

# Northern Mariana Islands

## Mango Banana Ice Cream

**Featured Food:** Banana

**Makes:** 16 servings

### Ingredients

- 3 ripe bananas, sliced and frozen
- 2 cups ripe mango, cubed and frozen
- ¼ cup milk
- 1 tablespoon honey
- 1 teaspoon vanilla extract
- ? teaspoon salt
- 2 teaspoons kalamansi or lime juice



### Directions

1. In a blender or food processor, combine all ingredients and blend until smooth and creamy.
2. Serve immediately. Freeze any leftovers.

**Recipe from:** University of Guam Cooperative Extension and Outreach, adapted by the USDA Food and Nutrition Administration.

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