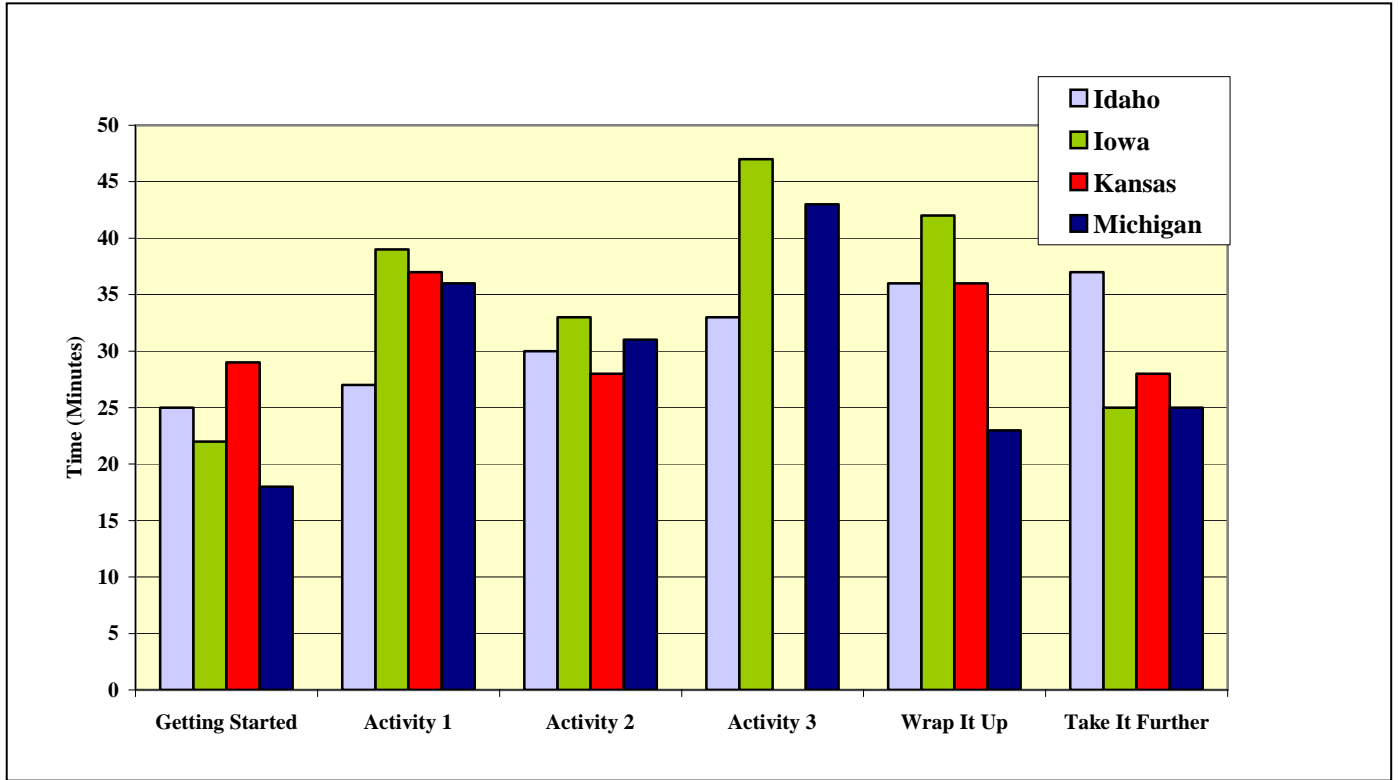
**Figure D-2.4.1 Average Teaching Time for *Food Time* Lessons (Year 1)**



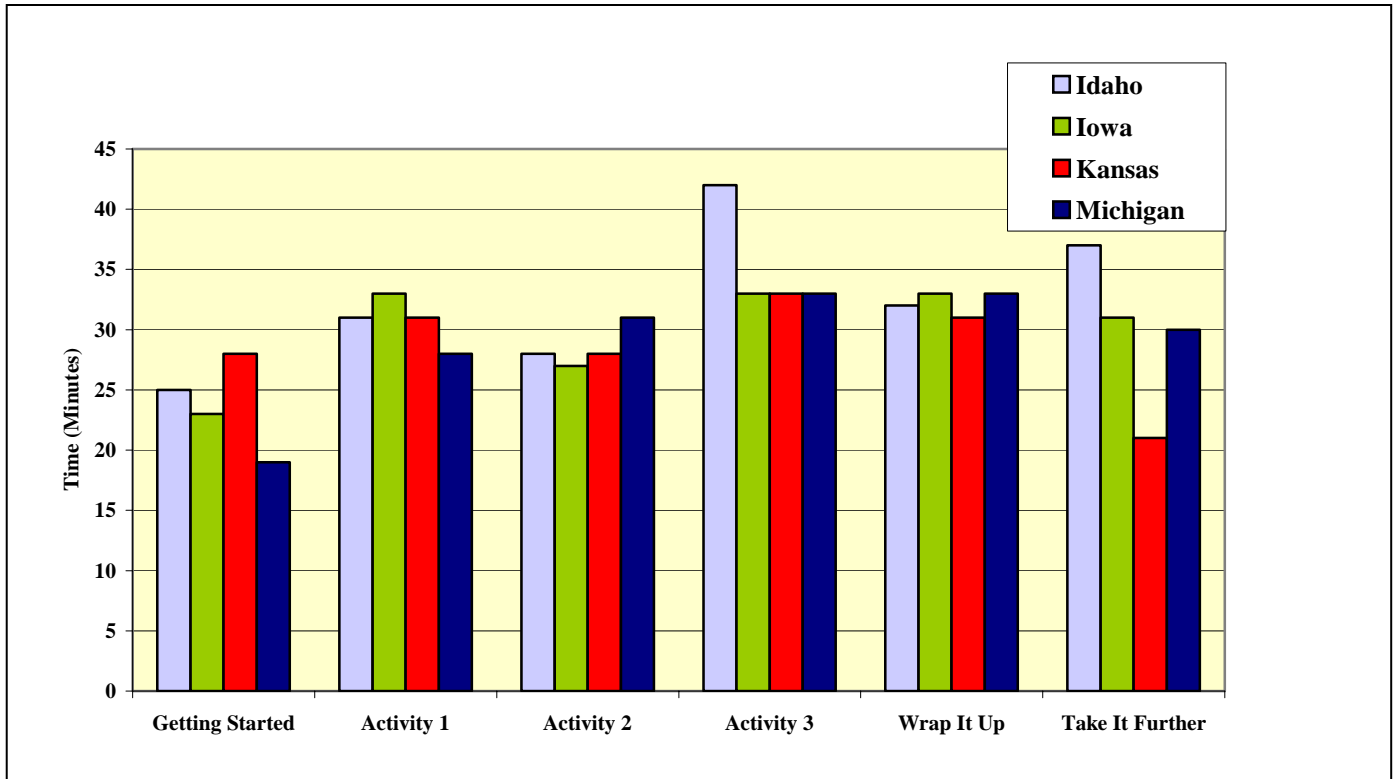
**Figure D-2.4.2 Average Teaching Time for *Food Time* Lessons (Year 2)**



**Figure D-2.4.3 Average Teaching Time for Activities in *Food Time* Lessons (Year 1)**

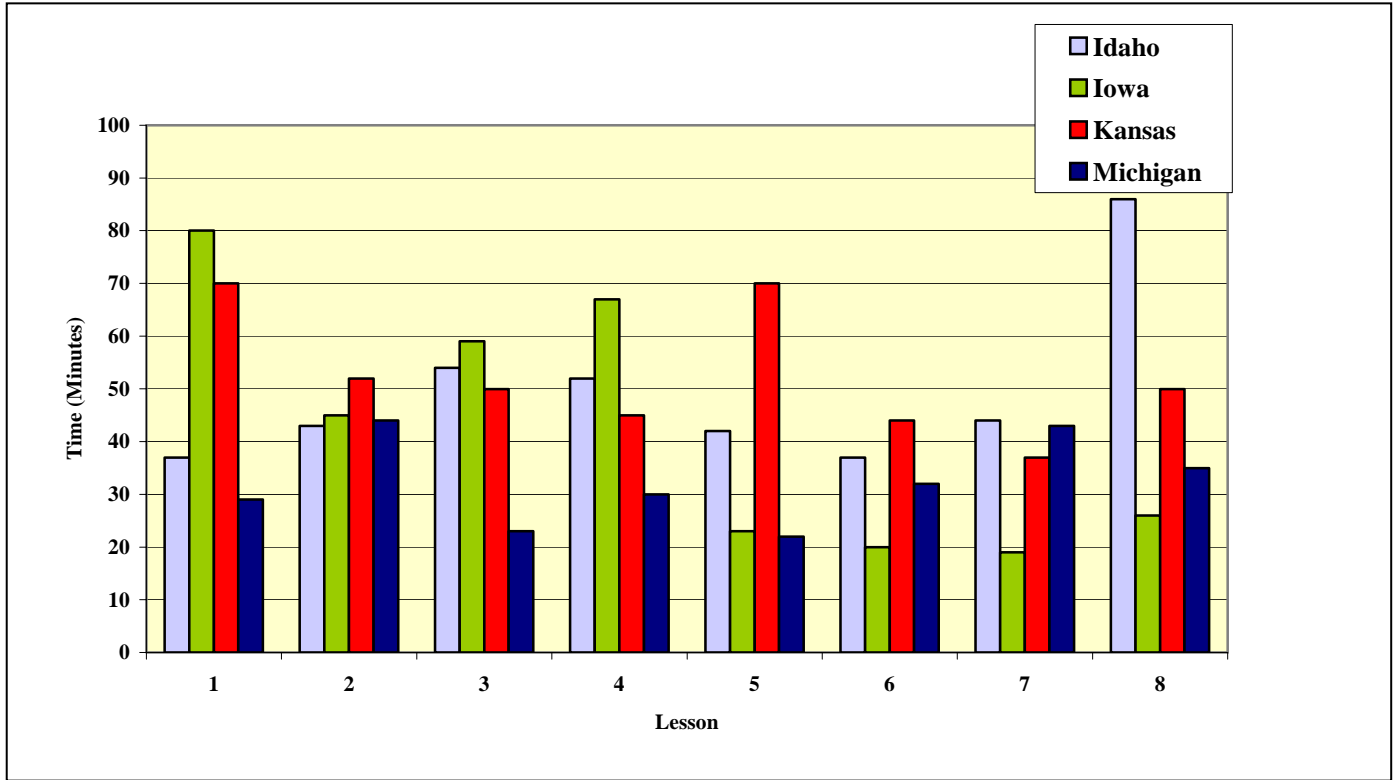


**Figure D-2.4.4 Average Teaching Time for Activities in *Food Time* Lessons (Year 2)**

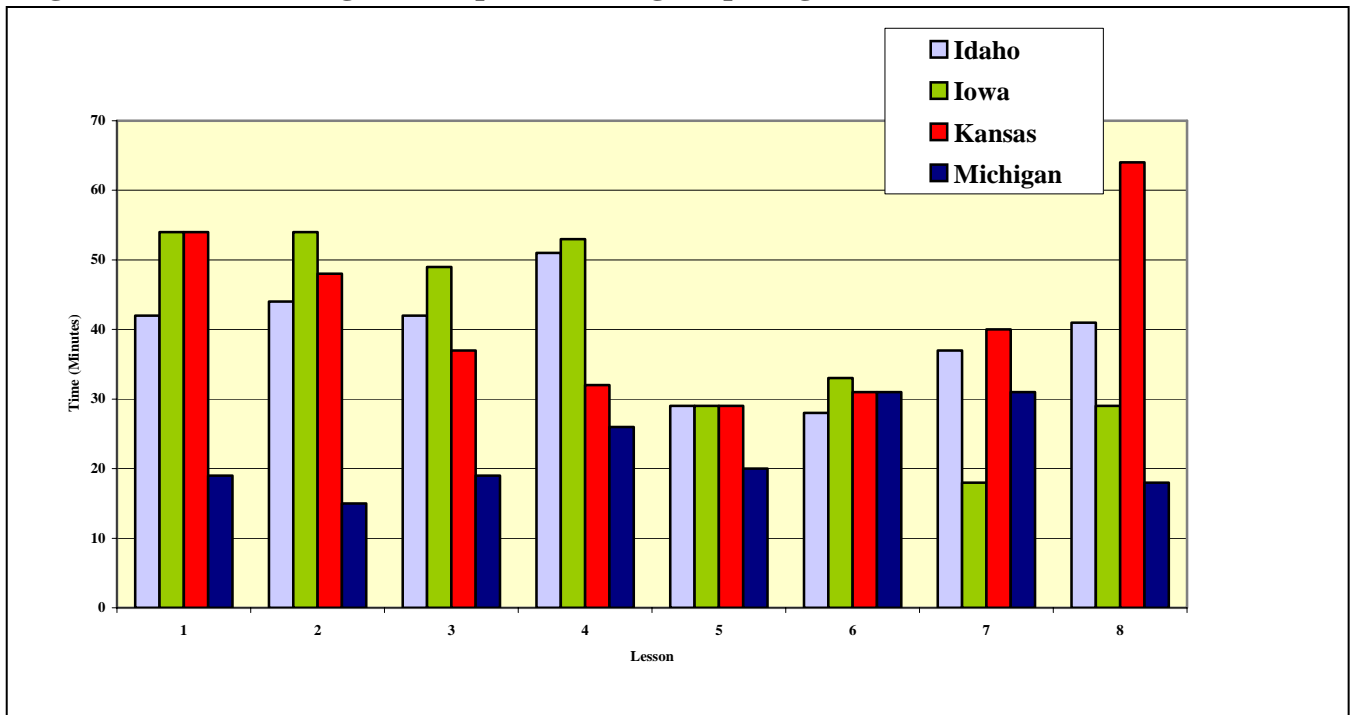




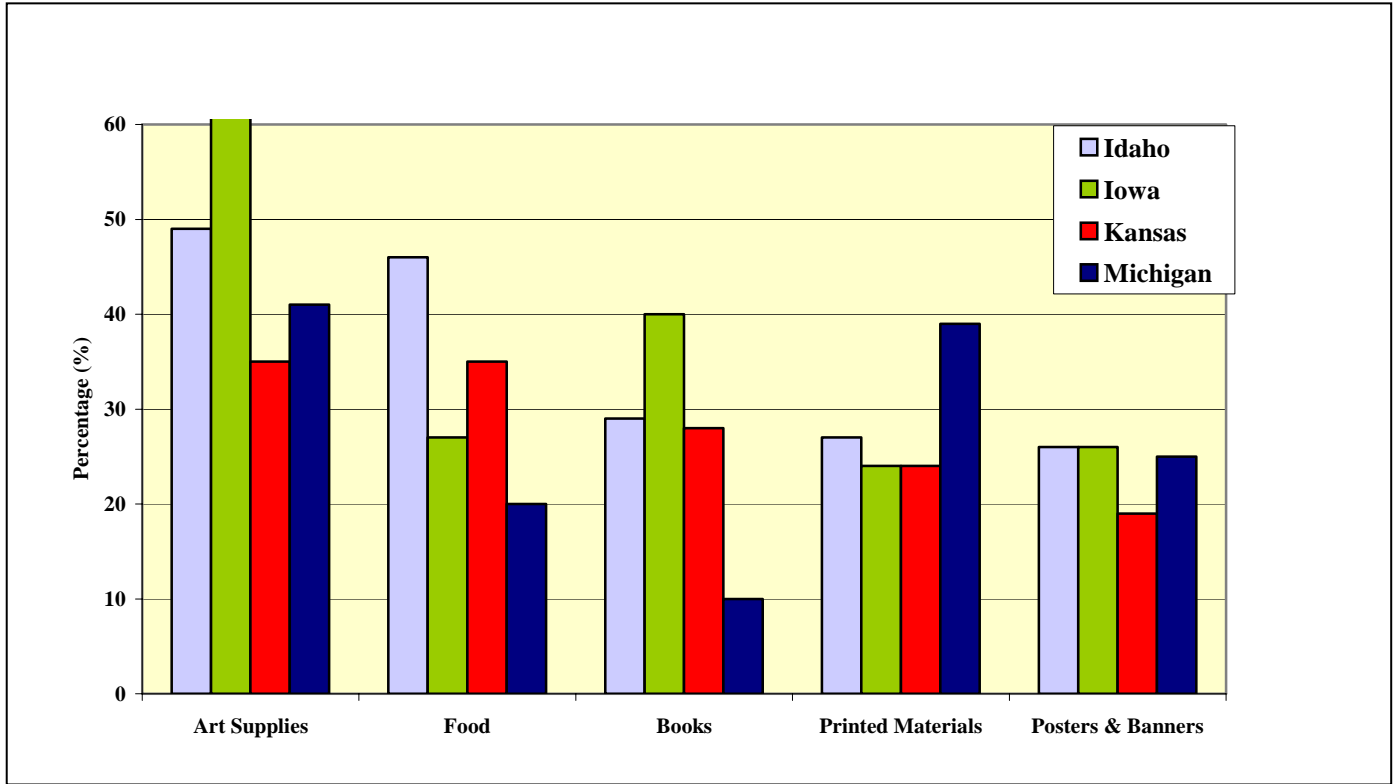
**Figure D-2.4.5 Average Time Spent Planning/Preparing *Food Time* Lessons (Year 1)**



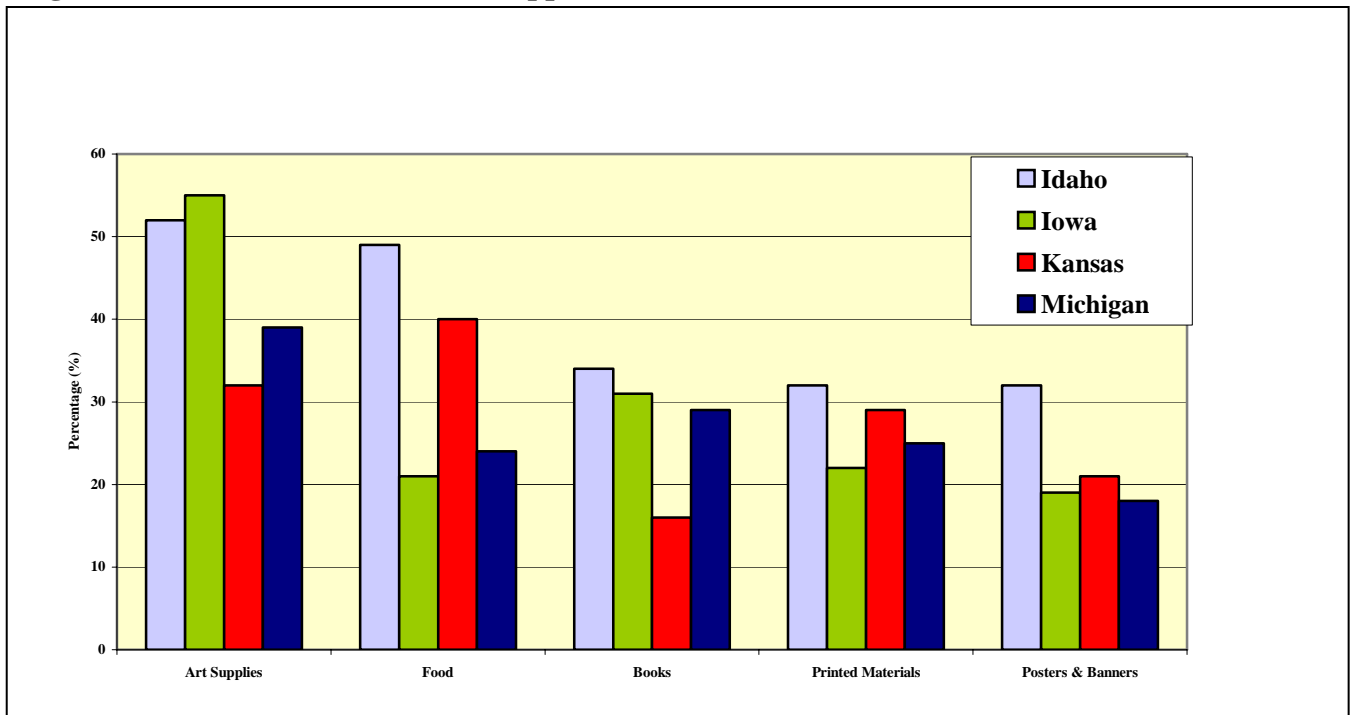
**Figure D-2.4.6 Average Time Spent Planning/Preparing *Food Time* Lessons (Year 2)**



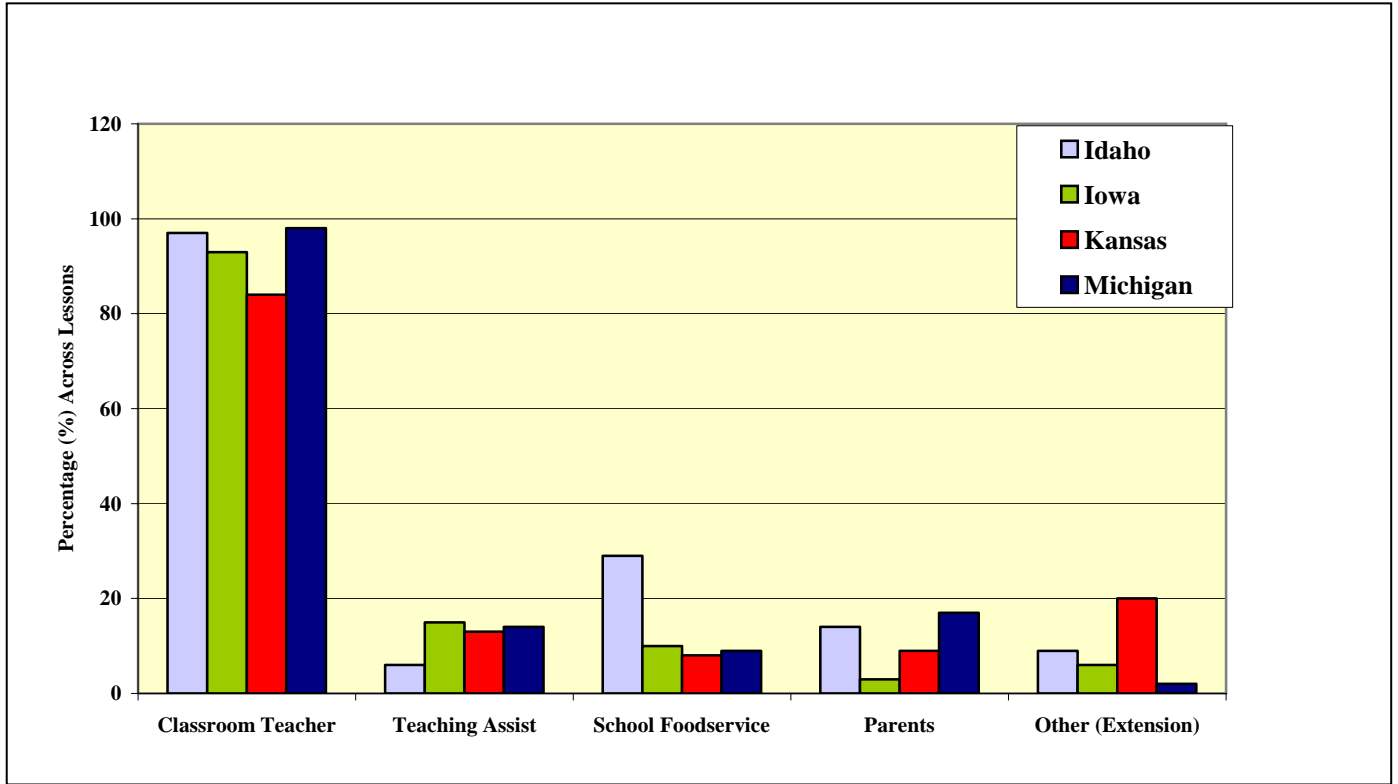
**Figure D-2.4.7 Teachers' Use of Supplies with *Food Time* Lessons (Year 1)**



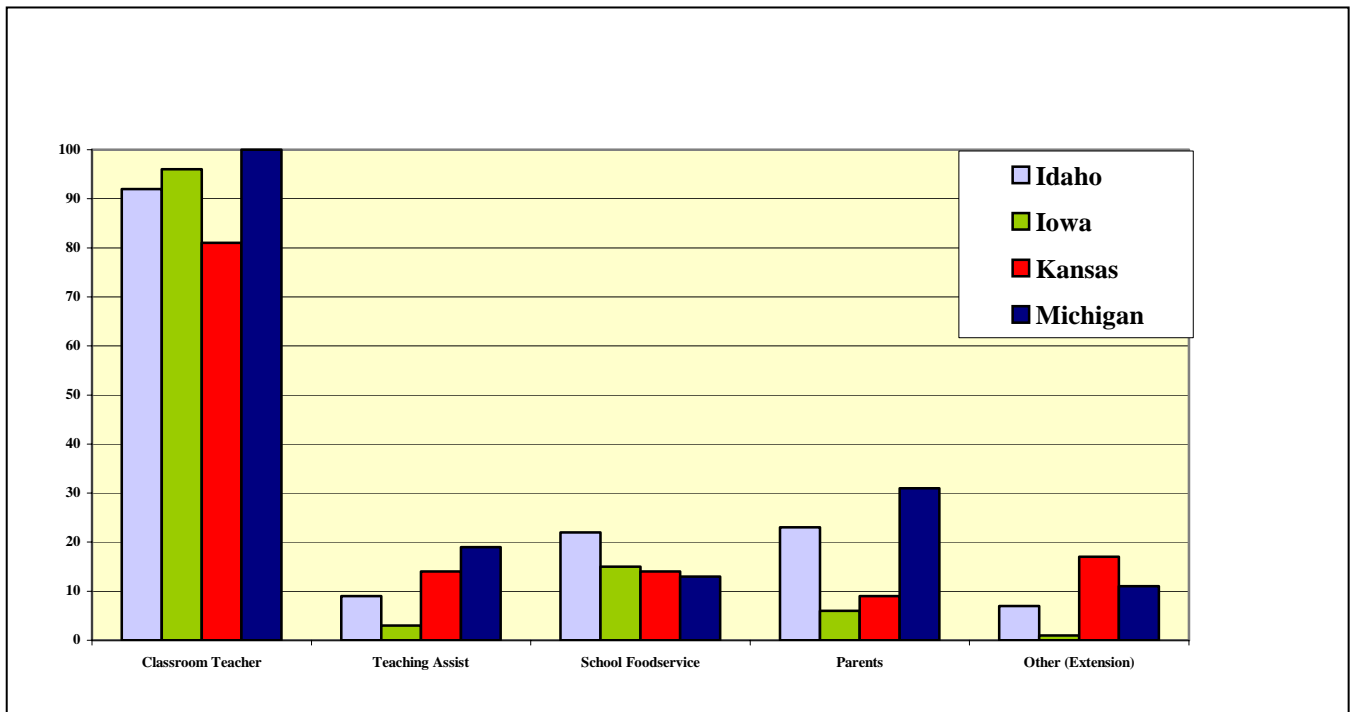
**Figure D-2.4.8 Teachers' Use of Supplies with *Food Time* Lessons (Year 2)**



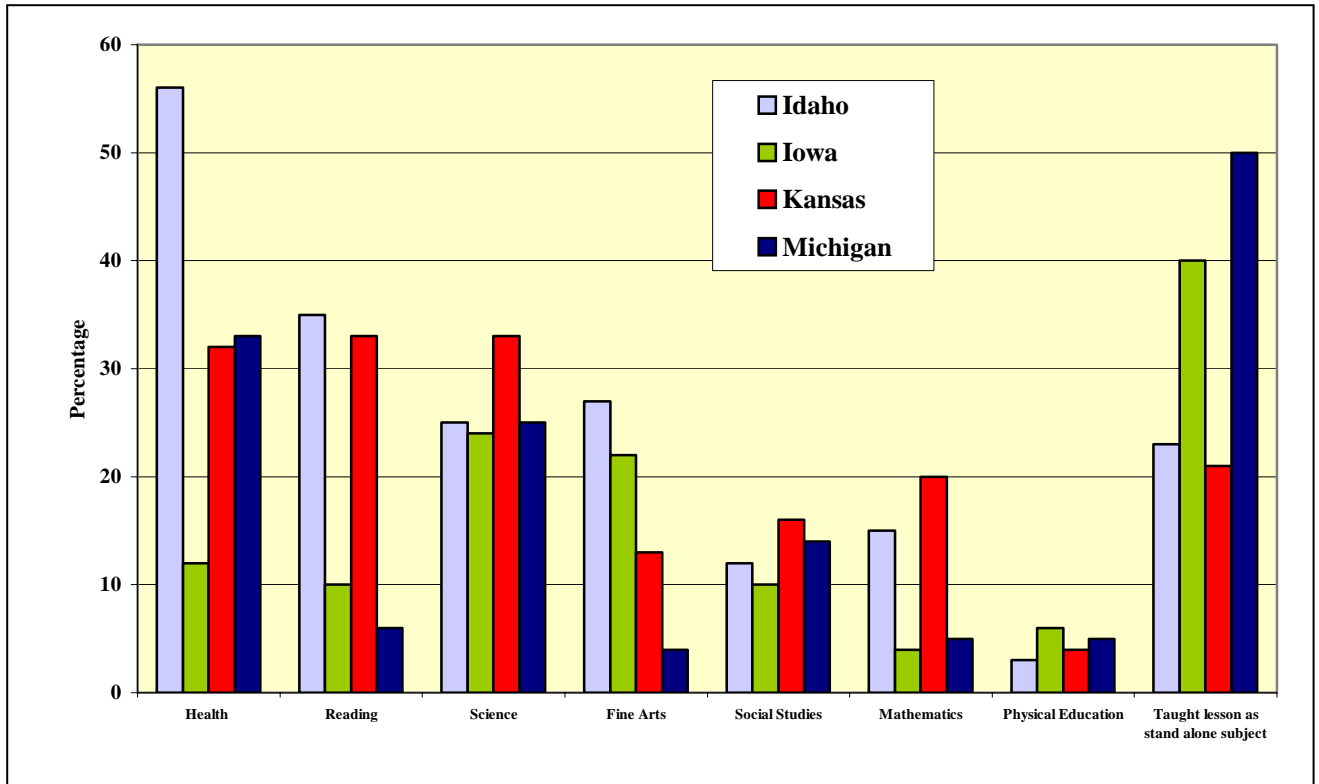
**Figure D-2.4.9 Individuals Involved in Planning, Preparing, and Teaching *Food Time* (Year 1)**



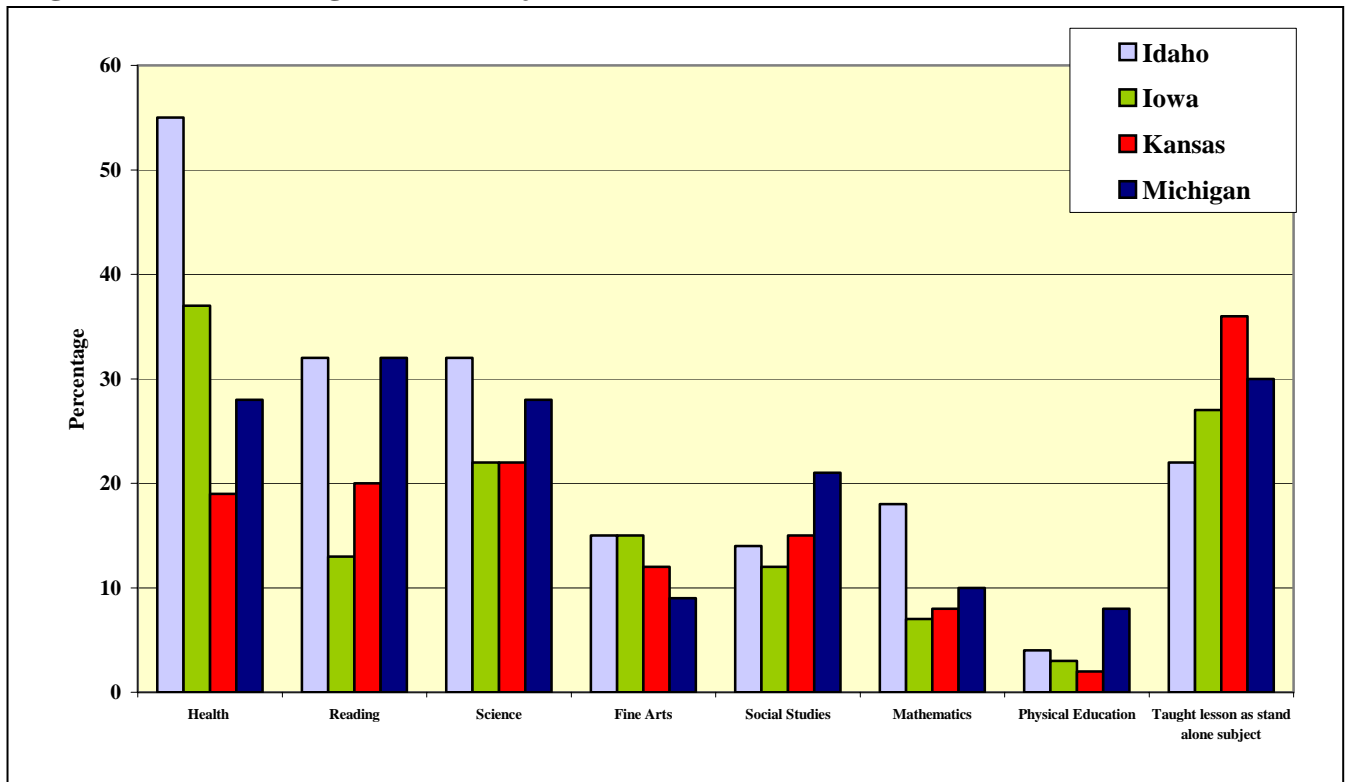
**Figure D-2.4.10 Individuals Involved in Planning, Preparing, and Teaching *Food Time* (Year 2)**



**Figure D-2.4.11 Integration of Subject Areas in *Food Time* Lessons (Year 1)**



**Figure D-2.4.12 Integration of Subject Areas in *Food Time* Lessons (Year 2)**



### **3. *FOOD WORKS* - TABLES AND FIGURES**

### 3.1

### FOOD WORKS - CLASSROOM LESSON LOG TABLES

**Table D-3.1.1 Average Teaching Time (Minutes) (and percentage of teachers teaching any part of this lesson) for *Food Works* Lessons**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=36 <sup>1</sup>	2 N=26	1 N=11	2 N=9	1 N=61	2 N=39	1 N=5	2 N=9
Lesson 1 (5) <sup>2</sup>	104 100% <sup>3</sup>	102 96%	108 82%	93 89%	74 98%	74 92%	112 100%	105 89%
Lesson 2 (5)	104 97%	113 96%	102 100%	97 78%	76 93%	78 100%	138 100%	90 89%
Lesson 3 (6)	113 89%	116 96%	63 73%	63 89%	83 71%	62 97%	148 80%	99 89%
Lesson 4 (5)	99 89%	100 96%	70 64%	72 89%	81 100%	53 85%	165 60%	79 89%
Lesson 5 (5)	83 92%	99 96%	63 64%	71 89%	63 89%	54 90%	157 60%	62 100%
Lesson 6 (6)	91 86%	127 100%	72 45%	61 44%	69 57%	83 87%	187 60%	108 78%
Lesson 7 (5)	94 81%	102 92%	62 55%	85 44%	69 52%	73 67%	148 60%	116 78%
Lesson 8 (5)	88 72%	148 92%	87 55%	110 33%	89 52%	86 36%	175 60%	105 78%
<b>Average<sup>3</sup></b>	<b>97</b>	<b>113</b>	<b>78</b>	<b>82</b>	<b>76</b>	<b>70</b>	<b>154</b>	<b>95</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Number of activities in the lesson

<sup>3</sup> Unweighted means for teaching time reported for lessons 1-8

Please refer to page D-65 for figures displaying this data.

**Table D-3.1.2 Average Teaching Time (Minutes) for Food Works Activities**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=36 <sup>1</sup> 88% <sup>2</sup>	2 N=26 96%	1 N= 11 67%	2 N=9 69%	1 N=61 77%	2 N=39 82%	1 N=5 73%	2 N=9 86%
Getting Started (8) <sup>3</sup>	28	29	20	24	26	29	47	61
Activity 1 (8)	31	31	30	29	31	34	50	48
Activity 2 (8)	37	33	25	29	42	37	53	49
Activity 3 (2)	27	31	0	20	31	35	54	63
Wrap It Up (8)	33	37	32	20	35	35	64	34
Taking It Further (8)	26	34	40	25	27	30	57	46
<b>Average<sup>4</sup></b>	<b>30</b>	<b>33</b>	<b>25</b>	<b>25</b>	<b>32</b>	<b>33</b>	<b>54</b>	<b>50</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Average percentage of teachers teaching any part of the lesson

<sup>3</sup>Number of lessons that have this activity

<sup>4</sup>Unweighted means for teaching time reported for activities

Please refer to page D-66 for figures displaying this data.

**Table D-3.1.3 Food Works Activities Taught**  
**Average Percent of Teachers that Taught Activity Found in this Order in Lesson**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Getting Started (8) <sup>1</sup>	89	90	86	90	67	68	65	58
Activity 1 (8)	83	88	88	78	68	60	69	72
Activity 2 (8)	61	69	78	68	45	44	71	57
Activity 3 (2)	57	71	90	58	37	45	71	43
Wrap It Up (8)	41	49	44	32	31	17	37	31
Taking It Further (8)	30	39	22	28	25	18	45	26

<sup>1</sup>Number of lessons that have this activity

**Table D-3.1.4 Average Time (Minutes) Spent Planning/Preparing Food Works Lessons**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=36 <sup>1</sup>	2 N=26	1 N=11	2 N=9	1 N=61	2 N=39	1 N=5	2 N=9
Lesson 1 (5) <sup>2</sup>	41 100% <sup>3</sup>	30 96%	50 82%	51 89%	44 98%	25 92%	58 100%	57 89%
Lesson 2 (5)	43 97%	33 96%	33 100%	27 78%	39 93%	29 100%	38 100%	53 89%
Lesson 3 (6)	37 89%	41 96%	24 73%	28 89%	29 71%	27 97%	45 80%	35 89%
Lesson 4 (5)	40 89%	30 96%	44 64%	26 89%	32 100%	29 85%	42 60%	43 89%
Lesson 5 (5)	36 92%	31 96%	26 64%	29 89%	33 89%	21 90%	48 60%	34 100%
Lesson 6 (6)	44 86%	30 100%	46 45%	34 44%	37 57%	24 87%	41 60%	44 78%
Lesson 7 (5)	49 81%	44 92%	40 55%	40 44%	35 52%	30 67%	43 60%	35 78%
Lesson 8 (5)	38 72%	39 92%	60 55%	100 33%	41 52%	70 36%	35 60%	105 78%
<b>Average<sup>4</sup></b>	<b>41</b>	<b>35</b>	<b>40</b>	<b>42</b>	<b>36</b>	<b>32</b>	<b>44</b>	<b>51</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Number of activities in this lesson

<sup>3</sup>Percentage of teachers (N) teaching any part of the lesson

<sup>4</sup>Unweighted means for planning time reported for lessons 1-8

Please refer to page D-67 for figures displaying this data.

**Table D-3.1.5 Module Components Used for Food Works  
Average Percentage (%) of Teachers Using**

Module Components	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Teacher Guide	78	80	93	76	64	50	67	44
Video	32	38	36	26	20	13	37	24
Magazine	42	36	44	32	24	20	55	31
Take-out Newsletter	18	15	24	22	12	7	32	14
Poster	37	29	14	30	23	17	64	38
Lunchroom Link	25	23	20	24	18	9	34	22



**Table D-3.1.6 Teachers' Use of Supplies with *Food Works* Lessons**  
**Average Percentage (%) of Teachers**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Food	46	41	32	18	29	28	32	15
Handouts, Brochures & Other Printed Materials	31	28	25	2	29	23	23	39
Art Supplies	31	38	24	32	21	14	61	43
Posters & Banners	21	19	8	14	18	17	22	33
Food Preparation Equipment	18	16	8	8	9	9	33	9
Books	13	19	2	10	13	11	21	22
Other Educational Materials & Supplies	11	10	32	10	13	10	3	3
Videos	7	9	3	6	7	6	19	3
Computers & Internet	6	10	10	14	11	9	4	5
Decorations	4	9	3	14	2	5	0	3

Please refer to page D-68 for figures displaying this data.

**Table D-3.1.7 Individuals Involved in Planning, Preparing, and Teaching *Food Works* Lessons**  
**Average Percentage (%) of Individuals with this Job Title**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Classroom Teacher	95	99	92	100	88	85	92	89
School Foodservice Staff	22	22	3	22	16	10	4	3
Teaching Assistant/ Paraprofessional	9	5	15	2	7	11	16	0
Parent	15	16	12	8	11	9	19	20
Other (includes Extension)	2	1	7	2	9	10	25	19
Health Teacher	12	15	0	0	1	3	4	3
Life Management/Family and Consumer Science Teacher	0	1	0	0	1	1	0	0
Physical Education Teacher	1	3	2	2	5	3	3	5
School Nurse	0	0	2	2	1	1	3	3
Community Volunteer	2	2	2	4	2	2	16	3
Volunteer	6	3	0	6	1	5	4	0

Please refer to page D-69 for figures displaying this data.

**Table D-3.1.8 Integration of Subject Areas in *Food Works* Lessons  
Average Percentage (%) of Teachers**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Health	56	59	24	22	33	41	46	16
Science	27	38	42	32	33	23	45	25
Reading/Language Arts	25	22	14	10	23	18	30	13
Mathematics	13	11	8	4	19	16	41	10
Social Studies	11	12	12	8	8	11	27	17
Fine Arts	15	14	14	8	7	7	11	8
Physical Education	6	4	3	4	4	2	32	7
Life Management/Family and Consumer Science	5	7	7	2	8	2	3	5
Other	1	3	2	0	6	3	3	0
Nutrition (not integrated into another subject)	21	28	25	46	25	22	21	30

Please refer to page D-70 for figures displaying this data.

**Table D-3.1.9 Student Participants in *Food Works* Lessons**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=36 <sup>1</sup>	2 N=26	1 N=11	2 N=9	1 N=61	2 N=39	1 N=5	2 N=9
Lesson 1	917	726	298	221	1320	883	276	319
Lesson 2	872	718	349	199	1294	1020	274	319
Lesson 3	840	716	294	214	1148	852	234	329
Lesson 4	837	715	273	213	1146	610	211	319
Lesson 5	839	695	271	212	1478	536	228	431
Lesson 6	782	768	222	104	1006	585	229	295
Lesson 7	749	542	220	78	979	512	231	295
Lesson 8	691	716	219	47	833	341	180	295
<b>Average<sup>2</sup></b>	<b>816</b>	<b>700</b>	<b>268</b>	<b>161</b>	<b>1151</b>	<b>667</b>	<b>237</b>	<b>325</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Unweighted means for number of students taught

**Table D-3.1.10 Average Cost of Purchased and Donated Items for *Food Works* (Year 2)**

	<b>Idaho</b> N=26 <sup>1</sup>	<b>Iowa</b> N=9	<b>Kansas</b> N=50	<b>Michigan</b> N=14
<b>ITEMS PURCHASED WITH:</b>				
<b>TN Grant Funds</b>				
Materials	\$4.07	\$6.22	\$7.26	\$2.86
Food	\$31.88	\$6.09	\$26.74	\$32.59
Services	\$0.00	\$0.00	\$0.48	\$0.00
<b>School Funds</b>				
Materials	\$3.50	\$1.67	\$2.68	\$0.00
Food	\$0.52	\$0.00	\$4.05	\$0.00
Services	\$0.00	\$0.00	\$0.48	\$0.00
<b>Personal Funds</b>				
Materials	\$3.82	\$4.44	\$3.33	\$0.00
Food	\$8.38	\$5.11	\$4.38	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Cost of Purchased Items per Classroom (for all lessons)<sup>2</sup></b>	\$52.17	\$23.53	\$49.40	\$35.46
<b>ITEMS DONATED BY:</b>				
<b>School Foodservice</b>				
Materials	\$0.96	\$0.00	\$0.12	\$0.00
Food	\$4.04	\$0.00	\$4.98	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Parents</b>				
Materials	\$3.27	\$0.00	\$0.64	\$8.93
Food	\$9.19	\$14.44	\$3.30	\$1.79
Services	\$0.38	\$0.00	\$0.00	\$0.00
<b>Community</b>				
Materials	\$1.12	\$0.00	\$0.00	\$9.64
Food	\$0.12	\$0.00	\$0.40	\$.36
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Cost of Donated Items per Classroom (for all lessons)<sup>2</sup></b>	\$19.08	\$14.44	\$9.44	\$20.71
<b>Grand Total: Purchased + Donated Items per Classroom (for all lessons)<sup>2</sup></b>	<b>\$71.25</b>	<b>\$37.97</b>	<b>\$58.84</b>	<b>\$56.17</b>

<sup>1</sup>N=number of teachers for ID, IA, and KS; number of classrooms for MI

<sup>2</sup>Reported costs were summed for all lessons in *Food Works* and divided by N

### 3.2 FOOD WORKS CURRICULUM TABLES

**Table D-3.2.1a Subject Areas of *Food Works* Activities Selected by Teachers IDAHO (Year 1)**

		<b>Lesson 1</b> N=36 <sup>1</sup>	<b>Lesson 2</b> N=35	<b>Lesson 3</b> N=32	<b>Lesson 4</b> N=32	<b>Lesson 5</b> N=33	<b>Lesson 6</b> N=31	<b>Lesson 7</b> N=29	<b>Lesson 8</b> N=26
<b>Getting Started</b>	% teaching	94%	91%	81%	84%	82%	90%	93%	96%
	minutes	35	35	31	28	24	26	21	22
	subject	Science	Science	Literature	Math	Math	Social Studies	Social Studies	
<b>Activity 1</b>	% teaching	86%	94%	88%	88%	88%	84%	86%	54%
	minutes	36	28	29	37	25	31	33	31
	subject	Science	Math	Language	Language	Language	Science	Social Studies	
<b>Activity 2</b>	% teaching	44%	74%	69%	75%	82%	45%	38%	58%
	minutes	46	31	38	34	30	31	57	28
	subject	Science	Math	Language	Science	Math	Language	Social Studies	
<b>Activity 3</b>	% teaching			69%			45%		
	minutes			31			23		
	subject			Health			Language		
<b>Wrap It Up</b>	% teaching	33%	34%	44%	53%	36%	42%	34%	50%
	minutes	36	39	38	25	15	17	30	62
	subject	Science	Math	Language	Language	Drama	Language	Social Studies	
<b>Taking It Further</b>	% teaching	25%	46%	16%	28%	42%	26%	45%	12%
	minutes	28	24	26	30	19	17	34	30
	subject	Science	Music	Language	Phys Activity	Language	Language	Social Studies	Language

<sup>1</sup>N=number of teachers

**Table D-3.2.1b Subject Areas of *Food Works* Activities Selected by Teachers IDAHO (Year 2)**

		<b>Lesson 1</b> N=25 <sup>1</sup>	<b>Lesson 2</b> N=25	<b>Lesson 3</b> N=25	<b>Lesson 4</b> N=25	<b>Lesson 5</b> N=25	<b>Lesson 6</b> N=26	<b>Lesson 7</b> N=24	<b>Lesson 8</b> N=24
<b>Getting Started</b>	% teaching	96%	88%	64%	96%	92%	92%	92%	100%
	minutes	30	30	32	32	27	26	27	25
	subject	Science	Science	Literature	Math	Math	Social Studies	Social Studies	
<b>Activity 1</b>	% teaching	84%	88%	100%	92%	88%	85%	88%	83%
	minutes	35	34	27	33	30	32	31	29
	subject	Science	Math	Language	Language	Language	Science	Social Studies	
<b>Activity 2</b>	% teaching	84%	84%	68%	60%	80%	62%	54%	63%
	minutes	28	33	32	24	24	40	45	40
	subject	Science	Math	Language	Science	Math	Language	Social Studies	
<b>Activity 3</b>	% teaching			76%			65%		
	minutes			27			36		
	subject			Health			Language		
<b>Wrap It Up</b>	% teaching	44%	44%	64%	48%	40%	46%	42%	67%
	minutes	29	36	20	25	19	35	32	101
	subject	Science	Math	Language	Language	Drama	Language	Social Studies	
<b>Taking It Further</b>	% teaching	28%	36%	52%	44%	56%	23%	50%	21%
	minutes	25	26	24	29	53	34	52	26
	subject	Science	Music	Language	Phys Activity	Language	Language	Social Studies	Language

<sup>1</sup>N=number of teachers

**Table D-3.2.2a Subject Areas of *Food Works* Activities Selected by Teachers  
IOWA (Year 1)**

		<b>Lesson 1</b> N=9 <sup>1</sup>	<b>Lesson 2</b> N=11	<b>Lesson 3</b> N=8	<b>Lesson 4</b> N=7	<b>Lesson 5</b> N=7	<b>Lesson 6</b> N=5	<b>Lesson 7</b> N=6	<b>Lesson 8</b> N=6
<b>Getting Started</b>	% teaching	100%	91%	50%	100%	71%	100%	83%	100%
	minutes	23	19	12	16	20	15	14	18
	subject	Science	Science	Literature	Math	Math	Social Studies	Social Studies	
<b>Activity 1</b>	% teaching	100%	100%	100%	100%	86%	60%	83%	50%
	minutes	44	28	14	25	22	35	33	18
	subject	Science	Math	Language	Language	Language	Science	Social Studies	
<b>Activity 2</b>	% teaching	100%	100%	63%	86%	43%	100%	50%	67%
	minutes	21	28	35	24	25	21	27	21
	subject	Science	Math	Language	Science	Math	Language	Social Studies	
<b>Activity 3</b>	% teaching			75%			60%		
	minutes			21			23		
	subject			Health			Language		
<b>Wrap It Up</b>	% teaching	78%	36%	38%	29%	43%	20%	33%	67%
	minutes	25	43	20	18	27	5	30	61
	subject	Science	Math	Language	Language	Drama	Language	Social Studies	
<b>Taking It Further</b>	% teaching	11%	45%	0%	29%	43%	0%	17%	17%
	minutes	45	22	0	15	20	0	0	45
	subject	Science	Music	Language	Phys Activity	Language	Language	Social Studies	Language

<sup>1</sup>N=number of teachers

**Table D-3.2.2b Subject Areas of *Food Works* Activities Selected by Teachers  
IOWA (Year 2)**

		<b>Lesson 1</b> N=8 <sup>1</sup>	<b>Lesson 2</b> N=7	<b>Lesson 3</b> N=8	<b>Lesson 4</b> N=8	<b>Lesson 5</b> N=8	<b>Lesson 6</b> N=4	<b>Lesson 7</b> N=4	<b>Lesson 8</b> N=3
<b>Getting Started</b>	% teaching	100%	100%	50%	100%	88%	100%	100%	100%
	minutes	33	23	18	29	22	16	18	30
	subject	Science	Science	Literature	Math	Math	Social Studies	Social Studies	
<b>Activity 1</b>	% teaching	100%	100%	75%	88%	63%	25%	75%	67%
	minutes	35	36	26	30	24	20	22	38
	subject	Science	Math	Language	Language	Language	Science	Social Studies	
<b>Activity 2</b>	% teaching	50%	100%	63%	63%	75%	75%	50%	67%
	minutes	27	32	26	30	27	27	60	38
	subject	Science	Math	Language	Science	Math	Language	Social Studies	
<b>Activity 3</b>	% teaching			63%			50%		
	minutes			24			20		
	subject			Health			Language		
<b>Wrap It Up</b>	% teaching	50%	0%	13%	38%	63%	25%		67%
	minutes	23	0	20	30	27	20		45
	subject	Science	Math	Language	Language	Drama	Language	Social Studies	
<b>Taking It Further</b>	% teaching	13%	29%	13%	50%	38%	25%	50%	
	minutes	45	30	20	45	20	20	43	
	subject	Science	Music	Language	Phys Activity	Language	Language	Social Studies	Language

<sup>1</sup>N=number of teachers

**Table D-3.2.3a Subject Areas of *Food Works* Activities Selected by Teachers  
KANSAS (Year 1)**

		<b>Lesson 1</b> N=60 <sup>1</sup>	<b>Lesson 2</b> N=57	<b>Lesson 3</b> N=43	<b>Lesson 4</b> N=61	<b>Lesson 5</b> N=54	<b>Lesson 6</b> N=35	<b>Lesson 7</b> N=32	<b>Lesson 8</b> N=32
<b>Getting Started</b>	% teaching	82%	51%	42%	77%	72%	66%	69%	75%
	minutes	28	26	31	28	26	20	22	27
	subject	Science	Science	Literature	Math	Math	Social Studies	Social Studies	
<b>Activity 1</b>	% teaching	82%	96%	79%	70%	65%	60%	53%	38%
	minutes	33	26	24	40	29	31	25	42
	subject	Science	Math	Language	Language	Language	Science	Social Studies	
<b>Activity 2</b>	% teaching	35%	63%	51%	56%	52%	46%	28%	28%
	minutes	65	28	34	30	26	29	57	64
	subject	Science	Math	Language	Science	Math	Language	Social Studies	
<b>Activity 3</b>	% teaching			47%			37%		
	minutes			31			31		
	subject			Health			Language		
<b>Wrap It Up</b>	% teaching	22%	26%	40%	43%	22%	40%	25%	28%
	minutes	29	70	21	24	32	25	31	49
	subject	Science	Math	Language	Language	Drama	Language	Social Studies	
<b>Taking It Further</b>	% teaching	12%	39%	16%	28%	39%	20%	31%	22%
	minutes	30	23	25	26	21	9	41	44
	subject	Science	Music	Language	Phys Activity	Language	Language	Social Studies	Language

<sup>1</sup>N=number of teachers



**Table D-3.2.3b Subject Areas of *Food Works* Activities Selected by Teachers  
KANSAS (Year 2)**

		<b>Lesson 1</b> N=36 <sup>1</sup>	<b>Lesson 2</b> N=39	<b>Lesson 3</b> N=38	<b>Lesson 4</b> N=33	<b>Lesson 5</b> N=35	<b>Lesson 6</b> N=34	<b>Lesson 7</b> N=26	<b>Lesson 8</b> N=14
<b>Getting Started</b>	% teaching	72%	59%	42%	67%	69%	74%	81%	79%
	minutes	31	39	29	25	24	30	25	32
	subject	Science	Science	Literature	Math	Math	Social Studies	Social Studies	
<b>Activity 1</b>	% teaching	69%	74%	66%	52%	63%	56%	58%	43%
	minutes	30	36	26	26	27	33	40	50
	subject	Science	Math	Language	Language	Language	Science	Social Studies	
<b>Activity 2</b>	% teaching	47%	72%	24%	45%	37%	29%	58%	43%
	minutes	49	34	28	24	27	45	49	45
	subject	Science	Math	Language	Science	Math	Language	Social Studies	
<b>Activity 3</b>	% teaching			61%			29%		
	minutes			27			44		
	subject			Health			Language		
<b>Wrap It Up</b>	% teaching	14%	10%	13%	18%	20%	12%	15%	36%
	minutes	35	30	24	38	20	47	43	42
	subject	Science	Math	Language	Language	Drama	Language	Social Studies	
<b>Taking It Further</b>	% teaching	14%	15%	24%	15%	23%	9%	19%	29%
	minutes	28	37	24	18	20	62	25	29
	subject	Science	Music	Language	Phys Activity	Language	Language	Social Studies	Language

<sup>1</sup>N=number of teachers

**Table D-3.2.4a Subject Areas of *Food Works* Activities Selected by Teachers  
MICHIGAN (Year 1)**

		<b>Lesson 1</b> N=5 <sup>1</sup>	<b>Lesson 2</b> N=5	<b>Lesson 3</b> N=4	<b>Lesson 4</b> N=3	<b>Lesson 5</b> N=3	<b>Lesson 6</b> N=3	<b>Lesson 7</b> N=3	<b>Lesson 8</b> N=3
<b>Getting Started</b>	% teaching	80%	50%	25%	67%	67%	67%	100%	67%
	minutes	26	33	78	50	45	48	38	60
	subject	Science	Science	Literature	Math	Math	Social Studies	Social Studies	
<b>Activity 1</b>	% teaching	100%	100%	50%	67%	100%	33%	67%	33%
	minutes	40	35	53	50	38	72	51	60
	subject	Science	Math	Language	Language	Language	Science	Social Studies	
<b>Activity 2</b>	% teaching	60%	60%	50%	100%	100%	67%	67%	67%
	minutes	130	33	55	46	N/A	58	48	50
	subject	Science	Math	Language	Science	Math	Language	Social Studies	
<b>Activity 3</b>	% teaching			75%			67%		
	minutes			43			65		
	subject			Health			Language		
<b>Wrap It Up</b>	% teaching	20%	20%	25%	67%	33%	33%	33%	67%
	minutes	33	75	80	43	75	78	72	60
	subject	Science	Math	Language	Language	Drama	Language	Social Studies	
<b>Taking It Further</b>	% teaching	40%	40%	50%	33%	67%	33%	33%	67%
	minutes	60	69	45	70	43	72	60	35
	subject	Science	Music	Language	Phys Activity	Language	Language	Social Studies	Language

<sup>1</sup>N=number of teachers

**Table D-3.2.4b Subject Areas of *Food Works* Activities Selected by Teachers  
MICHIGAN (Year 2)**

		<b>Lesson 1</b> N=5 <sup>1</sup>	<b>Lesson 2</b> N=5	<b>Lesson 3</b> N=5	<b>Lesson 4</b> N=5	<b>Lesson 5</b> N=6	<b>Lesson 6</b> N=4	<b>Lesson 7</b> N=4	<b>Lesson 8</b> N=4
<b>Getting Started</b>	% teaching	40%	60%	0%	100%	67%	50%	75%	75%
	minutes	45	50	0	37	40	40	68	150
	subject	Science	Science	Literature	Math	Math	Social Studies	Social Studies	
<b>Activity 1</b>	% teaching	80%	100%	80%	100%	67%	50%	50%	25%
	minutes	53	43	40	35	40	40	45	90
	subject	Science	Math	Language	Language	Language	Science	Social Studies	
<b>Activity 2</b>	% teaching	80%	20%	20%	60%	50%	75%	75%	75%
	minutes	41	20	60	N/A	20	115	52	38
	subject	Science	Math	Language	Science	Math	Language	Social Studies	
<b>Activity 3</b>	% teaching			60%			25%		
	minutes			65			60		
	subject			Health			Language		
<b>Wrap It Up</b>	% teaching		20%	40%	60%	0%	25%	25%	50%
	minutes		20	40	19	0	60	30	NA
	subject	Science	Math	Language	Language	Drama	Language	Social Studies	
<b>Taking It Further</b>	% teaching	40%	40%	0%	20%	33%	0%	25%	50%
	minutes	60	60	0	20	60	0	30	NA
	subject	Science	Music	Language	Phys Activity	Language	Language	Social Studies	Language

<sup>1</sup>N=number of teachers

### 3.3 FOOD WORKS - ACTIVITY ANALYSIS: TEACHERS & TEACHING TIME

Table D-3.3.1 Four State Number and Percentages of Teachers Who Taught Each Activity

	= Teachers that taught the activity during Year One (total teachers during Year One was 50)
	= Teachers that taught the activity during Year Two (total teachers during Year Two was 45)
	= Sum of teachers that taught activity during Years One + Two divided by the total of 95 teachers

	Getting Started	Activity 1	Activity 2	Activity 3	Wrap It Up	Taking It Further
<b>Lesson 1</b>	96	94	49		33	19
	60	58	46		20	15
	<b>156</b>	<b>152</b>	<b>95</b>		<b>53</b>	<b>34</b>
overall % taught	80	78	49		27	17
	Science	Science	Science		Science	Science
<b>Lesson 2</b>	74	104	76		32	45
	55	63	57		16	19
	<b>129</b>	<b>167</b>	<b>133</b>		<b>48</b>	<b>64</b>
overall % taught	66	85	68		25	33
	Science	Math	Math		Math	Music
<b>Lesson 3</b>	49	72	51	31	35	14
	36	60	32	50	24	23
	<b>85</b>	<b>132</b>	<b>83</b>	<b>81</b>	<b>59</b>	<b>37</b>
overall % taught	43	67	42	41	30	19
	Literature	Language	Language	Health	Language	Language
<b>Lesson 4</b>	83	80	67		47	29
	59	52	38		24	21
	<b>142</b>	<b>132</b>	<b>105</b>		<b>71</b>	<b>50</b>
overall % taught	72	67	54		36	26
	Math	Language	Science		Language	Phys Act
<b>Lesson 5</b>	73	73	61		28	40
	58	53	42		22	27
	<b>131</b>	<b>126</b>	<b>103</b>		<b>50</b>	<b>67</b>
overall % taught	67	64	53		26	34
	Math	Language	Math		Drama	Language
<b>Lesson 6</b>	58	51	37	32	29	16
	55	44	32	30	18	10
	<b>113</b>	<b>95</b>	<b>69</b>	<b>62</b>	<b>47</b>	<b>26</b>
overall % taught	58	49	35	32	24	13
	Social	Science	Language	Language	Language	Language
<b>Lesson 7</b>	57	49	25		21	25
	50	41	33		15	20
	<b>107</b>	<b>90</b>	<b>58</b>		<b>36</b>	<b>45</b>
overall % taught	55	46	30		18	23
	Social	Social	Social		Social Studies	Social
<b>Lesson 8</b>	57	30	30		28	13
	41	29	26		25	11
	<b>98</b>	<b>59</b>	<b>56</b>		<b>53</b>	<b>24</b>
overall % taught	50	30	29		27	12
						Language

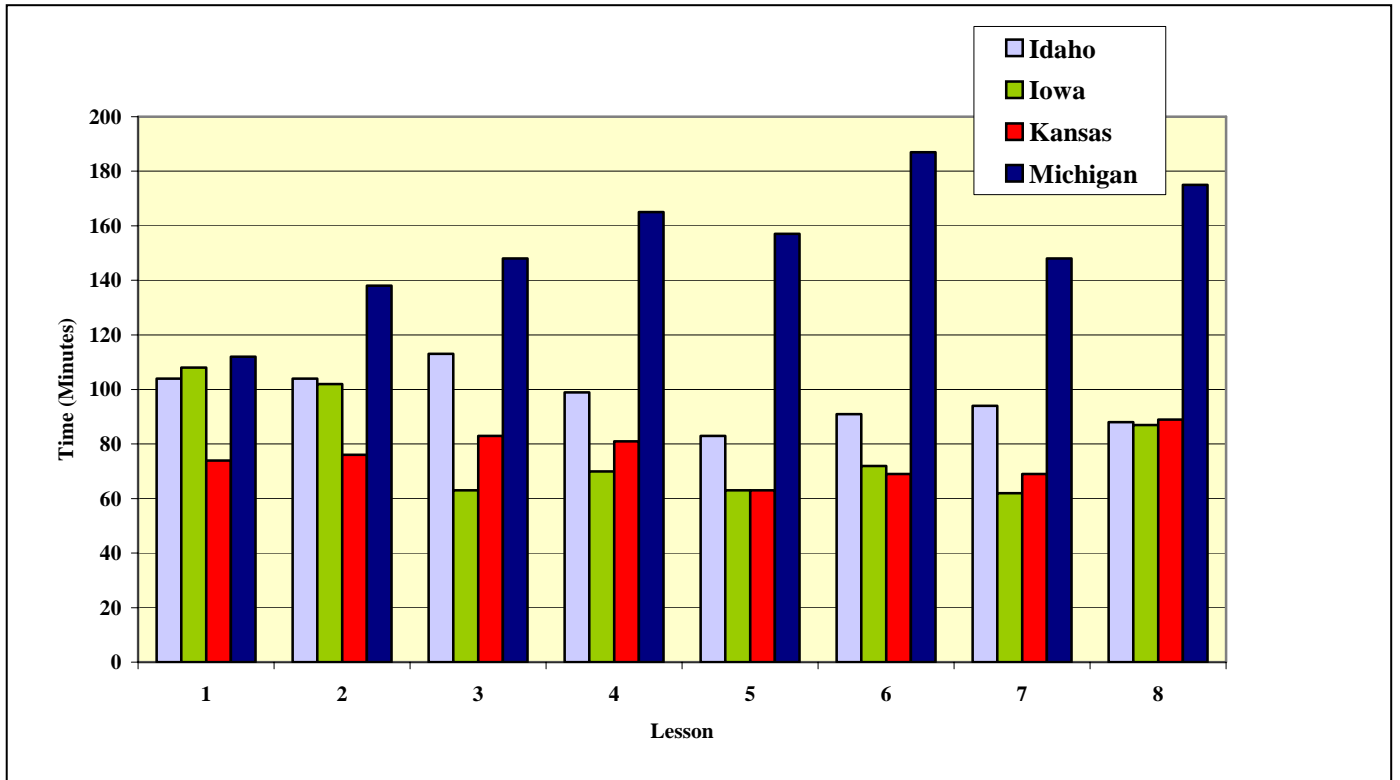
**Table D-3.3.2 Average Teaching Time in Minutes (Years 1 and Year 2)**  
*Food Works*

Year 1
Year 2

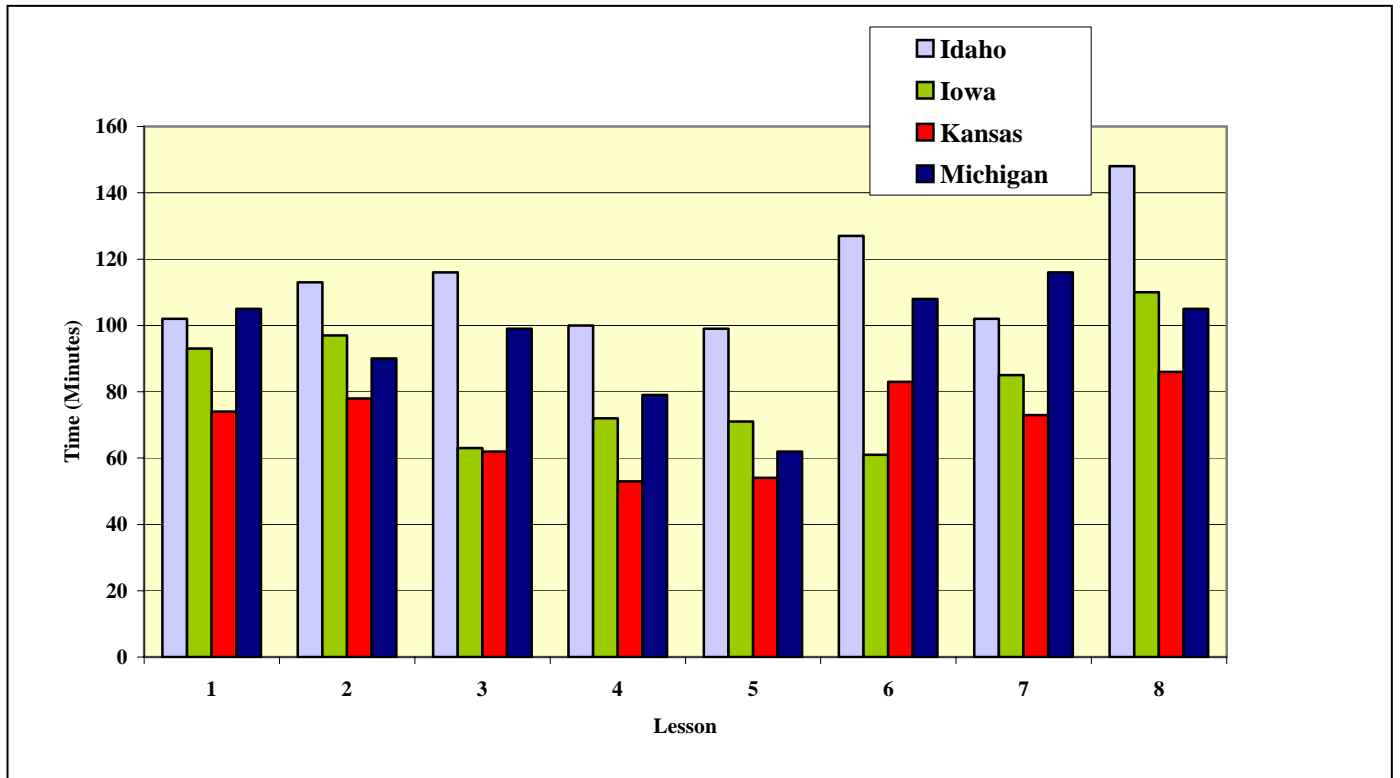
	Getting Started	Activity 1	Activity 2	Activity 3	Wrap It Up	Taking It Further	Mean
<b>Lesson 1</b>	28	39	65		31	41	<b>41</b>
	35	38	36		29	40	<b>35</b>
<b>Lesson 2</b>	28	29	30		56	34	<b>35</b>
	36	37	30		29	38	<b>34</b>
<b>Lesson 3</b>	38	30	41	32	40	32	<b>36</b>
	26	30	36	36	26	23	<b>30</b>
<b>Lesson 4</b>	31	38	34		27	35	<b>33</b>
	31	31	26		28	28	<b>29</b>
<b>Lesson 5</b>	29	29	20		37	25	<b>28</b>
	28	30	24		22	38	<b>28</b>
<b>Lesson 6</b>	27	42	35	36	31	33	<b>34</b>
	28	31	57	40	41	38	<b>39</b>
<b>Lesson 7</b>	24	35	47		41	45	<b>38</b>
	35	34	51		35	37	<b>38</b>
<b>Lesson 8</b>	32	38	41		58	39	<b>42</b>
	59	52	40		62	27	<b>48</b>
<b>Mean</b>	<b>30</b>	<b>35</b>	<b>39</b>	<b>34</b>	<b>40</b>	<b>35</b>	
	<b>35</b>	<b>35</b>	<b>38</b>	<b>38</b>	<b>34</b>	<b>34</b>	

### 3.4 FOOD WORKS - FIGURES

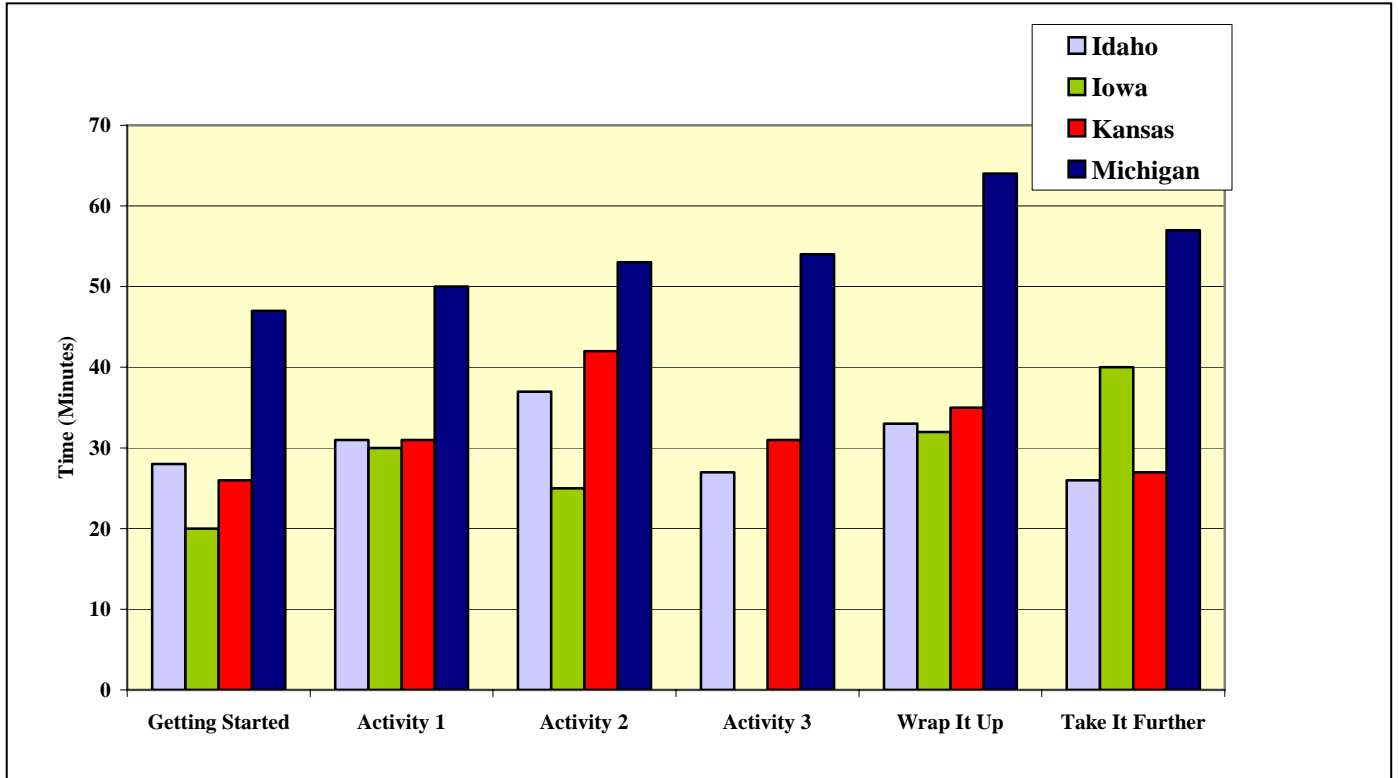
**Figure D-3.4.1 Average Teaching Time for *Food Works* Lessons (Year 1)**



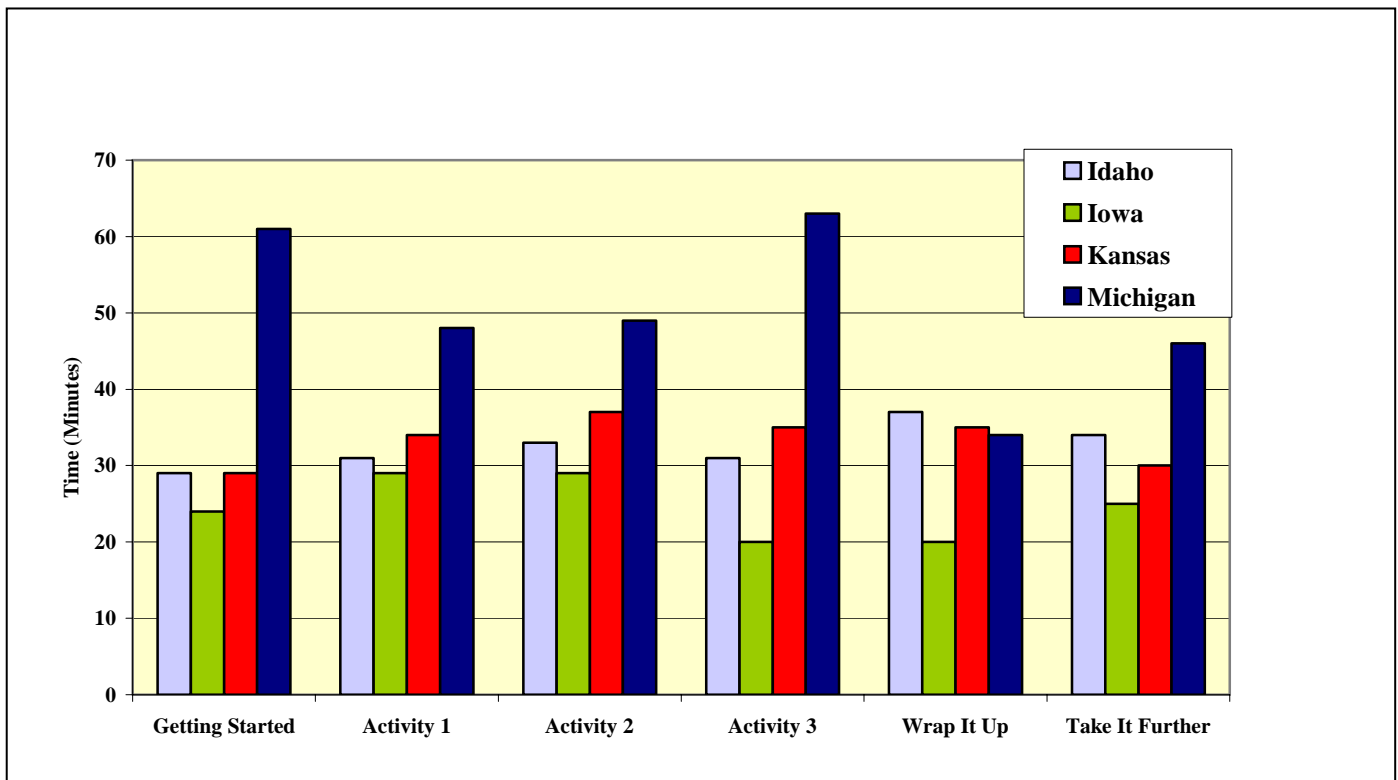
**Figure D-3.4.2 Average Teaching Time for *Food Works* Lessons (Year 2)**



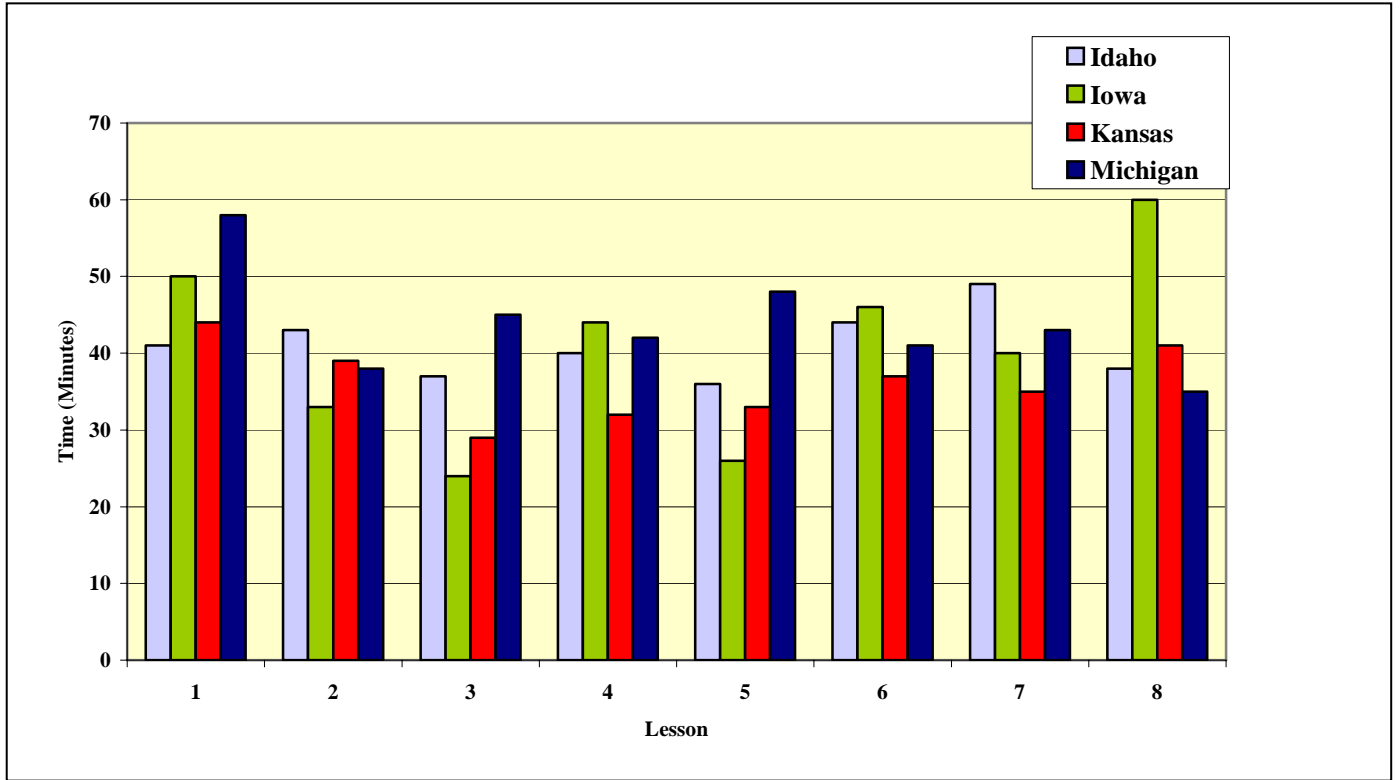
**Figure D-3.4.3 Average Teaching Time for *Food Works* Activities (Year 1)**



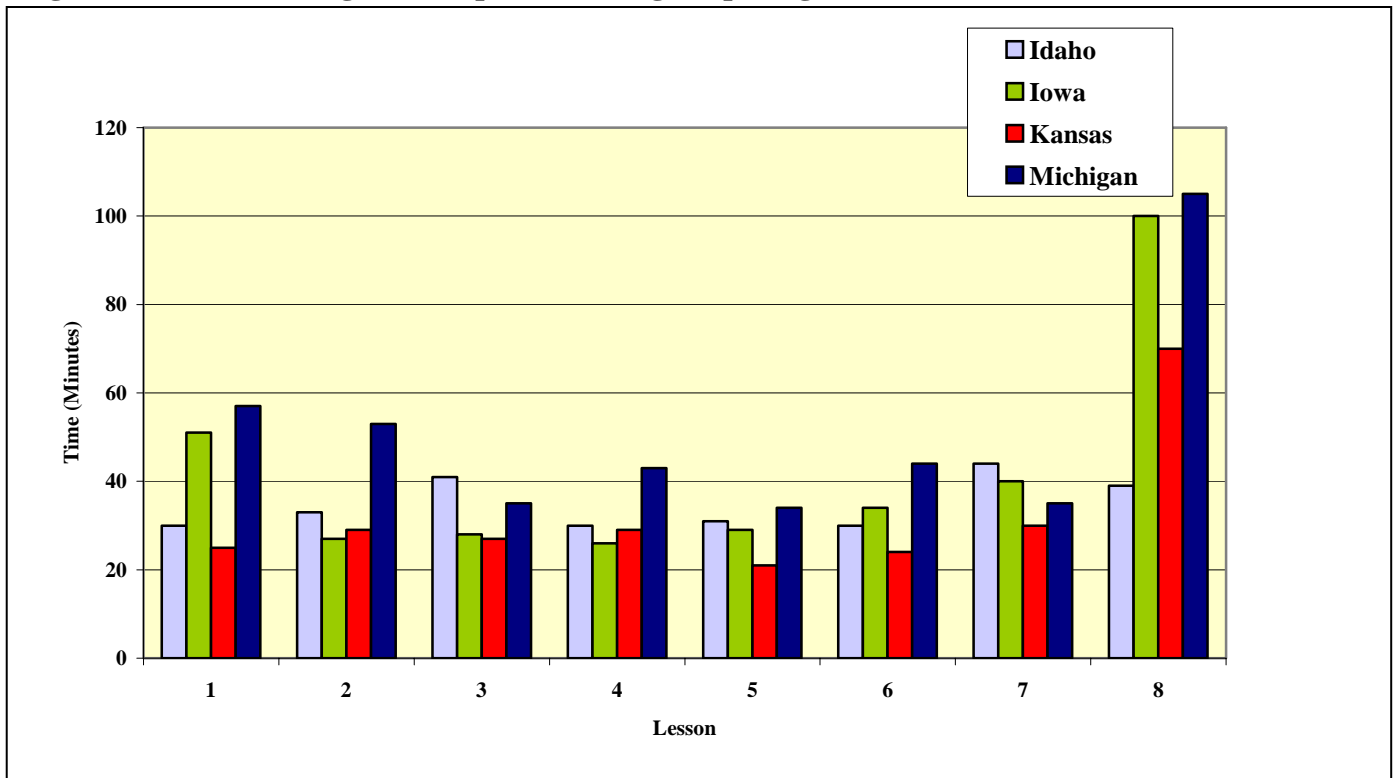
**Figure D-3.4.4 Average Teaching Time for *Food Works* Activities (Year 2)**



**Figure D-3.4.5 Average Time Spent Planning/Preparing *Food Works* Lessons (Year 1)**

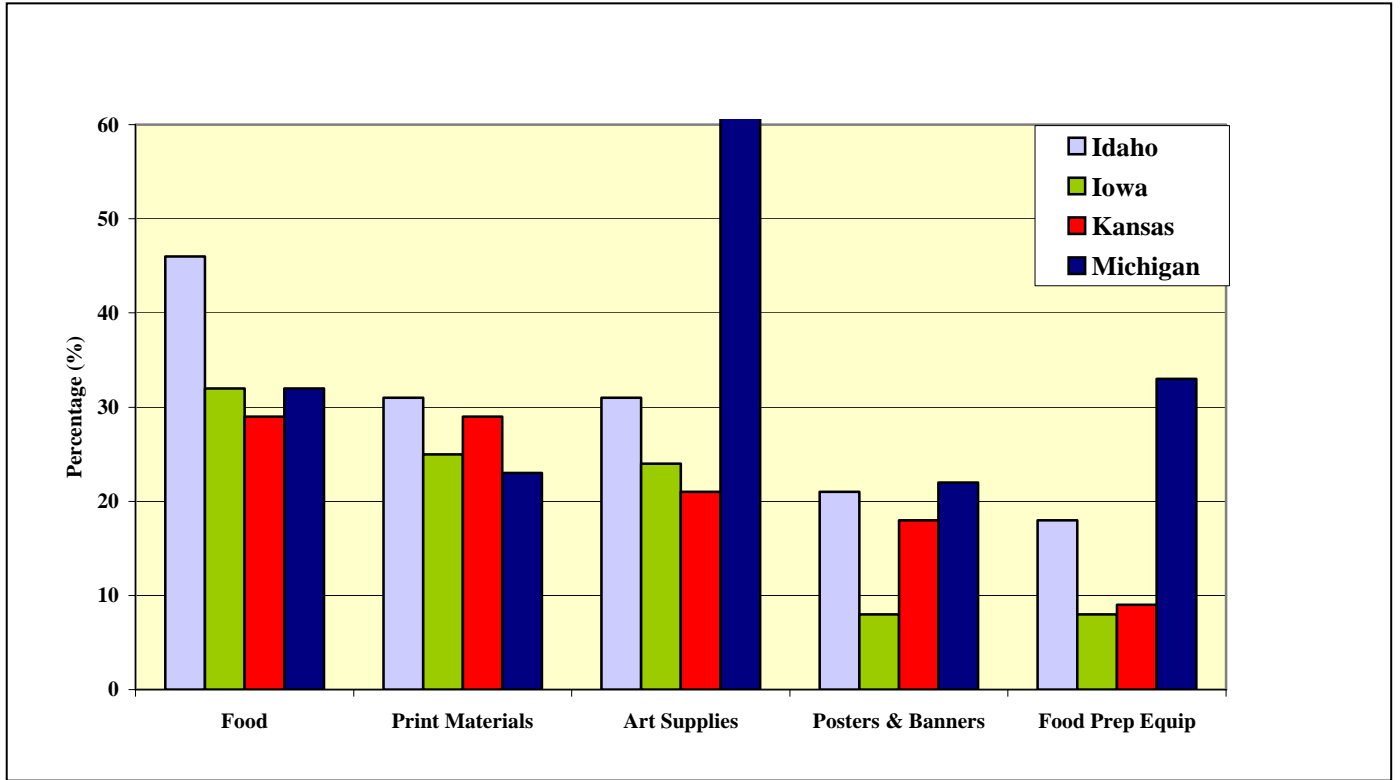


**Figure D-3.4.6 Average Time Spent Planning/Preparing *Food Works* Lessons (Year 2)**

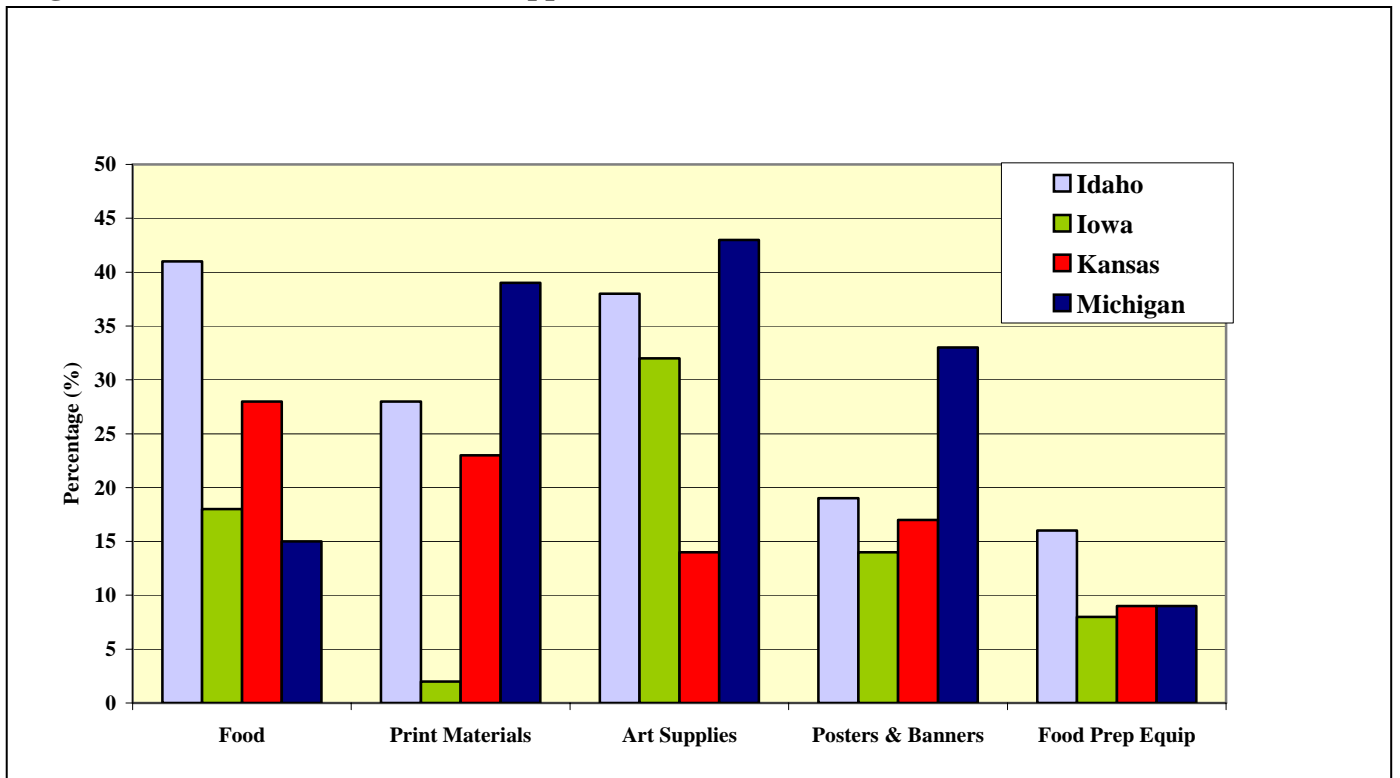




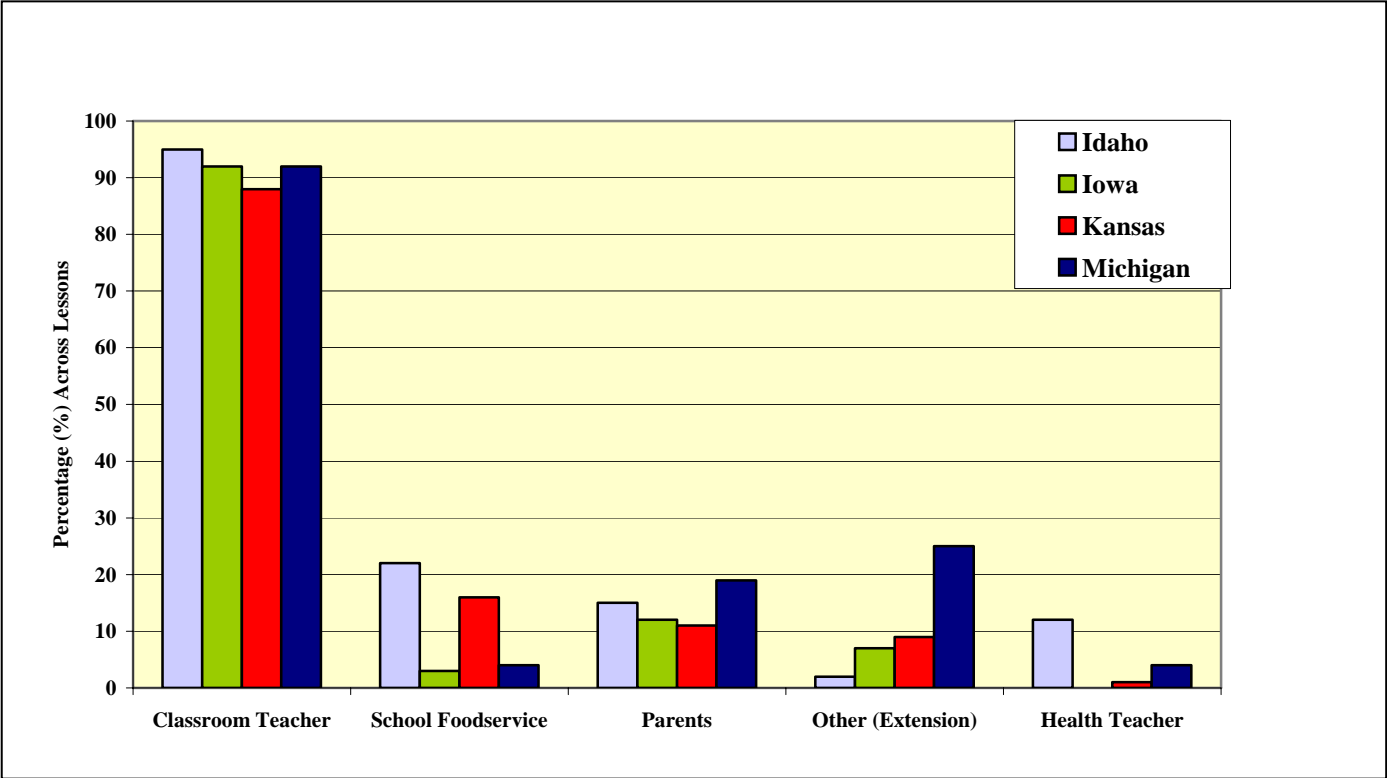
**Figure D-3.4.7 Teachers' Use of Supplies with *Food Works* Lessons (Year 1)**



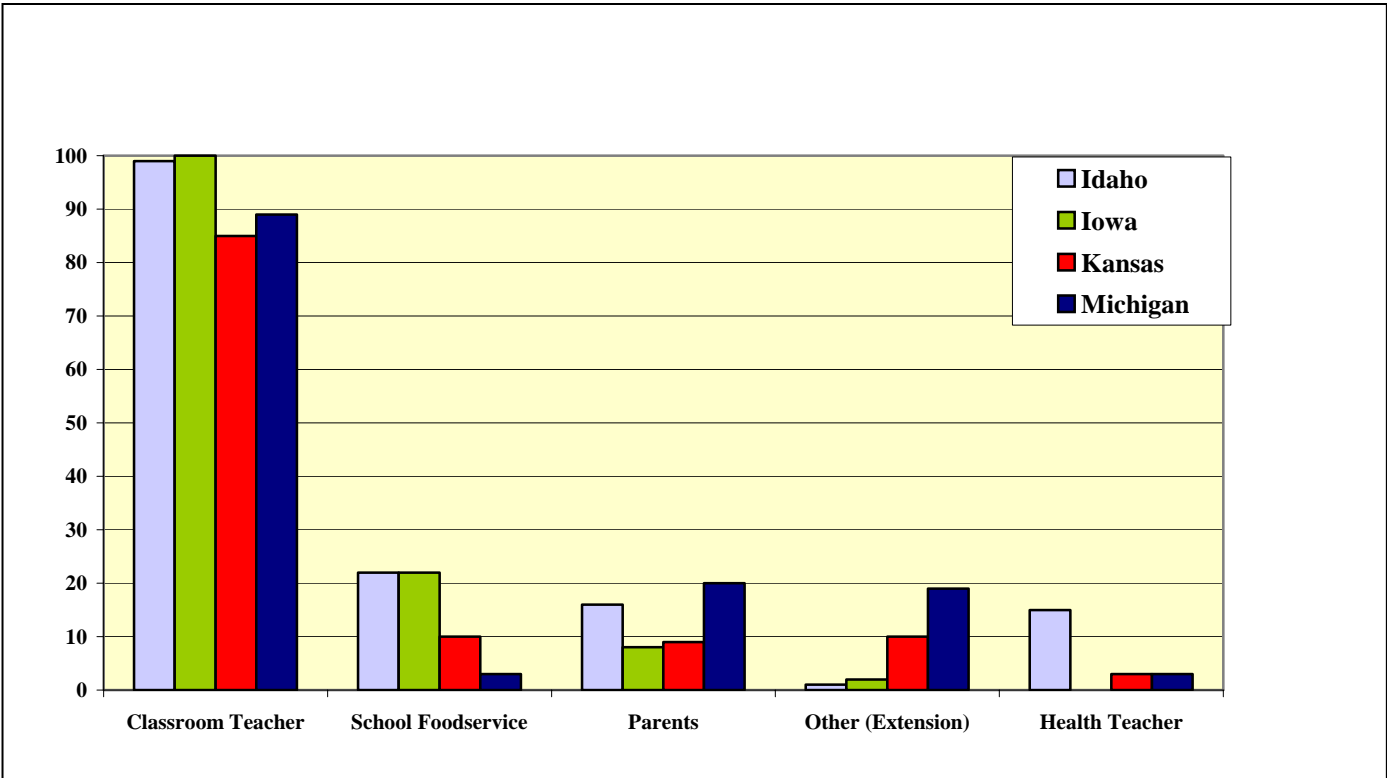
**Figure D-3.4.8 Teachers' Use of Supplies with *Food Works* Lessons (Year 2)**



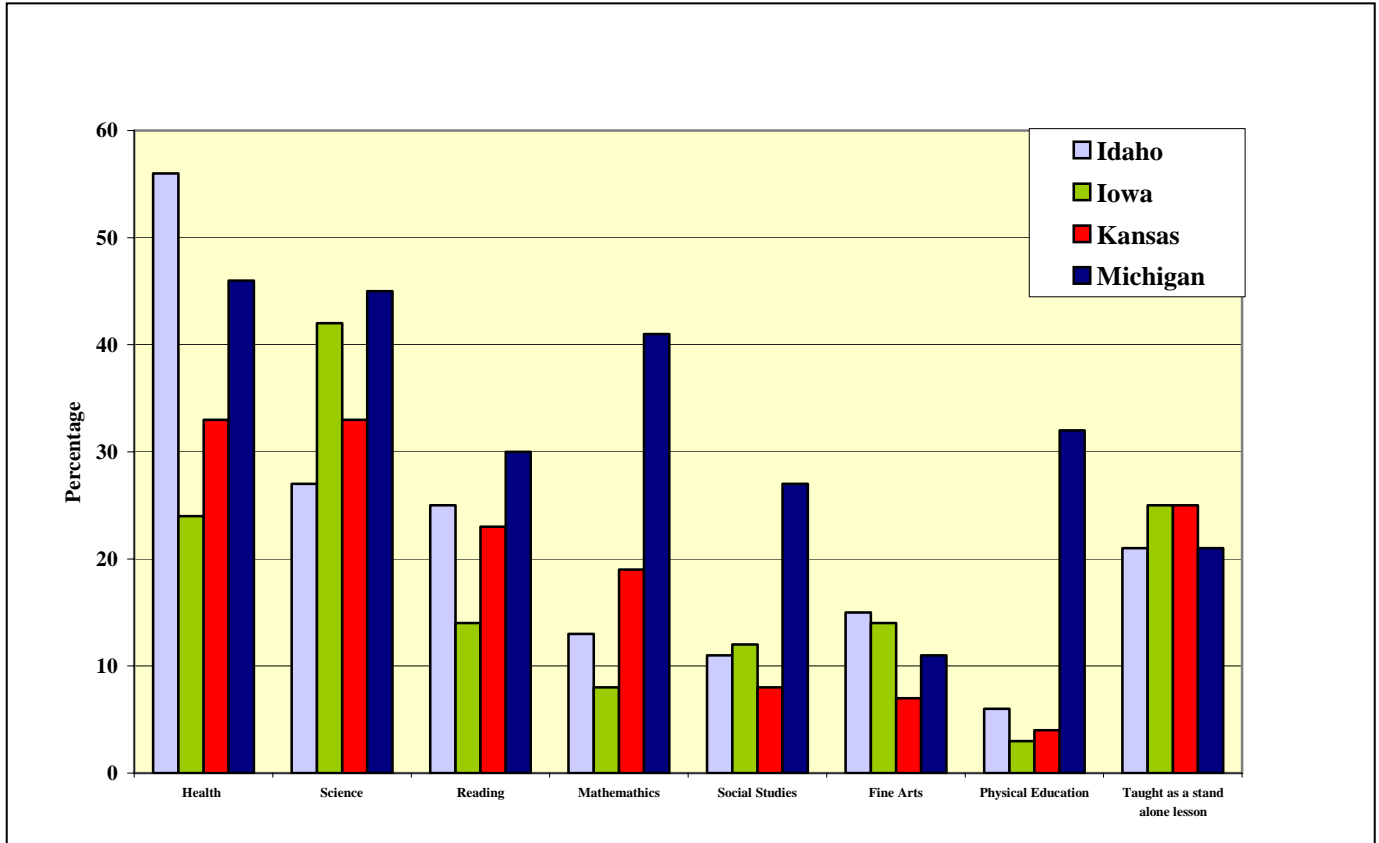
**Figure D-3.4.9 Individuals Involved in Planning, Preparing, and Teaching *Food Works* (Year 1)**



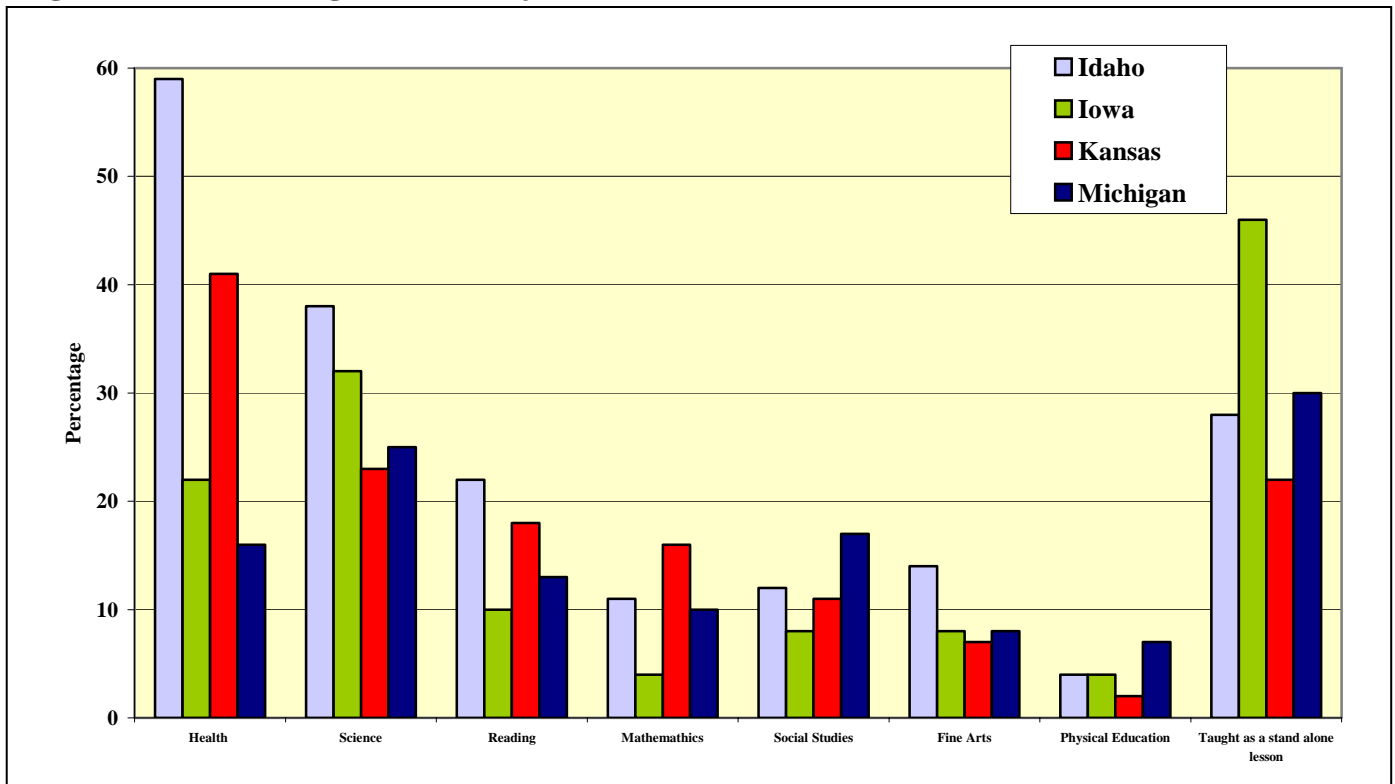
**Figure D-3.4.10 Individuals Involved in Planning, Preparing, and Teaching *Food Works* (Year 2)**



**Figure D-3.4.11 Integration of Subject Areas in *Food Works* Lessons (Year 1)**



**Figure D-3.4.12 Integration of Subject Areas in *Food Works* Lessons (Year 2)**



#### **4.    *YOURSELF* - TABLES AND FIGURES**

**4.1**

***YOURSELF - CLASSROOM LESSON LOG TABLES***

**Table D-4.1.1 Average Teaching Time (Minutes) (and percentage of teachers teaching any part of this lesson) for *yourSELF* Lessons**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=27 <sup>1</sup>	2 N=18	1 N=11	2 N=8	1 N=28	2 N=18	1 N=13	2 N=9
Are You Normal?	91 81% <sup>2</sup>	94 72%	73 91%	61 88%	62 57%	46 56%	69 54%	62 44%
Feed Me!	118 81%	63 67%	139 91%	159 88%	57 75%	46 72%	69 62%	62 44%
Snack Attack	65 78%	90 61%	25 91%	102 88%	59 54%	39 56%	59 62%	63 44%
Move It!	100 78%	118 67%	60 82%	131 88%	50 46%	48 39%	57 62%	50 22%
Just For You	59 70%	45 50%	49 82%	38 75%	44 36%	42 28%	90 31%	-
What's Your Goal?	62 74%	51 78%	58 82%	34 75%	45 39%	37 33%	71 46%	41 67%
<b>Average<sup>3</sup></b>	<b>83</b>	<b>77</b>	<b>67</b>	<b>88</b>	<b>53</b>	<b>43</b>	<b>69</b>	<b>55</b>

<sup>1</sup>N=number of teachers

<sup>2</sup> Percentage of teachers (N) teaching the lesson

<sup>3</sup>Unweighted means for teaching time reported for *yourSELF* lessons

Please refer to page D-77 for figures displaying this data.

**Table D-4.1.2 Average Time (Minutes) Spent Planning *yourSELF* Lessons**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=27 <sup>1</sup>	2 N=18	1 N=11	2 N=8	1 N=28	2 N=18	1 N=13	2 N=9
Average number of lessons taught per teacher	4.6	3.7	5.7	6.7	3.1	3.9	3.2	4.5
<b>Average planning time for all lessons taught</b>	<b>200</b>	<b>109</b>	<b>158</b>	<b>435</b>	<b>123</b>	<b>116</b>	<b>200</b>	<b>109</b>
Standard deviation	159	97	148	46	107	95	230	55
<b>Average planning time per lesson<sup>2</sup></b>	<b>43</b>	<b>29</b>	<b>28</b>	<b>65</b>	<b>41</b>	<b>30</b>	<b>63</b>	<b>24</b>

<sup>1</sup>N=number of teachers

<sup>2</sup>Total planning time divided by average number of lessons taught per teacher

**Table D-4.1.3 Module Components for *yourSELF*  
Average Percentage (%) of Teachers Using**

Module Components	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Teacher Guide	96	94	91	88	82	78	92	100
Video	55	44	64	50	25	6	62	67
Opening Video – “You Are What You Choose”	52	39	82	63	18	17	85	67
Poster “The Power of Choice”	70	50	91	63	46	39	69	67
Optional Enrichment Activities	56	67	45	50	21	28	38	11
Closing Video	48	17	45	13	11	6	62	67

**Table D-4.1.4 Teachers’ Use of Supplies with *yourSELF* Lessons  
Average Percentage (%) of Teachers**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Food	78	50	55	88	32	39	54	78
Food Preparation Equipment	67	50	45	38	18	33	46	11
Handouts, Brochures & Other Printed Materials	67	61	27	38	46	78	46	78
Art Supplies	48	17	45	25	29	33	31	11
Posters & Banners	51	33	27	25	25	44	38	33
Computers & Internet	30	28	55	63	36	28	15	22
Other Educational Materials & Supplies	30	33	55	13	32	28	23	44
Books	26	22	27	25	14	11	31	11
Videos	15	28	27	50	18	11	31	22
Decorations	4	0	0	0	0	0	0	0

Please refer to page D-78 for figures displaying this data.

**Table D-4.1.5 Individuals Involved in Planning, Preparing, and Teaching *yourSELF* Lessons  
Average Percentage (%) of Individuals with this Job Title**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Classroom Teacher	96	83	82	100	86	89	69	89
Other Classroom Teacher	37	35	0	25	14	6	62	0
School Foodservice Staff	48	39	18	13	18	11	31	11
Health Teacher	18	22	0	13	4	6	23	11
Life Management/Family & Consumer Science Teacher	22	44	9	25	21	6	8	11
Physical Education Teacher	11	39	18	0	14	17	31	0
School Nurse	22	0	9	0	14	6	15	0
Teaching Assistant/ Paraprofessional	14	22	27	13	7	0	15	11
Principal/Assistant Principal	7	33	0	0	0	6	15	11
Parent	7	16	36	25	4	0	0	11
Community Volunteer	0	0	9	0	4	6	0	0
Volunteer	4	0	27	0	0	6	0	0
Other (includes Extension)	0	0	0	0	11	17	54	44

Please refer to page D-79 for figures displaying this data.

**Table D-4.1.6 Integration of Subject Areas in *yourSELF* Lessons  
Average Percentage (%) of Teachers**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1	2	1	2	1	2	1	2
Science	37	22	36	50	21	22	31	11
Health	44	39	18	25	25	33	30	22
Physical Education	30	33	9	0	18	28	15	22
Life Management/Family & Consumer Science	26	17	27	13	14	17	0	11
Reading/Language Arts	22	0	9	0	4	17	15	0
Mathematics	11	11	27	0	11	6	15	11
Social Studies	11	0	0	0	7	6	8	0
Fine Arts	7	6	9	0	0	0	0	0
Other	7	6	0	0	11	17	0	0
Nutrition (not integrated into another subject)	15	22	18	0	32	22	54	67

Please refer to page D-80 for figures displaying this data.

**Table D-4.1.7 Student Participants in *yourSELF* Lessons**

	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=27	2 N=18	1 N=11	2 N=8	1 N=28	2 N=18	1 N=13	2 N=9
Are You Normal?	1272	1572	908	771	328	544	548	828
Feed Me!	1285	1386	1024	823	714	594	641	872
Snack Attack	1107	1355	1053	797	458	257	646	872
Move It!	1106	890	880	797	609	211	638	417
Just For You	903	1016	880	763	403	71	430	168
What's Your Goal?	885	1414	880	763	352	197	621	537
<b>Average</b>	<b>1093</b>	<b>1272</b>	<b>938</b>	<b>786</b>	<b>477</b>	<b>312</b>	<b>587</b>	<b>616</b>



**Table D-4.1.8 Average Cost of Purchased and Donated Items for *yourSELF* Lessons (Year 2)**

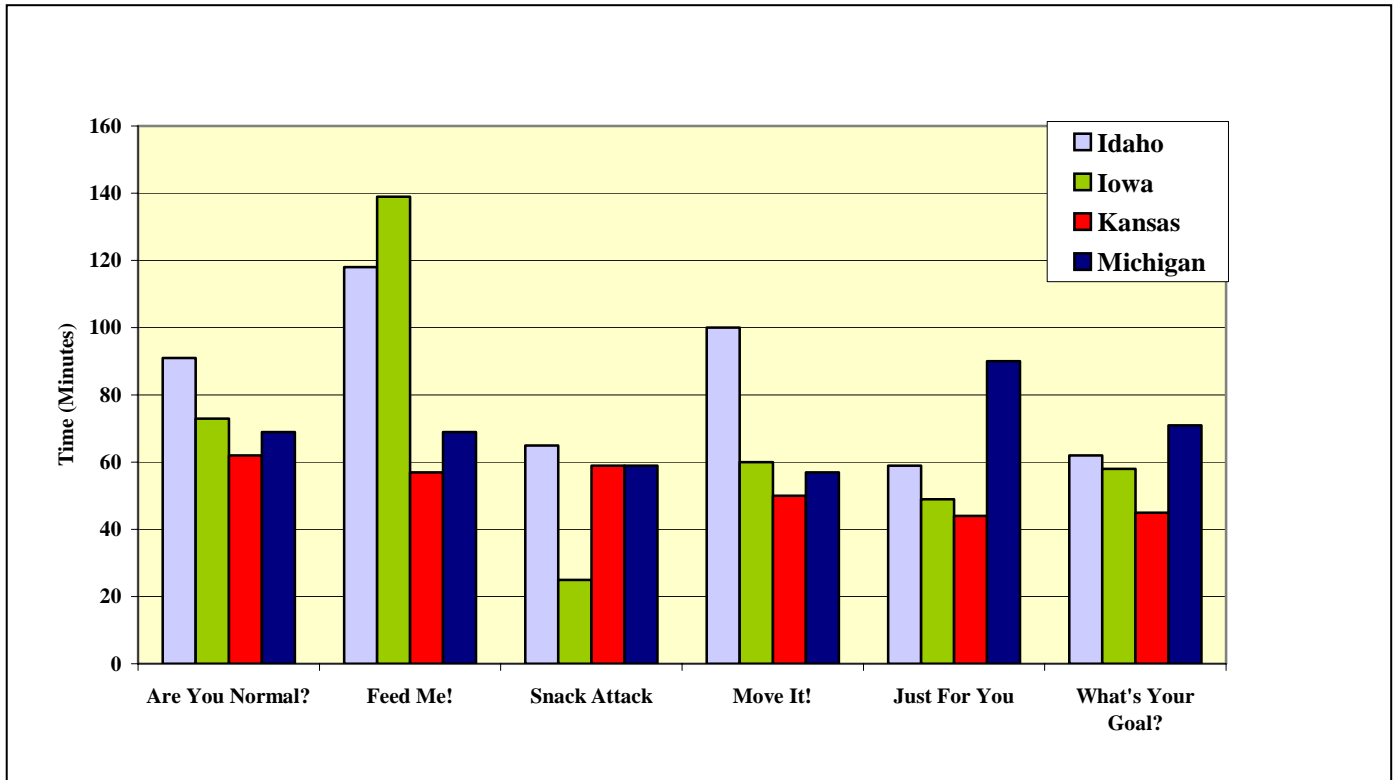
	<b>Idaho N=18<sup>1</sup></b>	<b>Iowa N=5</b>	<b>Kansas N=13</b>	<b>Michigan N=30</b>
<b>ITEMS PURCHASED WITH:</b>				
<b>TN Grant Funds</b>				
Materials	\$19.27	\$0.00	\$48.72	\$6.48
Food	\$36.95	\$30.36	\$40.65	\$27.76
Services	\$0.00	\$0.00	\$2.08	\$0.00
<b>School Funds</b>				
Materials	\$1.59	\$17.80	\$0.43	\$0.00
Food	\$5.00	\$0.00	\$3.85	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Personal Funds</b>				
Materials	\$0.00	\$0.00	\$0.77	\$0.00
Food	\$0.45	\$0.00	\$1.54	\$0.00
Services	\$0.45	\$0.00	\$0.00	\$0.00
<b>Cost of Purchased Items per Classroom (for all lessons)<sup>2</sup></b>	\$63.71	\$48.16	\$98.04	\$34.25
<b>ITEMS DONATED BY:</b>				
<b>School Foodservice</b>				
Materials	\$0.45	\$0.00	\$0.00	\$0.00
Food	\$5.41	\$0.00	\$0.00	\$0.17
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Parents</b>				
Materials	\$0.00	\$0.00	\$0.62	\$0.00
Food	\$0.00	\$0.00	\$0.00	\$0.00
Services	\$0.23	\$0.00	\$0.00	\$0.00
<b>Community</b>				
Materials	\$3.41	\$0.00	\$0.00	\$0.00
Food	\$0.00	\$0.00	\$0.00	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Cost of Donated Items per Classroom (for all lessons)<sup>2</sup></b>	\$9.50	\$0.00	\$0.62	\$0.17
<b>Grand Total: Purchased + Donated Items per Classroom (for all lessons)<sup>2</sup></b>	<b>\$73.21</b>	<b>\$48.16</b>	<b>\$98.66</b>	<b>\$34.42</b>

<sup>1</sup> N=number of teachers; for MI the data is based on number of classrooms since some teachers taught multiple classes.

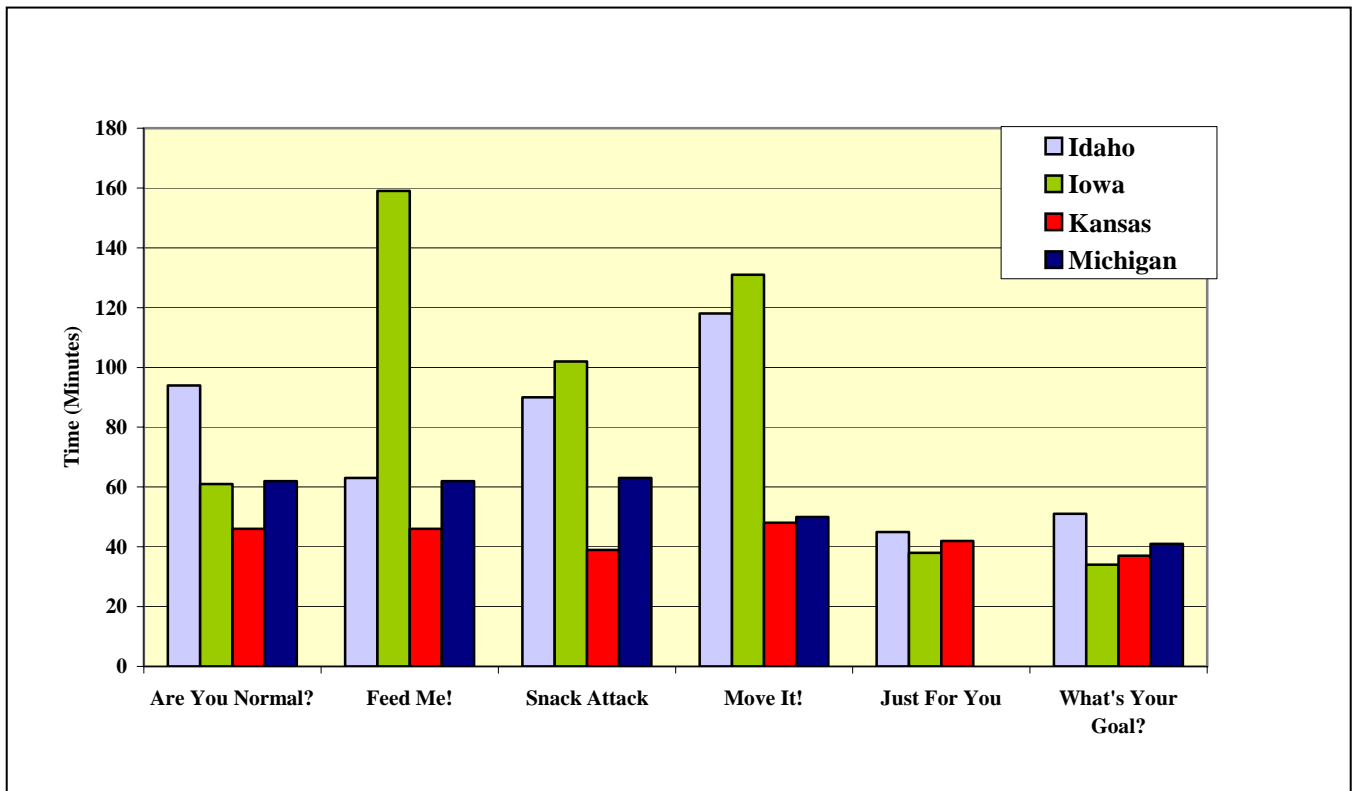
<sup>2</sup> Reported costs were summed for all lessons in *yourSELF* and divided by N

## 4.2 *YOURSELF - FIGURES*

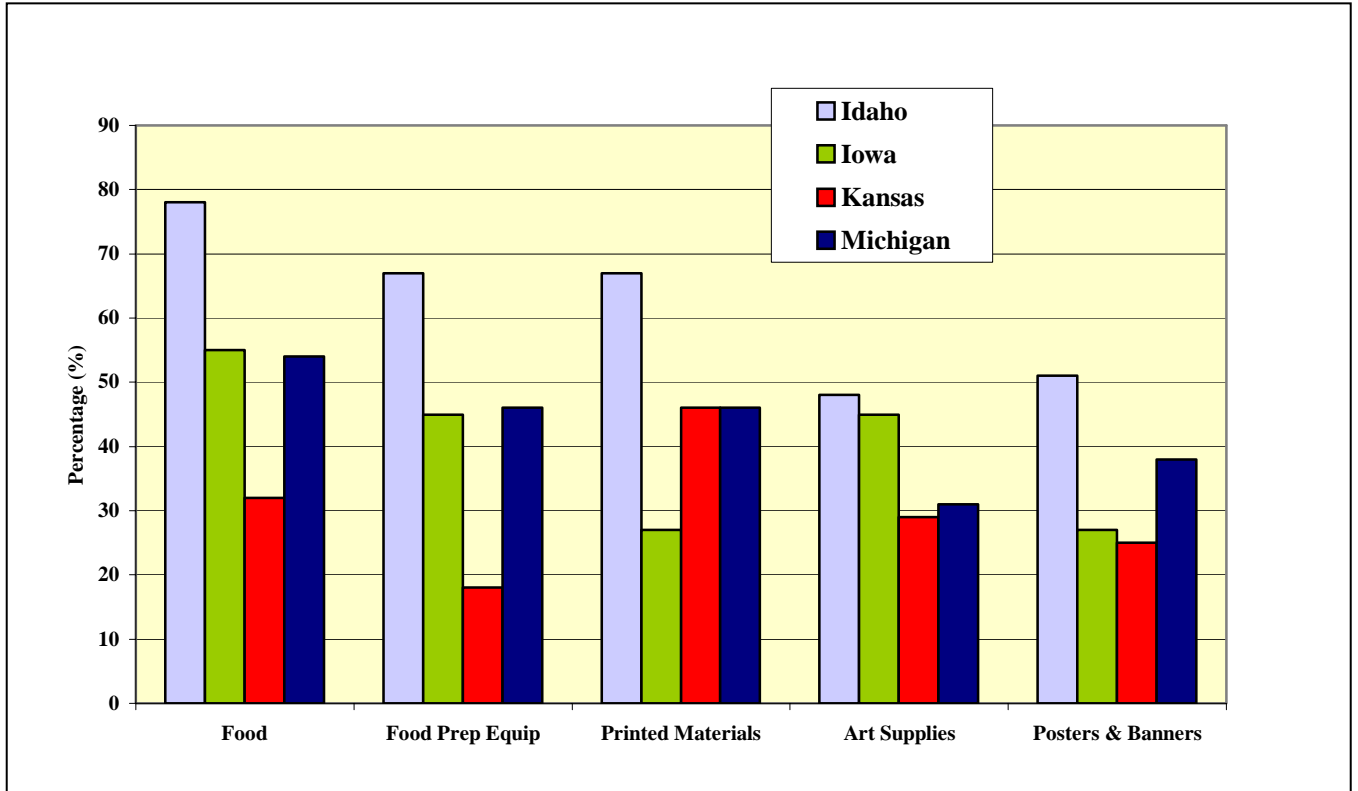
**Figure D-4.2.1 Average Teaching Time for *yourSELF* Lessons (Year 1)**



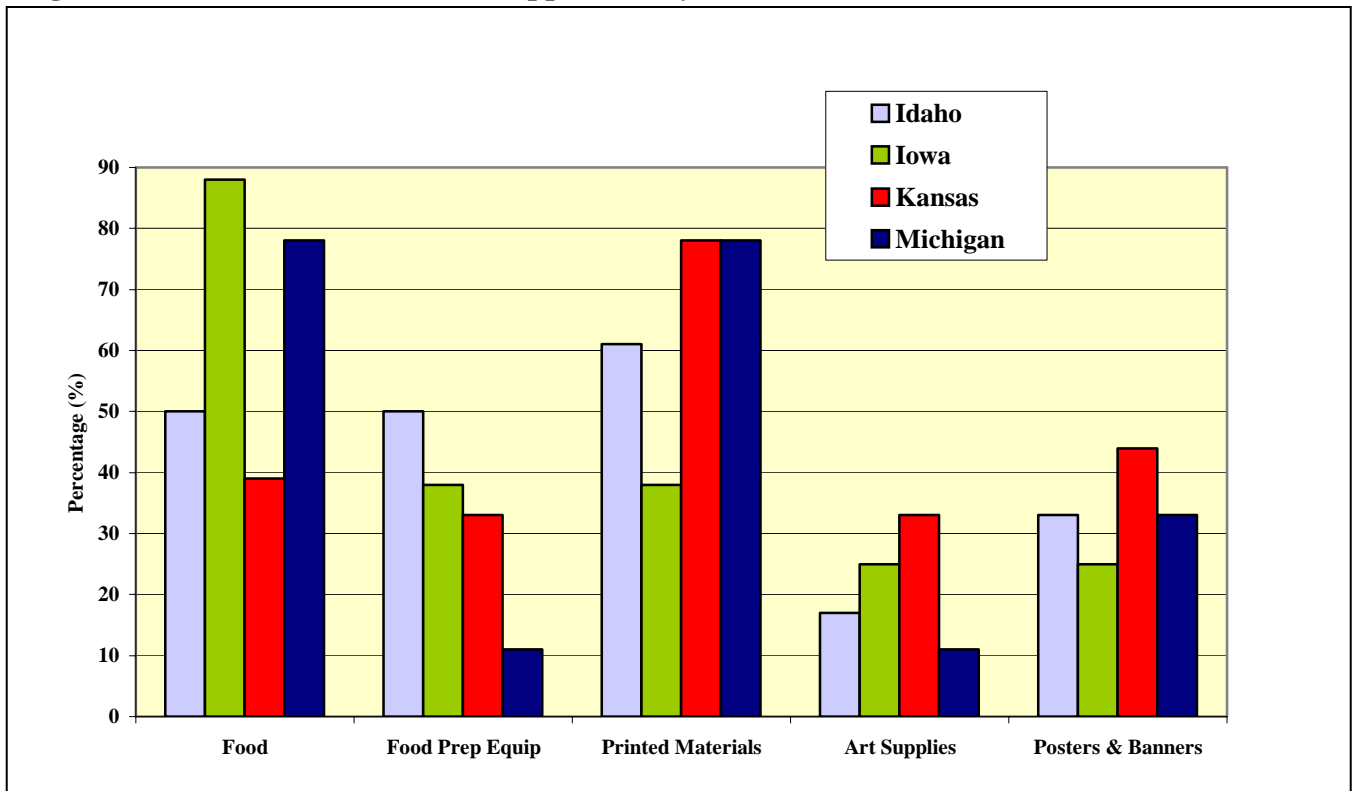
**Figure D-4.2.2 Average Teaching Time for *yourSELF* Lessons (Year 2)**



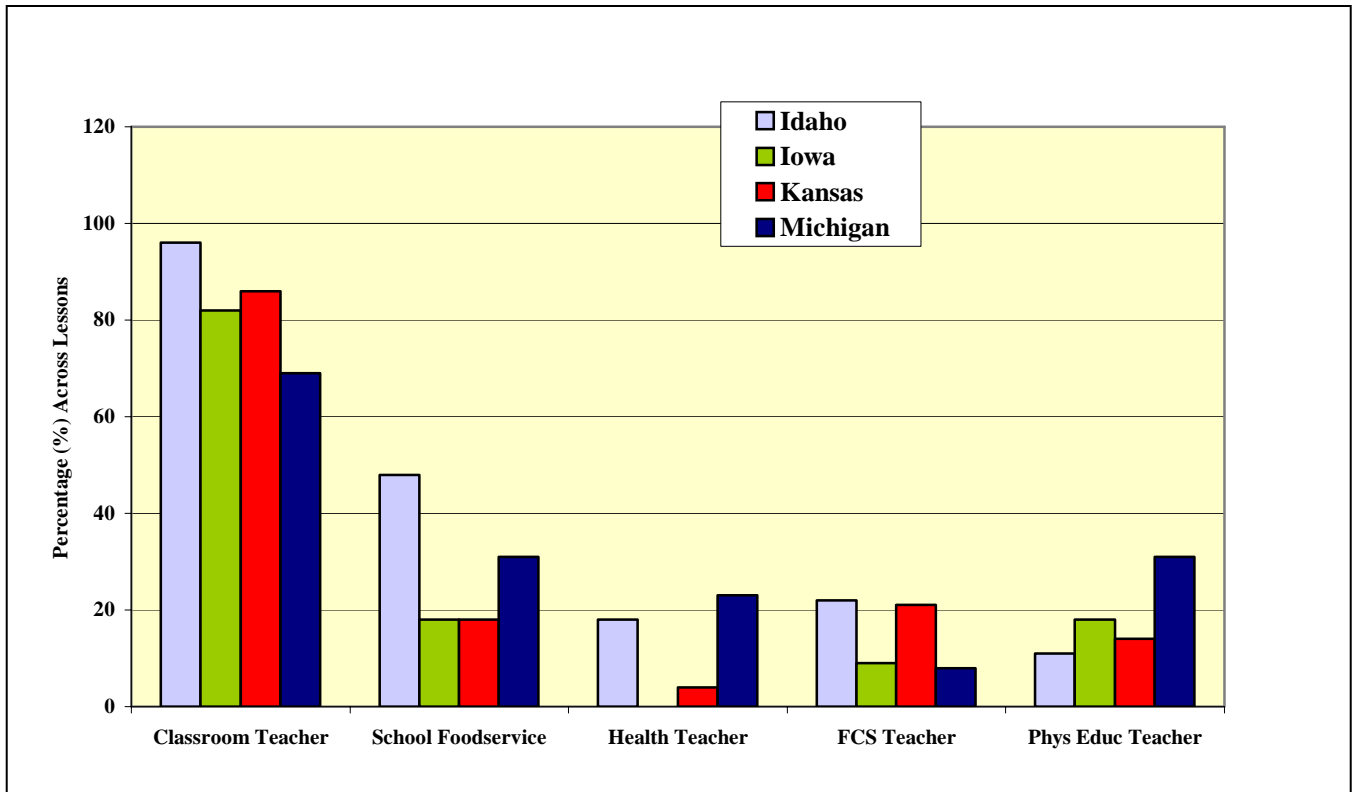
**Figure D-4.2.3 Teachers' Use of Supplies with *yourSELF* Lessons (Year 1)**



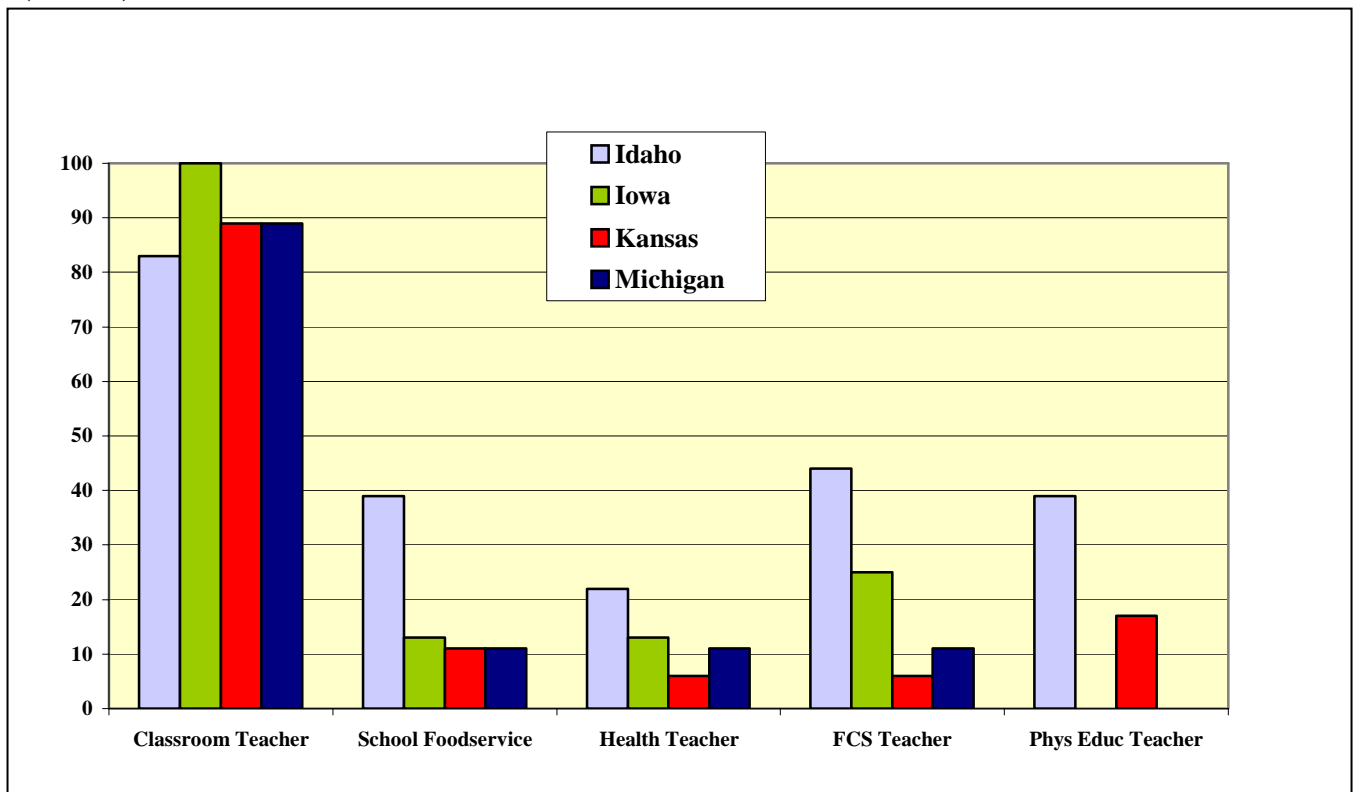
**Figure D-4.2.4 Teachers' Use of Supplies with *yourSELF* Lessons (Year 2)**



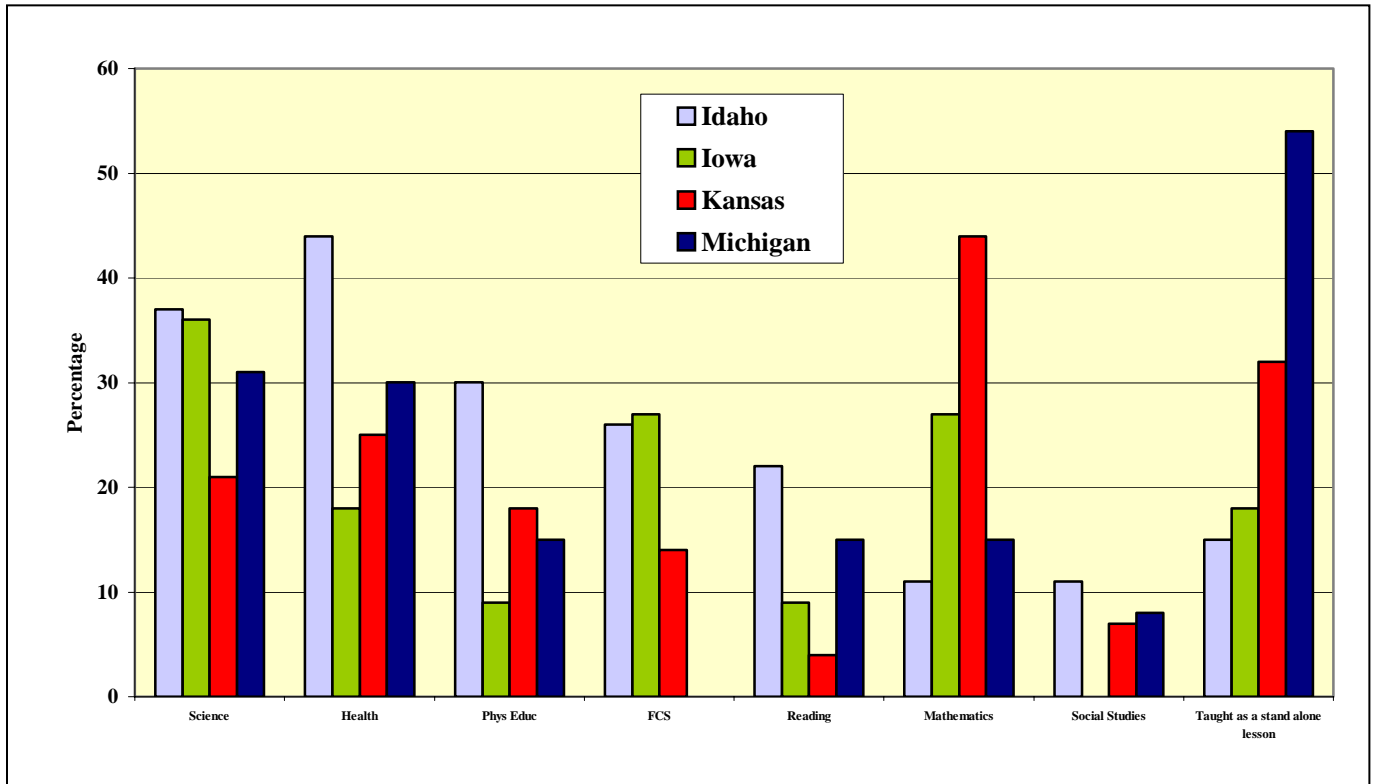
**Figure D-4.2.5 Individuals Involved in Planning, Preparing, and Teaching *yourSELF* (Year 1)**



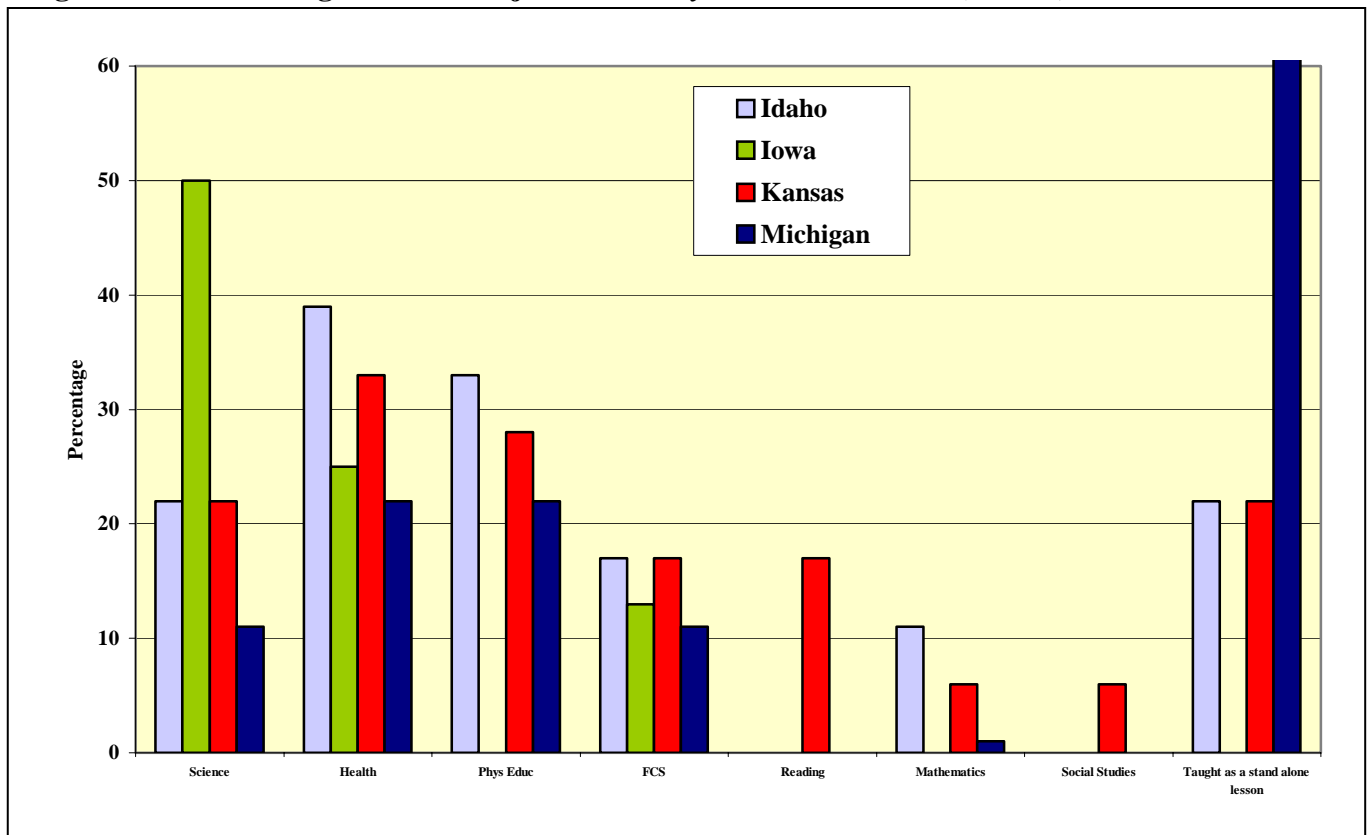
**Figure D-4.2.6 Individuals Involved in Planning, Preparing, and Teaching *yourSELF* (Year 2)**



**Figure D-4.2.7 Integration of Subject Areas in *yourSELF* Lessons (Year 1)**



**Figure D-4.2.8 Integration of Subject Areas in *yourSELF* Lessons (Year 2)**



## **E. CHANNEL LOG DATA**

## **1. CHANNEL LOG TABLES (BY CHANNEL)**

## 1.1 CAFETERIA CHANNEL TABLES

**Table E-1.1.1 Team Nutrition Messages Communicated by Cafeteria Events (%)\***

	<b>Idaho N=58<sup>1</sup></b>	<b>Iowa N=11</b>	<b>Kansas N=14</b>	<b>Michigan N=16</b>
Eat a variety of foods	86	73	64	88
Eat more fruits, vegetables, and grains	83	91	71	69
Eat lower fat food more often	59	73	21	94
Be physically active	22	0	7	25

\*For example, 86% of the cafeteria events held in Idaho communicated the message “eat a variety of foods”

<sup>1</sup>N=Number of events or activities held in which “cafeteria” was the primary channel

Please refer to Figure 6-2 for figures displaying this data

**Table E-1.1.2 Relationship between Cafeteria Channel Events and Other Channels (%)\***

	<b>Idaho N=58<sup>1</sup></b>	<b>Iowa N=11</b>	<b>Kansas N=14</b>	<b>Michigan N=16</b>
Classroom	52	9	43	38
Community	34	0	21	19
Home	57	27	21	44
Media	22	55	14	19
School-wide	72	73	57	88

\*For example, 52% of the cafeteria events held in Idaho were linked with the classroom channel

<sup>1</sup>N=Number of events or activities held in which “cafeteria” was the primary channel

Please refer to Figure 6-1 for figures displaying this data

**Table E-1.1.3 Job Titles of Coordinators for Cafeteria Channel Events (%)\***

	<b>Idaho N=58<sup>1</sup></b>	<b>Iowa N=11</b>	<b>Kansas N=14</b>	<b>Michigan N=16</b>
School Foodservice Staff	83	0	50	19
Classroom Teacher	5	25	21	0
Physical Education Teacher	2	15	14	44
Family & Consumer Science Teacher	2	20	0	0
Principal/Assistant Principal	2	0	0	25
Health Teacher	2	0	0	0
Parent or Other Family Member	0	0	0	0
School Nurse	0	15	0	0
Combination <sup>2</sup>	NA	25	NA	NA
Other	4	0	14	13

\*For example, 83% of the coordinators in Idaho were school foodservice staff

<sup>1</sup>N=Number of events or activities held in which “cafeteria” was the primary channel

<sup>2</sup>Two individuals partnering together to complete the log (described as “combination”)

Please refer to Figure 6-3 for figures displaying this data



**Table E-1.1.4 Time Spent (Hours) by Coordinator Planning/Preparing and Conducting Cafeteria Events**

	<b>Idaho N=58<sup>1</sup></b>	<b>Iowa N=11</b>	<b>Kansas N=14</b>	<b>Michigan N=16</b>
Planning/Preparing (Mean)	2.3	6.7	3.0	4.5
Median	1.0	4.0	2.0	3.5
Inter quartile range (25%–75%)	1.0–2.0	2.0–12.4	1.3–4.3	2.0– 6.5
Conducting Event (Mean)	3.6	46.2	4.1	4.7
Median	2.0	5.0	2.0	2.0
Inter quartile range (25%–75%)	0.5–4.8	2.0–90.0	1.3–3.0	2.0–4.0

<sup>1</sup>N=Number of events or activities held in which “cafeteria” was the primary channel

Please refer to Figure 6-6 for figures displaying this data

**Table E-1.1.5 Job Titles of Individuals Helping with Cafeteria Events (%)\***

	<b>Idaho N=58<sup>1</sup></b>	<b>Iowa N=11</b>	<b>Kansas N=14</b>	<b>Michigan N=16</b>
School Foodservice Staff	86	100	57	63
Classroom Teacher	33	73	43	88
Health Teacher	5	9	0	19
Family & Consumer Science Teacher	5	20	0	13
Physical Education Teacher	10	36	0	13
School Nurse	0	36	7	13
Teaching Assistant & Paraprofessional	5	9	29	50
Principal/Assistant Principal	12	46	21	56
Student	40	18	36	50
Parent	21	36	14	31
Community Member/Partner	14	36	14	6
Volunteer (not parent)	0	9	14	0
Other	14	0	14	13

\*For example, 86% of the persons helping with cafeteria events in Idaho were members of the school foodservice staff.

<sup>1</sup>N=Number of events or activities held in which “cafeteria” was the primary channel

**Table E-1.1.6 Time Spent (Hours) by Helpers Planning/Preparing and Conducting Cafeteria Events**

	<b>Idaho N=58<sup>1</sup></b>	<b>Iowa N=11</b>	<b>Kansas N=14</b>	<b>Michigan N=16</b>
Planning/Preparing (Mean)	2.0	28.3	2.4	3.2
Median	0.8	15.0	2.0	2.5
Inter quartile range (25%–75%)	0.3–1.0	8.0–57.4	1.0–4.0	1.2–3.0
Conducting Event (Mean)	4.7	- <sup>2</sup>	1.9	4.9
Median	1.5		1.5	3.0
Inter quartile range (25%–75%)	1.0–4.0		1.4–2.0	2.0–4.0

<sup>1</sup>N=Number of events or activities held in which “cafeteria” was the primary channel

<sup>2</sup>Data not collected

**Table E-1.1.7 Materials and Supplies Used for Cafeteria Channel Events (%)\***

	<b>Idaho N=58<sup>1</sup></b>	<b>Iowa N=11</b>	<b>Kansas N=14</b>	<b>Michigan N=16</b>
Art Supplies	22	27	43	19
Books	2	27	36	6
Food	59	55	43	81
Videos	2	0	7	13
Handouts, Brochures & Other Printed Materials	50	64	29	63
Posters & Banners	55	46	57	56
Decorations	47	36	50	38
Food Preparation Equipment	16	36	36	25
Computers & Internet	10	9	14	6
Other Educational Materials & Supplies	28	9	29	19
Other Materials & Supplies	12	27	14	18

\*For example, 22% of the cafeteria events held in Idaho used art supplies.

<sup>1</sup>N=Number of events or activities held in which “cafeteria” was the primary channel

Please refer to Figure 6-7 for figures displaying this data

**Table E-1.1.8 Average Cost of Purchased and Donated Items for Cafeteria Channel Events**

	<b>Idaho N=58<sup>1</sup></b>	<b>Iowa N=11</b>	<b>Kansas N=14</b>	<b>Michigan N=16</b>
<b>ITEMS PURCHASED WITH:</b>				
<b>TN Grant Funds<sup>2</sup></b>				
Materials	\$54.86	\$61.18	\$35.19	\$50.00
Food	\$20.14	\$20.46	\$25.45	\$123.00
Services	\$0.00	\$0.00	\$0.00	\$28.00
<b>School Funds</b>				
Materials	\$9.28	\$6.36	\$.43	\$7.00
Food	\$4.35	\$0.00	\$17.14	\$39.00
Services	\$7.59	\$0.00	\$0.00	\$0.00
<b>Personal Funds</b>				
Materials	\$0.00	\$.23	\$0.00	\$0.00
Food	\$0.00	\$.46	\$.36	\$0.00
Services	\$1.72	\$0.00	\$0.00	\$0.00
<b>Cost of Purchased Items per Event<sup>3</sup></b>	<b>\$97.94</b>	<b>\$88.68</b>	<b>\$78.56</b>	<b>\$247.00</b>
<b>ITEMS DONATED BY:</b>				
<b>School Foodservice<sup>2</sup></b>				
Materials	\$2.76	\$0.00	\$0.00	\$2.00
Food	\$7.09	\$55.00	\$1.43	\$0.00
Services	\$0.00	\$2.18	\$0.00	\$0.00
<b>Parents</b>				
Materials	\$0.00	\$9.09	\$0.00	\$0.00
Food	\$.06	\$0.00	\$0.00	\$5.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Community</b>				
Materials	\$2.33	\$13.64	\$0.00	\$0.00
Food	\$0.00	\$27.27	\$0.00	\$11.00
Services	\$.72	\$0.00	\$0.00	\$0.00
<b>Cost of Donated Items per Event<sup>3</sup></b>	<b>\$12.96</b>	<b>\$107.18</b>	<b>\$1.43</b>	<b>\$18.00</b>
<b>Grand Total: Purchased + Donated Items per Event<sup>3</sup></b>	<b>\$110.90</b>	<b>\$195.86</b>	<b>\$79.99</b>	<b>\$265.00</b>

<sup>1</sup>N=Number of events or activities held in which “cafeteria” was the primary channel

<sup>2</sup>Average cost per event for materials, food or services (reported costs divided by number of events)

<sup>3</sup>Total average cost per event=Sum of all average costs

Please refer to Figure 6-8 for figures displaying this data

**Table E-1.1.9 Cafeteria Channel Event Participation/Attendance**

	<b>Idaho N=58<sup>1</sup></b>	<b>Iowa N=11</b>	<b>Kansas N=14</b>	<b>Michigan N=16</b>
<b>Students</b>				
Total	15,906	1,994	1,378	5,235
Average per event	274	181	98	327
<b>Teachers</b>				
Total	353	171	72	221
Average per event	6	16	5	14
<b>Foodservice Staff</b>				
Total	133	62	22	50
Average per event	2	6	2	3
<b>Principals/Administrators</b>				
Total	31	9	5	24
Average per event	1	1	<1	<2
<b>Other School Staff</b>				
Total	42	12	9	96
Average per event	1	1	1	6
<b>Parents/Adult Family Members</b>				
Total	1,810	624	6	2,846
Average per event	31	57	<1	178
<b>Community Partners</b>				
Total	11	64	6	12
Average per event	<1	6	<1	<1
<b>Other</b>				
Total	18	0	0	5
Average per event	<1	0	0	<1
<b>Grand Total</b>	<b>18,304</b>	<b>2,936</b>	<b>1,498</b>	<b>8,489</b>

<sup>1</sup>N=Number of events or activities held in which “cafeteria” was the primary channel

Total=all participants reported on the channel log by the person that coordinated the event

Average per event=Total divided by N

Please refer to Figure 6-5 for figures displaying this data

## 1.2

## SCHOOL-WIDE CHANNEL TABLES

**Table E-1.2.1 Team Nutrition Messages Communicated by School-wide Events (%)\***

	Idaho N=86 <sup>1</sup>	Iowa N=20	Kansas N=36	Michigan N=21
Eat a variety of foods	73	45	58	62
Eat more fruits, vegetables, and grains	63	45	44	57
Eat lower fat food more often	51	35	53	48
Be physically active	59	80	39	57

\*For example, 73% of the school-wide events held in Idaho communicated the message “eat a variety of foods”

<sup>1</sup>N=Number of events or activities held in which “school-wide” was the primary channel

Please refer to Figure 7-2 for figures displaying this data

**Table E-1.2.2 Relationship between School-wide Channel Events and Other Channels (%)\***

	Idaho N=86 <sup>1</sup>	Iowa N=20	Kansas N=36	Michigan N=21
Classroom	56	15	42	52
Cafeteria	57	50	39	62
Community	42	30	39	38
Home	55	15	33	71
Media	30	25	36	33

\*For example, 56% of the school-wide events held in Idaho linked with the classroom channel

<sup>1</sup>N=Number of events or activities held in which “school-wide” was the primary channel

Please refer to Figure 7-1 for figures displaying this data

**Table E-1.2.3 Job Titles of Individuals Coordinating School-wide Events (%)\***

	Idaho N=86 <sup>1</sup>	Iowa N=20	Kansas N=36	Michigan N=21
Classroom Teacher	2	25	56	33
Physical Education Teacher	14	15	6	0
School Foodservice Staff	63	0	17	29
Family & Consumer Science Teacher	7	20	0	0
Principal/Assistant Principal	7	0	0	14
Health Teacher	1	0	0	5
Parent or Other Family Member	0	0	6	0
School Nurse	0	15	0	0
Combination <sup>2</sup>	NA	25	NA	NA
Other	6	0	17	19

\*For example, 2% of the coordinators in Idaho were classroom teachers.

<sup>1</sup>N=Number of events or activities held in which “school-wide” was the primary channel

<sup>2</sup>Two individuals partnering together to complete the log (described as “combination”)

Please refer to Figure 7-3 for figures displaying this data

**Table E-1.2.4 Time Spent (Hours) by Coordinators Planning/Preparing and Conducting School-wide Events**

	<b>Idaho N=86<sup>1</sup></b>	<b>Iowa N=20</b>	<b>Kansas N=36</b>	<b>Michigan N=21</b>
Planning/Preparing (Mean)	4.3	12.0	6.3	5.2
Median	2.0	4.0	4.5	2.5
Inter quartile range (25%–75%)	1.0–3.8	2.0–23.0	1.0–9.0	1.2–4.8
Conducting Event (Mean)	4.7	16.1	3.4	2.3
Median	2.5	5.5	2.3	1.5
Inter quartile range (25%–75%)	1.5–5.3	4.0–16.5	1.0–6.0	1.0–4.0

<sup>1</sup>N=Number of events or activities held in which “school-wide” was the primary channel

Please refer to Figure 7-5 for figures displaying this data

**Table E-1.2.5 Job Titles of Individuals Helping with School-wide Events (%)\***

	<b>Idaho N=86<sup>1</sup></b>	<b>Iowa N=20</b>	<b>Kansas N=36</b>	<b>Michigan N=21</b>
Classroom Teacher	71	75	75	86
School Foodservice Staff	67	45	22	62
Health Teacher	9	30	3	10
Family & Consumer Science Teacher	5	30	6	10
Physical Education Teacher	30	70	25	24
School Nurse	3	55	11	0
Teaching Assistants & Paraprofessional	13	40	42	52
Principal/Assistant Principal	31	55	33	62
Student	47	40	47	67
Parent	38	40	31	48
Community Member/Partner	27	45	17	0
Volunteer (not parent)	10	15	17	0
Other	12	0	22	24

\*For example, 71% of the persons helping with school-wide events in Idaho were classroom teachers.

<sup>1</sup>N=Number of events or activities held in which “school-wide” was the primary channel

**Table E-1.2.6 Time Spent (Hours) by Helpers Planning/Preparing and Conducting School-wide Events**

	<b>Idaho N=86<sup>1</sup></b>	<b>Iowa N=20</b>	<b>Kansas N=36</b>	<b>Michigan N=21</b>
Planning/Preparing (Mean)	4.4	90.1	4.6	4.3
Median	2.5	18.0	2.0	2.0
Inter quartile range (25%–75%)	1.0–4.0	3.0–92.0	1.0–8.0	1.4–4.0
Conducting Event (Mean)	8.3	- <sup>2</sup>	6.3	11.3
Median	3.0		2.0	2.6
Inter quartile range (25%–75%)	1.4–9.0		1.0–6.0	1.2–3.8

<sup>1</sup>N=Number of events or activities held in which “school-wide” was the primary channel

<sup>2</sup>Not collected

**Table E-1.2.7 Materials and Supplies Used for School-wide Channel Events (%)\***

	<b>Idaho N=86<sup>1</sup></b>	<b>Iowa N=20</b>	<b>Kansas N=36</b>	<b>Michigan N=21</b>
Art Supplies	26	35	64	38
Books	15	15	19	14
Food	60	65	81	67
Videos	5	0	6	0
Handouts, Brochures & Other Printed Materials	38	60	47	52
Posters & Banners	60	40	47	62
Decorations	29	10	31	19
Food Preparation Equipment	14	20	36	24
Computers & Internet	17	40	42	14
Other Educational Materials & Supplies	16	35	33	24
Other Materials & Supplies	12	30	31	14

\*For example, 26% of the school-wide events held in Idaho used art supplies.

<sup>1</sup>N=Number of events or activities held in which “school-wide” was the primary channel

Please refer to Figure 7-6 for figures displaying this data

**Table E-1.2.8 Average Cost (\$) of Purchased and Donated Items for School-wide Events**

	<b>Idaho N=86<sup>1</sup></b>	<b>Iowa N=20</b>	<b>Kansas N=36</b>	<b>Michigan N=21</b>
<b>ITEMS PURCHASED WITH:</b>				
<b>TN Grant Funds<sup>2</sup></b>				
Materials	\$54.94	\$39.45	\$59.87	\$62.00
Food	\$34.86	\$23.04	\$88.23	\$49.00
Services	\$6.10	\$159.95	\$20.36	\$44.00
<b>School Funds</b>				
Materials	\$5.73	\$11.25	\$4.45	\$14.00
Food	\$2.49	\$5.00	\$6.81	\$1.00
Services	\$3.49	\$0.00	\$0.00	\$0.00
<b>Personal Funds</b>				
Materials	\$.23	\$0.20	\$.56	\$0.00
Food	\$0.00	\$3.50	\$2.97	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Cost of Purchased Items per Event<sup>3</sup></b>	\$107.84	\$242.39	\$183.24	\$170.00
<b>ITEMS DONATED BY:</b>				
<b>School Foodservice<sup>2</sup></b>				
Materials	\$.93	\$2.50	\$.14	\$0.00
Food	\$8.85	\$22.75	\$0.00	\$3.00
Services	\$1.40	\$3.00	\$0.00	\$0.00
<b>Parents</b>				
Materials	\$0.00	\$66.25	\$0.00	\$0.00
Food	\$6.60	\$12.00	\$.08	\$24.00
Services	\$1.16	\$0.00	\$0.00	\$0.00
<b>Community</b>				
Materials	\$10.70	\$5.50	\$18.61	\$0.00
Food	\$3.26	\$39.25	\$3.90	\$0.00
Services	\$1.16	\$15.00	\$19.17	\$0.00
<b>Cost of Donated Items per Event<sup>3</sup></b>	\$34.06	\$166.25	\$41.90	\$27.00
<b>Grand Total: Purchased + Donated Items per Event<sup>3</sup></b>	<b>\$141.90</b>	<b>\$408.64</b>	<b>\$225.14</b>	<b>\$197.00</b>

<sup>1</sup>N=Number of events or activities held in which “school-wide” was the primary channel

<sup>2</sup>Average cost per event for materials, food or services (reported costs divided by number of events)

<sup>3</sup>Total average cost per event=Sum of all average costs

Please refer to page Figure 7-7 for figures displaying this data



**Table E-1.2.9 School-wide Channel Event Participation/Attendance**

	<b>Idaho N=86<sup>1</sup></b>	<b>Iowa N=20</b>	<b>Kansas N=36</b>	<b>Michigan N=21</b>
<b>Students</b>				
Total	23,807	3,424	4,375	6,798
Average per event	277	171	122	325
<b>Teachers</b>				
Total	1,170	262	304	383
Average per event	14	13	8	18
<b>Foodservice Staff</b>				
Total	152	26	35	38
Average per event	2	1	1	2
<b>Principals/Administrators</b>				
Total	66	23	16	28
Average per event	1	1	<1	1
<b>Other School Staff</b>				
Total	178	7	71	136
Average per event	2	<1	2	<6
<b>Parents/Adult Family Members</b>				
Total	3,934	1260	132	1,171
Average per event	46	63	4	56
<b>Community Partners</b>				
Total	214	122	18	16
Average per event	3	6	1	<1
<b>Other</b>				
Total	113	0	24	178
Average per event	1	0	1	9
<b>Grand Total</b>	<b>29,634</b>	<b>5,124</b>	<b>4,975</b>	<b>8,748</b>

<sup>1</sup> N=Number of events or activities held in which “school-wide” was the primary channel  
 Total=all participants reported on the channel log by the person that coordinated the event  
 Average per event=Total divided by N

Please refer to Figure 7-4 for figures displaying this data

## 1.3 HOME CHANNEL TABLES

**Table E-1.3.1 Team Nutrition Messages Communicated by Home Channel Activities (%)\***

	Idaho N=54 <sup>1</sup>	Iowa N=5	Kansas N=9	Michigan N=22
Eat a variety of foods	93	80	33	91
Eat more fruits, vegetables, and grains	81	60	22	95
Eat lower fat food more often	85	40	11	86
Be physically active	72	20	0	64

\*For example, 93% of the home events held in Idaho communicated the message “eat a variety of foods”

<sup>1</sup>N=Number of events or activities held in which “home” was the primary channel

Please refer to Figure 8-2 for figures displaying this data

**Table E-1.3.2 Relationship between Home Channel Activities and Other Channels (%)\***

	Idaho N=54 <sup>1</sup>	Iowa N=5	Kansas N=9	Michigan N=22
Classroom	43	40	67	45
Cafeteria	72	80	56	59
Community	37	20	78	55
Media	7	0	0	27
School-wide	70	60	67	91

\*For example, 43% of the home events held in Idaho were linked with the classroom channel

<sup>1</sup>N=Number of events or activities held in which “home” was the primary channel

Please refer to Figure 8-1 for figures displaying this data

**Table E-1.3.3 Job Titles of Individuals Coordinating Home Channel Activities (%)\***

	Idaho N=54 <sup>1</sup>	Iowa N=5	Kansas N=9	Michigan N=22
Classroom Teacher	4	0	89	14
Physical Education Teacher	7	0	0	0
School Foodservice Staff	63	0	0	59
Family & Consumer Science Teacher	9	20	0	0
Principal/Assistant Principal	6	0	0	14
Health Teacher	4	0	0	0
Parent or Other Family Member	0	0	0	0
School nurse	0	80	0	0
Other	7	0	11	14

\*For example, 4% of the coordinators for home activities in Idaho were classroom teachers.

<sup>1</sup>N=Number of events or activities held in which “home” was the primary channel

Please refer to Figure 8-3 for figures displaying this data

**Table E-1.3.4 Time Spent (Hours) by Coordinators Planning/Preparing and Conducting Home Channel Activities**

	Idaho N=54 <sup>1</sup>	Iowa N=5	Kansas N=9	Michigan N=22
Planning/Preparing (Mean)	2.9	17.8	1.1	6.7
Median	2.0	20.0	0.5	3.0
Inter quartile range (25%–75%)	1.0–3.0	9.5–25.0	0.5–0.5	2.0–10.0
Conducting Event (Mean)	3.8	2.8	1.0	4.4
Median	1.5	1.0	0.5	2.5
Inter quartile range (25%–75%)	1.0–4.8	1.0–5.5	0.5–0.5	1.0–4.0

<sup>1</sup>N=Number of events or activities held in which “home” was the primary channel

Please refer to page Figure 8-5 for figures displaying this data

**Table E-1.3.5 Job Titles of Individuals Helping with Home Channel Activities (%)\***

	Idaho N=54 <sup>1</sup>	Iowa N=5	Kansas N=9	Michigan N=22
Classroom Teacher	50	80	78	41
School Foodservice Staff	69	40	67	68
Health Teacher	17	0	0	14
Family & Consumer Science Teacher	6	20	0	0
Physical Education Teacher	9	20	56	9
School Nurse	17	80	11	0
Teaching Assistant & Paraprofessional	6	0	11	23
Principal/Assistant Principal	19	20	56	45
Student	33	40	0	50
Parent	31	20	56	36
Community Member/Partner	7	0	89	9
Volunteer (not parent)	9	0	22	5
Other	24	0	0	14

\*For example, 50% of the persons helping with home channel activities in Idaho were classroom teachers.

<sup>1</sup>N=Number of events or activities held in which “home” was the primary channel

**Table E-1.3.6 Time Spent (Hours) by Helpers Planning/Preparing and Conducting Home Channel Activities**

	<b>Idaho N=54<sup>1</sup></b>	<b>Iowa N=5</b>	<b>Kansas N=9</b>	<b>Michigan N=22</b>
Planning/Preparing (Mean)	5.3	53.8	0.7	4.4
Median	1.0	60.0	0.3	3.0
Inter quartile range (25%–75%)	1.0–4.3	11.5–93.0	0.3–1.5	2.0–8.0
Conducting Event (Mean)	4.5	- <sup>2</sup>	1.1	2.7
Median	2.5		0.3	2.5
Inter quartile range (25%–75%)	1.0–7.3		0.3–2.0	0.5–3.5

<sup>1</sup>N=Number of events or activities held in which “home” was the primary channel

<sup>2</sup>Not collected

**Table E-1.3.7 Materials and Supplies Used for Home Channel Activities (%)\***

	<b>Idaho N=54<sup>1</sup></b>	<b>Iowa N=5</b>	<b>Kansas N=9</b>	<b>Michigan N=22</b>
Art Supplies	39	40	0	9
Books	7	0	0	18
Food	52	0	11	9
Videos	4	0	0	0
Handouts, Brochures & Other Printed Materials	70	100	89	82
Posters & Banners	30	0	11	23
Decorations	22	0	0	5
Food Preparation Equipment	22	20	11	0
Computers & Internet	39	20	67	23
Other Educational Materials & Supplies	37	20	78	14
Other Materials & Supplies	17	0	0	11

\*For example, 39% of the home events held in Idaho used art supplies.

<sup>1</sup>N=Number of events or activities held in which “home” was the primary channel

Please refer to Figure 8-6 for figures displaying this data

**Table E-1.3.8 Average Cost of Purchased and Donated Items for Home Channel Activities**

	<b>Idaho N=54<sup>1</sup></b>	<b>Iowa N=5</b>	<b>Kansas N=9</b>	<b>Michigan N=22</b>
<b>ITEMS PURCHASED WITH:</b>				
<b>TN Grant Funds<sup>2</sup></b>				
Materials	\$25.72	\$200.00	\$0.00	\$43.00
Food	\$13.64	\$400.00	\$1.86	\$0.00
Services	\$1.48	\$620.00	\$0.00	\$15.00
<b>School Funds</b>				
Materials	\$13.85	\$1.00	\$5.89	\$42.00
Food	\$5.55	\$0.00	\$0.00	\$3.00
Services	\$1.85	\$6.00	\$0.00	\$0.00
<b>Personal Funds</b>				
Materials	\$0.00	\$0.00	\$0.00	\$2.00
Food	\$0.00	\$0.00	\$0.00	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Cost of Purchased Items per Activity<sup>3</sup></b>	<b>\$62.07</b>	<b>\$1227.00</b>	<b>\$7.75</b>	<b>\$105.00</b>
<b>ITEMS DONATED BY:</b>				
<b>School Foodservice<sup>2</sup></b>				
Materials	\$ .28	\$4.00	\$ .45	\$14.00
Food	\$3.24	\$0.00	\$0.00	\$0.00
Services	\$0.00	\$86.40	\$0.00	\$0.00
<b>Parents</b>				
Materials	\$2.78	\$0.00	\$0.00	\$32.00
Food	\$3.70	\$0.00	\$38.89	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Community</b>				
Materials	\$1.30	\$0.00	\$0.00	\$141.00
Food	\$7.22	\$0.00	\$0.00	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Cost of Donated Items per Event<sup>3</sup></b>	<b>\$18.52</b>	<b>\$90.40</b>	<b>\$39.34</b>	<b>\$187.00</b>
<b>Grand Total: Purchased + Donated Items per Activity<sup>3</sup></b>	<b>\$80.59</b>	<b>\$1,317.40</b>	<b>\$47.09</b>	<b>\$292.00</b>

<sup>1</sup>N=Number of events or activities held in which “home” was the primary channel

<sup>2</sup>Average cost per event for materials, food or services (reported costs divided by number of events)

<sup>3</sup>Total average cost per event=Sum of all average costs

Please refer to Figure 8-7 for figures displaying this data

**Table E-1.3.9 Home Channel Participation/Attendance**

	<b>Idaho N=54<sup>1</sup></b>	<b>Iowa N=5</b>	<b>Kansas N=9</b>	<b>Michigan N=22</b>
<b>Students</b>				
Total	9,459	728	791	20,019
Average per event	175	146	88	910
<b>Teachers</b>				
Total	540	11	56	284
Average per event	10	2	6	13
<b>Foodservice Staff</b>				
Total	98	4	11	31
Average per event	2	1	1	1
<b>Principals/Administrators</b>				
Total	42	1	6	24
Average per event	1	<1	1	1
<b>Other School Staff</b>				
Total	44	5	3	113
Average per event	1	1	<1	5
<b>Parents/Adult Family Members</b>				
Total	15,995	578	1,096	19,771
Average per event	2,962	116	122	899
<b>Community Partners</b>				
Total	55	400	6	512
Average per event	1	80	1	23
<b>Other</b>				
Total	106	0	0	200
Average per event	2	0	0	9
<b>Grand Total</b>	<b>26,339</b>	<b>1,727</b>	<b>1,969</b>	<b>40,954</b>

<sup>1</sup> N=Number of events or activities held in which “home” was the primary channel.

Total=all participants reported on the channel log by the person that coordinated the event.

Average per event=Total divided by N

Please refer to Figure 8-4 for figures displaying this data

## 1.4 COMMUNITY CHANNEL TABLES

**Table E-1.4.1 Team Nutrition Messages Communicated by Community Channel Events (%)\***

	Idaho N=42 <sup>1</sup>	Iowa N=12	Kansas N=8	Michigan N=10
Eat a variety of foods	83	75	50	50
Eat more fruits, vegetables, and grains	79	92	50	60
Eat lower fat food more often	71	58	38	70
Be physically active	60	75	75	80

\*For example, 83% of the community events held in Idaho communicated the message “eat a variety of foods”

<sup>1</sup> N=Number of events or activities held in which “community” was the primary channel

Please refer to Figure 9-2 for figures displaying this data

**Table E-1.4.2 Relationship between Community Channel Events and Other Channels (%)\***

	Idaho N=42 <sup>1</sup>	Iowa N=12	Kansas N=8	Michigan N=10
Classroom	24	0	25	50
Cafeteria	67	25	0	70
Home	59	67	38	90
Media	52	50	75	70
School-wide	45	50	88	60

\*For example, 24% of the community events held in Idaho were linked with the classroom channel

<sup>1</sup> N=Number of events or activities held in which “community” was the primary channel

Please refer to Figure 9-1 for figures displaying this data

**Table E-1.4.3 Job Titles of Individuals Coordinating Community Channel Events (%)\***

	Idaho N=42 <sup>1</sup>	Iowa N=12	Kansas N=8	Michigan N=10
Classroom Teacher	0	17	63	30
Physical Education Teacher	5	0	25	0
School Foodservice Staff	67	0	0	30
Family & Consumer Science Teacher	2	8	0	0
Principal/Assistant Principal	12	0	0	30
Health Teacher	2	0	0	10
Parent or Other Family Member	0	0	0	0
School nurse	0	25	0	0
Combination <sup>2</sup>	NA	50	NA	NA
Other	12	0	13	10

\*For example, 5% of the coordinators of community events in Idaho were PE teachers.

<sup>1</sup> N=Number of events or activities held in which “community” was the primary channel

<sup>2</sup> Two individuals partnering together to complete the log (described as “combination”)

Please refer to Figure 9-3 for figures displaying this data

**Table E-1.4.4 Time Spent (Hours) by Coordinators Planning/Preparing and Conducting Community Events**

	<b>Idaho N=42<sup>1</sup></b>	<b>Iowa N=12</b>	<b>Kansas N=8</b>	<b>Michigan N=10</b>
Planning/Preparing (Mean)	2.5	16.2	18.9	12.4
Median	2.0	9.5	20.0	10.0
Inter quartile range (25%–75%)	1.0–3.0	4.5–21.4	8.0–24.0	5.0–14.0
Conducting Event (Mean)	2.7	4.2	5.0	7.4
Median	1.6	4.0	5.0	4.0
Inter quartile range (25%–75%)	1.0–4.3	2.5–6.0	3.0–6.5	0.6–5.8

<sup>1</sup>N=Number of events or activities held in which “community” was the primary channel

Please refer to Figure 9-5 for figures displaying this data

**Table E-1.4.5 Job Titles of Individuals Helping with Community Channel Events (%)\***

	<b>Idaho N=42<sup>1</sup></b>	<b>Iowa N=12</b>	<b>Kansas N=8</b>	<b>Michigan N=10</b>
Classroom Teacher	57	58	88	60
School Foodservice Staff	71	50	38	80
Health Teacher	26	0	13	30
Family & Consumer Science Teacher	17	25	13	0
Physical Education Teacher	33	25	50	50
School Nurse	0	50	25	0
Teaching Assistant & Paraprofessional	5	20	50	40
Principal/Assistant Principal	31	40	50	100
Student	50	10	88	60
Parent	29	25	88	60
Community Member/Partners	31	20	50	70
Volunteer (not parent)	17	15	63	50
Other	33	0	13	30

\*For example, 57% of the persons helping with community events held in Idaho were classroom teachers.

<sup>1</sup>N=Number of events or activities held in which “community” was the primary channel



**Table E-1.4.6 Time Spent (Hours) by Helpers Planning/Preparing and Conducting Community Events**

	<b>Idaho N=42<sup>1</sup></b>	<b>Iowa N=12</b>	<b>Kansas N=8</b>	<b>Michigan N=10</b>
Planning/Preparing Mean	3.7	110.2	14.3	13.0
Median	3.0	32.0	15.0	8.0
Inter quartile range (25%–75%)	2.0–4.0	14.0–138.4	9.0–20.0	3.0–24.0
Conducting Event Mean	6.4	- <sup>2</sup>	6.6	35.1
Median	4.0		5.0	10.0
Inter quartile range (25%–75%)	1.8–6.0		3.0–6.5	2.8–21.3

<sup>1</sup>N=Number of events or activities held in which “community” was the primary channel

<sup>2</sup>Not collected

**Table E-1.4.7 Materials and Supplies Used for Community Channel Events (%)\***

	<b>Idaho N=42<sup>1</sup></b>	<b>Iowa N=12</b>	<b>Kansas N=8</b>	<b>Michigan N=10</b>
Art Supplies	26	75	50	50
Books	5	33	0	0
Food	88	75	75	80
Videos	0	17	13	10
Handouts, Brochures & Other Printed Materials	90	92	63	80
Posters & Banners	71	75	75	70
Decorations	36	50	50	30
Food Preparation Equipment	31	33	50	20
Computers & Internet	19	58	38	20
Other Educational Materials & Supplies	10	33	25	30
Other Materials & Supplies	0	50	25	36

\*For example, 26% of the community events held in Idaho used art supplies.

<sup>1</sup>N=Number of events or activities held in which “community” was the primary channel

Please refer to Figure 9-6 for figures displaying this data

**Table E-1.4.8 Average Cost of Purchased and Donated Items for Community Channel Events**

	<b>Idaho N=42<sup>1</sup></b>	<b>Iowa N=12</b>	<b>Kansas N=8</b>	<b>Michigan N=10</b>
<b>ITEMS PURCHASED WITH:</b>				
<b>TN Grant Funds<sup>2</sup></b>				
Materials	\$24.50	\$59.41	\$259.74	\$114.00
Food	\$32.27	\$28.28	\$94.28	\$109.00
Services	\$2.62	\$59.92	\$18.01	\$55.00
<b>School Funds</b>				
Materials	\$5.69	\$8.75	\$10.61	\$39.00
Food	\$2.60	\$0.00	\$0.00	\$40.00
Services	\$2.83	\$0.00	\$0.00	\$4.00
<b>Personal Funds</b>				
Materials	\$.24	\$3.11	\$.63	\$0.00
Food	\$0.00	\$3.80	\$0.00	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Cost of Purchased Items per Event<sup>3</sup></b>	<b>\$70.75</b>	<b>\$163.27</b>	<b>\$383.27</b>	<b>\$361.00</b>
<b>ITEMS DONATED BY:</b>				
<b>School Foodservice<sup>2</sup></b>				
Materials	\$0.00	\$2.50	\$0.00	\$20.00
Food	\$5.12	\$5.33	\$0.00	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Parents</b>				
Materials	\$.48	\$0.00	\$0.00	\$0.00
Food	\$14.29	\$32.08	\$0.00	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Community</b>				
Materials	\$12.26	\$7.50	\$31.25	\$10.00
Food	\$8.57	\$23.18	\$20.00	\$0.00
Services	\$2.38	\$0.00	\$8.75	\$0.00
<b>Cost of Donated Items per Event<sup>3</sup></b>	<b>\$43.10</b>	<b>\$70.59</b>	<b>\$60.00</b>	<b>\$30.00</b>
<b>Grand Total: Purchased + Donated Items per Event<sup>3</sup></b>	<b>\$113.85</b>	<b>\$233.86</b>	<b>\$443.27</b>	<b>\$391.00</b>

<sup>1</sup>N=Number of events or activities held in which “community” was the primary channel

<sup>2</sup>Average cost per event for materials, food or services (reported costs divided by number of events)

<sup>3</sup>Total average cost per event=Sum of all average costs

Please refer to Figure 9-7 for figures displaying this data

**Table E-1.4.9 Community Channel Event Participation/Attendance**

	<b>Idaho N=42<sup>1</sup></b>	<b>Iowa N=12</b>	<b>Kansas N=8</b>	<b>Michigan N=10</b>
<b>Students</b>				
Total	4,044	1,383	1,141	2,291
Average per event	96	115	143	229
<b>Teachers</b>				
Total	273	116	98	115
Average per event	7	10	12	12
<b>Foodservice Staff</b>				
Total	61	8	7	22
Average per event	2	1	1	2
<b>Principals/Administrators</b>				
Total	36	23	9	19
Average per event	1	2	1	2
<b>Other School Staff</b>				
Total	16	26	28	45
Average per event	<1	2	4	<5
<b>Parents/Adult Family Members</b>				
Total	1,864	624	146	891
Average per event	44	52	18	89
<b>Community Partners</b>				
Total	1,793	1,260	76	114
Average per event	43	105	10	11
<b>Other</b>				
Total	70,856	0	0	28
Average per event	1,687	0	0	3
<b>Grand Total</b>	<b>78,943</b>	<b>3,440</b>	<b>1,505</b>	<b>3,525</b>

<sup>1</sup>N=Number of events or activities held in which “community” was the primary channel  
 Total=all participants reported on the channel log by the person that coordinated the event  
 Average per event=Total divided by N

Please refer to Figure 9-4 for figures displaying this data

## 1.5 MEDIA CHANNEL TABLES

**Table E-1.5.1 Team Nutrition Messages Communicated by Media Channel Events (%)\***

	Idaho N=25 <sup>1</sup>	Iowa N=3	Kansas N=1	Michigan N=1
Eat a variety of foods	92	67	100	100
Eat more fruits, vegetables, and grains	88	67	100	100
Eat lower fat food more often	92	33	100	100
Be physically active	60	67	100	100

\*For example, 92% of the media events held in Idaho communicated the message “eat a variety of foods”

<sup>1</sup>N=Number of events or activities held in which “media” was the primary channel

Please refer to Figure 10-1 for figures displaying this data

**Table E-1.5.2 Relationship between Media Channel Events and Other Channels (%)\***

	Idaho N=25 <sup>1</sup>	Iowa N=3	Kansas N=1	Michigan N=1
Classroom	24	33	100	100
Cafeteria	24	33	100	100
Community	76	33	100	0
Home	28	33	100	100
School-wide	12	0	100	100

\*For example, 24% of the media events held in Idaho were linked with the classroom channel

<sup>1</sup>N=Number of events or activities held in which “media” was the primary channel

**Table E-1.5.3 Job Titles of Individuals Coordinating Media Events (%)\***

	Idaho N=25 <sup>1</sup>	Iowa N=3	Kansas N=1	Michigan N=1
Classroom Teacher	0	0	100	0
Physical Education Teacher	0	0	0	0
School Foodservice Staff	84	0	0	0
Family & Consumer Science Teacher	4	0	0	0
Principal/Assistant Principal	8	0	0	100
Health Teacher	4	0	0	0
Parent or Other Family Member	0	0	0	0
School nurse	0	67	0	0
Combination <sup>2</sup>	NA	33	NA	NA
Other	0	0	0	0

\*For example, 84% of the coordinators for media events in Idaho were members of the school foodservice staff.

<sup>1</sup>N=Number of events or activities held in which “media” was the primary channel

<sup>2</sup>Two individuals partnering together to complete the log (described as “combination”)

**Table E-1.5.4 Time Spent (Hours) by Coordinators Planning/Preparing and Conducting Media Events**

	<b>Idaho N=25<sup>1</sup></b>	<b>Iowa N=3</b>	<b>Kansas N=1</b>	<b>Michigan N=1</b>
Planning/Preparing (Mean)	2.0	18.0	24.0	2.0
Median	1.5	20.0	-	-
Inter quartile range (25%–75%)	0.5–2.0	-	-	-
Conducting Event (Mean)	1.2	3.7	5.0	0
Median	1.0	-	-	-
Inter quartile range (25%–75%)	1.3–1.0	-	-	-

<sup>1</sup>N=Number of events or activities held in which “media” was the primary channel

**Table E-1.5.5 Job Titles of Individuals Helping with Media Events (%)\***

	<b>Idaho N=25<sup>1</sup></b>	<b>Iowa N=3</b>	<b>Kansas N=1</b>	<b>Michigan N=1</b>
Classroom Teacher	16	67	100	0
School Foodservice Staff	12	33	100	0
Health Teacher	12	0	0	0
Family & Consumer Science Teacher	8	33	100	0
Physical Education Teacher	0	33	100	0
School Nurse	0	67	0	0
Teaching Assistant & Paraprofessional	4	0	100	0
Principal/Assistant Principal	0	33	100	100
Student	16	33	100	0
Parent	4	33	100	0
Community Member/Partner	8	33	100	0
Volunteer (not parent)	4	33	100	0
Other	4	0	0	0

\*For example, 16% of the persons helping with media events held in Idaho were classroom teachers.

<sup>1</sup>N=Number of events or activities held in which “media” was the primary channel

**Table E-1.5.6 Time Spent (Hours) by Helpers Planning/Preparing and Conducting Media Events**

	Idaho N=25 <sup>1</sup>	Iowa N=3	Kansas N=1	Michigan N=1
Planning/Preparing (Mean)	3.1	62.0	3.0	0
Median	1.5	30.0	-	-
Inter quartile range (25%–75%)	0.0–2.0	-	-	-
Conducting Event (Mean)	2.0	- <sup>2</sup>	5.0	0
Median	1.0		-	-

<sup>1</sup>N=Number of events or activities held in which “media” was the primary channel

<sup>2</sup>Data not collected

**Table E-1.5.7 Materials and Supplies Used for Media Channel Events (%)\***

	Idaho N=25 <sup>1</sup>	Iowa N=3	Kansas N=1	Michigan N=1
Art Supplies	4	67	100	0
Books	0	0	0	0
Food	20	33	100	0
Videos	4	0	0	0
Handouts, Brochures & Other Printed Materials	36	33	100	0
Posters & Banners	8	67	100	0
Decorations	4	33	0	0
Food Preparation Equipment	4	33	100	0
Computers & Internet	52	0	100	0
Other Educational Materials & Supplies	40	33	0	100
Other Materials & Supplies	16	33	0	0

\*For example, 4% of the media events in Idaho used art supplies.

<sup>1</sup> N=Number of events or activities held in which “media” was the primary channel

**Table E-1.5.8 Average Cost of Purchased and Donated Items for Media Channel Events**

	<b>Idaho N=25<sup>1</sup></b>	<b>Iowa N=3</b>	<b>Kansas N=1</b>	<b>Michigan N=1</b>
<b>ITEMS PURCHASED WITH:</b>				
<b>TN Grant Funds<sup>2</sup></b>				
Materials	\$19.68	\$16.00	\$117.00	\$0.00
Food	\$0.00	\$41.33	\$33.25	\$0.00
Services	\$0.00	\$0.00	\$225.00	\$0.00
<b>School Funds</b>				
Materials	\$2.00	\$0.00	\$25.00	\$0.00
Food	\$0.00	\$0.00	\$0.00	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Personal Funds</b>				
Materials	\$0.00	\$0.00	\$0.00	\$0.00
Food	\$1.20	\$0.00	\$0.00	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Cost of Purchased Items per Event<sup>3</sup></b>	<b>\$22.88</b>	<b>\$57.33</b>	<b>\$400.25</b>	<b>\$0.00</b>
<b>ITEMS DONATED BY:</b>				
<b>School Foodservice<sup>2</sup></b>				
Materials	\$.60	\$0.00	\$0.00	\$0.00
Food	\$.80	\$1.66	\$0.00	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Parents</b>				
Materials	\$0.00	\$0.00	\$0.00	\$0.00
Food	\$0.00	\$0.00	\$0.00	\$0.00
Services	\$0.00	\$0.00	\$0.00	\$0.00
<b>Community</b>				
Materials	\$10.00	\$0.00	\$0.00	\$0.00
Food	\$4.00	\$6.67	\$25.00	\$0.00
Services	\$0.00	\$16.67	\$25.00	\$0.00
<b>Cost of Donated Items per Event<sup>3</sup></b>	<b>\$15.40</b>	<b>\$25.00</b>	<b>\$50.00</b>	<b>\$0.00</b>
<b>Grand Total: Purchased + Donated Items per Event<sup>3</sup></b>	<b>\$38.28</b>	<b>\$82.33</b>	<b>\$450.25</b>	<b>\$0.00</b>

<sup>1</sup>N=Number of events or activities held in which “media” was the primary channel.

<sup>2</sup>Average cost per event for materials, food or services (reported costs divided by number of events)

<sup>3</sup>Total average cost per event=Sum of all average costs

**Table E-1.5.9 Media Channel Event Participation/Attendance**

	<b>Idaho N=25<sup>1</sup></b>	<b>Iowa N=3</b>	<b>Kansas N=1</b>	<b>Michigan N=1</b>
<b>Students</b>				
Total	1,018	395	137	-
Average per event	40	131	137	-
<b>Teachers</b>				
Total	58	41	16	-
Average per event	2	14	16	-
<b>Foodservice Staff</b>				
Total	17	5	3	-
Average per event	1	2	3	-
<b>Principals/Administrators</b>				
Total	6	2	0	-
Average per event	<1	1	0	-
<b>Other School Staff</b>				
Total	1	1	6	-
Average per event	-	<1	6	-
<b>Parents/Adult Family Members</b>				
Total	3	18	8	-
Average per event	<1	6	8	-
<b>Community Partners</b>				
Total	9	2	10	-
Average per event	<1	1	10	-
<b>Other</b>				
Total	43,375	0	0	-
Average per event	1,735	0	0	-
<b>Grand Total</b>	<b>44,487</b>	<b>464</b>	<b>180</b>	<b>-</b>

<sup>1</sup>N=Number of events or activities held in which “media” was the primary channel

Total=all participants reported on the channel log by the person that coordinated the event

Average per event=Total divided by N



## 1.6 ALL EVENTS CHANNEL TABLES

**Table E-1.6.1 Team Nutrition Messages Communicated by TN Events (%)\***

	Idaho N=265 <sup>1</sup>	Iowa N=51	Kansas N=68	Michigan N=70
Eat a variety of foods	83	25	56	76
Eat more fruits, vegetables, and grains	76	35	49	73
Eat lower fat food more often	67	32	40	74
Be physically active	57	28	32	56

\*For example, 83% of the TN events held in Idaho communicated the message “eat a variety of foods”

<sup>1</sup>N=Total number of TN events or activities held

Please refer to Figure 11-1 for a figure displaying this data

**Table E-1.6.2 Job Titles of Individuals Coordinating TN Channel Events for All Combined (%)\***

	Idaho N <sup>1</sup> =265	Iowa N=51	Kansas N=68	Michigan N=70
Classroom Teacher	3	20	54	23
Physical Education Teacher	7	6	9	0
School Foodservice Staff	70	6	19	41
Family & Consumer Science Teacher	5	12	0	0
Principal/Assistant Principal	6	0	0	20
Health Teacher	2	0	0	3
Parent or Other Family Member	0	0	3	0
School Nurse	0	28	0	0
Combination <sup>2</sup>	NA	29	NA	NA
Other	6	0	15	13

\*For example, 3% of the coordinators of TN events in Idaho were classroom teachers.

<sup>1</sup>N= Total number of TN events or activities held

<sup>2</sup>Two individuals partnering together to complete the log (described as “combination”)

Please refer to Figure 11-2 for a figure displaying this data

**Table E-1.6.3 Time Spent (Hours) by Coordinator Planning/Preparing and Conducting TN Events**

	Idaho N=265 <sup>1</sup>	Iowa N=51	Kansas N=68	Michigan N=70
Planning/Preparing (Mean)	3.1	12.9	6.8	6.5
Median	2.0	6.0	4.0	3.0
Inter quartile range (25%–75%)	1.0–3.0	3.0–20.0	1.0–9.0	2.0–10.0
Conducting Event (Mean)	3.6	17.7	3.4	4.2
Median	2.0	4.0	2.0	2.0
Inter quartile range (25%–75%)	1.0–4.8	2.0–6.0	1.0–5.0	1.0-4.0

<sup>1</sup>N=Total number of TN events or activities held

Please refer to Figure 11-3 for a figure displaying this data

**Table E-1.6.4 Job Titles of Individuals Helping with TN Events (%)\***

	<b>Idaho N=265<sup>1</sup></b>	<b>Iowa N=51</b>	<b>Kansas N=68</b>	<b>Michigan N=70</b>
Classroom Teacher	51	15	71	61
School Foodservice Staff	67	13	38	71
Health Teacher	13	3	3	16
Family & Consumer Science Teacher	7	6	6	6
Physical Education Teacher	19	10	28	20
School Nurse	5	13	12	3
Teaching Assistant & Paraprofessional	8	5	37	40
Principal/Assistant Principal	22	11	37	61
Student	40	6	44	56
Parent	28	8	38	41
Community Member/Partner	19	7	31	14
Volunteer (not parent)	8	3	24	9
Other	18	0	16	21

\*For example, 51% of the persons helping with TN events held in Idaho were classroom teachers.

<sup>1</sup>N=Total number of TN events or activities held

**Table E-1.6.5 Time Spent by Helpers Planning/Preparing and Conducting TN Events**

	<b>Idaho N=265<sup>1</sup></b>	<b>Iowa N=51</b>	<b>Kansas N=68</b>	<b>Michigan N=70</b>
Planning/Preparing (Mean)	3.9	77.0	4.9	5.2
Median	1.8	22.0	2.0	3.0
Inter quartile range (25%–75%)	1.0–4.0	8.5–76.0	1.0–8.0	1.5–7.0
Conducting Event (Mean)	6.0	- <sup>2</sup>	4.7	10.1
Median	3.0		2.0	2.7
Inter quartile range (25%–75%)	1.0–6.0		1.0–4.5	1.0–4.5

<sup>1</sup>N=Total number of TN events or activities held

<sup>2</sup>Not collected

**Table E-1.6.6 Materials and Supplies Used for TN Events in All Channels (%)\***

	<b>Idaho N=265<sup>1</sup></b>	<b>Iowa N=51</b>	<b>Kansas N=68</b>	<b>Michigan N=70</b>
Art Supplies	26	12 <sup>2</sup>	50	26
Books	7	5	18	11
Food	59	14	63	53
Videos	3	1	6	4
Handouts, Brochures & Other Printed Materials	55	18	51	67
Posters & Banners	50	13	49	49
Decorations	30	7	32	20
Food Preparation Equipment	18	7	35	16
Computers & Internet	24	9	40	16
Other Educational Materials & Supplies	25	7	37	10
Other Materials & Supplies	12	8	22	19

\*For example, 26% of the TN events in Idaho used art supplies.

<sup>1</sup> N=Total number of TN events or activities held

Please refer to Figure 11-4 for a figure displaying this data

**Table E-1.6.7 Average Cost of Purchased and Donated Items for TN Events in All Channels**

	<b>Idaho N=265<sup>1</sup></b>	<b>Iowa N=51</b>	<b>Kansas N=68</b>	<b>Michigan N=70</b>
<b>ITEMS PURCHASED WITH:</b>				
<b>TN Grant Funds<sup>2</sup></b>				
Materials	\$47.71	\$63.20	\$71.22	\$60.00
Food	\$23.45	\$61.75	\$63.78	\$56.00
Services	\$2.70	\$137.61	\$16.21	\$29.00
<b>School Funds</b>				
Materials	\$7.80	\$7.94	\$4.84	\$24.00
Food	\$3.30	\$1.96	\$7.13	\$16.00
Services	\$3.62	\$0.59	\$0.00	\$1.00
<b>Personal Funds</b>				
Materials	\$.11	\$0.86	\$.37	\$2.00
Food	\$.11	\$2.37	\$1.65	\$0.00
Services	\$.38	\$0.00	\$0.00	\$0.00
<b>Cost of Purchased Items per Event<sup>3</sup></b>	<b>\$89.18</b>	<b>\$276.27</b>	<b>\$165.18</b>	<b>\$188.00</b>
<b>ITEMS DONATED BY:</b>				
<b>School Foodservice<sup>2</sup></b>				
Materials	\$1.02	\$1.96	\$.34	\$8.00
Food	\$5.97	\$22.14	\$.29	\$1.00
Services	\$.45	\$10.12	\$0.00	\$0.00
<b>Parents</b>				
Materials	\$.64	\$27.94	\$0.00	\$10.00
Food	\$5.18	\$12.25	\$5.19	\$8.00
Services	\$.38	\$0.00	\$0.00	\$0.00
<b>Community</b>				
Materials	\$7.13	\$6.86	\$13.53	\$46.00
Food	\$4.26	\$27.12	\$4.79	\$3.00
Services	\$.91	\$6.86	\$11.55	\$0.00
<b>Cost of Donated Items per Event<sup>3</sup></b>	<b>\$25.94</b>	<b>\$115.26</b>	<b>\$35.69</b>	<b>\$76.00</b>
<b>Grand Total: Purchased + Donated Items per Event<sup>3</sup></b>	<b>\$115.12</b>	<b>\$391.53</b>	<b>\$200.87</b>	<b>\$264.00</b>

<sup>1</sup>N=Total number of TN events or activities held

<sup>2</sup>Average cost per event for materials, food or services (reported costs divided by number of events)

<sup>3</sup>Total average cost per event=Sum of all average costs

Please refer to Figure 11-5 for a figure displaying this data

**Table E-1.6.8 TN Channel Event Participation/Attendance in All Channels**

	<b>Idaho N=265<sup>1</sup></b>	<b>Iowa N=51</b>	<b>Kansas N=68</b>	<b>Michigan N=70</b>
<b>Students</b>				
Total	54,241	7,924	7,822	34,343
Average per event	205	159	115	491
<b>Teachers</b>				
Total	2,398	601	546	1,003
Average per event	9	12	80	14
<b>Foodservice Staff</b>				
Total	462	105	78	141
Average per event	2	2	1	2
<b>Principals/Administrators</b>				
Total	181	58	36	95
Average per event	1	1	<1	1
<b>Other School Staff</b>				
Total	281	51	117	360
Average per event	1	1	2	5
<b>Parents/Adult Family Members</b>				
Total	23,608	3,104	1,388	24,679
Average per event	89	62	20	353
<b>Community Members/Partners</b>				
Total	2,083	1,848	116	654
Average per event	8	36	2	9
<b>Other</b>				
Total	114,468	0	24	411
Average per event	432	0	<1	6
<b>Grand Total</b>	<b>197,722</b>	<b>13,691</b>	<b>10,127</b>	<b>61,686</b>

<sup>1</sup>N=Total number of TN events or activities held

Total=all participants reported on the channel log by the person that coordinated the event.

Average per event=Total divided by N

Please refer to Figure 11-6 for a figure displaying this data

**F. SITE COORDINATOR LOG DATA**

**1. SITE COORDINATOR TABLES (2000 – 2002)**

**Table F-1.1 Steps Taken by Site Coordinators: Years 1 and 2 (Four States)**

Steps Taken by Site Coordinators (%)	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=11 <sup>1</sup>	2 N=11	1 N=10	2 N=8	1 <sup>2</sup>	2 N=14	1 N=15	2 N=12 <sup>3</sup>
Formed a district-wide committee	50	18	NA <sup>4</sup>	13		14	20	0
Recruited parent volunteers	60	64				79	67	55
Contacted community groups and businesses for donations	60	55	57	75		29	40	36
Teamed with community agencies or members	60	55	71	63		57	80	55
Recruited community volunteers	60	64	100	63		71	67	45
Linked with the media (newspaper, radio, TV) about this project	80	82	100	50		79	53	64
Linked with community agencies or members	60	64	86	63		79	87	64
Developed a written plan	60	45	100	100		86	67	82
Linked with parents	80	82	86	75		86	87	55
Evaluated the success of this project	100	82	100	63		71	60	64
Had planning meeting (s)	90	82	100	100		93	20	91
Distributed materials that explained the project	80	91	86	88		71	80	82
Developed materials that explained the project (newsletter, flyer)	90	82	86	88		86	73	73
Teamed with the physical education teacher	90	82	100	100		71	93	27
Linked with the physical education teacher	70	82	100	88		79	93	64
Gathered/borrowed materials	100	82	100	88		93	53	82
Formed a school-wide committee	90	82	100	100		93	80	64
Purchased materials/supplies	90	91	100	75		86	87	91
Contacted the media (newspaper, radio, TV) about this project	90	100	100	100		93	73	73
Teamed with classroom teacher(s)	90	91	86	100		100	87	91
Talked to an administrator about this Team Nutrition project	90	100	100	100		79	93	73
Linked with classroom teacher(s)	100	91	86	100		93	100	91
Teamed with the school foodservice staff	100	100	100	100		100	100	82
Linked with the school foodservice staff	100	100	100	100		93	100	100

<sup>1</sup> N=number of site coordinators

<sup>2</sup> Kansas did not collect site coordinator logs in Year 1

<sup>3</sup> Michigan had one less school in Year 2. In addition, one site coordinator was not involved in the project in Year 2, hence the number of site coordinators dropped from 15 to 12.

<sup>4</sup> Not applicable



**Table F-1.2 Time Spent and Planning Meetings Held by Site Coordinators  
(Year 1 and Year 2)**

Time Spent and Meetings Held	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=11 <sup>1</sup> 91% <sup>2</sup>	2 N=11 100%	1 N=10 90%	2 N=8 80%	1 <sup>3</sup>	2 N=14 100%	1 N=15 100%	2 N=12 92%
Average Hours Spent on Project	80 <sup>4</sup>	177	58	32		72	87	90
Standard Deviation	± 113	± 75	± 34	± 20		± 46.7	± 129	± 146
Range (Minimum to Maximum)	4–300	3–300	18–120	1–20			15–460	30–500
Average Number of Planning Meetings Held	5.1	3.6	11.0	6.1		5.6	4.0	5.0
Standard Deviation	± 4.2	± 3.3	± 3.1	± 7.6		± 4.3	± 2.0	± 1.8
Range (Minimum to Maximum)	1–14	0–12	5–15	1–20		0–16	0–9	2–9

<sup>1</sup> N=number of site coordinators

<sup>2</sup> Response rate = n/N

<sup>3</sup> Kansas did not collect site coordinator logs in Year 1

<sup>4</sup> Average, standard deviation, and range of those responding

**Table F-1.3 Site Coordinator Activities by Channel: Year 1 and Year 2 (Four States)**

TN Channel Focus	Idaho		Iowa		Kansas		Michigan	
	Year		Year		Year		Year	
	1 N=11 <sup>1</sup> 91% <sup>2</sup>	2 N=11 100%	1 N=14 100%	2 N=8	1 <sup>3</sup>	2 N=14 100%	2 N=15 100%	2 N=12 92%
<b>Which Channel Did You Focus on the Most this Year? (% n)</b>								
Media	20	18	29	0	-	43	47	0
Community	50	36	14	25	-	36	60	9
Home	60	55	29	25	-	50	40	55
Cafeteria	70	91	86	38	-	79	53	64
School-wide	90	91	100	50	-	64	80	64
Classroom	80	73	100	75	-	79	60	82
<b>Which Channel Do You Plan to Focus on More Next Year? (% n)</b>								
Community	30	45	57	13	-	50	80	9
Media	50	36	43	0	-	43	80	0
School-wide	60	45	43	13	-	50	73	36
Cafeteria	60	64	71	13	-	64	87	55
Home	80	82	57	13	-	57	80	55
Classroom	60	55	86	63	-	86	87	64

<sup>1</sup>N=number of site coordinator/co-coordinators

<sup>2</sup>Response rate=n/N

<sup>3</sup>Kansas did not collect site coordinator logs in Year 1

## **2. END-OF-THE-PROJECT QUESTIONS**

**NOTE: EACH PARTICIPATING STATE COLLECTED RESPONSES TO THESE QUESTIONS, FROM SITE COORDINATORS, AT THE END OF THE TWO-YEAR IMPLEMENTATION.**

## **2.1**            ***END-OF-THE-PROJECT QUESTIONS***

1.        What did it REALLY take to make the Team Nutrition Demonstration Project (TNDP) work?
2.        What were the major obstacles?
3.        What were the major successes/benefits of the TNDP?
4.        What advice would you give to others to get them interested, motivated, and committed to nutrition education in the school?
5.        What would you do again?
6.        What would you not do again?

NOTE: Each State collected responses to these questions at the end of the two-year implementation.

### **3. SUMMARY: END-OF-THE-PROJECT QUESTIONS**

## **Summary of responses from Site Coordinators to “common questions” Team Nutrition and Training Demonstration Project: 1999-2002**

**Note:** These questions were asked of site coordinators at the end of the two-year implementation phase of the TNDP. The number of States with similar responses is listed in parentheses following each item. If no number is listed, one State contributed this response. Some items were asked by all States; Michigan and Idaho asked additional questions (which are identified).

### **1. What did it REALLY take to make the Demonstration Project work? (All States)**

- Time [release time for planning and meetings] (4)
- Commitment (4)
- Energy/Motivation (4)
- Money [for curriculum, food, field trips] (4)
- Buy-In (4)
- Teamwork/Cooperation (4)
- A leader with time, energy, resources, and enthusiasm (4)
- Support [from staff, administration, business office] (4)
- Planning/Organization (3)
- Committed foodservice (2)
- Resources (2) [refills for consumables from kits]
- Flexibility
- Creativity
- Respect for topic
- Communication
- Community involvement

### **Miscellaneous Comments:**

- Can't do it alone; build support; identify and contact key community individuals that can help
- TN leader has to be in charge and have time to do this
- Business office needs to know what is going on and cooperate to release funds for allowable expenses
- Need to be on team: Foodservice, PE, Family & Consumer Science Teacher (middle school), and all classroom teachers (elementary)
- Add a business office section to the implementation guide
- Nutrition objectives must be required part of the curriculum
- Principal must at a minimum delegate authority for the project and allow the TN leader to lead the project, not block it

## **2. What were the major obstacles? (All States)**

- TIME!!! For planning, meeting, and gathering materials (4)
- All participants must buy-in; must work as a team (2)
- Lack of follow through; lack of commitment by some teachers/administrators (2)
- Getting people motivated
- Foodservice doesn't want to change
- Team meetings were a problem to schedule
- Classroom logs and channel logs
- Doing the project by Dietary Guideline when the lesson materials were not organized that way
- Competition with other programs
- Staff turnover
- Not understanding expectations for community and Extension involvement
- Confusion about allowable expenditures
- Media doesn't always want to do the story—would rather do “bad news”
- Rural communities have fewer resources (fitness facilities, businesses)
- Lack of district funds to supplement TN activities
- Funds from pop and candy machines send mixed messages
- Staff modeling, or lack of it
- The comprehensive model for TN was confusing for the first year

### **Suggestions to overcome barriers (MI, ID)**

- Copy what someone else has already done or is doing
- Identify staff person to coordinate efforts and allow paid time every week to plan
- Create a calendar of events
- Take one hour and read the Getting Started Manual
- Line up support people and don't do it all yourself
- Use the summer months for planning
- Get a committee together. It's easier with help to get things going
- Set goals and make it a priority. I counted it as a lesson plan and worked on it during planning time
- Don't take on all your schools without one person in each school leading

### **Anything you wish you would have had? Or known? Or done? (MI, ID)**

- Needed more knowledge of funds; help with the budget (2)
- Needed more people to help implement the program (2)
- More info on the connection between nutrition and learning to prove to teachers how important TN is
- Wish I would have known how to get all schools to work together more
- Outside resources
- Set up coordinating meetings at start of the year. Hard to schedule later in year

**What is associated with programs that fail? (MI, ID)**

- Lack of energy/commitment/support/interest (2)
- Lethargic volunteers
- No continuity
- Support staff busy with their own agendas-not enough time
- Overworked employees
- Motivation. You have to push and be persistent to keep things in motion
- Lack of administrative support

**What factors do you think predict TN success? (MI, ID)**

- Enthusiasm (2)
- Support and buy-in of teachers, foodservice, principal (2)
- Having a dedicated leader (2)
- Team work
- Foodservice employee involvement
- School district realizes how important TN issues are to the district
- Creative thinking
- Time
- Communication and networking

**3. What were the major successes, benefits of the TNDP: (All States)**

**For School/Administrators**

- Project funding (4)
- Collaboration with others in the school increased. Involved all staff and also students. Brought staff together as a team! (3)
- Good PR for school (3)
- Parent involvement at school increased (2)
- We formed a Student Advisory Committee
- School improvement plan now includes Team Nutrition
- Positive changes in school lunch menu
- School is a healthier environment
- Nutrition policy for school
- Sharing recipes and nutrition information
- Brought some new faces into nutrition education

**For Students**

- Awareness and knowledge about nutrition and physical activity (4)
- Kids tried new foods, had fun, made healthy snacks, developed confidence, learned how to be healthier, got excited about nutrition, learned healthy habits, are eating better (4)
- Nutrition was taught in a creative way
- More people than teachers were involved in teaching kids about nutrition
- Students understand relationship between how they eat, look, feel and act



### **For Teachers**

- Resources: Food cart, teaching kits, quality materials (3)
- Enhanced curriculum; curriculum alignment; an avenue to teach nutrition (3)
- Loved the e-mail newsletters (recipes, web sites, info about other grants)
- Changed my whole way of teaching (using food)
- Healthier students learn better
- Good PR for my class
- Recipes and nutrition info was good for staff
- Getting involved in something other than classroom
- Tools to work with and the funds to carry it through
- Helps with their classroom lessons

### **For Foodservice Staff**

- Becoming part of a team; being involved with education; included in the loop; better relationship between foodservice staff and teachers (4)
- Gave them the recognition they deserve (2)
- Cafeteria renovations
- Positive changes in school lunch menu
- The kids liked us (foodservice) preparing special food in their classroom
- Money for cooking activities
- The foodservice budget looks very good this year, close to being in the black
- Cooking activities were fun
- Increased their self-confidence
- Exposure to the parents that we do provide good nutrition
- Increase in fruit/veggie consumption

### **For the Community**

- Way for community to know school staff; involved community at school; community aware that school cares about health (4)
- Encouraged same messages throughout the community
- Expanded community resources available to the school
- Health fair has become expected
- How all school staff are part of teaching good health

### **For Parents**

- Food tasting for parents at school; healthy snacks at teacher conferences (2)
- Ideas for snacks & meals; menu info; info to help children make better choices (2)
- A better understanding of nutrition and nutrition programs (2)
- Ideas on how to make home a healthier place
- Knowing that the school cares about their family's well-being
- Kids are teaching their parents importance of healthy eating
- Learning there is more to school than math, English, and science
- Awareness of nutrition in our school cafeterias and classrooms
- A sense that young people need to be healthy

### **You Personally and/or Professionally**

- Nutrition being taught to young children in school; sharing information about healthy eating and physical wellness with children; providing new academic opportunities for students (4)
- Seeing students change food choices and be excited about nutrition; seeing students having fun while learning and sharing knowledge (3)
- Knowing I am doing something to make a difference; helping my school and community (3)
- Doing a demonstration grant; knowing we contributed to a national move for nutrition education (2)
- Professional growth from the grant: writing, doing, managing, interacting (2)
- Networking with other schools
- It has been very educational; empowered me to do things that needed to be done
- Opened my eyes to a lot I was unaware of in our school
- Motivating others
- Networking
- Teaching students that don't have me as a teacher
- Helped with my career goal
- Working with the teachers and lunch staff
- Allowed me to be involved and make a difference as a foodservice employee

#### **4. What advice would you give others to get them interested, motivated and committed to nutrition education in the school? (All States)**

- Maintain flexibility (2)
- Start with a bang to motivate teachers
- Be sure you have a long-term commitment and buy-in at the beginning
- Rewards – words or mementos for those involved
- Make it simple!!!
- Delegate
- Know the chain of command
- Be enthusiastic about nutrition, be a good role model, be creative
- Point out the advantages
- Communicate!!!
- Show how it fits into the curriculum
- Be positive
- Use Iowa Communications Network to recruit/train new schools
- Have meetings on professional days for specific regions—because what works in one spot won't work everywhere
- Train by channel
- Offer CEU's for TN training sessions

**Pretend you have just been hired to get people interested, motivated and committed to nutrition education at the school level. What would you do? (MI, ID)**

- Show how program can help with problem of overweight children
- Let them know past results and reactions
- Provide ideas and demonstrate
- Enable staff to have materials and supplies
- Get an interested team together through PTA and school board
- Speak to large groups of people about the project: school, parents, community
- Provide written materials and food to sample
- Show them how easy it can be to achieve high payoff with low cost
- Get foodservice staff and physical education teachers behind you
- Use the goals of team nutrition to promote activities
- Put up a “Volunteers 4 Nutrition wanted” poster and form a committee from those who apply because they have the interest
- Train the teachers; get administration on board
- Use your curriculum and work nutrition into the studies

**How about the State level, what would you do to improve success of TN? (MI, ID)**

- Provide examples of past TN success (2)
- Offer support (2)
- Promote TN with TV stations
- Keep doing what you are doing
- Give ideas for funding, projects & activities
- Help State Educators focus on importance of healthy lifestyle
- Get support from those who have done it
- Show how it works with curriculum standards
- Offer in-services, conferences, etc.

**What about experienced TN schools like yours-what do you need to keep going & growing? (MI, ID)**

- More grants/\$\$ (2)
- Continuing ideas for implementation (2)
- Materials/resources (2)
- Support (2)
- Training, classes, conference calls (2)
- New Menu Masters (example: Prof. Munchie’s ideas)
- Knowledgeable leader
- Teacher with energy
- Keep sending TN info
- Time
- Support from school food service staff
- Encouragement

**Now pretend you are in charge of TN at the national level, what would you do? (MI, ID)**

- Be sure money reaches “student level”
- Offer \$ for start up and continued \$ for support and success
- Give ideas for funding, projects and activities
- Media
- Show the need for TN
- Money to train teachers
- Maybe more personal contact
- Don’t duplicate programs
- Target the teachers/staff in schools to have better understanding of nutrition

**5. What would you do again? (All States)**

- Teach nutrition regularly
- Tasting in the classroom and cafeteria
- School-wide activities were fun and effective
- Collaborate!
- Take advantage of national school lunch and breakfast weeks.
- Be involved with the State fair and promote Team Nutrition
- Use Team Nutrition Lesson Kits in our curriculum for all grades
- Have Nutrition Advisory Committee
- Utilize high school students to teach elementary students
- Offer after-school physical activity
- Continue menu changes
- Integrate nutrition across curriculum
- Participate in or sponsor community dashes/races
- International food fair
- Reach out to the media
- Breakfast in a bag
- Snack cart
- Work to improve concession stand choices
- Healthy snacks as part of FCS class
- Walk Across Iowa

**6. What would you not do again? (All States)**

- Community activities were not as good as school-wide activities
- Require that certain things be taught in certain months
- Stress out about the project so much
- Wouldn’t try to take on more than one school
- Take on too much at one time
- Come on in the middle of a school year without training
- Fitness days – field trips to fitness center (if don’t have the funds)
- T.V. stations were not supportive and didn’t show up
- Record keeping, although necessary this time
- Preparing materials for others to use (they chose not to)

**What was the most important partnership formed in this project? (MI, ID)**

- Teachers and Foodservice
- Extension and School
- School and Community
- Foodservice staff and teachers, parents, students

**How has comprehensive implementation changed the school environment? Please give a few examples of how this project improved the school nutrition environment. (MI, ID)**

- Teacher training has put teachers on the same page and aligned the curriculum
- Breakfast in a Bag is for whole school now
- Healthy snack carts tour school during school day
- Students offer input into menus
- Whole wheat flour and new foods in school menu
- Increased exercise opportunities for students
- Awareness of nutrition
- ACES day was great
- Water available to students
- Students know the food pyramid
- We're constantly keeping TN in mind as we select foods
- Kids learned that we are not just cooking because it is our job-but that we plan healthy meals for them and that we care about their health and well-being
- Students are not throwing away their fruit as much, soft drinks are not as predominant in the school, and more students are eating lunches from school or bringing lunches to warm up in the home economics room
- Children have become aware of the variety of foods. More opportunity to eat fruits and veggies and less sugar and fat. They are taking advantage of that.
- Improved communication between all channels, improved cafeteria environment, less rules, no whistles, no "clean your plate" rules. Increased participation in school meals
- Soft drink machines were removed from school, students excited about TN activities, school lunch has increased the number of meals per day
- Cafeteria is more friendly, inviting